

FRIDAY AFTER THE FIRST SUNDAY OF LENT (EMBER FRIDAY)

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The Liturgy insists on the necessity of a reformation of life. When baptism was administered to adults, it was expected that the sacrament should effect in the catechumen a complete change of heart. The Pool of Bethesda, of which the Gospel (John 5, 1-15) speaks, symbolizes the baptismal font of the catechumens, and is, to all the faithful, a figure of the adorable Heart of Jesus, through Whose wounded side they pass into an ocean of love and compassion.

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AT THE FOOT OF THE ALTAR (Kneel)

P: †In nómine Patris, et Fílii, et Spíritus Sancti. Amen.

P: Introíbo ad altáre Dei.

S: Ad Deum qui lætíficat juventútem meam.

(Psalm 42)

P: Júdica me, Deus, et discérne causam meam de gente non sancta: ab hómine iníquo et dolóso érué me.

S: Quia tu es, Deus, fortitúdo mea: quare me repulísti, et quare tristis incédo, dum afflígit me inimícus?

P: Emítte lucem tuam, et veritátem tuam: ipsa me deduxérunt, et adduxérunt in montem sanctum tuum, et in tabernácula tua.

S: Et introibo ad altáre Dei: ad Deum qui lætíficat juventútem meam.

P: Confítebor tibi in cíthara, Deus, Deus meus: quare tristis es, ánima mea, et quare contúrbas me?

S: Spera in Deo, quóniam adhuc confítebor illi: salutáre vultus mei, et Deus meus.

P: Glória Patri, et Fílio, et Spíritui Sancto.

S: Sicut erat in princípío, et nunc, et semper: et in sæcula sæculórum. Amen.

P: Introíbo ad altáre Dei.

S: Ad Deum qui lætíficat juventútem meam.

P: †Adjutórium nostrum in nómine Dómini.

S: Qui fecit cælum et terram.

P: Confíteor Deo omnipoténti, beatæ Mariæ semper Virgini, beáto Michaéli Archángelo, beáto Joánni Baptistæ, sanctis Apóstolis Petro et Paulo, ómnibus Sanctis, et vobis fratres: quia peccávi nimis cogitatíone, verbo, et ópere: mea culpa, mea culpa, mea máxima culpa. Ideo precor beatám Mariám semper Virgíne, beátum Michaélem Archángelum, beátum Joánnem Baptistam, sanctos Apóstolos Petrum et Paulum, omnes Sanctos, et vos fratres, oráre pro me ad Dóminum Deum nostrum.

S: Misereátur tui omnipotens Deus, et dimíssis peccátis tuis, perdúcat te ad vitam ætérnam.

P: Amen.

S: Confíteor Deo omnipoténti, beatæ Mariæ semper Virgini, beáto Michaéli Archángelo, beáto Joánni Baptistæ, sanctis Apóstolis Petro et Paulo, ómnibus Sanctis, et tibi pater: quia peccávi nimis cogitatíone, verbo, et ópere: **(strike breast 3 times)** mea culpa, mea culpa, mea máxima culpa. Ideo precor beatám Mariám semper Virgíne, beátum Michaélem Archángelum, beátum Joánnem Baptistam, sanctos Apóstolos Petrum et Paulum, omnes Sanctos, et te Pater, oráre pro me ad Dóminum Deum nostrum.

P: Misereátur vestri omnípotens Deus, et, dimíssis peccátis vestris, perdúcat vos ad vitam ætérnam.

S: Amen.

P: †Indulgéntiam, absolutíonem, et remissionem peccatórum nostrórum, tríbuat nobis omnípotens et miséricors Dóminus.

S: Amen.

P: Deus, tu convérsus vivificábis nos.

S: Et plebs tua lætábitur in te.

P: Osténde nobis, Dómine, misericórdiam tuam.

S: Et salutáre tuum da nobis.

P: Dómine, exáudi oratíonem meam.

S: Et clamor meus ad te véniat.

P: Dóminus vobíscum.

S: Et cum spírítu tuo.

P: Orémus.

P: Aufer a nobis, quæsumus, Dómine, iniquitátes nostras: ut ad Sancta sanctórum puris mereámur méntibus introíre. Per Christum Dóminum nostrum. Amen.

AT THE CENTER OF THE ALTAR

P: Orámus te, Dómine, per mérita Sanctórum tuórum, quorum reliquiæ hic sunt et ómnium Sanctórum: ut indulgére dignéris ómnia peccáta mea. Amen.

(Only at High Mass when incense is used)

P: *Ab illo benedicáris, in cujus honóre cremáberis.*

AT THE FOOT OF THE ALTAR (Kneel)

P: †In the Name of the Father, and of the Son, and of the Holy Spirit. Amen.

P: I will go unto the altar of God.

S: To God, Who gives joy to my youth.

(Psalm 42)

P: Judge me, O God, and distinguish my cause from the unholy nation, deliver me from the unjust and deceitful man.

S: For Thou, O God, art my strength, why hast Thou cast me off? And why do I go about in sadness, while the enemy afflicts me?

P: Send forth Thy light and Thy truth: they have conducted me and brought me unto Thy holy mount, and into Thy tabernacles.

S: And I will go unto the altar of God: to God, Who gives joy to my youth.

P: I shall praise Thee upon the harp, O God, my God. Why are you sad, O my soul, and why do you disquiet me?

S: Hope in God, for I will still praise Him, the salvation of my countenance, and my God.

P: Glory be to the Father, and to the Son, and to the Holy Spirit.

S: As it was in the beginning, is now, and ever shall be, world without end. Amen.

P: I will go unto the altar of God.

S: To God, Who gives joy to my youth.

P: †Our help is in the name of the Lord.

S: Who made heaven and earth.

P: I confess to almighty God, to blessed Mary ever Virgin, to blessed Michael the Archangel, to blessed John the Baptist, to the holy Apostles Peter and Paul, to all the Saints, and to you, brethren, that I have sinned exceedingly in thought, word, and deed: through my fault, through my fault, through my most grievous fault. Therefore I pray blessed Mary ever Virgin, blessed Michael the Archangel, blessed John the Baptist, the holy Apostles Peter and Paul, all the Saints, and you, brethren, to pray for me to the Lord our God.

S: May almighty God have mercy on you, forgive you your sins, and bring you to life everlasting.

P: Amen.

S: I confess to almighty God, to blessed Mary ever Virgin, to blessed Michael the Archangel, to blessed John the Baptist, to the holy Apostles Peter and Paul, to all the Saints, and to you father: that I have sinned exceedingly in thought, word, and deed: **(strike breast 3 times)** through my fault, through my fault, through my most grievous fault. Therefore I pray blessed Mary ever Virgin, blessed Michael the Archangel, blessed John the Baptist, the holy Apostles Peter and Paul, all the Saints, and you, Father, to pray for me to the Lord our God.

P: May almighty God have mercy on you, forgive you your sins, and bring you to life everlasting.

S: Amen.

P: †May the almighty and merciful Lord grant us pardon, absolution, and remission of our sins.

S: Amen.

P: Thou wilt turn again, O God, and quicken us.

S: And Thy people will rejoice in Thee.

P: Show us, O Lord, Thy mercy.

S: And grant us Thy salvation.

P: O Lord, hear my prayer.

S: And let my cry come unto Thee.

P: The Lord be with you.

S: And with your spirit.

P: Let us pray.

P: Take away from us our iniquities, we beseech Thee, O Lord; that with pure minds we may be made worthy to enter into the Holy of Holies. Through Christ our Lord. Amen.

AT THE CENTER OF THE ALTAR

P: We pray Thee, O Lord, by the merits of Thy Saints whose relics are here, and of all the Saints: that Thou would deign to pardon me all my sins. Amen.

(Only at High Mass when incense is used)

P: *Be blessed by Him in Whose honor you will be burnt.*

AT THE RIGHT SIDE OF THE ALTAR

Deliver me, O Lord, from my necessities; see my abjection and my labor; and forgive me all my sins. (Ps. 24: 1-2) To Thee, O Lord, have I lifted up my soul: in Thee, O my God, I put my trust; let me not be ashamed. Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen. Deliver me, O Lord, from my necessities; see my abjection and my labor; and forgive me all my sins.

AT THE CENTER OF THE ALTAR

P: Lord, have mercy.

S: Lord, have mercy.

P: Lord, have mercy.

S: Christ, have mercy.

P: Christ, have mercy.

S: Christ, have mercy.

P: Lord, have mercy.

S: Lord, have mercy.

P: Lord, have mercy.

(Stand at High Mass)

P: The Lord be with you.

S: And with your Spirit.

AT THE RIGHT SIDE OF THE ALTAR

P: Let us pray.

O Lord, be gracious to Thy people; and as Thou makest them devoted to Thee, in Thy mercy cherish them by Thy kind assistance. Through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever.

S: Amen.

P: Let us pray.

For St. Peter Damian

Grant us, we beseech Thee almighty God, to follow the admonitions and examples of blessed Peter, Thy Confessor and Bishop, that by contempt of the things of earth we may attain to everlasting joys. Through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever.

S: Amen.

(Sit)

Thus saith the Lord God: The soul that sinneth, the same shall die: the son shall not bear the iniquity of the father, and the father shall not bear the iniquity of the son: the justice of the just shall be upon him, and the wickedness of the wicked shall be upon him. But if the wicked do penance for all his sins which he hath committed, and keep all my commandments, and do judgment, and justice, living he shall live, and shall not die. I will not remember all his iniquities that he hath done: in his justice which he hath wrought, he shall live. Is it my will that a sinner should die, if he shall only be converted from his ways, and live? But if the just man turn himself away from his justice, and do iniquity according to all the abominations which the wicked man useth to work, shall he live? All his justices which he hath done, shall not be remembered: in the prevarication, by which he hath prevaricated, and in his sin, which he hath committed, in them he shall die. And you have said: The way of the Lord is not right. Hear ye, therefore, O house of Israel: Is it My way that is not right, and are not rather your ways perverse? For when the just turneth himself away from his justice, and committeth iniquity, he shall die therein: in the iniquity that he hath wrought he shall die. And when the wicked turneth himself away from his wickedness, which he hath wrought, and doeth judgment, and justice: he shall save his soul alive. Because he considereth and turneth away himself from all his iniquities which he hath wrought, he shall surely live, and not die, saith the Lord almighty.

S: Thanks be to God.

Save Thy servant, O my God, that trusteth in Thee. Give ear, O Lord, to my prayer.

O Lord, repay us not according to the sins we have committed, nor according to our iniquities. (Ps. 78: 8-9) O Lord, remember not our former iniquities, let Thy mercies speedily prevent us; for we are become exceeding poor. *(Here kneel.)* Help us, O God, our Savior, and for the glory of Thy name, O Lord, deliver us: and forgive us our sins for Thy name's sake.

AT THE CENTER OF THE ALTAR (Only at High Mass when incense is used)

P: *Be blessed by Him in Whose honor you will be burnt.*

AT THE CENTER OF THE ALTAR (Only at High Mass when incense is used)

P: *Ab illo benedicáris, in cujus honóre cremáberis.*

GRADUAL Psalms 85: 2, 6

Salvum speráverunt tuum. Áureus pércipe, Dómine, oratíonem meam.

TRACT Psalms 102: 10

Dómine, non secúndum peccáta nostra, quæ fécimur nos: neque secúndum iniquitátes nostras retribuas nobis. (Ps. 78: 8-9) Dómine, ne memineris iniquitátum nostrárum antiquárum: cito anticipent nos misericórdiæ tuæ, quia páuperes facti sumus nimis. *(Here kneel.)* Ádjuva nos, Deus, salutáris noster: et propter glóriam nóminis tui, Dómine, libera nos: et propítius esto peccátis nostris, propter nomen tuum.

AT THE CENTER OF THE ALTAR (Only at High Mass when incense is used)

P: *Ab illo benedicáris, in cujus honóre cremáberis.*

P: Munda cor meum ac lābia mea, omnīpotens Deus, qui lābia Isaiaē Prophētae cálculo mundāsti ignīto: ita me tua grata miseratiōne dignāre mundāre, ut sanctum Evangēlium tuum digne vāleam nuntiāre. Per Christum Dōminum nostrum. Amen.

P: Jube, Dōmine, benedicere. Dōminus sit in corde meo, et in lābiis meis: ut digne et competēter annūntiem Evangēlium suum. Amen.

AT THE LEFT SIDE OF THE ALTAR (Stand)

P: Dōminus vobīscum.

S: **Et cum spīritu tuo.**

P: Seqūentia sancti Evangēlii secūndum Joānnem.

S: **Glōria tibi, Dōmine.**

GOSPEL John 5: 1-15

In illo tēpore: Erat dies festus Judaeōrum; et ascēdit Jesus Jerosōlymam. Est autem Jerosōlymis Probatica piscīna, quae cognominatur hebraice Bethsaīda, quinq̄ue pōrticus habens. In his jacēbat multitūdo magna languētium, cæcōrum, claudōrum, aridōrum expectāntium aquae motum. Angelus autem Dōmini descendēbat secūndum tēpus in piscinam, et movebatur aqua. Et, qui prior descendebat in piscinam post motiōnem aquae, sanus fiēbat, a quacūmque detinebatur infirmitate. Erat autem quidam homo ibi, triginta et octo annos habens in infirmitate sua. Hunc cum vidisset Jesus jacēntem, et cognovisset, quia iam multum tēpus habēret, dicit ei: Vis sanus fieri? Respōndit ei languidus: Dōmine, hōminem non habeo, ut, cum turbata fuerit aqua, mittat me in piscinam: dum venio enim ego, alius ante me descendit. Dicit ei Jesus: Surge, tolle grabatum tuum, et ambula. Et statim sanus factus est homo ille: et sustulit grabatum suum, et ambulabat. Erat autem sabbatum in die illo. Dicēbant ergo Judaei illi, qui sanatus fuerat: Sabbatum est, non licet tibi tollere grabatum tuum. Respōndit eis: Qui me sanum fecit, ille mihi dixit: Tolle grabatum tuum, et ambula. Interrogaverunt ergo eum: Quis est ille homo, qui dixit tibi: Tolle grabatum tuum et ambula? Is autem, qui sanus fuerat effectus, nesciebat, quis esset. Jesus enim declinavit a turba constituta in loco. Postea invenit eum Jesus in templo, et dixit illi: Ecce, sanus factus es: iam noli peccare, ne detērius tibi aliquid contingat. Abiit ille homo, et nuntiavit Judaeis, quia Jesus esset, qui fecit eum sanum.

S: Laus tibi, Christe.

P: Per evangēlica dicta deleantur nostra delicta.

AT THE CENTER OF THE ALTAR

P: Dōminus vobīscum.

S: **Et cum spīritu tuo.**

P: Orēmus.

(Sit)

OFFERTORY Psalm 102: 2, 5

Bēdīcīc, anima mea, Dōmine, et noli oblivisci omnes retributiōnes eius: et renovabitur, sicut aquilae, juvētus tua.

P: Sūscīpe, sancte Pater, omnīpotens aetērne Deus, hanc immaculatam hōstiam, quam ego indignus famulus tuus offero tibi, Deo meo vivo et vero, pro innumerabilibus peccatis, et offēnsiōnibus, et negligētiis meis, et pro omnibus circumstantibus, sed et pro omnibus firmiter christianis vivis et pro defunctis: ut mihi, et illis proficiat ad salutem in vitam aetērnā. Amen.

AT THE RIGHT SIDE OF THE ALTAR

P: Deus, qui humanae substantiae dignitatem mirabiliter condidisti, et mirabilis reformasti: da nobis per hujus aquae et vini mysterium, ejus divinitatis esse consortes, qui humanitatis nostrae fieri dignatus est particeps, Jesus Christus Filius tuus Dōminus noster: Qui tecum vivit et regnat in unitate Spīritus Sancti, Deus: per omnia saecula saeculorum. Amen.

AT THE CENTER OF THE ALTAR

P: Offerimus tibi, Dōmine, calicem salutaris tuam deprecantes clemētis: ut in conspectu divinae majestatis tuae, pro nostra, et totius mundi salute cum odore suavitatis ascēdat. Amen. In spīritu humilitatis, et in animo contrito suscipiāmur a te, Dōmine, et sic fiat sacrificium nostrum in conspectu tuo hodie, ut placeat tibi, Dōmine Deus. Veni, sanctificator omnīpotens aetērne Deus: et benedic hoc sacrificium, tuo sancto nōmini praepratum.

(Only at High Mass when incense is used)

P: *Per intercessionem beati Michaelis Archangeli, stantis a dextris altaris incēnsi, et omnium electorum suorum, incensum istud dignetur Dōminus benedicere, et in odorem suavitatis accipere. Per Christum Dōminum nostrum. Amen.*

P: *Incensum istud a te benedictum, ascēdat ad te, Dōmine, et descendat super nos misericordia tua.*

P: *Dirigatur, Dōmine, oratio mea, sicut incensum, in conspectu tuo: elevatio manuum mearum sacrificium vespertinum. Pone, Dōmine, custodiam ori meo, et ostium circumstantiae labiis meis: ut non declinet cor meum in verba malitiae, ad excusandas excusationes in peccatis.*

P: *Accēdat in nobis Dōminus ignem sui amoris, et flamma aetērnæ caritatis. Amen.*

AT THE RIGHT SIDE OF THE ALTAR

P: Lavabo inter innocētes manus meas: et circumdabo altare tuum, Dōmine: ut aūdiam vocem laudis, et enārem univēsa mirabilia tua. Dōmine, dilēxi decorem domus tuae, et locum habitatiōnis glōriae tuae. Ne perdas cum impiis, Deus, animam vitam meam, et cum viris sānguīnem vitam meam: In quorum mānibus iniquitates sunt: dextera eorum replēta est munēribus. Ego autem in innocentia mea ingrēssus sum: redime me, et miserere mei. Pes meus stetit in dirēcto: in ecclēsiis benedīcam te, Dōmine. Glōria Patri, et Filio, et Spīritui Sancto. Sicut erat in principio, et nunc, et semper: et in saecula saeculorum. Amen.

AT THE CENTER OF THE ALTAR

P: Sūscīpe, sancta Trīnitas, hanc oblatiōnem, sancti tibi offerimus ob memoriā passiōnis, resurrectionis, et ascensionis Jesu Christi Dōmini nostri: et in honorem beatāe Mariāe semper Virgīnis, et beati Joānnis Baptistāe, et sanctiorum Apostolorum Petri et Pauli, et istorum, et omnium Sanctorum: ut illis proficiat ad honorem, nobis autem ad salutem: et illi pro nobis intercedere dignentur in caelis, quorum memoriā dōminum in terris. Per eundem Christum Dōminum nostrum. Amen.

P: Orate fratres: ut meum ac vestrum sacrificium acceptabile fiat apud Deum Patrem omnīpotentem.

S: Suscipiat Dōminus sacrificium de mānibus tuis ad laudem, et glōriam nōminis sui, ad utilitatem quoque nostram, totiusque Ecclēsiāe suae sanctae.

P: Amen.

SECRET (silently)

Sūscīpe, quāesumus, Dōmine, mūnera nostris oblata servitiis: et tua propitius dona sanctifica. Per Dōminum nostrum Jesum Christum, Filium tuum, qui tecum vivit et regnat in unitate Spīritus Sancti, Deus, per omnia saecula saeculorum.

SECRET (silently)

Sancti Petri Pontificis tui atque Doctōris nobis, Dōmine, pia non desit oratio, quae et mūnera indulgentiam semper obtineat. Per Dōminum nostrum Jesum Christum, Filium tuum, qui tecum vivit et regnat in unitate Spīritus Sancti, Deus,

(aloud, to conclude the Secret Prayer)

P: ...per omnia saecula saeculorum.

(Stand at High Mass)

S: **Amen.**

P: Dōminus vobīscum.

S: **Et cum spīritu tuo.**

P: Sursum corda.

S: **Habēmus ad Dōminum.**

P: Grātias agāmus Dōmino Deo nostro.

S: **Dignum et justum est.**

PREFACE OF LENT

Vere dignum et justum est, æquum et salutāre, nos tibi semper et ubique grātias āgere: Dōmine sancte, Pater omnīpotens, aetērne Deus: Qui corporali jejunio vītia cōmprimis, toto orbe terrarum, virtūum largiris et prēmīa: per Christum Dōminum nostrum. Per quem majestatem tuam laudant Angeli, adorant Dominant Angeli, tremunt Potestates. Caeli caelorumque Virtutes ac beata Seraphim sociā exultatiōne concēlebrant. Cum quibus et nostras voces ut admitti jubeas, deprecāmur, supplicī confessiōne dicētes:

(Kneel)

P: Sanctus ☩, Sanctus ☩, Sanctus ☩, Dōminus Deus Sābaoth. Pleni sunt caeli et terra glōria tua. Hosanna in excelsis. † Benedīctus qui venit in nōmine Dōmini. Hosanna in excelsis.

THE ROMAN CANON (silently)

P: Te igitur, clementissime Pater, per Jesum Christum Filium tuum, Dōminum nostrum, supplices rogāmus, ac pēnitimas uti accēpta hābeas, et benedīcas, hęc cōnta, hęc mūnera, hęc sancta sacrificia illibata, in primis, quae tibi offerimus pro Ecclēsia tua sancta catholica: quam pacificāre, custodīre, adunāre, et rēgere digneris toto orbe terrarum: una cum famulo tuo Papa nostro **N.**, et Antīstite nostro **N.**, et omnibus orthodoxis, atque catholicis et apostolicis fidei cultōribus.

P: Cleanse my heart and my lips, O almighty God, Who cleansed the lips of the Prophet Isaiah with a burning coal. In Thy gracious mercy, deign so to purify me, that I may worthily proclaim Thy holy Gospel. Through Christ our Lord. Amen.

P: Pray, Lord, a blessing. The Lord be in my heart and on my lips that I may worthily and fittingly proclaim His Gospel. Amen.

AT THE LEFT SIDE OF THE ALTAR (Stand)

P: The Lord be with you.

S: And with your spirit.

P: The continuation of the holy Gospel according to John.

S: Glory to Thee, O Lord.

At that time there was a festival day of the Jews, and Jesus went up to Jerusalem. Now there is at Jerusalem a pond, called Probatica, which in Hebrew is named Bethsaida, having five porches. In these lay a great multitude of sick, of blind, of lame, of withered; waiting for the moving of the water. And an Angel of the Lord descended at certain times into the pond; and the water was moved. And he that went down first into the pond after the motion of the water, was made whole, of whatsoever infirmity he lay under. And there was a certain man there, that had been eight and thirty years under his infirmity. Him when Jesus had seen lying, and knew that he had been now a long time, He saith to him: Wilt thou be made whole? The infirm man answered Him: Sir, I have no man, when the water is troubled, to put me into the pond. For whilst I am coming, another goeth down before me. Jesus saith to him: Arise, take up thy bed, and walk. And immediately the man was made whole: and he took up his bed, and walked. And it was the sabbath that day. The Jews therefore said to him that was healed: It is the sabbath; it is not lawful for thee to take up thy bed. He answered them: He that made me whole, He said to me, Take up thy bed, and walk. They asked him therefore: Who is that man who said to thee, Take up thy bed, and walk? But he who was healed, knew not who it was; for Jesus went aside from the multitude standing in the place. Afterwards, Jesus findeth him in the temple, and saith to him: Behold thou art made whole: sin no more, lest some worse thing happen to thee. The man went his way, and told the Jews, that it was Jesus who had made him whole.

S: Praise to Thee, O Christ.

P: May our offenses be erased by the words of the Gospel.

AT THE CENTER OF THE ALTAR

P: The Lord be with you.

S: And with your spirit.

P: Let us pray.

(Sit)

Bless the Lord, O my soul, and never forget all He hath done for thee, and thy youth shall be renewed like the eagle's.

P: Receive, O Holy Father, almighty and eternal God, this spotless host, which I, Thine unworthy servant, offer unto Thee, my living and true God, for my innumerable sins, offenses, and negligences, and for all here present; and also for all faithful Christians both living and dead, that it may profit me and them for salvation unto life everlasting. Amen.

AT THE RIGHT SIDE OF THE ALTAR

P: O God, Who wonderfully formed the dignity of human nature, and more wonderfully restored it, grant us through the mystery of this water and wine, to be made participants of His divinity, Who condescended to become a partaker of our humanity, Jesus Christ, Thy Son, our Lord, Who with Thee, lives and reigns in the unity of the Holy Spirit, God, forever and ever. Amen.

AT THE CENTER OF THE ALTAR

P: We offer Thee, O Lord, the chalice of salvation, pleading Thy clemency, that it may ascend in the sight of Thy divine majesty, with a sweet fragrance, for our salvation and for that of the whole world. Amen. In a humble spirit and a contrite heart may we be received by Thee, O Lord, and let our sacrifice be so made in Thy sight this day that it may please Thee, O Lord God. Come, O sanctifier, almighty and eternal God, and bless this sacrifice prepared for Thy holy name.

(Only at High Mass when incense is used)

P: *By the intercession of blessed Michael the Archangel, who stands at the right hand of the altar of incense, and of all His elect, may the Lord deign to bless this incense, and to receive it as a sweet fragrance, through Christ our Lord.*

P: *May this incense, blessed by Thee, ascend to Thee, O Lord, and may Thy mercy descend upon us.*

P: *Let my prayer be directed, O Lord, as incense in Thy sight, the lifting up of my hands as an evening sacrifice. Set a watch, O Lord, before my mouth: and a door round about my lips: that my heart may not incline to evil words: to make excuses in sins.*

P: *May the Lord enkindle in us the fire of His love and the flame of everlasting charity. Amen.*

AT THE RIGHT SIDE OF THE ALTAR

P: I will wash my hands among the innocent, and I will compass Thine altar, O Lord, that I may hear the voice of praise: and tell of all Thy wondrous deeds. I have loved, O Lord, the beauty of Thy house and the place where Thy glory dwelleth. Destroy not my soul, O God, with the wicked, nor my life with men of blood. In whose hands are iniquities, their right hand is full with gifts. But I have walked in my innocence: redeem me, and have mercy on me. My foot has stood on the right path; in the churches I will bless Thee, O Lord. Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

AT THE CENTER OF THE ALTAR

P: Receive, O holy Trinity, this oblation which we offer to Thee in remembrance of the Passion, Resurrection, and Ascension of Our Lord Jesus Christ, and in honor of blessed Mary, ever Virgin, blessed John the Baptist, the holy Apostles Peter and Paul, and of these and of all the Saints; that it may avail unto their honor and our salvation, and may they who honor intercede in heaven for us who to honor their memory here on earth. Through the same Christ, our Lord. Amen.

P: Pray brethren, that my sacrifice and yours may be acceptable to God the Father almighty.

S: May the Lord receive the sacrifice from your hands, to the praise and glory of His name, to our benefit, and that of all His holy Church.

P: Amen.

We beseech Thee, O Lord, receive the offerings of our service: and mercifully hallow Thy gifts. Through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever.

For St. Peter Damian

May the holy prayer of St. Peter, Thy Bishop and Doctor, fail us not, O Lord: may it render our offerings acceptable, and ever obtain for us Thy pardon. Through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God,

P: ...forever and ever.

(Stand at High Mass)

S: Amen.

P: The Lord be with you.

S: And with your spirit.

P: Lift up your hearts.

S: We have lifted them up to the Lord.

P: Let us give thanks to the Lord our God.

S: It is fitting and just.

It is truly fitting and just, proper and beneficial, that we should always and everywhere, give thanks unto Thee, holy Lord, Father almighty, everlasting God. Who by this bodily our fast, dost curb our vices, dost lift up our minds and bestow on us strength and rewards; through Christ our Lord. Through Whom the Angels praise Thy majesty, the Dominations adore, the Powers tremble: the heavens and the hosts of heaven, and the blessed Seraphim, together celebrate in exultation. With whom, we pray Thee, command that our voices of supplication also be admitted in confessing Thee saying:

(Kneel)

P: Holy, holy, holy, Lord God of Hosts! Heaven and earth are filled with Thy glory. Hosanna in the highest!


† Blessed is He Who comes in the name of the Lord. Hosanna in the highest!

THE ROMAN CANON

P: Therefore, most merciful Father, we humbly pray and entreat Thee, through Jesus Christ, Thy Son, Our Lord, that Thou would accept and bless these gifts, these offerings, these holy and spotless sacrifices, which, in the first place, we offer Thee for Thy holy Catholic Church: deign to pacify, to guard, to unite, and to govern her throughout the world, together with Thy servant **N.**, our Pope, and **N.**, our Bishop; and all orthodox believers of the Catholic and apostolic faith.

P: Meménto, Dómine, famulórum, famularúmque tuárum **N.**, et **N.**, et ómnium circumstántium, quorum tibi fides cógnota est, et nota devótio, pro quibus tibi offerimus: vel qui tibi offerunt hoc sacrificium laudis, pro se, suisque ómnibus: pro redemptióne animárum suárum, pro spe salútis et incolumitátis suæ: tibique reddunt vota sua ætérno Deo, vivo et vero.

P: Communicántes, et memóriam venerántes, in primis glorióssæ semper Virgini Mariæ, Genitricis Dei et Dómini nostri Jesu Christi: sed et beáti Joseph, ejúsdem Virginiis Sponsi, et beatórum Apostolórum ac Mártýrum tuórum, Petri et Pauli, Andréæ, Jacóbi, Joánnis, Thomæ, Jacóbi, Philíppi, Bartholomæi, Matthæi, Simónis, et Thaddæi: Lini, Cleti, Cleméntis, Xysti, Cornélii, Cypriáni, Lauréntii, Chrysógoni, Joánnis et Pauli, Cosmæ et Damiáni, et ómnium Sanctórum tuórum; quorum méritis precibúsque concédas, ut in ómnibus protectiónis tuæ muniámur auxilió. Per eúndem Christum Dóminum nostrum. Amen.

P:  Hanc ígitur oblatiónem servitútis nostræ, sed et cunctæe familiæ tuæ, quæsumus, Dómine, ut placátus accípias: diésque nostros in tua pace dispónas, atque ab ætérna damnatióne nos erípi, et in electórum tuórum júbeas grege numerári. Per Christum Dóminum nostrum. Amen.




P: Quam oblatiónem tu, Deus, in ómnibus, quæsumus, benedíctam, adscríptam, ratam, rationábilem, acceptábilemque fácere dignéris: ut nobis Corpus, et Sanguis fiat dilectíssimi Filii tui Dómini nostri Jesu Christi.

P: Qui pridie quam paterétur, accépit panem in sanctas, ac venerábiles manus suas, et elevátis óculis in cælum ad te Deum Patrem suum omnipoténtem, tibi grátias agens, benedixit, fregit, dedítque discíplulis suis, dicens:

ACCÍPITE, ET MANDUCÁTE EX HOC OMNES, HOC EST ENIM CORPUS MEUM.

P: Símilli modo postquam cænátum est, accípiens et hunc præclárum Cálicem in sanctas ac venerábiles manus suas: ítem tibi grátias agens, benedixit, dedítque discíplulis suis, dicens: Accípite, et bíbite ex eo omnes, HIC EST ENIM CALIX SÁNGUINIS MEI, NOVI ET AETÉRNÍ TESTAMÉNTI: MYSTÉRIUM FÍDEI: QUI PRO VOBIS ET PRO MULTIS EFFUNDÉTUR IN REMISSIÓNE PECCÁTORUM. Hæc quotiescúmque fecéritis, in mei memóriam faciétis.

P: Unde et mémore, Dómine, nos servi tui, sed et plebs tua sancta, ejúsdem Christi Filii tui Dómini nostri tam beatæ passiónis, nec non et ab inferis resurrectiónis, sed et in cælos glorióssæ ascensiónis: offerimus præcláram majestáti tuæ de tuis donis, ac datis, hóstiam puram, hóstiam sanctam, hóstiam immaculátam, Panem sanctum vitæ ætérnæ, et Cálicem salútis perpétuæ.

P: Supra quæ propítio ac seréno vultu respícere dignéris; et accépta habére, sicuti accépta habére dignátus es múnera púeri tui justí Abel, et sacrificium Patriárchæe nostri Ábrahæ: et quod tibi obtulit summus sacerdos tuus Melchisedech, sanctum sacrificium, immaculátam hóstiam.

P: Súpplīces te rogámus, omnípotens Deus: júbe hæc perférri per manus sancti Ángeli tui in sublíme altáre tuum, in conspéctu divínæ majestátis tuæ: ut quotquot, ex hac altáris participatióne sacrosánctum Filii tui, Corpus, et Sánguinem sumpsérimus, omni benedictióne cælesti et grátia repleámur. Per eúndem Christum Dóminum nostrum. Amen.

P: Meménto étiam, Dómine, famulórum, famularúmque tuarum **N.** et **N.** qui nos præcessérunt cum signo fidei, et dórmunt in somno pacis. Ipsis, Dómine, et ómnibus in Christo quiescéntibus, locum refrigérii, lucis et pacis, ut indulgéas, deprecámur. Per eúndem Christum Dóminum nostrum. Amen.

P: Nobis quoque peccatóribus fámulis tuis, de multitudíne miseratiónum tuárum sperántibus, partem áliquam, et societátem donáre dignéris, cum tuis sanctis Apóstolano et Martýribus: cum Joánnes, Stéphanos, Matthías, Bárnaba, Ignátio, Alexándro, Marcellíno, Petro, Felicitáte, Perpétua, Ágatha, Lúcia, Agnéte, Cæcília, Anastásia, et ómnibus Sanctis tuis: intra quorum nos consórtium, non æstimátor mériti, sed véniæ, quæsumus, largítor admítte. Per Christum Dóminum nostrum.

P: Per quem hæc ómnia, Dómine, semper bona creas, sanctíficas, vivíficas, benedícis, et præstas nobis. Per ipsum, et cum ipso, et in ipso, est tibi Deo Patri omnipoténti, in unitáte Spíritus Sancti, omnis honor, et glória.

(aloud, to conclude the Canon)

P: Per ómnia sæcula sæculórum.

(Stand at High Mass)

S: Amen.

P: Orémus. Præcéptis salutáribus mónit, et divína institutióne formáti, adémus dicere: Pater noster, qui es in cælis: Sanctificétur nomen tuum: Advéniat regnum tuum: Fiat volúntas tua, sicut in cælo, et in terra. Panem nostrum quotidíanum da nobis hódie: Et dimítte nobis débíta nostra, sicut et nos dimíttimus debitóribus nostris. Et ne nos indúcas in tentatióne:

S: Sed líbera nos a malo.

P: Amen

P: Líbera nos, quæsumus, Dómine, ab ómnibus malis, prætérítis, præséntibus, et futúris: et intercedénte beáta et gloriósa mater Virgine Dei Genitricé Mariá, cum beátis Apóstolis tuis Petro et Paulo, atque Andréa, et ómnibus Sanctis, da propítius pacem in diébus nostris: ut ope misericórdiæ tuæ adjúti, et a peccáto miseré líberi et ab omni perturbatióne securi. Per eúndem Dominum nostrum Jesum Christum Filium tuum. Qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum.

S: Amen.

P: Pax Dómini sit semper vobíscum.

S: Et cum spírítu tuo.

(Kneel at High Mass)

P: Hæc commíxtio, et consecrátio Córporis et Sánguiniis Dómini nostri Jesu Christi fiat accipiéntibus nobis in vitam ætérnam. Amen.

Agnus Dei, qui tollis peccáta mundi: **(strike breast)** miseré nobis.

Agnus Dei, qui tollis peccáta mundi: **(strike breast)** miserére nobis.




Agnus Dei, qui tollis peccáta mundi: **(strike breast)** dona nobis pacem.

P: Dómine Jesu Christe, qui dixísti Apóstolis tuis: Pacem relínquo vobis, pacem meam do vobis: ne respicias peccáta mea, sed fidem Ecclésiæ tuæ: eámque secúndum volúntátem tuam pacificáre et coadunáre dignéris: Qui vivis et regnas Deus per ómnia sæcula sæculórum. Amen.

P: Dómine Jesu Christe, Fili Dei vivi, qui ex volúntate Patris, cooperánte Spírítu Sancto, per mórtem tuam mundum vivificásti: líbera me per hoc sacrosánctum Corpus et Sánguinem tuum ab ómnibus iniquitatibus meis, et univérsis malis: et fac me tuis semper inhærári permíttais, qui cum eódem Deo Patre et Spírítu Sancto vivis et regnas Deus in sæcula sæculórum. Amen.

P: Percéptio Córporis tui, Dómine Jesu Christe, quod ego indignus súmeré præsumó, non mihi provéniat in iudicium et condemnatióne: sed pro tua pietáte prosit mihi ad tutáméntum mentis et córporis, et ad medélam percipiéndam: Qui vivis et regnas cum Deo Patre in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum. Amen.

P: Panem cæléstem accípiam, et nomen Dómini invocábo.

Dómine, non sum dignus  , ut intres sub tectum meum: sed tantum dic verbo, et sanábitur ánima mea. Dómine, non sum dignus  , ut intres sub tectum meum: sed tantum dic verbo, et sanábitur ánima mea. Dómine, non sum dignus  , ut intres sub tectum meum: sed tantum dic verbo, et sanábitur ánima mea.

P: Corpus Dómini nostri Jesu Christi custódiat ánimam meam in vitam ætérnam. Amen.

P: Quid retríbuam Dómino pro ómnibus quæ retríbuit mihi? Cálicem salutáris accípiam, et nomen Dómini invocábo. Laudans invocábo Dóminum, et ab inimícis meis salvus ero.

P: Sanguis Dómini nostri Jesu Christi custódiat ánimam meam in vitam ætérnam. Amen.

P: Ecce Agnus Dei, ecce qui tollit peccáta mundi.

S: Dómine, non sum **(strike breast)** dignus, ut intres sub tectum meum: sed tantum dic verbo, et sanábitur ánima mea.

S: Dómine, non sum **(strike breast)** dignus, ut intres sub tectum meum: sed tantum dic verbo, et sanábitur ánima mea.

P: Be mindful, O Lord, of Thy servants and handmaids **N.** and **N.**, and of all here present, whose faith and devotion are known unto Thee, for whom we offer, or who offer to Thee, this sacrifice of praise for themselves, and for all their own, for the redemption of their souls, for their hope of salvation and safety; and who pay their vows to Thee, the everlasting, living, and true God.

P: Having communion with, and venerating first of all the memory of the glorious and ever Virgin Mary, Mother of our God and Lord Jesus Christ; and also of blessed Joseph, Spouse of the same Virgin, and of Thy blessed Apostles and Martyrs, Peter and Paul, Andrew, James, John, Thomas, James, Philip, Bartholomew, Matthew, Simon and Thaddeus; of Linus, Cletus, Clement, Sixtus, Cornelius, Cyprian, Lawrence, Chrysogonus, John and Paul, Cosmas and Damian, and all Thy Saints, by whose merits and prayers, grant that in all things we may be defended by the help of Thy protection. Through the same Christ, our Lord. Amen.

P: We therefore beseech Thee, O Lord, to graciously accept this oblation of our service, as also of Thy entire family; dispose our days in Thy peace, save us from eternal damnation, and command that we be numbered in the flock of Thine elect. Through Christ our Lord. Amen.

P: Which oblation, do Thou, O God, deign in all respects to make blessed, approved, ratified, reasonable and acceptable, so that it may become for us the Body and Blood of Thy most beloved Son, our Lord, Jesus Christ.

P: Who, the day before He suffered, took bread into His holy and venerable hands, and with His eyes raised to heaven, unto Thee, God, His almighty Father, giving thanks to Thee, He blessed it, broke it, and gave it to His disciples saying:

Take, all of you, and eat of this: FOR THIS IS MY BODY.

P: In like manner, after He had supped, taking also this excellent chalice into His holy and venerable hands, and giving thanks to Thee, He blessed it, and gave it to His disciples, saying: Take, all of you, and drink of this: FOR THIS IS THE CHALICE OF MY BLOOD OF THE NEW AND ETERNAL TESTAMENT: THE MYSTERY OF FAITH: WHICH SHALL BE Poured out for you and for many unto the remission of sins. As often as you shall do these things, you do them in memory of Me.

P: Wherefore, Lord, we, Thy servants, but also Thy holy people, mindful of the same Christ, Thy Son, our Lord, of His blessed passion, and of His resurrection from the grave, and of His glorious ascension into heaven, offer unto Thy most excellent majesty of Thine own gifts, bestowed upon us, a pure victim, a holy victim, an unspotted victim, the holy Bread of eternal life and the Chalice of everlasting salvation.

P: Deign to regard them with a gracious and serene countenance, and to accept them, as Thou didst deign to accept the gifts of Thy just servant Abel, and the sacrifice of Abraham our Patriarch, and that which Thy chief priest Melchisedech offered to Thee, a holy sacrifice, an unspotted victim.

P: Humbly we pray Thee, almighty God, command these offerings to be borne by the hands of Thy holy Angel to Thine altar on high, in the sight of Thy divine majesty, so that as many of us as shall, by partaking from this altar, consume the most holy Body and Blood of Thy Son, may be filled with every heavenly grace and blessing. Through the same Christ our Lord. Amen.

P: Be mindful also, O Lord, of Thy servants and handmaids **N.** and **N.** who have gone before us with the sign of faith and rest in the sleep of peace. To these, O Lord, and to all who rest in Christ, we plead that you grant a place of comfort, light, and peace. Through the same Christ our Lord. Amen.

P: To us sinners also, Thy servants, trusting in the multitude of Thy mercies, deign to grant some part and fellowship with Thy holy Apostles and Martyrs, with John, Stephen, Matthias, Barnabas, Ignatius, Alexander, Marcellinus, Peter, Felicitas, Perpetua, Agatha, Lucy, Agnes, Cecilia, Anastasia, and with all Thy Saints, into whose company, we beseech Thee, not as appraiser of merit but as bestower of pardon, to admit us. Through Christ our Lord.

P: Through Whom, O Lord, Thou always create, sanctify, quicken, bless and bestow upon us all good things. Through Him and with Him and in Him is to Thee, God the Father almighty, in the unity of the Holy Spirit, all honor and glory,

P: Forever and ever.

(Stand at High Mass)

S: Amen.

P: Let us pray: Admonished by Thy saving precepts, and following Thy divine institution, we dare to say: Our Father, Who art in heaven, hallowed be Thy name; Thy kingdom come: Thy will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation.

S: But deliver us from evil.

P: Amen.

P: Deliver us, we beseech Thee, O Lord, from all evils, past, present, and to come; and by the intercession of the blessed and glorious ever-Virgin Mary, Mother of God, together with Thy blessed Apostles, Peter and Paul, and Andrew, and all the Saints, mercifully grant peace in our days, that sustained by the help of Thy mercy, we may be always free from sin and secure from all disturbance. Through the same Jesus Christ, Thy Son, our Lord, Who lives and reigns with Thee, in the unity of the Holy Spirit, God, forever and ever.

S: Amen.

P: The peace of the Lord be always with you.

S: And with your spirit.

(Kneel at High Mass)

P: May this mingling and consecration of the Body and Blood of our Lord Jesus Christ be to us who receive it effectual unto eternal life. Amen.

Lamb of God, **(Who takes away the sins of the world, (strike breast)** have mercy on us.

Lamb of God, **(Who takes away the sins of the world, (strike breast)** have mercy on us.

Lamb of God, **(Who takes away the sins of the world, (strike breast)** grant us peace.

P: O Lord Jesus Christ, Who said to Thine Apostles: Peace I leave you, My peace I give you; regard not my sins, but the faith of Thy Church, and deign to grant her peace and to unify her according to Thy will: Who lives and reigns God, forever and ever. Amen.

P: Lord Jesus Christ, Son of the living God, Who, by the will of the Father, with the cooperation of the Holy Spirit, hast by Thy death given life to the world; deliver me by this Thy most sacred Body and Blood, from all my sins and from all evils. Make me always cleave to Thee, and never permit me to be separated from Thee, Who with the same God the Father and the Holy Spirit, lives and reigns, God, forever and ever. Amen.

P: Let not the partaking of Thy Body, O Lord Jesus Christ, which I, unworthy, presume to receive, turn to my judgment and condemnation; but through Thy kindness, may it benefit me, a safeguard both of mind and body, and a certain remedy. Who with God the Father, in the unity of the Holy Spirit, lives and reigns God, forever and ever. Amen.

P: I will take the Bread of heaven, and will call upon the name of the Lord.

Lord, I am not worthy that Thou should enter under my roof; but only say the word and my soul shall be healed. Lord, I am not worthy that Thou should enter under my roof; but only say the word and my soul shall be healed. Lord, I am not worthy that Thou should enter under my roof; but only say the word and my soul shall be healed. Lord, I am not worthy that Thou should enter under my roof; but only say the word and my soul shall be healed.

P: May the Body of our Lord Jesus Christ preserve my soul unto life everlasting. Amen.

P: What return shall I render unto the Lord for all He has given me? I will take the Chalice of salvation, and I will call upon the name of the Lord. Praising I will call upon the Lord, and I shall be saved from my enemies.

P: May the Blood of our Lord Jesus Christ preserve my soul to life everlasting. Amen.

P: Behold the Lamb of God, behold Him who takes away the sins of the world.

S: Lord, I am **(strike breast)** not worthy that Thou should enter under my roof; but only say the word and my soul shall be healed.

AT THE COMMUNION RAIL

P: Corpus Dómini nostri Jesu Christi custódiat ánimam tuam in vitam ætérnam. Amen.

AT THE CENTER OF THE ALTAR

P: Quod ore súmpsimus, Dómine, pura mente capiámus: et de múnere temporáli fiat nobis remédium sempitérnum.

P: Corpus tuum, Dómine, quod sumpsi, et Sanguis, quem potávi, adhæreat viscéribus meis: et præsta; ut in me non remaneat scélerum mácula, quem pura et sancta refecerunt sacraménta: Qui vivis et regnas in sæcula sæculórum, Amen.

AT THE RIGHT SIDE OF THE ALTAR**COMMUNION Psalms 6: 11**

Erubéscant et conturbéntur omnes inimíci mei: avertántur retrórsus, et erubéscant valde velóciter.

AT THE CENTER OF THE ALTAR**(Stand at High Mass)**

P: Dóminus vobíscum.

S: **Et cum spírítu tuo.**

AT THE RIGHT SIDE OF THE ALTAR

P: Orémus.

POSTCOMMUNION

Per hujus, Dómine, operatiónem mystérii, et vítia nostra purgéntur, et justa desidéria compleántur. Per Dóminum nostrum Jesum Christum, Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum.

S: **Amen.**

P: Orémus.

POSTCOMMUNION

Ut nobis, Dómine, tua sacrificia dent salutem: beátus Petrus Póntifex tuus et Doctor egrégius, quæsumus, precátor accédát. Per Dóminum nostrum, Jesum Christum, Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum.

S: **Amen.**

P: Orémus.

PRAYER OVER THE PEOPLE

Humiliáte cápita vestra Deo. Exáudi nos, miséricors Deus: et méntibus nostris grátiae tuæ lumen osténde. Per Dóminum nostrum Jesum Christum, Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum.

S: **Amen.**

AT THE CENTER OF THE ALTAR

P: Dóminus vobíscum.

S: **Et cum spírítu tuo.**

P: Ite, Missa est.

S: **Deo grátias.**

(Kneel at High Mass)

P: Pláceat tibi, sancta Trínitas, obséquam servitútis meæ: et præsta; ut sacrificium, quod óculis tuæ majestátis indígnus obtuli, tibi sit acceptábile, mihique et ómnibus pro quibus illud obtuli, sit, te miseránte, propitiábile. Per Christum Dóminum nostrum, Amen.

P: Benedícat vos omnípotens Deus,

†Pater, et Fílius, et Spíritus Sanctus.

S: **Amen.**

AT THE LEFT SIDE OF THE ALTAR**(Stand)**

P: Dóminus vobíscum.

S: **Et cum spírítu tuo.**

P: Iníitium sancti Evangélii secúndum Joánnem.

S: **Glória tibi, Dómine.**

P: In principio erat Verbum, et Verbum erat apud Deum, et Deus erat Verbum. Hoc erat in principio apud Deum. Ómnia per ipsum facta sunt: et sine ipso factum est nihil, quod factum est: in ipso vita erat, et vita erat lux hóminum: et lux in ténebris lucet, et ténebræ eam non comprehendunt. Fuit homo missus a Deo, cui nomen erat Joánnes. Hic venit in testimónium, ut testimónium perhiberet de lúmine, ut omnes créderent per illum. Non erat ille lux, sed ut testimónium perhiberet de lúmine. Erat lux vera, quæ illúminat omnem hóminem veniéntem in hunc mundum. In mundo erat, et mundus per ipsum factus est, et mundus eum non cognóvit. In própria venit, et sui eum non recepérunt. Quotquot autem recepérunt eum, dedit eis potestátem filios Dei fieri, his qui credunt in nómine ejus: qui non ex sanguínibus, neque ex voluntáte carnis, neque ex voluntáte viri, sed ex Deo nati sunt.

(Genuflect) ET VERBUM CARO

FACTUM EST

et habitávit in nobis: et vídimus glóriam ejus, glóriam quasi Unigéniti a Patre, plenum grátiae et veritátis.

S: Deo grátias.

[Leonine Prayers](#)

(optional after Low Mass)

AT THE COMMUNION RAIL

P: May the Body of our Lord Jesus Christ preserve your soul unto everlasting life. Amen.

AT THE CENTER OF THE ALTAR

P: Grant, O Lord, that what we have taken with our mouth, we may receive with a pure mind; and from a temporal gift may it become to us an eternal remedy.

P: May Thy Body, O Lord, which I have consumed, and Thy Blood which I have drunk, cling to my vitals; and grant that no wicked stain may remain in me, whom these pure and holy mysteries have refreshed. Who lives and reigns, forever and ever. Amen.

AT THE RIGHT SIDE OF THE ALTAR**AT THE RIGHT SIDE OF THE ALTAR**

Let all mine enemies be ashamed and be very much troubled: let them be turned back and be ashamed very speedily.

AT THE CENTER OF THE ALTAR**(Stand at High Mass)**

P: The Lord be with you.

S: And with your spirit.

AT THE RIGHT SIDE OF THE ALTAR

P: Let us pray.

O Lord, by the working of this mystery may our vices be purged away and our just desires fulfilled. Through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever.

S: Amen.

P: Let us pray.

For St. Peter Damian

We beseech Thee, O Lord, that blessed Peter, Thy Bishop and illustrious Doctor, may approach to pray for us, that these Thy sacrifices may bring us salvation. Through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever.

S: Amen.

P: Let us pray.

AT THE CENTER OF THE ALTAR

P: The Lord be with you.

S: And with your spirit.

P: Go, the Mass is ended.

S: Thanks be to God.

(Kneel at High Mass)

P: May the performance of my homage be pleasing to Thee, O holy Trinity: and grant that the sacrifice which I, though unworthy, have offered up in the sight of Thy majesty, may be acceptable unto Thee, and may, through Thy mercy, be a propitiation for myself and all those for whom I have offered it. Through Christ our Lord. Amen.

P: May almighty God bless you, †the Father, Son, and Holy Spirit.

S: Amen.

AT THE LEFT SIDE OF THE ALTAR**(Stand)**

P: The Lord be with you.

S: And with your spirit.

P: The beginning of the holy Gospel according to John.

S: Glory be to Thee, O Lord.

P: In the beginning was the Word, and the Word was with God, and the Word was God. The same was in the beginning with God. All things were made by Him: and without Him was made nothing that was made. In Him was life, and the life was the light of men. And the light shineth in darkness, and the darkness did not comprehend it. There was a man sent from God, whose name was John. This man came for a witness, to give testimony of the light, that all men might believe through him. He was not that light, but was to give testimony of the light. That was the true light, which enlighteneth every man that cometh into this world. He was in the world, and the world was made by Him, and the world knew Him not. He came unto His own, and His own received Him not. But as many as received Him, He gave them power to be made the sons of God, to them that believe in His name. Who are born, not of blood, nor of the will of the flesh, nor of the will of man, but of God.

(Genuflect) AND THE WORD WAS

MADE FLESH,

and dwelt among us, (and we saw His glory, the glory as it were of the only begotten of the Father,) full of grace and truth.

S: Thanks be to God.