

## JULY 12, ST. JOHN GUALBERT, ABBOT

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Born at Florence at the end of the Tenth Century, John Gualbert was trained in the school of St. Benedict. Raised to the papacy he exalted that office and the position of the hierarchy which had been degraded by the imperial power. He stamped out simony and brought back order and peace to the land of Tuscany. At Valombrosa he founded a monastery, whence came many saints and which still flourishes. On one occasion meeting the murderer of his brother, he pardoned him in the name of the Redeemer. He died on July 12, 1073, and was canonized in 1193.

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#### AT THE FOOT OF THE ALTAR

**(Kneel)**

**P:** †In nómine Patris, et Fíllii, et Spíritus Sancti. Amen.

**P:** Introíbo ad altáre Dei.

**S:** Ad Deum qui lætíficat juventútem meam.

(Psalm 42)

**P:** Júdica me, Deus, et discérne causam meam de gente non sancta: ab hómine iníquo et dolóso érué me.

**S:** Quia tu es, Deus, fortitúdo mea: quare me repulísti, et quare tristis incédo, dum afflígit me inimícus?

**P:** Emítte lucem tuam, et veritátem tuam: ipsa me deduxérunt, et adduxérunt in montem sanctum tuum, et in tabernácula tua.

**S:** Et introíbo ad altáre Dei: ad Deum qui lætíficat juventútem meam.

**P:** Confítebor tibi in cíthara, Deus, Deus meus: quare tristis es, ánima mea, et quare contúrbas me?

**S:** Spera in Deo, quóniam adhuc confítebor illi: salutáre vultus mei, et Deus meus.

**P:** Glória Patri, et Fílio, et Spíritui Sancto.

**S:** Sicut erat in princípío, et nunc, et semper: et in sæcula sæculórum. Amen.

**P:** Introíbo ad altáre Dei.

**S:** Ad Deum qui lætíficat juventútem meam.

**P:** †Adjutórium nostrum in nómine Dómini.

**S:** Qui fecit cælum et terram.

**P:** Confíteor Deo omnipoténti, beátæ Mariæ semper Vírgini, beáto Michaéli Archángelo, beáto Joánni Baptistæ, sanctis Apóstolis Petro et Paulo, ómnibus Sanctis, et vobis fratres: quia peccávi nimis cogitatióne, verbo, et ópere: mea culpa, mea culpa, mea máxima culpa. Ideo precor beátam Mariám semper Vírginem, beátum Michaélem Archángelum, beátum Joánnem Baptistam, sanctos Apóstolos Petrum et Paulum, omnes Sanctos, et vos fratres, oráre pro me ad Dóminum Deum nostrum.

**S:** Misereátur tui omnipotens Deus, et, dimíssis peccátis tuis, perdúcat te ad vitam ætérnam.

**P:** Amen.

**S:** Confíteor Deo omnipoténti, beátæ Mariæ semper Vírgini, beáto Michaéli Archángelo, beáto Joánni Baptistæ, sanctis Apóstolis Petro et Paulo, ómnibus Sanctis, et tibi pater: quia peccávi nimis cogitatióne, verbo, et ópere: **(strike breast 3 times)** mea culpa, mea culpa, mea máxima culpa. Ideo precor beátam Mariám semper Vírginem, beátum Michaélem Archángelum, beátum Joánnem Baptistam, sanctos Apóstolos Petrum et Paulum, omnes Sanctos, et te Pater, oráre pro me ad Dóminum Deum nostrum.

**P:** Misereátur vestri omnipotens Deus, et, dimíssis peccátis vestris, perdúcat vos ad vitam ætérnam.

**S:** Amen.

**P:** †Indulgéntiam, absolutiónem, et remissionem peccatórum nostrórum, tríbuat nobis omnípotens et miséricors Dóminus.

**S:** Amen.

**P:** Deus, tu convérsus vivificábis nos.

**S:** Et plebs tua lætábitur in te.

**P:** Osténde nobis, Dómine, misericórdiam tuam.

**S:** Et salutáre tuum da nobis.

**P:** Dómine, exáudi oratióne meam.

**S:** Et clamor meus ad te véniat.

**P:** Dóminus vobíscum.

**S:** Et cum spíritu tuo.

**P:** Orémus.

**P:** Aufer a nobis, quæsumus, Dómine, iniquitátes nostras: ut ad Sancta sanctorum puris mereámur méntibus introíre. Per Christum Dóminum nostrum. Amen.

#### AT THE CENTER OF THE ALTAR

**P:** Orámus te, Dómine, per mérita Sanctórum tuórum, quorum reliquiæ hic sunt et ónium Sanctórum: ut indulgére dignéris ómnia peccáta mea. Amen.

*(Only at High Mass when incense is used)*

**P:** Ab illo benedicáris, in cuius honóre cremáberis.

#### AT THE FOOT OF THE ALTAR

**(Kneel)**

**P:** †In the Name of the Father, and of the Son, and of the Holy Spirit. Amen.

**P:** I will go unto the altar of God.

**S:** To God, Who gives joy to my youth.

(Psalm 42)

**P:** Judge me, O God, and distinguish my cause from the unholy nation, deliver me from the unjust and deceitful man.

**S:** For Thou, O God, art my strength, why hast Thou cast me off? And why do I go about in sadness, while the enemy afflicts me?

**P:** Send forth Thy light and Thy truth: they have conducted me and brought me unto Thy holy mount, and into Thy tabernacles.

**S:** And I will go unto the altar of God: to God, Who gives joy to my youth.

**P:** I shall praise Thee upon the harp, O God, my God. Why are you sad, O my soul, and why do you disquiet me?

**S:** Hope in God, for I will still praise Him, the salvation of my countenance, and my God.

**P:** Glory be to the Father, and to the Son, and to the Holy Spirit.

**S:** As it was in the beginning, is now, and ever shall be, world without end. Amen.

**P:** I will go unto the altar of God.

**S:** To God, Who gives joy to my youth.

**P:** †Our help is in the name of the Lord.

**S:** Who made heaven and earth.

**P:** I confess to almighty God, to blessed Mary ever Virgin, to blessed Michael the Archangel, to blessed John the Baptist, to the holy Apostles Peter and Paul, to all the Saints, and to you, brethren, that I have sinned exceedingly in thought, word, and deed: through my fault, through my fault, through my most grievous fault. Therefore I pray blessed Mary ever Virgin, blessed Michael the Archangel, blessed John the Baptist, the holy Apostles Peter and Paul, all the Saints, and you, brethren, to pray for me to the Lord our God.

**S:** May almighty God have mercy on you, forgive you your sins, and bring you to life everlasting.

**P:** Amen.

**S:** I confess to almighty God, to blessed Mary ever Virgin, to blessed Michael the Archangel, to blessed John the Baptist, to the holy Apostles Peter and Paul, to all the Saints, and to you father: that I have sinned exceedingly in thought, word, and deed: **(strike breast 3 times)** through my fault, through my fault, through my most grievous fault. Therefore I pray blessed Mary ever Virgin, blessed Michael the Archangel, blessed John the Baptist, the holy Apostles Peter and Paul, all the Saints, and you, Father, to pray for me to the Lord our God.

**P:** May almighty God have mercy on you, forgive you your sins, and bring you to life everlasting.

**S:** Amen.

**P:** †May the almighty and merciful Lord grant us pardon, absolution, and remission of our sins.

**S:** Amen.

**P:** Thou wilt turn again, O God, and quicken us.

**S:** And Thy people will rejoice in Thee.

**P:** Show us, O Lord, Thy mercy.

**S:** And grant us Thy salvation.

**P:** O Lord, hear my prayer.

**S:** And let my cry come unto Thee.

**P:** The Lord be with you.

**S:** And with your spirit.

**P:** Let us pray.

**P:** Take away from us our iniquities, we beseech Thee, O Lord; that with pure minds we may be made worthy to enter into the Holy of Holies. Through Christ our Lord. Amen.

#### AT THE CENTER OF THE ALTAR

**P:** We pray Thee, O Lord, by the merits of Thy Saints whose relics are here, and of all the Saints: that Thou would deign to pardon me all my sins. Amen.

*(Only at High Mass when incense is used)*

**P:** Be blessed by Him in Whose honor you will be burnt.

#### AT THE RIGHT SIDE OF THE ALTAR

##### INTROIT Psalms 36: 30-31

Os justi meditábitur sapiéntiam, et lingua ejus loquétur judícium: lex Dei ejus in corde ipsíus. (Ps 36: 1) Noli æmulári in malignántibus: neque zeláveris faciéntes iniquitátem. Glória Patri et Fílio et Spíritui Sancto, sicut erat in princípío, et nunc, et semper, et in sæcula sæculórum. Amen. Os justi meditábitur sapiéntiam, et lingua ejus loquétur judícium: lex Dei ejus in corde ipsíus.

#### AT THE RIGHT SIDE OF THE ALTAR

The mouth of the just shall meditate wisdom and his tongue shall speak judgment: the law of his God is in his heart. (Ps. 36: 1) Be not emulous of evildoers: nor envy them that work iniquity. Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen. The mouth of the just shall meditate wisdom and his tongue shall speak judgment: the law of his God is in his heart.

#### AT THE CENTER OF THE ALTAR

**P:** Kýrie, eléison.

**S:** Kýrie, eléison.

**P:** Kýrie, eléison.

**S:** **Christe, eléison.**

**P:** Christe, eléison.

**S:** **Christe, eléison.**

**P:** Kýrie, eléison.

**S:** **Kýrie, eléison.**

**P:** Kýrie, eléison.

**(Stand at High Mass)**

#### AT THE CENTER OF THE ALTAR

**P:** Lord, have mercy.

**S:** Lord, have mercy.

**P:** Lord, have mercy.

**S:** Christ, have mercy.

**P:** Christ, have mercy.

**S:** Christ, have mercy.

**P:** Lord, have mercy.

**S:** Lord, have mercy.

**P:** Lord, have mercy.

**(Stand at High Mass)**

**P:** Glória in excélsis Deo. Et in terra pax homínibus bonæ voluntátis. Laudámus te, Benedícimus te. Adorámus te. Glorificámus te. Grátias ágimus tibi propter magnam glóriam tuam. Dómine Deus, Rex cæléstis, Deus Pater omnípotens. Dómine Fili unigénite, Jesu Christe. Dómine Deus, Agnus Dei, Fílius Patris. Qui tollis peccáta mundi, miserere nobis. Qui tollis peccáta mundi, súscipe deprecationem nostram. Qui sedes ad dexteram Patris, miserere nobis. Quóniam tu solus Sanctus. Tu solus Dóminus. Tu solus Altíssimus, Jesu Christe. †Cum Sancto Spíritu, in glória Dei Patris. Amen.

**P:** Glory to God in the highest, and on earth peace to men of good will. We praise Thee; we glorify Thee; we adore Thee; we bless Thee. We give Thee thanks for Thy great glory, O Lord God, heavenly King, God the Father almighty. O Lord Jesus Christ, the only-begotten Son. Lord God, Lamb of God, Son of the Father. Thou Who takest away the sins of the world; have mercy on us. Thou Who takest away the sins of the world; receive our prayer. Thou who sittest at the right hand of the Father; have mercy on us. For Thou alone art holy; Thou alone art the Lord; Thou alone art most high, Jesus Christ, †with the Holy Spirit, in the glory of God the Father. Amen.

**P:** Dóminus vobíscum.

**S:** **Et cum spíritu tuo.**

**P:** The Lord be with you.

**S:** And with your Spirit.

#### AT THE RIGHT SIDE OF THE ALTAR

**P:** Orémus.

#### AT THE RIGHT SIDE OF THE ALTAR

**P:** Let us pray.

##### COLLECT

Intercéssit nos, quæsumus, Dómine, beáti Joánnis Abbatis comméndet: ut, quod nostris méritis non valémus, ejus patrocinio assequámur. Per Dóminum nostrum Jesum Christum, Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum.

May the intercession of blessed John the Abbot comment us unto Thee, we beseech Thee, O Lord: so that what we cannot acquire by any merits of ours, we may obtain by his patronage. Through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever.

**S:** **Amen.**

**P:** Orémus.

**S:** Amen.

**P:** Let us pray.

##### COLLECT

Præcæ, quæsumus, Dómine: ut, sacra nos sanctorum Martyrum tuorum Nabóris et Felícis natalítia celebránda non desérunt; ita júgiter suffrágiis comiténtur. Per Dóminum nostrum Jesum Christum, Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum.

**(For Sts. Nabor & Felix)**  
Grant, we beseech Thee, O Lord, that as we never fail to keep the heavenly birthday of Thy Martyrs Nabor and Felix, so we may ever be assisted by their intercession. Through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever.

**S:** **Amen.**

**(Sit)**

**S:** Amen.

**(Sit)**

##### LESSON Ecclesiasticus 45: 1-6

Diléctus Deo et homínibus, cuius memória in benedictióne est. Símilem illum fecit in glória sanctorum, et magnificávit eum in timóre inimicórum, et in verbis suis monstra placávit. Glorificávit illum in conspéctu regum, et iussit illi coram pópulo suo, et osténdit illi glóriam suam. In fide et lenitáte ipsíus sanctum fecit illum, et elégit eum; ex omni carne. Audivit enim eum et vocem ipsius, et indúxit illum in nubem. Et dedit illi coram præcépta, et legem vitæ et disciplínæ.

Beloved of God, and men: whose memory is in benediction. He made him like the saints in glory, and magnified him in the fear of his enemies, and with his words he made prodigies to cease. He glorified him in the sight of kings, and gave him commandments in the glory of his people, and shewed him His glory. He sanctified him in his faith, and meekness, and chose him out of all flesh. For he heard Him, and His voice, and brought him into a cloud. And He gave him commandments before His face, and a law of life and instruction.

**S:** Deo grátias.

**S:** Thanks be to God.

##### GRADUAL Psalms 20: 4-5

Dómine, prævenísti eum in benedictiónibus dulcedínis: posuísti in cápíte ejus corónam de lápide pretiósio. Vitam petíit a te, et tribuísti ei longitúdinem diérum in sæculum sæculi.

Lord, Thou hast prevented him with blessings of sweetness: Thou hast set on his head a crown of precious stones. He asked life of Thee, and Thou hast given him length of days for ever and ever.

##### LESSER ALLELUIA Psalms 91: 13

Allelúja, allelúja. Justus ut palma florébit: sicut cedrus Líbani multiplicábitur. Allelúja.

Alleluia, alleluia. The just shall flourish like the palm tree: he shall grow up like the cedar of Libanus. Alleluia.

#### AT THE CENTER OF THE ALTAR

*(Only at High Mass when incense is used)*

**P:** Ab illo benedicáris, in cuius honóre cremáberis.

#### AT THE CENTER OF THE ALTAR

*(Only at High Mass when incense is used)*

**P:** Be blessed by Him in Whose honor you will be burnt.

#### AT THE LEFT SIDE OF THE ALTAR

**(Stand)**

**P:** Dóminus vobíscum.

**S:** **Et cum spíritu tuo.**

**P:** Seqúentia sancti Evangélii secúndum Matthæum.

**S:** **Glória tibi, Dómine.**

#### AT THE LEFT SIDE OF THE ALTAR

**(Stand)**

**P:** The Lord be with you.

**S:** And with your spirit.

**P:** The continuation of the holy Gospel according to Matthew.

**S:** Glory to Thee, O Lord.



### GOSPEL Matthew 5: 43-48

In illo tempore: Dixit Jesus discipulis suis: Audistis, quia dictum est: Diliges proximum tuum, et odio habebis inimicum tuum. Ego autem dico vobis: Diligite inimicos vestros, benefacite his, qui oderunt vos, et orate pro persecutoribus et calumniatoribus vos, ut sitis filii Patris vestri, qui in caelis est: qui solem suum oriri facit super bonos et malos, et pluit super iustos et iniustos. Si enim diligitis eos, qui vos diligunt, quam mercedem habebitis? nonne et publicani hoc faciunt? Et si salutaveritis fratres vestros tantum, quid amplius facitis? nonne et ethnici hoc faciunt? Estote ergo vos perfecti, sicut et Pater vester caelestis perfectus est.

**S:** Laus tibi, Christe.

**P:** Per evangelica dicta deleantur nostra delicta.

#### AT THE CENTER OF THE ALTAR

**P:** Dominus vobiscum.

**S:** **Et cum spiritu tuo.**

**P:** Orémus.

**(Sit)**

### OFFERTORY Psalms 20: 3-4

Desiderium animae ejus tribuisti ei, Domine, et voluntate labiorum ejus non fraudasti eum: posuisti in capite ejus coronam de lapide pretioso.

**P:** Súscipe, sancte Pater, omnipotens aetérne Deus, hanc immaculatam hóstiam, quam ego indignus famulus tuus offero tibi, Deo meo vivo et vero, pro innumerabilibus peccatis, et offensivibus, et negligétiis meis, et pro ómnibus circumstantibus, sed et pro ómnibus fidélibus cristiánis vivis atque defúntis: ut mihi, et illis proficiat ad salutem in vitam aetérnam. Amen.

#### AT THE RIGHT SIDE OF THE ALTAR

**P:** Deus, qui humanæ substantiæ dignitatem mirabiliter condidisti, et mirabilius reformasti: da nobis per hujus aquæ et vini mysterii, ejus divinitatis esse consortes, qui humanitatis nostræ fieri dignatus est particeps, Jesus Christus Filius tuus Dominus noster: Qui tecum vivit et regnat in unitate Spiritus Sancti, Deus: per ómnia sæcula sæculórum. Amen.

#### AT THE CENTER OF THE ALTAR

**P:** Offerimus tibi, Domine, cálicem salutáris tuam deprecánte cleméntiam: ut in conspéctu divínæ majestátis tuæ, pro nostra, et totíus mundi saluté cum odóre suavitátis ascéndas. Amen. In spiritu humilitátis, et in ánimo contrito suscipiámur a te, Domine, et sic fiat sacrificium nostrum in conspéctu tuo hódie, ut pláceat tibi, Domine Deus. Veni, sanctificátor omnipotens aetérne Deus: et benedic hoc sacrificium, tuo sancto nómini præparátum.

*(Only at High Mass when incense is used)*

**P:** *Per intercessiónem beáti Michælis Archángeli, stantis a dextris altáris incénsis, et ómnium electórum suórum, incénsus istud dignétur Dominus benedicere, et in odórem suavitátis accipere. Per Christum Dóminum nostrum. Amen.*

**P:** *Incénsus istud a te benedictum, ascéndat ad te, Domine, et descéndat super nos misericórdia tua.*

**P:** *Dirigátur, Domine, orátio mea, sicut incénsus, in conspéctu tuo: elevátio mánuum meárum sacrificium vespertinum. Pone, Domine, custódiám ori meo, et óstium circumstantiæ lábiis meis: ut non declinet cor meum in verba malitiæ, ad excusandas excusatiónes in peccatis. P: Accúsáti in nobis Dóminus ignis sui amóris, et flamma aetérnæ caritátis. Amen.*

#### AT THE RIGHT SIDE OF THE ALTAR

**P:** Lavábo inter innocéntes manus meas: et circumdábo altáre tuum, Domine: Ut áudiám vocem laudis, et enárrem univérsa mirabília tua. Domine, diléxi decórem domus tuæ, et locum habitatiónis glóriæ tuæ. Ne perdas cum ímpiis, Deus, ánimam meam, et cum viris sánguinem vitam meam: In quorum mánibus iniquitátes sunt: déxtera eórum repléta est munéribus. Ego autem in innocéntia mea ingressus sum: rédime me, et miserére mei. Pes meus stetit in dirécto: in ecclésiis benedícam te, Domine. Glória Patri, et Filio, et Spirítui Sancto. Sicut erat in princípío, et nunc, et semper: et in sæcula sæculórum. Amen.

#### AT THE CENTER OF THE ALTAR

**P:** Súscipe, sancta Trínitas, hanc oblatiónem, quam tibi offerimus ob memóriam passiónis, resurrectiόnis, et ascensiónis Jesu Christi Dómini nostri: et in honórem beátæ Mariæ nosræ Vírginis, et beáti Joánnis Baptístæ, et sanctorum Apostolorum Petri et Pauli, et istórum, et ómnium Sanctórum: ut illis proficiat ad honórem, nobis autem ad salutem: et illi pro nobis intercedere dignéntur in cælis, quorum memóriam ágimus in terris. Per eúndem Christum Dóminum nostrum. Amen.

**P:** Oráte fratres: ut meum ac vestrum sacrificium acceptábile fiat apud Deum Patrem omnipoténtem.

**S:** Suscipiat Dóminus sacrificium de mánibus tuis ad laudem, et glóriam nóminis sui, ad utilitátem quoque nostram, totiúsque Ecclésiæ suæ sanctæ.

**P:** Amen.

### SECRET (silently)

Secret altáribus, Domine, hóstias superpósitas sanctus Joánnes Abbas, quæsumus, in salutem nobis provenire depóscat. Per Dóminum nostrum Jesum Christum, Fílium tuum, qui tecum vivit et regnat in unitate Spiritus Sancti, Deus,

### SECRET (silently)

Múnera plebis tuæ, quæsumus, Domine, sanctórum Mátyrum tuórum Nabóris et Felícis fiant grata suffrágiis: et, quorum triúmphis tuo nómini offeruntur, ipsorum digna perficiantur et méritis. Per Dóminum nostrum Jesum Christum, Fílium tuum, qui tecum vivit et regnat in unitate Spiritus Sancti, Deus,

*(aloud, to conclude the Secret Prayer)*

**P:** ...per ómnia sæcula sæculórum.

**(Stand at High Mass)**

**S:** Amen.

**P:** Dominus vobiscum.

**S:** **Et cum spiritu tuo.**

**P:** Sur corda.

**S:** **Habémus ad Dóminum.**

**P:** Grátias agámus Dómino Deo nostro.

**S:** **Dignum et justum est.**

### COMMON PREFACE

Vere dignum et justum est, æquum et salutáre, nos tibi semper, et ubique grátias ágere: Domine sancte, Pater omnipotens, aetérne Deus: per Christum Dóminum nostrum. Per quem majestátem tuam laudant Ángeli, adorant Dominatiónes, tremunt Potestátes. Cæli cælórumque Virtútes, ac beáta Séraphim, sócia exultatióne concélebrant. Cum quibus et nostras voces, ut admitti júbeas deprecámur, súplici confessiόne dicéntes:

**(Kneel)**

**P:** Sanctus ☩, Sanctus ☩, Sanctus ☩, Dóminus Deus Sábata. Pleni sunt cæli et terra glória tua. Hosánna in excélsis. †Benedíctus qui venit in nómine Dómini. Hosánna in excélsis.

### THE ROMAN CANON

*(silently)*

**P:** Te ígitur, clementíssime Pater, per Jesum Christum Filium tuum, Dóminum nostrum, súplices rogámus, ac pétimus uti accépta hábeas, et benedícas, hæc dona, hæc múnera, hæc sancta sacrificia illibáta, in primis, quæ tibi offerimus: pro Ecclésia tua sancta et hólíca: quam pacíficæ, custodíre, adunáre, et régere dignéris toto orbe terrárum: una cum famulo tuo Papa nostro **N.**, et Antístite nostro **N.**, et ómnibus orthodoxis, atque cathólicæ et apostólicæ fidei cultóribus.

**P:** Meménto, Domine, famulórum, famularúmque tuárum **N.**, et **N.**, et ómnium circumstántium, quorum tibi fides cógna est, et nota devotío, pro quibus tibi offerimus: vel qui tibi offerunt hoc sacrificium laudis, pro se, suisque ómnibus: pro redemptiόne animárum tuárum: pro spe salutis et incolumitátis suæ: tibique reddunt vota sua aetérno Deo, vivo et vero.

**P:** Communicánte, et memóriam veneránte, in primis gloriósæ semper Vírginis Mariæ, Genitricis Dei et Dómini nostri Jesu Christi: sed et beáti Joseph, ejúsdem Vírginis Sponsi, et beatorum Apostolorum ac Mátyrum tuórum, Petri et Pauli, Andréæ, Jacóbi, Joánnis, Thomæ, Jacóbi, Philíppi, Bartholomæi, Matthæi, Simónis, et Thaddæi: Liní, Cleti, Cleméntis, Xysti, Chrysógoni, Joánnis et Pauli, Cosmæ et Damiáni, et ómnium Sanctórum tuórum: quorum méritis precibúsque concédas, ut in electórum protectiόnis tuæ muniámur auxílio. Per eúndem Christum Dóminum nostrum. Amen.

**P:** ☩ Hanc ígitur oblatiónem servitútis nostræ, sed et cunctæe familiæ tuæ, quæsumus, Domine, ut placátus accípias: diésque nostros in tua pace dispónas, atque ab aetérna damnatióne nos éripi, et in electórum tuórum júbeas grege numeráti. Per Christum Dóminum nostrum. Amen.

**P:** Quam oblatiónem tu, Deus, in ómnibus, quæsumus, benedíctam, adscríptam, ratam, rationábilem, acceptábilemque fácere dignéris: ut nobis Corpus, et Sanguis fiat dilectíssimi Filii tui Dómini nostri Jesu Christi.

At that time Jesus said to his disciples: You have heard that it hath been said, Thou shalt love thy neighbor, and hate thy enemy. But I say to you, Love your enemies: do good to them that hate you: and pray for them that persecute and calumniate you: That you may be the children of your Father who is in heaven, who maketh his sun to rise upon the good, and bad, and raineth upon the just and the unjust. For if you love them that love you, what reward shall you have? do not even the publicans this? And if you salute your brethren only, what do you more? do not also the heathens this? Be you therefore perfect, as also your heavenly Father is perfect.

**S:** Praise to Thee, O Christ.

**P:** May our offenses be erased by the words of the Gospel.

#### AT THE CENTER OF THE ALTAR

**P:** The Lord be with you.

**S:** And with your spirit.

**P:** Let us pray.

**(Sit)**

Thou hast given him his heart's desire, O Lord, and hast not withholden from him the will of his lips: Thou hast set on his head a crown of precious stones.

**P:** Receive, O Holy Father, almighty and eternal God, this spotless host, which I, Thine unworthy servant, offer unto Thee, my living and true God, for my innumerable sins, offenses, and negligences, and for all here present; and also for all faithful Christians both living and dead, that it may profit me and them for salvation unto life everlasting. Amen.

#### AT THE RIGHT SIDE OF THE ALTAR

**P:** O God, Who wonderfully formed the dignity of human nature, and more wonderfully restored it, grant us through the mystery of this water and wine, to be made participants of His divinity, Who condescended to become a partaker of our humanity, Jesus Christ, Thy Son, our Lord, Who with Thee, lives and reigns in the unity of the Holy Spirit, God, forever and ever. Amen.

#### AT THE CENTER OF THE ALTAR

**P:** We offer Thee, O Lord, the chalice of salvation, pleading Thy clemency, that it may ascend in the sight of Thy divine majesty, with a sweet fragrance, for our salvation and for that of the whole world. Amen. In a humble spirit and a contrite heart may we be received by Thee, O Lord, and let our sacrifice be so made in Thy sight this day that it may please Thee, O Lord God. Come, O sanctifier, almighty and eternal God, and bless this sacrifice prepared for Thy holy name.

*(Only at High Mass when incense is used)*

**P:** *By the intercession of blessed Michael the Archangel, who stands at the right hand of the altar of incense, and of all His elect, may the Lord deign to bless this incense, and to receive it as a sweet fragrance, through Christ our Lord.*

**P:** *May this incense, blessed by Thee, ascend to Thee, O Lord, and may Thy mercy descend upon us.*

**P:** *Let my prayer be directed, O Lord, as incense in Thy sight, the lifting up of my hands as an evening sacrifice. Set a watch, O Lord, before my mouth: and a door round about my lips: that my heart may not incline to evil words: to make excuses in sins.*

**P:** *May the Lord enkindle in us the fire of His love and the flame of everlasting charity. Amen.*

#### AT THE RIGHT SIDE OF THE ALTAR

**P:** I will wash my hands among the innocent, and I will compass Thine altar, O Lord, that I may hear the voice of praise: and tell of all Thy wondrous deeds. I have loved, O Lord, the beauty of Thy house and the place where Thy glory dwelleth. Destroy not my soul, O God, with the wicked, nor my life with men of blood. In whose hands are iniquities, their right hand is full with gifts. But I have walked in my innocence: redeem me, and have mercy on me. My foot has stood on the right path; in the churches I will bless Thee, O Lord. Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

#### AT THE CENTER OF THE ALTAR

**P:** Receive, O holy Trinity, this oblation which we offer to Thee in remembrance of the Passion, Resurrection, and Ascension of Our Lord Jesus Christ, and in honor of blessed Mary, ever Virgin, blessed John the Baptist, the holy Apostles Peter and Paul, and of these and of all the Saints; that it may avail unto their honor and our salvation, and may they deign to intercede in heaven for us who honor their memory here on earth. Through the same Christ, our Lord. Amen.

**P:** Pray brethren, that my sacrifice and yours may be acceptable to God the Father almighty.

**S:** May the Lord receive the sacrifice from your hands, to the praise and glory of His name, to our benefit, and that of all His holy Church.

**P:** Amen.

May the holy Abbot John, we beseech Thee, O Lord, obtain by his prayers, that the Sacrifice laid on Thy holy altar, may profit us unto salvation.

Through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God,

*(For Sts. Nabor & Felix)*

Beseech Thee of Thy people, we beseech Thee, O Lord, be made pleasing to Thee through the prayers of Thy holy Martyrs Nabor and Felix, and as they are being offered to Thy name in celebration of their triumph, may they be rendered worthy through their merits. Through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God,

**P:** ...forever and ever.

**(Stand at High Mass)**

**S:** Amen.

**P:** The Lord be with you.

**S:** And with your spirit.

**P:** Lift up your hearts.

**S:** We have lifted them up to the Lord.

**P:** Let us give thanks to the Lord our God.

**S:** It is fitting and just.

It is truly fitting and just, proper and beneficial, that we should always and everywhere, give thanks unto Thee, holy Lord, Father almighty, everlasting God, through Christ our Lord. Through Whom the Angels praise Thy majesty, the Dominations adore, the Powers tremble: the heavens and the hosts of heaven, and the blessed Seraphim, together celebrate in exultation. With whom, we pray Thee, command that our voices of supplication also be admitted in confessing Thee saying:

**(Kneel)**

**P:** Holy, holy, holy, Lord God of Hosts! Heaven and earth are filled with Thy glory. Hosanna in the highest!

†Blessed is He Who comes in the name of the Lord. Hosanna in the highest!

### THE ROMAN CANON

**P:** Therefore, most merciful Father, we humbly pray and entreat Thee, through Jesus Christ, Thy Son, Our Lord, that Thou would accept and bless these gifts, these offerings, these holy and spotless sacrifices, which, in the first place, we offer Thee for Thy holy Catholic Church: deign to pacify, to guard, to unite, and to govern her throughout the world, together with Thy servant **N.**, our Pope, and **N.**, our Bishop; and all orthodox believers of the Catholic and apostolic faith.

**P:** Be mindful, O Lord, of Thy servants and handmaids **N.** and **N.**, and of all here present, whose faith and devotion are known unto Thee, for whom we offer, or who offer to Thee, this sacrifice of praise for themselves, and for all their own, for the redemption of their souls, for their hope of salvation and safety; and who pay their vows to Thee, the everlasting, living, and true God.

**P:** Having communion with, and venerating first of all the memory of the glorious and ever Virgin Mary, Mother of our God and Lord Jesus Christ; and also of blessed Joseph, Spouse of the same Virgin, and of Thy blessed Apostles and Martyrs, Peter and Paul, Andrew, James, John, Thomas, James, Philip, Bartholomew, Matthew, Simon and Thaddeus; of Linus, Cletus, Clement, Chrysogonus, John and Paul, Cosmas and Damian, and all Thy Saints, by whose merits and prayers, grant that in all things we may be defended by the help of Thy protection. Through the same Christ, our Lord. Amen.

**P:** We therefore beseech Thee, O Lord, to graciously accept this oblation of our service, as also of Thy entire family; dispose our days in Thy peace, save us from eternal damnation, and command that we be numbered in the flock of Thine elect. Through Christ our Lord. Amen.

**P:** Which oblation, do Thou, O God, deign in all respects to make blessed, approved, ratified, reasonable and acceptable, so that it may become for us the Body and Blood of Thy most beloved Son, our Lord, Jesus Christ.



**P:** Qui prídíe quam paterétur, accépit panem in sanctas, ac venerábiles manus suas, et elevátis óculis in cælum ad te Deum Patrem suum omnipoténtem, tibi grátias agens, benedíxit, fregit, dedítque discíplulis suis, dicens:

Accípíte, et manducáte ex hoc omnes, **HOC EST ENIM CORPUS MEUM.**

☪ ☪ ☪

**P:** Símilí modo postquam cænátum est, accípiens et hunc præclárum Cálicem in sanctas ac venerábiles manus suas: ítem tibi grátias agens, benedíxit, dedítque discíplulis suis, dicens:

Accípíte, et bíbite ex eo omnes, **HIC EST ENIM CALIX SÁNGUINIS MEI, NOVI ET AETÉRNI TESTAMÉNTI: MYSTÉRIUM FÍDEI: QUI PRO VOBIS ET PRO MULTIS EFFUNDÉTUR IN REMISSIÓNEM PECCATÓRUM.**

Hæc quotiescúmque fecéritis, in mei memóriam faciétis.

☪ ☪ ☪

**P:** Unde et mémores, Dómine, nos servi tui, sed et plebs tua sancta, ejúsdem Christi Fílii tui Dómini nostri tam beátæ passiónis, sed non et ab ínferis resurrectiónis, nec et in cælos glorióssæ ascensiónis: offerímus præcláram majestáti tuæ de tuis donis, ac datis, hóstiám puram, hóstiám sanctam, hóstiám immaculátam, Panem sanctum vitæ ætérnæ, et Cálicem salutis perpétuæ.

**P:** Supra quæ propítio ac seréno vultu respícere dignéris; et accépta habére, sicuti accépta habére dignátus es múnera púeri tui justí Abel, et sacrificíum Patriárchæ nostri Ábrahæ: et quod tibi óbtulit summus sacerdos tuus Melchisedech, sanctum sacrificíum, immaculátam hóstiám.

**P:** Súpplíces te rogámus, omnípotens Deus: jube hæc perférri per manus sancti Ángeli tui in sublíme altáre tuum, in conspéctu divínæ majestátis tuæ: ut quotquot, ex hac altáris participatióne sacrosáctum Fílii tui, Corpus, et Sánguinem sumpsérimus, omni benedictióne cælésti et grátia repleámur. Per eúndem Christum Dóminum nostrum. Amen.

**P:** Meménto étiam, Dómine, famulórum, famularúmque tuarum **N.** et **N.** qui nos præcessérum cum signo fidei, et dórmiunt in somno pacis. Ipsis, Dómine, et ómnibus in Christo quiescéntibus, locum refrigeríi, lucis et pacis, ut indúlgeas, deprecámur. Per eúndem Christum Dóminum nostrum. Amen.

**P:** Nobis quoque peccatóribus fámulis tuis, de multítudine miseratiónum tuárum sperántibus, partem áliquam, et societátem donáre dignéris, cum tuis sanctis Apóstolis et Martíribus: cum Joánne, Stéphano, Matthía, Bárnaba, Ignátio, Alexándro, Marcellíno, Petro, Felicitáte, Perpétua, Ágatha, Lúcia, Agnéte, Cæcília, Anastásia, et ómnibus Sanctis tuis: intra quorum nos consórtium, non æstimátor mériti, sed véniæ, quæsumus, largítor admítte. Per Christum Dóminum nostrum.

**P:** Per quem hæc ómnia, Dómine, semper bona creas, sanctíficas, vivíficas, benedícis, et præstas nobis. Per ípsam, et cum ípso, et in ípso, est tibi Deo Patri omnipoténti, in unitáte Spíritus Sancti, omnis honor, et glória.

*(aloud, to conclude the Canon)*

**P:** Per ómnia sæcula sæculórum.

**(Stand at High Mass)**

**S:** Amen.

**P:** Orémus. Præcéptis salutáribus móniti, et divína institutióne formáti, audémus dícere:

Pater noster, qui es in cælis: Sanctificetur nomen tuum: Advéniat regnum tuum: Fiat voluntas tua, sicut in cælo, et in terra. Panem nostrum quotidíanum da nobis hódie: Et dímítte nobis débíta nostra, sicut et nos dímíttimus debítóribus nostris. Et ne nos indúcas in tentatiónem:

**S:** Sed libera nos a malo.

**P:** Amen

**P:** Líbera nos, quæsumus, Dómine, ab ómnibus malis, prætéritis, præséntibus, et futúris: et intercedénte beáta et gloriósa semper Vírgine Dei Genitríce María, cum beátis Apóstolis tuis Petro et Paulo, atque Andréa, et ómnibus Sanctis, da propítius pacem in diébus nostris: ut ope misericórdiæ tuæ adjúti, et a peccáto simus semper líberi et ab omni perturbatióne securi. Per eúndem Dóminum nostrum Jesum Christum Fílium tuum. Qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum.

**S:** Amen.

**P:** Pax Dómini sit semper vobíscum.

**S:** Et cum spírítu tuo.

**(Kneel at High Mass)**

**P:** Hæc comméxtio, et consecrátió Córporis et Sánguinis Dómini nostri Jesu Christi fiat accipiéntibus nobis in vitam ætérnam. Amen.

Agnus Dei, qui tollis peccáta mundi: **(strike breast)** miserére nobis.

Agnus Dei, qui tollis peccáta mundi: **(strike breast)** miserére nobis.

Agnus Dei, qui tollis peccáta mundi: **(strike breast)** dona nobis pacem.

**P:** Dómine Jesu Christe, qui dixísti Apóstolis tuis: Pacem relínquo vobis, pacem meam do vobis: ne respicias peccáta mea, sed vident Ecclésiæ tuæ: eáquæ secúndum folium etiam pacíficáre et coadunáre dignéris: Qui vivis et regnas Deus per ómnia sæcula sæculórum. Amen.

**P:** Dómine Jesu Christe, Fili Dei vivi, qui ex voluntáte Patris, cooperánte Spírítu Sancto, per mortem tuam mundum vivificásti: líbera me per hoc sacrosáctum Corpus et Sánguinem tuum ab ómnibus iniquitatibus meis, et univérsis malis: et fac me tuis semper inhærére mandátis, et a te numquam separári permíttas: Qui cum eódem Deo Patre et Spírítu Sancto vivis et regnas Deus in sæcula sæculórum. Amen.

**P:** Percéptio Córporis tui, Dómine Jesu Christe, quod ego indignus súmere præsumo, non mihi provéniat in júdicium et condemnatiónem: sed pro tua pietáte prosit mihi ad tutaméntum mentis et córporis, et ad medélam percipiéndam: Qui vivis et regnas cum Deo Patre in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum. Amen.

**P:** Panem cæléstem accípiam, et nomen Dómini invocábo.

Dómine, non sum dignus ☪, ut intres sub tectum meum: sed tantum dic verbo, et sanábitur ánima mea.

Dómine, non sum dignus ☪, ut intres sub tectum meum: sed tantum dic verbo, et sanábitur ánima mea.

Dómine, non sum dignus ☪, ut intres sub tectum meum: sed tantum dic verbo, et sanábitur ánima mea.

**P:** Corpus Dómini nostri Jesu Christi custódiat ánimam meam in vitam ætérnam. Amen.

**P:** Quid retribuam Dómino pro ómnibus quæc rétribuit mihi? Cálicem salutáris accípiam, et nomen Dómini invocábo. Laudans invocábo Dóminum, et ab inimícis meis salvus ero.

**P:** Sanguis Dómini nostri Jesu Christi custódiat ánimam meam in vitam ætérnam. Amen.

**P:** Ecce Agnus Dei, ecce qui tollit peccáta mundi.

**S:** Dómine, non sum **(strike breast)** dignus, ut intres sub tectum meum: sed tantum dic verbo, et sanábitur ánima mea.

**S:** Dómine, non sum **(strike breast)** dignus, ut intres sub tectum meum: sed tantum dic verbo, et sanábitur ánima mea.

**S:** Dómine, non sum **(strike breast)** dignus, ut intres sub tectum meum: sed tantum dic verbo, et sanábitur ánima mea.

**AT THE COMMUNION RAIL**

**P:** Corpus Dómini nostri Jesu Christi custódiat ánimam tuam in vitam ætérnam. Amen.

**AT THE CENTER OF THE ALTAR**

**P:** Quod ore sumpsimus, Dómine, pura mente capiámus: et de múnere temporáli fiat nobis remédium sempitérnum.

**P:** Corpus tuum, Dómine, quod sumpsí, et Sánguinem, quem potávi, adhæreat viscéribus meis: et præsta; ut in me non remáneat scelerum mácula, quem pura et sancta refecerunt sacraménta: Qui vivis et regnas in sæcula sæculórum, Amen.

**AT THE RIGHT SIDE OF THE ALTAR**

**COMMUNION Luke 12: 42**  
Fidélis servus et prudens, quem constituit dóminus super familiam suam: ut det illis in témpore trítici mensúram.

**AT THE CENTER OF THE ALTAR**

**(Stand at High Mass)**

**P:** Dóminus vobíscum.

**S:** Et cum spírítu tuo.

**AT THE RIGHT SIDE OF THE ALTAR**

**P:** Orémus.

**POSTCOMMUNION**

Prótegat nos, Dómine, cum tui perceptióne sacraménti beátus Joánnes Abbás, pro nobis intercessióne: ut et conversatiónis ejus experiámur insígnia, et intercessiúnis percipiámus suffrágia. Per Dóminum nostrum Jesum Christum, Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum.

**S:** Amen.

**P:** Who, the day before He suffered, took bread into His holy and venerable hands, and with His eyes raised to heaven, unto Thee, God, His almighty Father, giving thanks to Thee, He blessed it, broke it, and gave it to His disciples saying:

Take, all of you, and eat of this: **FOR THIS IS MY BODY.**

**P:** In like manner, after He had supped, taking also this excellent chalice into His holy and venerable hands, and giving thanks to Thee, He blessed it, and gave it to His disciples, saying: Take, all of you, and drink of this: **FOR THIS IS THE CHALICE OF MY BLOOD OF THE NEW AND ETERNAL TESTAMENT: THE MYSTERY OF FAITH: WHICH SHALL BE Poured OUT FOR YOU AND FOR MANY UNTO THE REMISSION OF SINS.** As often as you shall do these things, you do them in memory of Me.

**P:** Wherefore, Lord, we, Thy servants, but also Thy holy people, mindful of the same Christ, Thy Son, our Lord, of His blessed passion, and of His resurrection from the grave, and of His glorious ascension into heaven, offer unto Thy most excellent majesty of Thine own gifts, bestowed upon us, a pure victim, a holy victim, an unspotted victim, the holy Bread of eternal life and the Chalice of everlasting salvation.

**P:** Deign to regard them with a gracious and serene countenance, and to accept them, as Thou didst deign to accept the gifts of Thy just servant Abel, and the sacrifice of Abraham our Patriarch, and that which Thy chief priest Melchisedech offered to Thee, a holy sacrifice, an unspotted victim.

**P:** Humbly we pray Thee, almighty God, command these offerings to be borne by the hands of Thy holy Angel to Thine altar on high, in the sight of Thy divine majesty, so that as many of us as shall, by partaking from this altar, consume the most holy Body and Blood of Thy Son, may be filled with every heavenly grace and blessing. Through the same Christ our Lord. Amen.

**P:** Be mindful also, O Lord, of Thy servants and handmaids **N.** and **N.** who have gone before us with the sign of faith and rest in the sleep of peace. To these, O Lord, and to all who rest in Christ, we plead that you grant a place of comfort, light, and peace. Through the same Christ our Lord. Amen.

**P:** To us sinners also, Thy servants, trusting in the multitude of Thy mercies, deign to grant some part and fellowship with Thy holy Apostles and Martyrs, with John, Stephen, Matthias, Barnabas, Ignatius, Alexander, Marcellinus, Peter, Felicitas, Perpetua, Agatha, Lucy, Agnes, Cecilia, Anastasia, and with all Thy Saints, into whose company, we beseech Thee, not as appraiser of merit but as bestower of pardon, to admit us. Through Christ our Lord.

**P:** Through Whom, O Lord, Thou always create, sanctify, quicken, bless and bestow upon us all good things. Through Him and with Him and in Him is to Thee, God the Father almighty, in the unity of the Holy Spirit, all honor and glory,

**P:** Forever and ever.

**(Stand at High Mass)**

**S:** Amen.

**P:** Let us pray: Admonished by Thy saving precepts, and following Thy divine institution, we dare to say: Our Father, Who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation.

**S:** But deliver us from evil.

**P:** Amen.

**P:** Deliver us, we beseech Thee, O Lord, from all evils, past, present, and to come; and by the intercession of the blessed and glorious ever-Virgin Mary, Mother of God, together with Thy blessed Apostles, Peter and Paul, and Andrew, and all the Saints, mercifully grant peace in our days, that sustained by the help of Thy mercy, we may be always free from sin and secure from all disturbance. Through the same Jesus Christ, Thy Son, our Lord, Who lives and reigns with Thee, in the unity of the Holy Spirit, God, forever and ever.

**S:** Amen.

**P:** The peace of the Lord be always with you.

**S:** And with your spirit.

**(Kneel at High Mass)**

**P:** May this mingling and consecration of the Body and Blood of our Lord Jesus Christ be to us who receive it effectual unto eternal life. Amen.

Lamb of God, Who takes away the sins of the world, **(strike breast)** have mercy on us.

Lamb of God, Who takes away the sins of the world, **(strike breast)** have mercy on us.

Lamb of God, Who takes away the sins of the world, **(strike breast)** grant us peace.

**P:** O Lord Jesus Christ, Who said to Thine Apostles: Peace I leave you, My peace I give you; regard not my sins, but the faith of Thy Church, and deign to grant her peace and to unify her according to Thy will: Who lives and reigns God, forever and ever. Amen.

**P:** Lord Jesus Christ, Son of the living God, Who, by the will of the Father, with the cooperation of the Holy Spirit, hast by Thy death given life to the world; deliver me by this Thy most sacred Body and Blood, from all my sins and from all evils. Make me always cleave to Thy commandments, and never permit me to be separated from Thee, Who with the same God the Father and the Holy Spirit, lives and reigns, God, forever and ever. Amen.

**P:** Let not the partaking of Thy Body, O Lord Jesus Christ, which I, unworthy, presume to receive, turn to my judgment and condemnation; but through Thy kindness, may it benefit me, a safeguard both of mind and body, and a certain remedy. Who with God the Father, in the unity of the Holy Spirit, lives and reigns God, forever and ever. Amen.

**P:** I will take the Bread of heaven, and will call upon the name of the Lord.

Lord, I am not worthy that Thou should enter under my roof; but only say the word and my soul shall be healed.

Lord, I am not worthy that Thou should enter under my roof; but only say the word and my soul shall be healed.

Lord, I am not worthy that Thou should enter under my roof; but only say the word and my soul shall be healed.

**P:** May the Body of our Lord Jesus Christ preserve my soul unto life everlasting. Amen.

**P:** What return shall I render unto the Lord for all He has given me? I will take the Chalice of salvation, and I will call upon the name of the Lord. Praising I will call upon the Lord, and I shall be saved from my enemies.

**P:** May the Blood of our Lord Jesus Christ preserve my soul to life everlasting. Amen.

**P:** Behold the Lamb of God, behold Him who takes away the sins of the world.

**S:** Lord, I am **(strike breast)** not worthy that Thou should enter under my roof; but only say the word and my soul shall be healed.

**S:** Lord, I am **(strike breast)** not worthy that Thou should enter under my roof; but only say the word and my soul shall be healed.

**S:** Lord, I am **(strike breast)** not worthy that Thou should enter under my roof; but only say the word and my soul shall be healed.

**AT THE COMMUNION RAIL**

**P:** May the Body of our Lord Jesus Christ preserve your soul unto everlasting life. Amen.

**AT THE CENTER OF THE ALTAR**

**P:** Grant, O Lord, that what we have taken with our mouth, we may receive with a pure mind; and from a temporal gift may it become to us an eternal remedy.

**P:** May Thy Body, O Lord, which I have consumed, and Thy Blood which I have drunk, cling to my vitals; and grant that, no wicked stain may remain in me, whom these pure and holy mysteries have refreshed. Who lives and reigns, forever and ever. Amen.

**AT THE RIGHT SIDE OF THE ALTAR**

The faithful and wise servant, whom his lord setteth over his family, to give them their measure of wheat in due season.

**AT THE CENTER OF THE ALTAR**

**P:** The Lord be with you.

**S:** And with your spirit.

**AT THE RIGHT SIDE OF THE ALTAR**

**P:** Let us pray.

May the pleading of blessed John, the Abbot, for us, as well as the reception of Thy Sacraments, protect us, O Lord, that we may both share in the glory of his works, and receive the help of his intercession. Through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever.

**S:** Amen.



**P:** Orémus.

**P:** Let us pray.

**POSTCOMMUNION**

Natalitiis Sanctórum tuórum, quaesumus, Dómine: ut, sacraménti múnere vegetáti, bonis, quibus per tuam grátiam nunc fovémur, perfruámur aetérnis. Per Dóminum nostrum Jesum Christum, Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia saecula saeculórum.

**S:** Amen.

*(For Sts. Nabor & Felix)*

On the natal feast of Thy Saints, we beseech Thee, O Lord, that, being strengthened by the gift of the sacrament, we may enjoy forever the good things with which, through Thy grace, we are now comforted. Through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever.

**S:** Amen.

**AT THE CENTER OF THE ALTAR**

**AT THE CENTER OF THE ALTAR**

**P:** The Lord be with you.

**S:** And with your spirit.

**P:** Go, the Mass is ended.

**S:** Thanks be to God.

**P:** Dóminus vobíscum.

**S:** Et cum spírítu tuo.

**P:** Ite, Missa est.

**S:** Deo grátias.

**(Kneel at High Mass)**

**P:** Pláceat tibi, sancta Trínitas, obséqúium servitútis meae: et praesta; ut sacrificium, quod óculis tuæ majestátis indignus obtuli, tibi sit acceptábile, mihique et ómnibus pro quibus illud obtuli, sit, te miseránte, propitiábile. Per Christum Dóminum nostrum. Amen.

**(Kneel at High Mass)**

**P:** May the performance of my homage be pleasing to Thee, O holy Trinity: and grant that the sacrifice which I, though unworthy, have offered up in the sight of Thy majesty, may be acceptable unto Thee, and may, through Thy mercy, be a propitiation for myself and all those for whom I have offered it. Through Christ our Lord. Amen.

**P:** Benedícat vos omnípotens Deus, †Pater, et Fílius, et Spíritus Sanctus.

**S:** Amen.

**P:** May almighty God bless you, †the Father, Son, and Holy Spirit.

**S:** Amen.

**AT THE LEFT SIDE OF THE ALTAR (Stand)**

**AT THE LEFT SIDE OF THE ALTAR (Stand)**

**P:** Dóminus vobíscum.

**S:** Et cum spírítu tuo.

**P:** Inítium sancti Evangéllii secúndum Joánnem.

**S:** Glória tibi, Dómine.

**P:** In princípío erat Verbum, et Verbum erat apud Deum, et Deus erat Verbum. Hoc erat in princípío apud Deum. Ómnia per ipsum facta sunt: et sine ipso factum est nihil, quod factum est: in ipso víta erat, et víta erat lux ténebræ eam non comprehendérunt. Fuit homo missus a Deo, cui nomen erat Joánnes. Hic venit in testimónium, ut testimónium perhiberet de lúmine, ut omnes créderent per illum. Non erat ille lux, sed ut testimónium perhiberet de lúmine. Erat lux vera, quæ illúminat omnem hóminem veniéntem in hunc mundum. In mundo erat, et mundus per ipsum factus est, et mundus eum non cognóvit. In própria venit, et sui eum non recepérunt. Quotquot autem recepérunt eum, dedit eis potestátem filios Dei fieri, his qui credunt in nómine ejus: qui non ex sanguínibus, neque ex voluntáte carnis, neque ex voluntáte viri, sed ex Deo nati sunt.

**(Genuflect)** ET VERBUM CARO

FACTUM EST

et habitávit in nobis: et vídimus glóriam ejus, glóriam quasi Unigéniti a Patre, plenum grátiae et veritátis.

**P:** The Lord be with you.

**S:** And with your spirit.

**P:** The beginning of the holy Gospel according to John.

**S:** Glory be to Thee, O Lord.

**P:** In the beginning was the Word, and the Word was with God, and the Word was God. The same was in the beginning with God. All things were made by Him: and without Him was made nothing that was made. In Him was life, and the life was the light of men. And the light shineth in darkness, and the darkness did not comprehend it. There was a man sent from God, whose name was John. This man came for a witness, to give testimony of the light, that all men might believe through him. He was not that light, but was to give testimony of the light. That was the true light, which enlighteneth every man that cometh into this world. He was in the world, and the world was made by Him, and the world knew Him not. He came unto His own, and His own received Him not. But as many as received Him, He gave them power to be made the sons of God, to them that believe in His name. Who are born, not of blood, nor of the will of the flesh, nor of the will of man, but of God.

**(Genuflect)** AND THE WORD WAS

MADE FLESH,

and dwelt among us, (and we saw His glory, the glory as it were of the only begotten of the Father,) full of grace and truth.

**S:** Thanks be to God.

**S:** Deo grátias.

[Leonine Prayers](#)

(optional after Low Mass)