

MASS PROPER: MONDAY AFTER THE 3RD SUNDAY IN LENT

MASS *In Deo laudábo* (violet)

INTROIT Psalms 55: 5

In Deo laudábo verbum, in Dómino laudábo sermónem: in Deo sperábo, non timébo, quid fáciat mihi homo. (Ps. 55: 2) Miserére mei, Deus, quóniam conculcávit me homo: tota die bellans tribulávit me. Glória Patri et Fílio et Spíritui Sancto, sicut erat in princípío, et nunc, et semper, et in sæcula sæculórum. Amen. In Deo laudábo verbum, in Dómino laudábo sermónem: in Deo sperábo, non timébo, quid fáciat mihi homo.

COLLECT

Córdibus nostris, quæsumus, Dómine, grátiam tuam benígna infúnde: ut, sicut ab escis carnálibus abstinémus; ita sensus quoque nostros a nóxiis retrahámus excéssibus. Per Dóminum nostrum Jesum Christum, Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum.

For St. Benedict

Intercéssio nos, quæsumus, Dómine, beáti Benedícti Abbátis comméndet: ut, quod nostris méritis non valémus, ejus patrocínio assequámur. Per Dóminum nostrum Jesum Christum, Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum.

LESSON 4 Kings 5: 1-15

In diébus illis: Náaman, princeps milítiae regis Sýriæ, erat vir magnus apud dóminum suum, et honorátus: per illum enim dedit Dóminus salútem Sýriæ: erat autem vir fortis et dives, sed leprósus. Porro de Sýria egressi

In God I will praise the word, in the Lord I will praise His speech, in God I will trust, I will not fear what man can do to me. (Ps. 55: 2) Have mercy on me, O God, for man hath trodden me under foot: all the day long he hath afflicted me, fighting against me. Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen. In God I will praise the word, in the Lord I will praise His speech, in God I will trust, I will not fear what man can do to me.

Lord, we beseech Thee, pour Thy grace into our hearts, that, as we abstain from carnal food, so also we may withdraw our senses from harmful excesses. Through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever.

May the intercession of blessed Benedict the Abbot commend us unto Thee, we beseech Thee, O Lord: so that what we cannot acquire by any merits of ours, we may obtain by his patronage. Through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever.

In those days, Naaman, general of the army of the king of Syria, was a great man with his master, and honorable - for by him the Lord gave deliverance to Syria - and he was a valiant man and rich, but a leper. Now there had

fúerant latrúnculi, et captivam dúxerant de terra Israëli puëllam párvulam, quæ erat in obséquio uxóris Náaman, quæ ait ad dóminam suam: Útinam fuisset dóminus meus ad Prophétam, qui est in Samaría: profecto curasset eum a lepra, quam habet. Ingressus est itaque Náaman ad dómimum suum, et nuntiávit ei, dicens: Sic et sic locúta est puëlla de terra Israëli. Dixítque ei rex Sýriæ: Vade, et mittam lítteras ad regem Israëli. Qui cum profectus esset, et tulisset secum decem talénta argénti, et sex mília áureos, et decemmutatória vestimentórum, détulit lítteras ad regem Israëli in hæc verba: Cum accéperis epístolam hanc, scito, quod míserim ad te Náaman servum meum, ut cures eum a lepra sua. Cumque legisset rex Israëli lítteras, scidit vestiménta sua, et ait: Numquid Deus ego sum, ut occídere possim et vivificáre, quia iste misit ad me, ut curem hóminem a lepra sua? animadvértite et vidéte, quod occasiónes quærat advérsum me. Quod cum audisset Eliséus vir Dei, scidisse videlicet regem Israëli vestiménta sua, misit ad eum, dicens: Quare scidisti vestiménta tua? véniat ad me, et sciat esse prophétam in Israëli. Venit ergo Náaman cum equis et cúrribus, et stetit ad óstium domus Eliséi: misítque ad eum Eliséus núntium, dicens: Vade, et laváre sépties in Jordáne, et recipiet sanitátem caro tua, atque mundáberis. Irátus Náaman recedébat, dicens: Putábam, quod egrederétur ad me, et stans invocáret nomen Dómini, Dei sui, et tángeret manu sua locum lepræ, et curáret me. Numquid non meliiores sunt Abana et Pharphar, flúvii Damásci, ómnibus aquis Israëli, ut laver in eis, et munder? Cum ergo vertisset se, et abíret indignans,

gone out robbers from Syria, and had led away captive out of the land of Israel a little maid, and she waited upon Naaman's wife, and she said to her mistress, I wish my master had been with the prophet who is in Samaria; he would certainly have healed him of the leprosy which he has. Then Naaman went in to his lord, and told him, saying, Thus and thus said the girl from the land of Israel. And the king of Syria said to him, Go, and I will send a letter to the king of Israel. And he departed, and took with him ten talents of silver, and six thousand pieces of gold, and ten changes of raiment and brought the letter to the king of Israel, in these words, When you shall receive this letter, know that I have sent to you Naaman my servant, that you may heal him of his leprosy. And when the king of Israel had read the letter, he rent his garments and said, Am I God, to be able to kill and give life, that this man has sent to me to heal a man of his leprosy? Mark, and see how he seeks occasions against me. And when Eliseus the man of God had heard this, to wit, that the king of Israel had rent his garments, he sent to him, saying, Why have you rent your garments? Let him come in to me, and let him know that there is a prophet in Israel. So Naaman came with his horses and chariots, and stood at the door of the house of Eliseus: and Eliseus sent a messenger to him, saying, Go, and wash seven times in the Jordan, and your flesh shall recover health and you shall be clean. Naaman was angry and went away, saying, I thought he would have come out to me, and standing would have invoked the name of the Lord his God, and touched with his hand the place of the leprosy, and healed me. Are not

nostrorum periculis, te mereámur
protegente éripi, te liberante salvári.
Per Dóminum nostrum Jesum
Christum, Fílium tuum, qui tecum vivit
et regnat in unitáte Spíritus Sancti,
Deus, per ómnia sæcula sæculórum.

Thy protection from the dangers that
threaten and to be saved by Thy
deliverance. Through our Lord Jesus
Christ, Thy Son, Who lives and reigns
with Thee in the unity of the Holy
Spirit, God, forever and ever.

accessérunt ad eum servi sui, et locúti
sunt ei: Pater, et si rem grandem
dixisset tibi Prophéta, certe fácere
debúeras: quanto magis quia nunc
dixit tibi: Laváre, et mundáberis?
Descéndit, et lavit in Jordáne sépties,
iuxta sermónem viri Dei, et restitúta
est caro ejus, sicut caro púeri párvuli,
et mundátus est. Reversúsque ad
virum Dei cum univérso comitátu suo,
venit, et stetit coram eo, et ait: Vere
scio, quod non sit álius Deus in
univérsta terra, nisi tantum in Israël.

GRADUAL Psalms 55: 9, 2

Deus, vitam meam annuntiávi tibi:
posuísti lácrimas meas in conspéctu
tuo. Miserére mei, Dómine, quóniam
conculcávit me homo: tota die bellans
tribulávit me.

TRACT Psalms 102: 10; 78: 8, 9

Dómine, non secúndum peccáta
nostra, quæ fécimur nos: neque
secúndum iniquitátes nostras
retríbuas nobis. Dómine, ne
memíneris iniquitátum nostrárum
antiquárum: cito anticipent nos
misericórdiæ tuæ, quia páuperes facti
sumus nimis. (*Hic genuflectitur.*)
Adjuva nos, Deus, salutáris noster: et
propter glóriam nóminis tui, Dómine,
líbera nos: et propítius esto peccátis
nostris, propter nomen tuum.

GOSPEL Luke 4: 23-30

In illo témpore: Dixit Jesus pharisæis:
Útique dicétis mihi hanc similitúdinem:
Médice, cura teípsum: quanta
audívimus facta in Caphárnaum, fac et
hic in pátria tua. Ait autem: Amen, dico

the Abana and the Pharphar, rivers of
Damascus, better than all the waters
of Israel, that I may wash in them, and
be made clean? So as he turned, and
was going away with indignation, his
servants came to him, and said to him,
Father, if the prophet had bid you to
do some great thing, surely you
should have done it; how much rather
what he now has said to you, 'Wash,
and you shall be clean'? Then he went
down, and washed in the Jordan
seven times, according to the word of
the man of God, and his flesh was
restored, like the flesh of a little child,
and he was made clean. And returning
to the man of God with all his train, he
came, and stood before him, and said,
In truth I know, there is no other God
in all the earth, but only in Israel.

O God, I have declared to Thee my
life: Thou hast set my tears in Thy
sight. Have mercy on me, O Lord, for
man hath trodden me under foot: all
the day long he hath afflicted me,
fighting against me.

O Lord, repay us not according to the
sins we have committed, nor
according to our iniquities. O Lord,
remember not our former iniquities, let
Thy mercies speedily prevent us; for
we are become exceeding poor. (*Here
kneel.*) Help us, O God, our Savior,
and for the glory of Thy name, O Lord,
deliver us: and forgive us our sins for
Thy name's sake.

At that time, Jesus said to the
Pharisees: You will surely quote me
this proverb, 'Physician, cure Yourself!
Whatever things we have heard of as
done in Capharnaum, do here also in

vobis, quia nemo prophéta accéptus est in pátria sua. In veritaté dico vobis, multæ víduæ erant in diébus Ellæ in Israël, quando clausum est cælum annis tribus et ménsibus sex, cum facta esset fames magna in omni terra: et ad nullam illárum missus est Elías, nisi in Sarépta Sidóniæ ad mulierem víduam. Et multi leprósi erant in Israël sub Eliséo Prophéta: et nemo eórum mundátus est nisi Náaman Syrus. Et repléti sunt omnes in synagóga ira, hæc audiéntes. Et surrexérunt, et eiecérunt illum extra civitatem: et duxérunt illum usque ad supercílium montis, super quem civitas illórum erat ædificáta, ut præcipitarent eum. Ipse autem tránsiens per médium illórum, ibat.

OFFERTORY Psalms 54: 2-3

Exáudi, Deus, oratiónem meam, et ne despéxeris deprecatiónem meam: inténde in me, et exáudi me.

SECRET

Munus, quod tibi, Dómine, nostræ servitútis offérimus, tu salutáre nobis pérfice sacraméntum. Per Dóminum nostrum Jesum Christum, Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum.

For St. Benedict

Sacris altáribus, Dómine, hóstias superpósitas sanctus Benedíctus Abbas, quæsumus, in salutem nobis proveníre depóscat. Per Dóminum nostrum Jesum Christum, Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum.

PREFACE OF LENT

Vere dignum et justum est, æquum et

Your own country!' But He said, Amen I say to you, no prophet is acceptable in his own country. In truth I say to you, there were many widows in Israel in the days of Elias, when heaven was shut up for three years and six months, and a great famine came over all the land; and to none of them was Elias sent, but rather to a widowed woman in Sarepta of Sidon. And there were many lepers in Israel in the time of Eliseus the prophet; and not one of them was cleansed, but only Naaman the Syrian. And all in the synagogue, as they heard these things, were filled with wrath. And they rose up and put Him forth out of the town, and led Him to the brow of the hill, on which their town was built, that they might throw Him down headlong. But He, passing through their midst, went His way.

Hear, O God, my prayer, and despise not my supplication: be attentive to me, and hear me.

The gift of our homage we offer Thee, O Lord, do Thou make it unto us the sacrament of salvation. Through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever.

May the holy Abbot Benedict, we beseech Thee, O Lord, obtain by his prayers, that the Sacrifice laid on Thy holy altar, may profit us unto salvation. Through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever.

It is truly fitting and just, proper and

salutáre, nos tibi semper et ubique grátias ágere: Dómine sancte, Pater omnípotens, ætérne Deus: Qui corporáli jejúnio vítia cómprimis, mentem élevas, virtútem largírís et præmia: per Christum Dóminum nostrum. Per quem majestátem tuam laudant Ángeli, adórant Dominatiónes, tremunt Potestátes. Cæli cælórúmque Virtútes ac beáta Séraphim sócia exsultatióne concélebrant. Cum quibus et nostras voces ut admítta júbeas, deprecámur, súplici confessiône dicéntes:

COMMUNION Psalms 13: 7

Quis dabit ex Sion salutáre Israël? cum avértent Dóminus captivitátem plebis suæ, exsultábit Jacob, et lætábitur Israël.

POSTCOMMUNION

Præsta, quæsumus, omnípotens et miséricors Deus: ut, quod ore contíngimus, pura mente capiámus. Per Dóminum nostrum Jesum Christum, Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum.

For St. Benedict

Prótegat nos, Dómine, cum tui perceptiône sacraménti beátus Benedíctus Abbas, pro nobis intercedéndo: ut et conversatiónis ejus experiámur insígnia, et intercessiúnis percipiámus suffrágia. Per Dóminum nostrum Jesum Christum, Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum.

PRAYER OVER THE PEOPLE

Humiliáte cápita vestra Deo. Subvéniat nobis, Dómine, misericórdia tua: ut ab imminéntibus peccatórum

beneficial, that we should always and everywhere, give thanks unto Thee, holy Lord, Father almighty, everlasting God. Who by this bodily fast, dost curb our vices, dost lift up our minds and bestow on us strength and rewards; through Christ our Lord. Through Whom the Angels praise Thy majesty, the Dominations adore, the Powers tremble: the heavens and the hosts of heaven, and the blessed Seraphim, together celebrate in exultation. With whom, we pray Thee, command that our voices of supplication also be admitted in confessing Thee saying:

Who shall give out of Sion the salvation of Israel? when the Lord shall have turned away the captivity of His people, Jacob shall rejoice and Israel shall be glad.

Grant, we beseech Thee, almighty and merciful God: that what we have touched with our mouth we may receive with mind undefiled. Through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever.

May the pleading of blessed Benedict the Abbot for us, as well as the reception of Thy Sacraments, protect us, O Lord, that we may both share in the glory of his works, and receive the help of his intercession. Through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever.

Bow down your heads to God. Let Thy mercy, O Lord, succor us, that we may be worthy to be snatched by