

Collecta at St. Anastasia. Station at St. Sabina.

Since the time of St. Gregory the Great this day has inaugurated at Rome the forty holy days of Lent, and was called *in capite jejunii* (the beginning of the fast). The canonical penance imposed on public penitents began on this day. In the rite of the blessing of the ashes, the last trace remains of the ceremony of the imposition of canonical penance on public penitents. Towards the Eleventh Century the disciplinary rule of public penance having been done away with, instead of the penitents of former days, the Pope, the clergy, and the Roman people took part indiscriminately in this function, and began to walk barefoot, with ashes sprinkled on their heads, to the Basilica at St. Sabina.

The collecta or assembly of the people was at the church of St. Anastasia, where the ashes were imposed on the heads of the clergy and people. They then proceeded up the Aventine Hill to the little church founded or rebuilt under Celestine I (423-32) by an Illyrian priest by the name of Peter and called by the name Sabina even before the relics of the martyred St. Sabina were brought thither from the *area Vindiciani* (her cemetery).

The rubric that the ashes blessed on this day be obtained by the burning of the palms, or green branches, blessed on the Palm Sunday of the preceding year.

*(There are no Prayers at the Foot, the Mass begins with the Introit.)*

#### INTROIT Wisdom 11: 24, 25, 27

Miseréris ómnium, Dómine, et nihil odísti eórum quæ fecísti, dissímulans peccáta hóminum propter pæniténtiam et parcens illis: quia tu es Dóminus, Deus noster. (Ps. 56: 2) Miserére mei, Deus, miserére mei: quóniam in te confídít ánima mea. Glória Patri et Filio et Spíritui Sancto, sicut erat in princípío, et nunc, et semper, et in sæcula sæculórum. Amen. Miseréris ómnium, Dómine, et nihil odísti eórum quæ fecísti, dissímulans peccáta hóminum propter pæniténtiam et parcens illis: quia tu es Dóminus, Deus noster.

#### COLLECT

Præsta, Dómine, fidélibus tuis: ut jejuniórum veneránda sollémnia, et cóngrua pietáte suscípant, et secúra devotíone percúrrant. Per Dóminum nostrum Jesum Christum, Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum.

#### LESSON Joel 2: 12-19

Hæc dicit Dóminus: Convertímini ad me in toto corde vestro, in jejúnio, et in fletu, et in planctu. Et scíndite corda vestra, et non vestiménta vestra, et convertímini ad Dóminum, Deum vestrum: quia benígnus et miséricors est, pátiens, et multæ miséricórdiæ, et præstábilis super malítia. Quis scit, si convertátur, et ignóscat, et relínquat post se benedictíonem, sacrificíum et libámen Dómino, Deo vestro? Cánite tuba in Sion, sanctificáte jejúnium, vocáte cœtum, congregáte pópulum, sanctificáte ecclésiám, coadunáte senes, congregáte parvulos et sugéntes úbera: egrediátur sponsus de cubíli suo, et sponsa de thámo suo. Inter vestibulum et altare plorábunt sacerdotés ministri Dómini, et dicent: Parce, Dómine, parce pópulo tuo: et ne des hereditátem tuam in oppróbrium, ut dominéntur eis nátiónes. Quare dicunt in pópulis: Ubi est Deus eórum? Zelátus est Dóminus terram suam, et pepércit pópulo suo. Et respóndit Dóminus, et dixit pópulo suo: Ecce, ego mittam vobis fruméntum et vinum et óleum, et replebímíni eis: et non dabo vos ultra oppróbrium in géntibus: dicit Dóminus omnipotens.

#### GRADUAL Psalms 56: 2, 4

Miserére mei, Deus, miserére mei: quóniam in te confídít ánima mea. Misit de cælo, et liberávit me, dedit in oppróbrium conculcántes me.

#### TRACT Psalms 102: 10

Dómine, non secúndum peccáta nostra, quæ fécimur nos: neque secúndum iniquitátes nostras retríbuas nobis. (Ps. 78: 8-9) Dómine, ne memínaris iniquitátum nostrárum antiquárum: cito anticipent nos miséricórdiæ tuæ, quia páuperes facti sumus nimis. (*Genuflect.*) Ádjuva nos, Deus, salutáris noster: et propter glóriam nóminis tui, Dómine, libera nos: et propítius esto peccátis nostris, propter nomen tuum.

#### GOSPEL Matthew 6: 16-21

In illo témpore: Dixit Jesus discípulis suis: Cum jejunátis, nolíte fieri, sicut hypocritæ, tristes. Extermínant enim fácies suas, ut appáreant homínibus jejunántes. Amen, dico vobis, quia recepérunt mercédem suam. Tu autem, cum jejúnas, unge caput tuum, et fáciem tuam lava, ne videáris homínibus jejúnans, sed Patri tuo, qui est in abscondito: et Pater tuus, qui videt in abscondito, reddet tibi. Nolíte thesaurizáre vobis thesauros in terra: ubi ærúgo et tineá demólitur: et ubi fures effódiunt et furántur. Thesaurizáte autem vobis thesauros in cælo: ubi neque ærúgo neque tineá demólitur; et ubi fures non effódiunt nec furántur. Ubi enim est thesáurus tuus, ibi est et cor tuum.

#### OFFERTORY Psalms 29: 2-3

Exaltábo te, Dómine, quóniam suscepísti me, nec delectásti inimícos meos super me: Dómine, clamávi ad te, et sanásti me.

#### SECRET

Fac nos, quæsumus, Dómine, his munéribus offeréndis conveniénter aptári: quibus ipsíus venerábilis sacraménti celebrámus exórdium. Per Dóminum nostrum Jesum Christum, Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum.

#### PREFACE OF LENT

Vere dignum et justum est, æquum et salutáre, nos tibi semper et ubíque grátias ágere: Dómine sancte, Pater omnipotens, ætérne Deus: Qui corporáli jejúnio vítia cóprimis, mentem élevas, virtútem largírís et præmia: per Christum Dóminum nostrum. Per quem majestátem tuam laudant Ángeli, adórant Dominatiónes, tremunt Potestátes. Cæli cælórumque Virtútes ac beáta Séraphim sócia exsultatióne concélebrant. Cum quibus et nostras voces ut admítti júbeas, deprecámur, súpplici confessióne dicéntes:

#### COMMUNION Psalms 1: 2, 3

Qui meditábitur in lege Dómini die ac nocte, dabit fructum suum in témpore suo.

#### POSTCOMMUNION

Percépta nobis, Dómine, præbeant sacraménta subsídium: ut tibi grata sint nostra jeiúnia, et nobis proficiant ad medélam. Per Dóminum nostrum Jesum Christum, Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum.

#### PRAYER OVER THE PEOPLE

Humiliáte cápita vestra Deo.

Inclinántes se, Dómine, majestáti tuæ, propitiátus inténde: ut, qui divíno múnere sunt refécti, cæléstibus semper nutriántur auxiliis. Per Dóminum nostrum Jesum Christum, Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum.

Thou hast mercy upon all, O Lord, and hatest none of the things which Thou hast made, overlooking the sins of men for the sake of repentance, and sparing them because Thou art the Lord our God. (Ps. 56: 2) Have mercy on me, O God, have mercy on me for my soul trusteth in Thee. Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now and ever shall be, world without end. Amen. Thou hast mercy upon all, O Lord, and hatest none of the things which Thou hast made, overlooking the sins of men for the sake of repentance, and sparing them because Thou art the Lord our God.

Grant, O Lord, to Thy faithful people that they may begin the venerable solemnities of fasting with becoming piety, and may persevere to the end with steadfast devotion. Through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever.

Thus saith the Lord: Be converted to Me with all your heart, in fasting and in weeping and in mourning. And rend your hearts and not your garments, and turn to the Lord your God; for He is gracious and merciful, patient and rich in mercy, and ready to repent of the evil. Who knoweth but He will return and forgive and leave a blessing behind Him, sacrifice and libation to the Lord your God? Blow the trumpet in Sion, sanctify a fast, call a solemn assembly, gather together the people, sanctify the Church, assemble the ancients, gather together the little ones and them that suck at the breasts let the bridegroom go forth from his bed and the bride out of her bride chamber. Between the porch and the altar the priests, the Lord's ministers, shall weep and shall say: Spare, O Lord, spare Thy people and give not Thy inheritance to reproach, that the heathen should rule over them. Why should they say among the nations Where is their God? The Lord hath been zealous for His land, and hath spared His people. And the Lord answered and said to His people: Behold I will send you corn and wine and oil, and you shall be filled with them and I will no more make you a reproach among the nations; saith the Lord almighty.

Have mercy on me, O God, have mercy on me for my soul trusteth in Thee. He hath sent from heaven and delivered me. He hath made them a reproach that trod upon me.

O Lord, repay us not according to the sins we have committed, nor according to our iniquities. (Ps. 78: 8-9) O Lord, remember not our former iniquities, let Thy mercies speedily prevent us; for we are become exceeding poor. (*Here kneel.*) Help us, O God, our Savior, and for the glory of Thy name, O Lord, deliver us: and forgive us our sins for Thy name's sake.

At that time, Jesus said to His disciples: When you fast, be not as the hypocrites, sad. For they disfigure their faces, that they may appear unto men to fast. Amen I say to you, they have received their reward. But thou, when thou fastest, anoint thy head and wash thy face, that thou appear not to men to fast, but to thy Father who is in secret: and thy Father who seeth in secret will repay thee. Lay not up to yourselves treasures on earth: where the rust and moth consume, and where thieves break through and steal. But lay up to yourselves treasures in heaven where neither the rust nor moth doth consume, and where thieves do not break through nor steal. For where thy treasure is, there is thy heart also.

I will extol Thee, O Lord, for Thou hast upheld me, and hast not made my enemies to rejoice over me: O Lord, I have cried to Thee, and Thou hast healed me.

Make us, we beseech Thee, O Lord, suitably fit for offering these gifts, by which we celebrate the institution of this venerable sacrament. Through our Lord Jesus Christ Thy Son. Who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever.

It is truly fitting and just, proper and beneficial, that we should always and everywhere, give thanks unto Thee, holy Lord, Father almighty, everlasting God. Who by this bodily fast, dost curb our vices, dost lift up our minds and bestow on us strength and rewards; through Christ our Lord. Through Whom the Angels praise Thy majesty, the Dominations adore, the Powers tremble: the heavens and the hosts of heaven, and the blessed Seraphim, together celebrate in exultation. With whom, we pray Thee, command that our voices of supplication also be admitted in confessing Thee saying:

He that shall meditate day and night on the law of the Lord, shall bring forth his fruit in due season.

May the sacraments which we have received afford us help, O Lord, that our fasts may be pleasing to Thee, and a profitable remedy. Through Jesus Christ our Lord, Who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever.

Bow down your heads before God.

Look down graciously, O Lord, upon those who bow before Thy majesty; that they who are refreshed by Thy divine gift may ever be sustained by heavenly aid. Through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever.