

**MASS PROPER: FERIA – SEXAGESIMA, 02/14, ST. VALENTINE**

MASS *Exsúrge* (violet)

**INTROIT Psalms 43: 23-26**

Exsúrge, quare obdórmis, Dómine?  
exsúrge, et ne repéllas in finem: quare  
fáciem tuam avértis, oblivísceris  
tribulatió nem nostram? adhæsit in  
terra venter noster: exsúrge, Dómine,  
ádjua nos, et líbera nos. (Ps 43: 2)  
Deus, áuribus nostris audívimus:  
patres nostri annuntiavérunt nobis.  
Glória Patri et Fílio et Spíritui Sancto,  
sicut erat in princípío, et nunc, et  
semper, et in sæcula sæculórum.  
Amen. Exsúrge, quare obdórmis,  
Dómine? exsúrge, et ne repéllas in  
finem: quare fáciem tuam avértis,  
oblivísceris tribulatió nem nostram?  
adhæsit in terra venter noster:  
exsúrge, Dómine, ádjua nos, et líbera  
nos.

**COLLECT**

Deus, qui cónspicis, quia ex nulla  
nostra actió ne confidimus: concéde  
propítius; ut contra advérsa ómnia,  
Doctóris géntium protectió ne  
muniámur. Per Dóminum nostrum  
Jesum Christum, Fílium tuum, qui  
tecum vivit et regnat in unitáte Spíritus  
Sancti, Deus, per ómnia sæcula  
sæculórum.

*For St Valentine*

Præsta, quæsumus, omnípotens  
Deus: ut, qui beáti Valentini Mártiris  
tui natalítia cólimus, a cunctis malis  
imminéntibus, ejus intercessió ne,  
liberémur. Per Dóminum nostrum  
Jesum Christum, Fílium tuum, qui  
tecum vivit et regnat in unitáte Spíritus  
Sancti, Deus, per ómnia sæcula  
sæculórum.

Arise, why sleepest Thou, O Lord?  
arise, and cast us not off to the end.  
Why turnest Thou Thy face away, and  
forgettest our trouble? our belly hath  
cleaved to the earth: arise, O Lord,  
help us and deliver us. (Ps. 43: 2) We  
have heard, O God, with our ears: our  
fathers have declared to us. Glory be  
to the Father and to the Son and to  
the Holy Spirit as it was in the  
beginning, is now, and ever shall be,  
world without end. Amen. Arise, why  
sleepest Thou, O Lord? arise, and  
cast us not off to the end. Why turnest  
Thou Thy face away, and forgettest  
our trouble? Our belly hath cleaved to  
the earth: arise, O Lord, help us and  
deliver us.

O God, who seest that we put not our  
trust in any thing that we do: mercifully  
grant that by the protection of the  
Doctor of the Gentiles we may be  
defended against all adversities.  
Through our Lord Jesus Christ, Thy  
Son, Who lives and reigns with Thee  
in the unity of the Holy Spirit, God,  
forever and ever.

Grant, we beseech Thee, O almighty  
God, that we who keep the birthday of  
blessed Valentine, Thy Martyr, may by  
his intercession be delivered from all  
the ills that threaten us. Through our  
Lord Jesus Christ, Thy Son, Who lives  
and reigns with Thee in the unity of  
the Holy Spirit, God, forever and ever.

## EPISTLE

### 2 Corinthians 11: 19-33; 12: 1-9

Fratres: Libénter suffértis insipiéntes: cum sitis ipsi sapiéntes. Sustinétis enim si quis vos in servitútem rédigat, si quis dévorat, si quis áccipit, si quis extóllitur, si quis in fáciem vos cædit. Secúndum ignobilitátem dico, quasi nos infirmi fuérimus in hac parte. In quo quis audet (in insipiéntia dico) áudeo et ego. Hebræi sunt, et ego: Israëlitæ sunt, et ego: Semen Abrahæ sunt, et ego: Minístri Christi sunt (ut minus sápiens dico) plus ego: in labóribus plúrimis, in carcéribus abundántius, in plagis supra modum, in mórtibus fréquenter. A Judæis quínquies quadragénas, una minus, accépi. Ter virgis cæsus sum, semel lapidátus sum, ter naufrágium feci, nocte et die in profúndo maris fui: in itinéribus sæpe, perículis flúminum, perículis latrónum, perículis ex gènere, perículis ex géntibus, perículis in civitáte, perículis in solitúdine, perículis in mari, perículis in falsis frátribus: in labóre et ærúmna, in vigíliis multis, in fame et siti, in jejúniis multis, in frígore et nuditáte: præter illa quæ extrínsecus sunt, instántia mea quotidiana, sollicitúdo ómnium Ecclesiárum. Quis infirmátur, et ego non infirmor? Quis scandalizátur, et ego non uror? Si gloriári opórtet: quæ infirmitátis meæ sunt, gloriábor. Deus et Pater Dómini nostri Jesu Christi, qui est benedíctus in sæcula, scit quod non méntior. Damásci præpósitus gentis Arétæ regis, custodiébat civitátem Damascenórum, ut me comprehénderet: et per fenéstram in sporta dimíssus sum per murum, et sic effúgi manus ejus. Si gloriári opórtet (non éxpedit quidem), véniam autem ad visiónes, et revelatiónes Dómini. Scio hóminem in Christo ante

Brethren, You gladly suffer the foolish: whereas yourselves are wise. For you suffer if a man bring you into bondage, if a man devour you, if a man take from you, if a man be lifted up, if a man strike you on the face. I speak according to dishonor, as if we had been weak in the past. Wherein if any man dare (I speak foolishly), I dare also. They are Hebrews, so am I. They are Israelites, so am I. They are the seed of Abraham, so am I. They are the ministers of Christ (I speak as one less wise), I am more: in many more labors, in prisons more frequently, in stripes above measure, in deaths often. Of the Jews five times did I receive forty stripes save one. Thrice was I beaten with rods, once I was stoned, thrice I suffered shipwreck, a night and a day I was in the depth of the sea: in journeying often, in perils of waters, in perils of robbers, in perils from my own nation, in perils from the Gentiles, in perils in the city, in perils in the wilderness, in perils in the sea, in perils from false brethren: in labor and painfulness, in much watching, in hunger and thirst, in fastings often, in cold and nakedness; besides those things which are without, my daily instance, the solicitude for all the Churches. Who is weak, and I am not weak? who is scandalized, and I am not on fire? If I must needs glory, I will glory of the things that concern my infirmity. The God and Father of Our Lord Jesus Christ, who is blessed for ever, knoweth that I lie not. At Damascus the governor of the nation under Aretas, the king, guarded the city of the Damascenes to apprehend me: and through a window in a basket was I let down by the wall, and so

annos quatuórdecim, sive in córpore néscio, sive extra corpus néscio, Deus scit, raptum hujúsmodi usque ad tértium cælum. Et scio hujúsmodi hóminem, sive in córpore, sive extra corpus néscio, Deus scit: quóniam raptus est in paradísu, et audívit arcána verba, quæ non licet hómini loqui. Pro hujúsmodi gloriábor: pro me autem nihil gloriábor, nisi in infirmitátibus meis. Nam, et si volúero gloriári, non ero insípiens: veritátem enim dicam: parco autem, ne quis me exístimet supra id quod videt in me, aut áliquid audit ex me. Et ne magnitúdo revelatiónum extóllat me, datus est mihi stímulus carnis meæ, ángelus sátanae, qui me colaphízet. Propter quod ter Dóminum rogávi, ut discéderet a me: et dixit mihi: Súfficit tibi grátia mea: nam virtus in infirmitáte perfícitur. Libénter ígitur gloriábor in infirmitátibus meis, ut inhábitet in me virtus Christi.

**GRADUAL Psalms 82: 19, 14**

Sciánt gentes, quóniam nomen tibi Deus: tu solus Altíssimus super omnem terram, Deus meus, pone illos ut rotam, et sicut stípulam ante fáciem venti.

**TRACT Psalms 59: 4, 6**

Commovísti, Dómine, terram, et conturbásti eam. Sana contritiónes ejus, quia mota est. Ut fúgiant a fácie arcus: ut liberéntur elécti tui.

**GOSPEL Luke 8: 4-15**

In illo témpore: Cum turba plúrima

escaped his hands. If I must glory (it is not expedient indeed) but I will come to visions and revelations of the Lord. I know a man in Christ above fourteen years ago, whether in the body I know not, or out of the body, I know not, God knoweth, such a one caught up to the third heaven. And I know such a man, whether in the body or out of the body, I know not, God knoweth: that he was caught up unto paradise, and heard secret words which it is not granted to man to utter. For such a one I will glory: but for myself I will glory nothing but in my infirmities. For though I should have a mind to glory, I shall not be foolish: for I will say the truth: but I forbear, lest any man should think of me above that which he seeth in me, or anything he heareth from me. And lest the greatness of the revelations should exalt me, there was given me a sting of my flesh, an angel of Satan, to buffet me. For which thing, thrice I besought the Lord that it might depart from me. And He said to me: my grace is sufficient for thee: for power is made perfect in infirmity. Gladly therefore will I glory in my infirmities, that the power of Christ may dwell in me.

Let the Gentiles know that God is Thy Name: Thou alone art the Most High over all the earth. O my God, make them like a wheel, and as stubble before the wind.

Thou hast moved the earth, O Lord, and hast troubled it. Heal Thou the breaches thereof, for it has been moved. That they may flee from before the bow: that Thine elect may be delivered.

At that time, when a very great

convenírent, et de civitatibus properárent ad Jesum, dixit per similitúdinem: Exiit, qui séminat, semináre semen suum: et dum séminat, áliud cécidit secus viam, et conculcátum est, et vólucres cæli comedérunt illud. Et áliud cécidit supra petram: et natum áruit, quia non habébat humórem. Et áliud cécidit inter spinas, et simul exórtæ spinæ suffocavérunt illud. Et áliud cécidit in terram bonam: et ortum fecit fructum céntuplum. Hæc dicens, clamábat: Qui habet aures audiéndi, audiat. Interrogábant autem eum discípuli eius, quæ esset hæc parábola. Quibus ipse dixit: Vobis datum est nosse mystérium regni Dei, céteris autem in parábolis: ut vidéntes non videant, et audientes non intélligant. Est autem hæc parábola: Semen est verbum Dei. Qui autem secus viam, hi sunt qui áudiunt: déinde venit diábolus, et tollit verbum de corde eórum, ne credéntes salvi fiant. Nam qui supra petram: qui cum audierint, cum gáudio suscipiunt verbum: et hi radíces non habent: qui ad tempus credunt, et in témpore tentatiónis recédunt. Quod autem in spinas cécidit: hi sunt, qui audiérunt, et a sollicitudínibus et divítiis et voluptátibus vitæ eúntes, suffocántur, et non réferunt fructum. Quod autem in bonam terram: hi sunt, qui in corde bono et óptimo audiéntes verbum rétinent, et fructum áfferunt in paciéntia.

**OFFERTORY Psalms 16: 5-7**

Pérfice gressus meos in sémitis tuis, ut non moveántur vestígia mea: inclína aurem tuam, et exáudi verba mea: mirífica misericórdias tuas, qui salvos facis sperántes in te, Dómine.

multitude was gathered together and hastened out of the cities unto Jesus, He spoke by a similitude: The sower went out to sow his seed: and as he sowed, some fell by the wayside, and it was trodden down, and the fowls of the air devoured it. And other some fell upon a rock: and as soon as it was sprung up, it withered away, because it had no moisture. And other some fell among thorns, and the thorns growing up with it choked it. And other some fell upon good ground: and being sprung up yielded fruit a hundredfold. Saying these things, He cried out: He that hath ears to hear, let him hear. And His disciples asked Him what this parable might be. To whom He said: To you it is given to know the mystery of the kingdom of God, but to the rest in parables: that seeing they may not see, and hearing may not understand. Now the parable is this. The seed is the word of God. And they by the wayside are they that hear: then the devil cometh and taketh the word out of their heart, lest believing they should be saved. Now they upon the rock are they who, when they hear, receive the word with joy; and these have no roots: for they believe for a while, and in time of temptation they fall away. And that which fell away among thorns are they who have heard and, going their way, are choked with the cares and riches and pleasures of this life, and yield no fruit. But on the good ground are they who in a good and perfect heart, hearing the word, keep it, and bring forth fruit in patience.

Perfect Thou my goings in Thy paths, that my footsteps be not moved: incline Thine ear, and hear my words: show forth Thy wonderful mercies, Thou who savest them that trust in

**SECRET**

Oblátum tibi, Dómine, sacrificium, vivíficet nos semper et múniat. Per Dóminum nostrum Jesum Christum, Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum.

*For St Valentine*

Súscipe, quæsumus, Dómine, múnera dignánte obláta: et, beáti Valentini Mártiris tui suffragántibus méritis, ad nostræ salútis auxiliium provenire concéde. Per Dóminum nostrum Jesum Christum, Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum.

**COMMUNION Psalms 42: 4**

Introíbo ad altáre Dei, ad Deum qui lætíficat juventútem meam.

**POSTCOMMUNION**

Supplices te rogámus, omnipotens Deus: ut quos tuis réficis sacraméntis, tibi étiam plácitis móribus dignánte deservíre concédas. Per Dóminum nostrum Jesum Christum, Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum.

*For St Valentine*

Sit nobis, Dómine, reparátio mentis et córporis cæléste mystérium: ut, cujus exséquimur actiónem, intercedénte beáto Valentíno Mártire tuo, sentiámus efféctum. Per Dóminum nostrum Jesum Christum, Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum.

Thee, O Lord.

May the Sacrifice offered to Thee, O Lord, ever quicken us and protect us. Through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever.

Deign O Lord, we beseech Thee, to accept the gifts we offer; and through the intercession of Thy blessed Martyr Valentine, grant that they may avail as a help to our salvation. Through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever.

I will go in to the altar of God, to God who giveth joy to my youth.

We humbly beseech Thee, almighty God, to grant that they whom Thou dost refresh with Thy Sacraments, may worthily serve Thee by lives well pleasing to Thee. Through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever.

Let Thy heavenly mystery, O Lord, avail to the restoration of mind and body, that, by the intercession of Thy blessed Martyr Valentine, we may feel the effect of the act which we are performing. Through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever.