

quem missurus es, et dies affulget liberationis nostrae, in hac promissionum tuarum fide, piis gaudiis exultamus. Et ideo cum Angelis et Archangelis, cum Thronis et Dominationibus, cumque omni militia caelestis exercitus, hymnum gloriae tuae canimus, sine fine dicentes:

**COMMUNION Baruch 5: 5; 4: 36**

Jerusalem, surge, et sta in excelsis, et vide jucunditatem, quae veniet tibi a Deo tuo.

**POSTCOMMUNION**

Repleti cibo spiritualis alimentariae, supplices te, Domine, deprecamur: ut hujus participatione mysterii, doceas nos terrena despiciere et amare caelestia. Per Dominum nostrum Jesum Christum, Filium tuum, qui tecum vivit et regnat in unitate Spiritus Sancti, Deus, per omnia saecula saeculorum.

*For St. Sabbas*

Protegat nos, Domine, cum tui perceptione sacramenti beatus Sabbas pro nobis intercedendo: ut et conversationis ejus experiamur insignia, et intercessionis percipiamus suffragia. Per Dominum nostrum Jesum Christum, Filium tuum, qui tecum vivit et regnat in unitate Spiritus Sancti, Deus, per omnia saecula saeculorum.

power. Now that the time draweth nigh that He Whom Thou art to send should come, and the day of our liberation should dawn, with faith in Thy promises, we rejoice with holy exultation. And therefore with the Angels and Archangels, with the Thrones and Dominations, and with all the hosts of the heavenly army, we sing a hymn of Thy glory, evermore saying:

Arise, O Jerusalem, and stand on high, and behold the joy that cometh to thee from Thy God.

Filled with the food of spiritual nourishment, we humbly entreat Thee, O Lord, that by our partaking of this Mystery, Thou wouldst teach us to despise the things of earth, and to love those of heaven. Through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever.

May the pleading of blessed Sabbas for us, as well as the reception of Thy Sacraments, protect us, O Lord, that we may both share in the glory of his works, and receive the help of his intercession. Through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever.

**MASS PROPER: FIRST SUNDAY OF ADVENT FERIA  
– 11/05, ST. SABBAS, ABBOT**

Mass *Pópulus Sion* (violet)

**INTROIT Isaiah 30: 30**

Pópulus Sion, ecce Dóminus véniet ad salvandas gentes: et audítam fáciét Dóminus glóriam vocis suae in lætítia cordis vestri. (Ps. 79: 2) Qui regis Israë, inténde: qui dedúcis, velut ovem, Joseph. Glória Patri et Filio et Spirítui Sancto, sicut erat in princípío, et nunc, et semper, et in sæcula sæculórum. Amen. Pópulus Sion, ecce Dóminus véniet ad salvandas gentes: et audítam fáciét Dóminus glóriam vocis suae in lætítia cordis vestri.

**COLLECT**

Éxcita, Dómine, corda nostra ad præparandas Unigéniti tui vias: ut per ejus advéntum, purificátis tibi méntibus servíre mereámur. Qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per omnia sæcula sæculórum.

*For St. Sabbas*

Intercéssio nos, quæsumus, Dómine, beáti Sabbæ Abbátis comméndet: ut, quod nostris méritis non valémus, ejus patrocínio assequámur. Per Dóminum nostrum Jesum Christum, Filium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per omnia sæcula sæculórum.

**EPISTLE Romans 15: 4-13**

Fratres: Quæcúmque scripta sunt, ad nostram doctrínam scripta sunt: ut per patiéntiam et consolatiónem Scripturárum, spem habeámus. Deus autem patiéntiæ et solátii, det vobis idípsum sápere in altéruum secúndum Jesum Christum: ut unánimes, uno ore honorificétis Deum

People of Sion, behold the Lord shall come to save the nations: and the Lord shall make the glory of His voice to be heard, in the joy of your heart. (Ps. 79: 2) Give ear, O Thou that rules Israel: Thou that leads Joseph like a sheep. Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen. People of Sion, behold the Lord shall come to save the nations: and the Lord shall make the glory of His voice to be heard, in the joy of your heart.

Stir up our hearts, O Lord, to prepare the way of Thine only-begotten Son: that through His coming we may attain to serve Thee with purified minds. Who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever.

May the intercession of blessed Sabbas the Abbot commend us unto Thee, we beseech Thee, O Lord: so that what we cannot acquire by any merits of ours, we may obtain by his patronage. Through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever.

Brethren, What things soever were written, were written for our learning: that, through patience and the comfort of the Scriptures, we might have hope. Now the God of patience and of comfort grant you to be of one mind according to Jesus Christ, that with one mind and one mouth you may

et Patrem Dómini nostri Jesu Christi. Propter quod suscipite invicem, sicut et Christus suscepit vos in honórem Dei. Dico enim Christum Jesum ministrum fuisse circumcisiónis propter veritátem Dei, ad confirmándas promissiónes patrum: gentes autem super misericórdia honoráre Deum, sicut scriptum est: Propterea confitebor tibi in géntibus, Dómine, et nómini tuo cantábo. Et iterum dicit: Lætámini, gentes, cum plebe ejus. Et iterum: Laudáte omnes gentes Dóminum: et magnificáte eum omnes pópuli. Et rursus Isaías ait: Erit radix Jesse, et qui exsúrget régere gentes, in eum gentes sperábunt. Deus autem spei répleat vos omni gáudio et pace in credéndo: ut abundétis in spe, et virtúte Spíritus Sancti.

**GRADUAL Psalms 49: 2, 3, 5**

Ex Sion spécies decóris ejus: Deus manífeste véniet. Congregáte illi sanctos ejus, qui ordinavérunt testaméntum ejus super sacrificia.

**GOSPEL Matthew 11: 2-10**

In illo témpore: Cum audísset Joánnes in vínculis ópera Christi, mittens duos de discípuis suis, ait illi: Tu es, qui ventúrus es, an álium exspectámus? Et respóndens Jesus, ait illis: Eúntes renuntiáte Joánni quæ audístis, et vidístis. Cæci vident, claudi ámbulant, leprósi mundántur, surdi áudiunt, mórtui resúrgunt, páuperes evangelizántur: et beátus est, qui non fúerit scandalizátus in me. Illis autem abeúntibus, cœpit Jesus dícere ad turbas de Joánnis: Quid exístis in desértum vidére? arúndinem vento agitátam? Sed quid exístis vidére? hómíne móllebú vestítum? Ecce qui móllebú vestiúntur, in dómibus regum

glorify the God and Father of our Lord Jesus Christ. Wherefore receive one another, as Christ also hath received you unto the honor of God. For I say that Christ Jesus was minister of the circumcision for the truth of God, to confirm the promises made unto the fathers: but that the Gentiles are to glorify God for His mercy, as it is written: Therefore will I confess to Thee, O Lord, among the Gentiles, and will sing to Thy Name. And again He saith: Rejoice, ye Gentiles, with His people. And again: Praise the Lord, all ye Gentiles, and magnify Him, all ye people. And again, Isaías saith: There shall be a root of Jesse; and He that shall rise up to rule the Gentiles, in Him the Gentiles shall hope. Now the God of hope fill you with all joy and peace in believing: that you may abound in hope, and in the power of the Holy Spirit.

Out of Sion, the loveliness of His beauty: God shall come manifestly. Gather ye together His Saints to Him, who have set His covenant before sacrifices.

At that time, when John had heard in prison the works of Christ, sending two of his disciples, he said to Him: Art thou He that art to come, or look we for another? And Jesus, making answer, said to them: Go and relate to John what you have heard and seen. The blind see, the lame walk, the lepers are cleansed, the deaf hear, the dead rise again, the poor have the gospel preached to them: and blessed is he that shall not be scandalized in Me. And when they went their way, Jesus began to say to the multitudes concerning John: What went you out into the desert to see? A reed shaken with the wind? But what went you out

sunt. Sed quid exístis vidére? prophétam? Étiam dico vobis, et plus quam prophétam. Hic est enim, de quo scriptum est: Ecce ego mitto Ángelum meum ante fáciem tuam, qui præparábit viam tuam ante te.

**OFFERTORY Psalms 84: 7, 8**

Deus, tu convérsus vivificábis nos, et plebs tua lætábitur in te: osténde nobis, Dómine, misericórdiam tuam, et salutáre tuum da nobis.

**SECRET**

Placáre, quæsumus, Dómine, humilitátis nostræ précibus et hóstiis: et ubi nulla súppetunt suffrágia meritórum, tuis nobis succúrre præsídiis. Per Dóminum nostrum Jesum Christum, Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum.

*For St. Sabbas*

Sacris altáribus, Dómine, hóstias superpósitas sanctus Sabbas Abbas, quæsumus, in salútem nobis proveníre depóscat. Per Dóminum nostrum Jesum Christum, Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum.

**PREFACE OF ADVENT**

Vere dignum et justum est, æquum et salutáre, nos tibi semper, et ubíque grátias ágere: Dómine sancte, Pater omnípotens, ætérne Deus: per Christum Dóminum nostrum. Quem pérdito hómínum géneri Salvatórem miséricors et fidélis promisísti: cujus véritas instrúeret íncios, sánctitas justificáret ímpios, virtus adjuváret infirmos. Dum ergo prope est ut véniat

to see? A man clothed in soft garments? Behold they that are clothed in soft garments are in the houses of kings. But what went you out to see? A prophet? Yea I tell you, and more than a prophet. For this is he of whom it is written: Behold, I send my Angel before Thy face, who shall prepare Thy way before Thee.

Thou wilt turn, O God, and bring us to life, and Thy people shall rejoice in Thee: show us, O Lord, Thy mercy, and grant us Thy salvation.

Be appeased, we beseech Thee, O Lord, by the prayers and sacrifices of our humility: and where no pleadings of merit suffice, do Thou, by Thine aid, assist us. Through our Lord Jesus Christ, Thy Son, Who with Thee lives and reigns in the unity of the Holy Spirit, God, forever and ever.

May the holy Abbot Sabbas, we beseech Thee, O Lord, obtain by his prayers, that the Sacrifice laid on Thy holy altar, may profit us unto salvation. Through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever.

It is truly meet and just, right and for our salvation, that we should at all times and places give thanks unto Thee, O holy Lord, almighty Father, eternal God, through Christ our Lord; for in Thy mercy and fidelity Thou hast promised Him as Savior to the lost race of men, to instruct the ignorant with His truth, justify the wicked with His holiness, and help the weak by His