

## EMBER SATURDAY IN SEPTEMBER

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### WITH COMMEMORATION OF SS. COSMAS & DAMIAN

This Mass, which was celebrated during the night at St. Peter's, is a last relic of the ancient night vigils held every Sunday during the first three centuries. The verse for the Offertory, "I have cried in the day and in the night before thee," recalls the original nocturnal character of this Mass. The Lessons recall various Jewish fasts and feasts; thus the second Lesson describes the Fast of Tabernacles. This is also a day for Ordinations; after the first Lesson the Ostiarii or door-keepers are ordained; after the second, the Lectors; after the third, the Exorcists; after the fourth, the Acolytes; after the fifth the Sub-deacons. This Lesson from Daniel and containing the canticle Benedictice concluded the office and served as a transition to the Mass. After the Benedicite came the great Litany with the Ordination of new deacons and priests of the Roman titles. The Roman Pontifical now places the Ordination of sub-deacons after the Lesson from Daniel; The Ordination of deacons, after the Epistle of St. Paul to the Hebrews; and the Ordination of priests before the last verse of the Tract.

### [New User Guide](#)

#### AT THE FOOT OF THE ALTAR (Kneel)

**P:** †In nómine Patris, et Fílii, et Spíritus Sancti. Amen.

**P:** Introibo ad altáre Dei.

**S:** Ad Deum qui lætíficat juventútem meam.

(Psalm 42)

**P:** Júdica me, Deus, et discérne causam meam de gente non sancta: ab hómine iníquo et dolóso érué me.

**S:** Quia tu es, Deus, fortitúdo mea: quare me repulisti, et quare tristis incédo, dum affligit me inimicus?

**P:** Emitte lucem tuam, et veritátem tuam: ipsa me deduxérunt, et adduxérunt in montem sanctum tuum, et in tabernácula tua.

**S:** Et introibo ad altáre Dei: ad Deum qui lætíficat juventútem meam.

**P:** Confitébor tibi in cíthara, Deus, Deus meus: quare tristis es, ánima mea, et quare contúrbas me?

**S:** Spera in Deo, quóniam adhuc confitébor illi: salutáre vultus mei, et Deus meus.

**P:** Glória Patri, et Fílio, et Spíritui Sancto.

**S:** Sicut erat in princípío, et nunc, et semper: et in sæcula sæculórum. Amen.

**P:** Introibo ad altáre Dei.

**S:** Ad Deum qui lætíficat juventútem meam.

**P:** †Adjutórium nostrum in nómine Dómini.

**S:** Qui fecit cælum et terram.

**P:** Confíteor Deo omnipoténti, beátæ Mariæ semper Virgini, beáto Michaéli Archángelo, beáto Joánni Baptistæ, sanctis Apóstolis Petro et Paulo, omnibus Sanctis, et vobis fratres: quia peccávi nimis cogitátióne, verbo, et ópere: mea culpa, mea culpa, mea máxima culpa. Ideo precor beátam Mariám semper Virgínelm, beátum Michaélem Archángelum, beátum Joánnem Baptistam, sanctos Apóstolos Petrum et Paulum, omnes Sanctos, et vos fratres, oráre pro me ad Dóminum Deum nostrum.

**S:** Misereátur tui omnipotens Deus, et, dimíssis peccáctis tuis, perdúcat te ad vitam ætérnam.

**P:** Amen.

**S:** Confíteor Deo omnipoténti, beátæ Mariæ semper Virgini, beáto Michaéli Archángelo, beáto Joánni Baptistæ, sanctis Apóstolis Petro et Paulo, omnibus Sanctis, et tibi pater: quia peccávi nimis cogitátióne, verbo, et ópere: **(strike breast 3 times)** mea culpa, mea culpa, mea máxima culpa. Ideo precor beátam Mariám semper Virgínelm, beátum Michaélem Archángelum, beátum Joánnem Baptistam, sanctos Apóstolos Petrum et Paulum, omnes Sanctos, et te Pater, oráre pro me ad Dóminum Deum nostrum.

**P:** Misereátur vestri omnipotens Deus, et, dimíssis peccáctis vestris, perdúcat vos ad vitam ætérnam.

**S:** Amen.

**P:** †Indulgéntiam, absolutiónem, et remissionem peccatórum nostrórum, tríbuat nobis omnipotens et miséricors Dóminus.

**S:** Amen.

**P:** Deus, tu convérsus vivificábis nos.

**S:** Et plebs tua lætábitur in te.

**P:** Osténde nobis, Dómine, misericórdiam tuam.

**S:** Et salutáre tuum da nobis.

**P:** Dómine, exáudi oratiónem meam.

**S:** Et clamor meus ad te véniat.

**P:** Dóminus vobiscum.

**S:** Et cum spíritu tuo.

**P:** Orémus.

**P:** Aufer a nobis, quæsumus, Dómine, iniquitátes nostras: ut ad Sancta sanctorum puris mereámur méntibus introire. Per Christum Dóminum nostrum. Amen.

#### AT THE CENTER OF THE ALTAR

**P:** Orámus te, Dómine, per mérita Sanctorum tuórum, quorum reliquiæ hic sunt et ómnium Sanctorum: ut indulgèntiam dignéris ómnia peccáta mea. Amen.

*(Only at High Mass*

*when incense is used)*

**P:** *Ab illo benedicáris, in cuius honóre cremáberis.*

#### AT THE FOOT OF THE ALTAR (Kneel)

**P:** †In the Name of the Father, and of the Son, and of the Holy Spirit. Amen.

**P:** I will go unto the altar of God.

**S:** To God, Who gives joy to my youth.

(Psalm 42)

**P:** Judge me, O God, and distinguish my cause from the unholy nation, deliver me from the unjust and deceitful man.

**S:** For Thou, O God, art my strength, why hast Thou cast me off? And why do I go about in sadness, while the enemy afflicts me?

**P:** Send forth Thy light and Thy truth: they have conducted me and brought me unto Thy holy mount, and into Thy tabernacles.

**S:** And I will go unto the altar of God: to God, Who gives joy to my youth.

**P:** I shall praise Thee upon the harp, O God, my God. Why are you sad, O my soul, and why do you disquiet me?

**S:** Hope in God, for I will still praise Him, the salvation of my countenance, and my God.

**P:** Glory be to the Father, and to the Son, and to the Holy Spirit.

**S:** As it was in the beginning, is now, and ever shall be, world without end. Amen.

**P:** I will go unto the altar of God.

**S:** To God, Who gives joy to my youth.

**P:** †Our help is in the name of the Lord.

**S:** Who made heaven and earth.

**P:** I confess to almighty God, to blessed Mary ever Virgin, to blessed Michael the Archangel, to blessed John the Baptist, to the holy Apostles Peter and Paul, to all the Saints, and to you, brethren, that I have sinned exceedingly in thought, word, and deed: through my fault, through my fault, through my most grievous fault. Therefore I pray blessed Mary ever Virgin, blessed Michael the Archangel, blessed John the Baptist, the holy Apostles Peter and Paul, all the Saints, and you, brethren, to pray for me to the Lord our God.

**S:** May almighty God have mercy on you, forgive you your sins, and bring you to life everlasting.

**P:** Amen.

**S:** I confess to almighty God, to blessed Mary ever Virgin, to blessed Michael the Archangel, to blessed John the Baptist, to the holy Apostles Peter and Paul, to all the Saints, and to you father: that I have sinned exceedingly in thought, word, and deed: **(strike breast 3 times)** through my fault, through my fault, through my most grievous fault. Therefore I pray blessed Mary ever Virgin, blessed Michael the Archangel, blessed John the Baptist, the holy Apostles Peter and Paul, all the Saints, and you, Father, to pray for me to the Lord our God.

**P:** May almighty God have mercy on you, forgive you your sins, and bring you to life everlasting.

**S:** Amen.

**P:** †May the almighty and merciful Lord grant us pardon, absolution, and remission of our sins.

**S:** Amen.

**P:** Thou wilt turn again, O God, and quicken us.

**S:** And Thy people will rejoice in Thee.

**P:** Show us, O Lord, Thy mercy.

**S:** And grant us Thy salvation.

**P:** O Lord, hear my prayer.

**S:** And let my cry come unto Thee.

**P:** The Lord be with you.

**S:** And with your spirit.

**P:** Let us pray.

**P:** Take away from us our iniquities, we beseech Thee, O Lord; that with pure minds we may be made worthy to enter into the Holy of Holies. Through Christ our Lord. Amen.

#### AT THE CENTER OF THE ALTAR

**P:** We pray Thee, O Lord, by the merits of Thy Saints whose relics are here, and of all the Saints: that Thou would deign to pardon me all my sins. Amen.

*(Only at High Mass*

*when incense is used)*

**P:** *Be blessed by Him in Whose honor you will be burnt.*

#### AT THE RIGHT SIDE OF THE ALTAR

**INTROIT Psalms 94: 6-7**

Veníte, adorémus Deum et prociadámus ante Dóminum, plorémus ante eum, qui fecit nos: quia ipse est Dóminus, Deus noster. (Ps. 94: 1) Dómine, exultémus Dómino: jubilémus Deo, salutári nostro. Glória Patri et Fílio et Spíritui Sancto, sicut erat in princípío, et nunc, et semper, et in sæcula sæculórum. Amen. Veníte, adorémus Deum et prociadámus ante Dóminum, plorémus ante eum, qui fecit nos: quia ipse est Dóminus, Deus noster.

#### AT THE CENTER OF THE ALTAR

**P:** Kýrie, eléison.

**S:** Kýrie, eléison.

**P:** Kýrie, eléison.

**S:** Christe, eléison.

**P:** Christe, eléison.

**S:** Kýrie, eléison.

**S:** Kýrie, eléison.

**P:** Kýrie, eléison.

#### AT THE RIGHT SIDE OF THE ALTAR

**P:** Orémus. Flectámus génua.

**P:** Leváte.

#### COLLECT

OMNIPOTENS sempitérne Deus, qui per continéntiam salutárem corpóribus medéris et méntibus: majestátem tuam supplices exorámus; ut, pia jújunántium deprecatione placátus, et præsentia nobis subsidia tríbuas et futúra. Per Dóminum nostrum Jesum Christum, Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum.

**S:** Amen.

#### LESSON Leviticus 23: 26-32

In diébus illis: Locútus est Dóminus ad Móysen, dicens: Décimo die mensis hujus séptimi, dies expiatiónum erit celeberrimus, et vocábitur sanctus: affligétisque ánimas vestras in eo, et offerétis holocáustum Dómino. Omne opus servíle non faciétis in témpore diéi hujus: quia dies propitiatiónis est, ut propitiétur vobis Dóminus, Deus vestri. Omnis ánima, quæ afflicta non fúerit die hac, peribit de pópulis suis: et quæ operis quídpam fécerit, delébo eam de pópulo suo. Nihil ergo óperis faciétis in eo: legítimum sempiternum erit vobis in cunctis generatióibus et habitatióibus vestris. Annis septem requiatiónis est, et affligétis ánimas vestras die nono mensis: a véspera usque ad vésperam celebrábitis sabbata vestra: dicit Dóminus omnipotens.

**S:** Deo gratias.

#### GRADUAL Psalms 78: 9-10

Propítius esto, Dómine, peccáctis nostris: ne quando dicant gentes: Ubi est Deus eórum? Adjuva nos, Deus, salutáris noster: et propter honórem nóminis tui, Dómine, libera nos.

**P:** Orémus. Flectámus génua.

**P:** Leváte.

#### COLLECT

Da nobis, quæsumus, omnipotens Deus: ut, jejunándo, tua grátia satiémur; et, abstinéndo, cunctis efficiámur hóstibus fortióres. Per Dóminum nostrum Jesum Christum, Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum.

**S:** Amen.

#### LESSON Leviticus 23: 39-43

In diébus illis: Locútus est Dóminus ad Móysen, dicens: A quintodécimo die mensis séptimi, quando congregavéritis omnes fructus terræ vestræ, celebrábitis ferias Dómini septem diébus: die primo et die octavo erit sabbatum, id est réquies. Sumétisque vobis die primo fructus arbóris pulchérrimæ, spatulásque palmárum, et ramos ligni densárum fróndium, et sálces de torrénite, et lætabíumini coráme Dómino, Deo vestro. Celebrábitisque solemnitétem ejus septem diébus per annum: legítimum sempiternum erit in generatióibus vestris. Mense séptimo festa celebrábitis, et habitábitis in umbráculis septem diébus. Omnis, qui de générale est Israéli, manébit in tabernáculis: ut discant pósteri vestri, quod in tabernáculis habitáre fécerim filios Israéli, cum edúcerem eos de terra Ægypti. Ego Dóminus. Ego Dóminus.

**S:** Deo gratias.

#### GRADUAL Psalms 83: 10-9

Protéctor noster, aspice, Deus, et respice super servos tuos. Dómine, Deus virtútum, exáudi preces servórum tuórum.

**P:** Orémus. Flectámus génua.

**P:** Leváte.

#### COLLECT

Tuére, quæsumus, Dómine, fámiliam tuam: ut salútis ætérnæ remédia, quæ te inspiránte requirimus, te largiénte consequámur.

**S:** Amen.

#### LESSON Michah 7: 14, 16, 18-20

Dómine, Deus noster, pasce pópulum tuum in virga tua, gregem hereditátis tuæ, habitántes solos in saltu, juxta dies antiquos. Vidébunt gentes, et confundéntur super omni fortitúde sua. Quis Deus similis tui, qui auferis iniquitátem, et transis peccátum reliquiárum hereditátis tuæ? Non immittét ultra furórem tuum, quóniam volens misericórdiam est. Revertétur, et miserébitur nostri: depónet iniquitátes nostras, et projiciét in profúndum maris ómnia peccáta nostra. Dabis veritátem Iacob, misericórdiam Abraham: quæ jurásti pátribus nostris a diébus antiquis: Dómine, Deus noster.

**S:** Deo gratias.

Behold, O God our protector, and look on Thy servants. O Lord God of hosts, graciously hear the prayers of Thy servants.

**P:** Let us pray. Let us kneel.

**P:** Arise.

Guard Thy household, we beseech Thee, O Lord, that we may obtain by Thy gift those remedies of eternal health which we seek by Thine inspiration.

**S:** Amen.

O Lord our God, feed Thy people with Thy rod, the flock of Thy inheritance, them that dwell alone in the forest, according to the days of old. The nations shall see, and shall be confounded at all their strength. Who is a God like to Thee, Who taketh away iniquity and passeth: by the sin of the remnant of Thy inheritance? He will send His fury in no more, because He delighteth in mercy. He will turn again, and have mercy on us: He will put away our iniquities, and He will cast all our sins into the bottom of the sea. Thou wilt perform the truth to Jacob, the mercy to Abraham, which Thou hast sworn to our fathers from the days of old, O Lord our God.



**S:** Deo gratias.

**GRADUAL Psalms 89: 13,1**

Convértere, Dómine, aliquántulum, et deprecáre super servos tuos. Dómine, refúgium factus es nobis, a generatióne et progénie.

**P:** Orémus. Flectámus génua.

**P:** Leváte.

**COLLECT**

Præsta, quæsumus, Dómine, sic nos ab epulis abstineré carnálibus: ut a vitiiis irruéntibus práriter ieiunemus. Per Dóminum nostrum Jesum Christum, Filium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum.

**S:** Amen.

**LESSON Zechariah 8: 14-19**

In diébus illis: Factum est verbum Dómini ad me, dicens: Hæc dicit Dóminus exercítium: Sicut cogitávi, ut afflígerem vos, cum ad iracúndiam provocáissent patres vestri me, dicit Dóminus, et non sum misértus: sic convérsus cogitávi in diébus istis, ut benefíciám dómui Juda et Jerúsalem: nolíte timére. Hæc sunt ergo verba, quæ faciétis: Loquímini veritátem, unusquisque cum próximo suo: veritátem et iudícium pacis iudicáte in portis vestris. Et unusquisque malum contra amicum suum non cogitétis in córdibus vestris: et iuraméntum mendax ne diligátis: ómnia enim hæc sunt, quæ odi, dicit Dóminus. Et factum est verbum Dómini exercítium ad me, dicens: Hæc dicit Dóminus exercítium: Jejúnium quarti et jejúnium quinti et jejúnium séptimi et jejúnium décimi erit dómui Juda in gáudium et lætítiam et in sollemnitátes præcláras: veritátem tantum et pacem diligíte: dicit Dóminus exercítium.

**S:** Deo gratias.

**GRADUAL Psalms 140: 2**

Dirigátur orátio mea sicut incénsium in conspéctu tuo, Dómine. Elevátio mánuum meárum sacrificium vespertinum.

**P:** Orémus. Flectámus génua.

**P:** Leváte.

**COLLECT**

Ut nobis, Dómine, tríbus sollémne tibi deférré jejúnium: sic nobis, quæsumus, indulgéntiæ præsta subsidium. Per Dóminum nostrum Jesum Christum, Filium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum.

**S:** Amen.

**LESSON Daniel 3: 47-51**

In diebus illis: Angelus Dómini descéndit cum Azaría et sóciis ejus in fornácem: et excússit flammam ignis de fornáce, et fecit médium fornácis quasi ventum roris flantem. Flamma autem effundebátur super fornácem cúbitis quadraginta novem: et erúpit, et incéndit, quos répperit iuxta fornácem de Chaldaeis, ministros regis, qui eam incendébant. Et non tétigit eos omníno ignis, neque contristavit, nec quidquam moléstia intulit. Tunc hi tres quasi ex uno ore laudábant, et glorificábant, et benedicébant Deum in fornáce, dicéntes:

**S:** Deo gratias.

**CANTICLE Daniel 3: 52-56**

Benedíctus es, Dómine, Deus patrum nostrórum. Et laudábilis et gloriósus in sæcula. Et benedíctum nomen glóriæ tuæ, quod est sanctum. Et laudábile et gloriósum in sæcula.

Benedíctus es in templo sancto glóriæ tuæ. Et laudábilis et gloriósus in sæcula. Benedíctus es super thronum sanctum regni tui. Et laudábilis et gloriósus in sæcula.

Benedíctus es super sceptrum divinitátis tuæ. Et laudábilis et gloriósus in sæcula. Benedíctus es, qui sedes super Chérubim, intuens abyssos. Et laudábilis et gloriósus in sæcula.

Benedíctus es, qui ámbulas super pennas ventórum et super undas maris. Et laudábilis et gloriósus in sæcula. Benedícant te omnes Angeli et Sancti tui. Et laudent te et glorificent in sæcula.

Benedícant te cæli, terra, mare, et ómnia quæ in eis sunt. Et laudent te et glorificent in sæcula.

Glória Patri, et Filio, et Spíritui Sancto. Et laudábili et glorióso in sæcula.

Sicut erat in princípio, et nunc, et semper: et in sæcula sæculórum. Amen. Et laudábili et glorióso in sæcula.

Benedíctus es, Dómine, Deus patrum nostrórum. Et laudábilis et gloriósus in sæcula.

**AT THE CENTER OF THE ALTAR (Stand at High Mass)**

**P:** Dóminus vobíscum.

**S:** Et cum spírítu tuo.

**AT THE RIGHT SIDE OF THE ALTAR**

**P:** Orémus.

**COLLECT**

Deus, qui tribus púeris mitgásti flammam ignium: concéde propítius; ut nos fámulos tuos non exúrat flamma vitiórum. Per Dóminum nostrum Jesum Christum, Filium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum.

**S:** Amen.

**P:** Orémus.

**COLLECT**

Præsta, quæsumus, omnípotens Deus: ut, qui sanctórum Márturum tuórum Cosmæ et Damiáni natalítia cólimus, a cunctis malis imminéntibus, eórum intercessiõnem, liberémur. Per Dóminum nostrum Jesum Christum, Filium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum.

**S:** Amen.

(Sit)

**EPISTLE Hebrews 9: 2-12**

Fratres: Tabernáculum factum est primum, in quo erant candelábra, et mensa, et propositio panum, quæ dicitur Sancta. Post velaméntum autem secúndum, tabernáculum, quod dicitur Sancta sanctorum: áureum habens thuríbulum, et arcam testaménti circumtéctam ex omni parte auro, in qua urna áurea habens manna, et virga Aaron, quæ frondúerat, et tábula testaménti, supérque eam erant Chérubim glóriæ obumbrántia propitiatórium: de quibus non est modo dicendum per singula. His vero ita compósitis; in priori quidem tabernaculo semper introibant sacerdótes, sacrificiórum officia consummántes: in secundo autem semel in anno solus pónitífex, non sine sáanguine, quem offert pro sua et pópuli ignorántia: hoc significánte Spíritui Sancto, nondum propalátam esse sanctorum vniám, adhuc prióre tabernaculo habénte statum. Quæ parábola est témporis instántis: iuxta quam múnera et hóstiæ offerúntur, quæ non solent iuxta consciéntiam perfectum fácere serviéntem, solummodo in cibus, et in pótibus, et váriis baptismátibus, et iustítiis carnis usque adit. Christus autem assistens pónitífex futurórum bonórum, per ámplius et perfectius tabernáculum non manúfactum, id est, non hujus creatiõnis; neque per sáanguinem hircórum aut vitulórum, sed per próprium sáanguinem introiuit semel in Sancta, ætérna redemptiõne invénta.

**S:** Deo gratias.

**TRACT Psalms 116: 1-2**

Laudáte Dóminum, omnes gentes: et collaudáte eum, omnes pópuli. Quóniam confirmáta est super nos misericórdia ejus: et véritas Dómini manet in ætérna.

**AT THE CENTER OF THE ALTAR (Only at High Mass)**

**P:** Ab illo benedicáris, in cujus honóre cremáberis.

**P:** Munda cor meum ac lábia mea, omnípotens Deus, qui lábia Isaiæ Prophétæ cálculo mundásti ignito: ita me tua grata miseratione dignáre mundáre. Per Christum Evangélium tuum digne váleam nuntiáre. Per Christum Dóminum nostrum. Amen.

**P:** Jube, Dómine, benedice, et in lábiis meis: ut digne et competéter annúntiem Evangélium suum. Amen.

**AT THE LEFT SIDE OF THE ALTAR (Stand)**

**P:** Dóminus vobíscum.

**S:** Et cum spírítu tuo.

**P:** Benedictus sancti Evangélii secúndum Lucam.

**S:** Glória tibi, Dómine.

**GOSPEL Luke 13: 6-17**

In illo témpore: Dicébat Jesus turbis hanc similitúdinem: Arbóres fici habébat quidam plantátam in vinea sua, et venit quærens fructum in illa, et non invénit. Dixit autem ad cultórem vineæ: Ecce, anni tres sunt, ex quo vénio quærens fructum in ficúlnea hac, et non invénio: succide ergo illam: ut quid etiám terram occupat? At ille respondens, dicit illi: Dómine, dimitte illam et hoc anno, usque dum fódiam circa illam et mittam stercora: et si quidem fécerit fructum: erit autem docens in synagóga eórum sabbatis. Et ecce múlier, quæ habebat spiritum infirmitátis annis decem et octo: et erat inclináta, nec omníno poterat sursum respícere. Quam cum vidéret Jesus, vocávit eam ad se, et ait illi: Múlier, dimíssa es ab infirmitate tua. Et impósuit illi manus, et conféstim erécta est, et glorificábat Deum. Respondens autem archisynággus, indignus quia sabbatum curásset Jesus, dicébat turbæ: Sex dies sunt, in quibus opórtet operári: in his ergo vénite, et curámini, et non in die sabbati. Respondens autem illum Dóminus, dixit: Hypócritæ, unusquisque vestrum sabbato non solvit bovem suum aut ásinum a præsepis, et ducit adaquáre? Hanc autem fíliam Abrahæ, quam alligávit sátanas, ecce decem et octo annis, non opórtuit solvi a vínculo isto die sabbati? Et cum hæc diceret, erubescébant omnes adversárii ejus: et omnis pópulus gaudébat in univérsis, quæ glorióse fiébant ab eo.

**S:** Laus tibi, Christe.

**P:** Per evangélica dicta deleántur nostra delícta.

**S:** Thanks be to God.

Return, O Lord, a little; and be entreated in favor of Thy servants. Lord, Thou hast been our refuge, from generation to generation.

**P:** Let us pray. Let us kneel.

**P:** Arise.

Grant us, we beseech Thee, O Lord, So to abstain from carnal delicacies that we may likewise fast from the sins that overwhelm us. Through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever.

**S:** Amen.

In those days, the word of the Lord came to me, saying, Thus saith the Lord of hosts: As I purposed to afflict you when your fathers had provoked Me to wrath, and I had no mercy; so turning again, I have thought in these days to do good to the house of Juda, and Jerusalem: fear not. These then are the things which you shall do, Speak ye truth every one to his neighbor; judge ye truth and judgment of peace in your gates; and let none of you imagine evil in your hearts against his friend; and love not a false oath; for all these are the things that I hate, saith the Lord. And the word of the Lord of hosts came to me, saying, Thus saith the Lord of hosts, The fast of the fourth month, and the fast of the fifth, and the fast of the seventh, and the fast of the tenth, shall be to the house of Juda joy and gladness, and great solemnities; only love ye truth and peace: saith the Lord of hosts.

**S:** Thanks be to God.

Let my prayer be directed like incense in Thy sight, O Lord. The lifting up of my hands as even sacrifice.

**P:** Let us pray. Let us kneel.

**P:** Arise.

As Thou dost give us the grace to offer Thee, O Lord, a solemn fast, so grant us, we beseech Thee, the assistance of Thy pardon. Through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever.

**S:** Amen.

In those days, the angel of the Lord went down with Azarias and his companions into the furnace, and he drove the flame of the fire out of the furnace, and made the midst of the furnace like the blowing of a wind bringing dew. But the flame mounted up above the furnace nine and forty cubits: and it broke forth, and burnt such of the Chaldeans the king's servants as it found heating it. And the fire touched them not at all, nor troubled them, nor did them any harm. Then these three, as with one mouth, praised, and glorified, and blessed God in the furnace, saying:

**S:** Thanks be to God.

1. Blessed art Thou, O Lord, the God of our fathers, praiseworthy and exalted above all forever.  
2. And blessed is Thy holy and glorious name, praiseworthy and exalted above all for all ages.  
3. Blessed art Thou in the temple of Thy holy glory, praiseworthy and glorious above all forever.  
4. Blessed art Thou on the holy throne of Thy Kingdom, praiseworthy and exalted above all forever.  
5. Blessed art Thou upon the sceptre of Thine divinity, praiseworthy and exalted above all forever.  
6. Blessed are Thou Who look into the depths from Thy throne upon the Cherubim, praiseworthy and exalted above all forever.  
7. Blessed art Thou Who walk upon the wings of the wind, and on the waves of the sea, praiseworthy and exalted above all forever.  
8. Let all Thine Angels and Saints bless Thee, and praise Thee and exalt Thee above all forever.  
9. Let the heavens, the earth, the sea and all the things that are in them bless Thee, and praise Thee and exalt Thee above all forever.  
10. Glory be to the Father, and to the Son, and to the Holy Spirit, praiseworthy and exalted above all forever.  
11. As it was in the beginning, is now, and ever shall be, forever and ever. Amen. Praiseworthy and exalted above all forever.  
12. Blessed art Thou, O Lord the God of our fathers. And worthy to be praised and glorified forever.

1. Blessed art Thou, O Lord, the God of our fathers, praiseworthy and exalted above all forever.  
2. And blessed is Thy holy and glorious name, praiseworthy and exalted above all for all ages.  
3. Blessed art Thou in the temple of Thy holy glory, praiseworthy and glorious above all forever.  
4. Blessed art Thou on the holy throne of Thy Kingdom, praiseworthy and exalted above all forever.  
5. Blessed art Thou upon the sceptre of Thine divinity, praiseworthy and exalted above all forever.  
6. Blessed are Thou Who look into the depths from Thy throne upon the Cherubim, praiseworthy and exalted above all forever.  
7. Blessed art Thou Who walk upon the wings of the wind, and on the waves of the sea, praiseworthy and exalted above all forever.  
8. Let all Thine Angels and Saints bless Thee, and praise Thee and exalt Thee above all forever.  
9. Let the heavens, the earth, the sea and all the things that are in them bless Thee, and praise Thee and exalt Thee above all forever.  
10. Glory be to the Father, and to the Son, and to the Holy Spirit, praiseworthy and exalted above all forever.  
11. As it was in the beginning, is now, and ever shall be, forever and ever. Amen. Praiseworthy and exalted above all forever.  
12. Blessed art Thou, O Lord the God of our fathers. And worthy to be praised and glorified forever.

**AT THE CENTER OF THE ALTAR (Stand at High Mass)**

**P:** The Lord be with you.

**S:** And with your Spirit.

**AT THE RIGHT SIDE OF THE ALTAR**

**P:** Let us pray.

O God, Who didst deaden the flames of fire for the three children: mercifully grant that the flame of vice may not consume us Thy servants. Through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever.

**S:** Amen.

**P:** Let us pray.

**For Ss. Cosmas & Damian, Martyrs**  
Grant, we beseech Thee, O almighty God, that we who celebrate the feast day of Thy holy martyrs, Cosmas and Damian, by their intercession may be delivered from all dangers that threaten us. Through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever.

**S:** Amen.

(Sit)

Brethren: There was a tabernacle made the first, wherein were the candlesticks, and the table, and the setting forth of loaves, which is called the holy. And after the second veil, the tabernacle, which is called the holy of holies: having a golden censer, and the ark of the testament covered about on every part with gold, in which was a golden pot that had manna, and the rod of Aaron, that had blossomed, and the tables of the testament. And over it were the cherubims of glory overshadowing the propitiatory: of which it is not needful to speak now particularly. Now these things being thus ordered, into the first tabernacle the priests indeed always entered, accomplishing the offices of sacrifices. But into the second, the high priest alone, once a year: not without blood, which he offereth for his own, and the people's ignorance: The Holy Ghost signifying this, that the way into the holies was not yet made manifest, whilst the former tabernacle was yet standing. Which is a parable of the time present: according to which gifts and sacrifices are offered, which can not, as to the conscience, make him perfect that serveth, only in meats and in drinks, And divers washings, and justices of the flesh laid on them until the time of refection. But Christ, being come an high priest of the good things to come, by a greater and more perfect tabernacle not made with hand, that is, not of this creation: Neither by the blood of goats, or of calves, but by his own blood, entered once into the holies, having obtained eternal redemption.

**S:** Thanks be to God.

O praise the Lord, all ye nations, and praise Him together, all ye people. For His mercy is confirmed upon us: and the truth of the Lord remaineth for ever.

**AT THE CENTER OF THE ALTAR (Only at High Mass)**

**P:** Be blessed by Him in Whose honor you will be burnt.

**P:** Cleanse my heart and my lips, O almighty God, Who cleansed the lips of the Prophet Isaiah with a burning coal. In Thy gracious mercy, deign so to purify me, that I may worthily proclaim Thy holy Gospel. Through Christ our Lord. Amen.

**P:** Pray, Lord, a blessing. The Lord be in my heart and on my lips that I may worthily and fittingly proclaim His Gospel. Amen.

**AT THE LEFT SIDE OF THE ALTAR (Stand)**

**P:** The Lord be with you.

**S:** And with your spirit.

**P:** The continuation of the holy Gospel according to Luke.

**S:** Glory to Thee, O Lord.

At the time, Jesus spoke to the multitude this parable: A certain man had a fig tree planted in his vineyard, and he came seeking fruit on it, and found none. And he said to the dresser of the vineyard: Behold, for these three years I come seeking fruit on this fig tree, and I find none. Cut it down therefore: why cumberest it the ground? But he answering, said to him: Lord, let it alone this year also, until I dig about it, and dung it. And if happily it bear fruit: but if not, then after that thou shalt cut it down. And He was teaching in their synagogue on their sabbath. And behold there was a woman, who had a spirit of infirmity eighteen years: and she was bowed together, neither could she look upwards at all. Whom when Jesus saw, He called her unto him, and said to her: Woman, thou art delivered from thy infirmity. And He laid his hands upon her, and immediately she was made straight, and glorified God. And the ruler of the synagogue (being angry that Jesus had healed on the sabbath) answering, said to the multitude: Six days there are wherein you ought to work. In them therefore come, and be healed; and not on the sabbath day. And the Lord answering him, said: Ye hypocrites, doth not every one of you, on the sabbath day, loose his ox or his ass from the manger, and lead them to water? And ought not this daughter of Abraham, whom Satan hath bound, lo, these eighteen years, be loosed from this bond on the sabbath day? And when he said these things, all his adversaries were ashamed: and all the people rejoiced for all the things that were gloriously done by Him.

**S:** Praise to Thee, O Christ.

**P:** May our offenses be erased by the words of the Gospel.



**AT THE CENTER OF THE ALTAR**

**P:** Dóminus vobíscum.

**S:** Et cum spírítu tuo.

**P:** Orémus.

**(Sit)**

**OFFERTORY Psalms 87: 2-3**

Dómine, Deus salutís meæ, in die clamávi et nocte coram te: intret orátio mea in conspéctu tuo, Dómine.

**P:** Súscipe, sancte Pater, omnipotens ætérne Deus, hanc immaculátam hóstiám, quam ego indignus fámulus tuus offero tibi, Deo meo vivo et vero, pro innumerábilibus peccátiis, et offénsiónibus, et negligétiis meis, et pro ómnibus circumstántibus, sed et pro ómnibus fidéliibus cristiánis vivis atque defúntis: ut mihi, et illis proficiat ad salutem in vitam ætérnam. Amen.

**AT THE RIGHT SIDE OF THE ALTAR**

**P:** Deus, qui humanæ substántiæ dignitatem mirábiliter condidísti, et mirábilis reformásti: da nobis per hujus aquæ et vini mystérium, ejus divinitátis esse consórtes, qui humanitátis nostræ fieri dignátus est párticeps, Jesus Christus Filius tuus Dóminus noster: Qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus: per ómnia sæcula sæculórum. Amen.

**AT THE CENTER OF THE ALTAR**

**P:** Offerimus tibi, Dómine, cálicem salutáris tuam deprecántes cleméntiam: ut in conspéctu divínæ majestátis tuæ, pro nostra, et totiús mundi saluté cum odóre suavitatís ascéndat. Amen. In spírítu humilitátis, et in ánimo contrito suscipiámur a te, Dómine, et sic fiat sacrificium nostrum in conspéctu tuo hódie, ut pláceat tibi, Dómine Deus. Veni, sanctificátor omnipotens ætérne Deus: et benedic hoc sacrificium, tuo sancto nómini præparátum.

*(Only at High Mass when incense is used)*

**P:** Per intercessiónem beáti Michælis Archángeli, stantis a dextris altáris incénsi, et ómnium electórum suórum, incénsium istud dignétur Dóminus benedicere, et in odórem suavitatís accipere. Per Christum Dóminum nostrum. Amen.

**P:** Incénsium istud a te benedictum, ascéndat ad te, Dómine, et descéndat super nos misericórdia tua.

**P:** Dirigátur, Dómine, orátio mea, sicut incénsium, in conspéctu tuo: elevátio mánuum meárum sacrificium vespertinum. Pone, Dómine, custodiám ori meo, et óstium circumstántiæ lábiis meis: ut non declínet cor meum in verba malítiæ, ad excusándas excusatiónes in peccátiis.

**P:** Accúndas in nobis Dóminus ignem sui amóris, et flamma ætérnæ caritatís. Amen.

**AT THE RIGHT SIDE OF THE ALTAR**

**P:** Lavábo inter innocétes manus meas: et circumdábo altáre tuum, Dómine: Ut áudiam vocem laudis, et enárrem universa mirabilia tua. Dómine, diléxi decórem domus tuæ, et locum habitatiónis glóriæ tuæ. Ne perdas cum ímpiis, Deus, ánimam meam, et cum viris sánguinem vitam tuam: In quorum mánibus iniquitatés sunt: dextera eórum repléta est munéribus. Ego autem in innocéntia mea ingrèssus sum: rédime me, et miserére mei. Pes meus stetit in dirécto: in ecclésiis benedicam te, Dómine. Glória Patri, et Filio, et Spírítu Sancto. Sicut erat in principio, et nunc, et semper: et in sæcula sæculórum. Amen.

**AT THE CENTER OF THE ALTAR**

**P:** Súscipe, sancta Trínitas, hanc oblatiõem, quam tibi offerimus ob memóriam passiónis, resurrectiõnis, et ascensiónis Jesu Christi Dómini nostri: et in honórem beátæ Mariæ semper Vírginis, et beáti Joánnis Baptístæ, et sanctórum Apostolórum Petri et Pauli, et istórum, et ómnium Sanctórum: ut illis proficiat ad honórem, nobis autem ad salutem: et illi pro nobis intercedere dignéntur in cælis, quorum memóriam ágimus in terris. Per eúndem Christum Dóminum nostrum. Amen.

**P:** Oráte fratres: ut meum ac vestrum sacrificium acceptábile fiat apud Deum Patrem omnipoténtem.

**S:** Suscipiat Dóminus sacrificium de mánibus tuis ad laudem, et glóriam nóminis sui, ad utilitatem quoque nostram, totiúsque Ecclésiæ suæ sanctæ.

**P:** Amen.

**SECRET (silently)**

Concéde, quæsumus, omnipotens Deus: ut oculis tuæ majestátis munus obtlátum et grátiam nobis devotiõnis obtíneat, et effectum beátæ perennitatís acquirat. Per Dóminum nostrum Jesum Christum, Filium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum.

**SECRET (silently)**

Sanctórum tuórum nobis, Dómine, pia non desit orátio: quæ et múnera nostra concíliet, et tuam nobis indulgéntiam semper obtíneat. Per Dóminum nostrum Jesum Christum, Filium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus,

*(aloud, to conclude the Secret Prayer)*

**P:** ...forever and ever.

**(Stand at High Mass)**

**S:** Amen.

**P:** Dóminus vobíscum.

**S:** Et cum spírítu tuo.

**P:** Sursum corda.

**S:** Habémus ad Dóminum.

**P:** Grátias agámus Dómino Deo nostro.

**S:** Dignum et justum est.

**COMMON PREFACE**

Vere dignum et justum est, æquum et salutáre, nos tibi semper, et ubique grátias ágere: Dómine sancte, Pater omnipotens, ætérne Deus: per Christum Dóminum nostrum. Per quem majestátem tuam laudant Ángeli, adoránt Dominatiónes, tremunt Potestátiones. Cæli cælórumque Virtútes, ac beáta Séraphim, sócia exsultatióne concélebrant. Cum quibus et nostras, sicut admittí júbeas deprecámur, súpplici confessiõe dicéntes:

**(Kneel)**

**P:** Sanctus ☩, Sanctus ☩, Sanctus ☩, Dóminus Deus Glóriæ tuæ. Pleni sunt cæli et terra glóriá tua. Hosánna in excélsis. †Benedíctus qui venit in nómine Dómini. Hosánna in excélsis.

**THE ROMAN CANON**

*(silently)*

**P:** Te igitur, clementíssime Pater, per Jesum Christum Filium tuum, Dóminum nostrum, súpplices rogámus, ac pétimus uti acceptá hábeas, et benedícas, hæc dona, hæc múnera, hæc sancta sacrificia illibáta, in primis, quæ tibi offerimus pro Ecclésia tua sancta cathólica: quam pacificáre, custodiáre, adunáre, et régere dignéris, toto orbe terrárum: una cum fámulo tuo Papa nostro **N.**, et Antístite nostro **N.**, et ómnibus orthodoxis, atque cathólicæ et apostólicæ fidei cultóribus.

**P:** Meménto, Dómine, famulórum, famularúmque tuárum **N.**, et **N.**, et ómnium circumstántium, quorum tibi fides cógnota est, et nota devótiõ, pro quibus tibi offerimus: vel qui tibi offerunt hoc sacrificium laudis, pro se, suisque ómnibus: pro redemptione animárum suárum, pro spe salutís et incolumitatís suæ: tibi que reddunt vota sua ætérno Deo, vivo et vero.

**P:** Comunicántes, et memóriam venerántes, in prægloríose semper Vírginis Mariæ, Genitricis Dei et Dómini nostri Jesu Christi: sed et beáti Joseph, ejúsdem Vírginis Sponsi, et beatórum Apostolórum ac Mártyrum tuórum, Petri et Pauli, Andrææ, Jacóbi, Joánnis, Thomæ, Jacóbi, Philippí, Bartholomæi, Matthæi, Simónis, et Thaddæi: Lini, Cleli, Lauréntis, Xysti, Cornélii, Cypríani, Lauréntii, Chrysógoni, Joánnis et Pauli, Cosmæ et Damiáni, et ómnium Sanctórum tuórum; quorum in méritis precibúque tuórum; ut in ómnibus protectiõnis tuæ muniámur auxiliõ. Per eúndem Christum Dóminum nostrum. Amen.

**P:** ☩ Hanc igitur oblatiõem servitúis nostræ, sed et cunctæ familiæ tuæ, quæsumus; Dómine, ut placátus accipias: diésque nostros in tua pace dispónas, atque ab ætérna damnatiõe nos éripi, et in electórum tuórum júbeas grege numerári. Per Christum Dóminum nostrum. Amen.

**P:** Quam oblatiõem tu, Deus, in ómnibus, quæsumus, benedíctam, adscriptam, ratam, rationábilem, acceptabílemque fácere dignéris: ut nobis Corpus, et Sanguis fiat dilectíssimi Filii tui Dómini nostri Jesu Christi.

**P:** Qui pridie quam paterétur, accépit panem in sanctas, ac venerábiles manus suas, et elevátis óculis in cælum ad te Deum Patrem suum omnipoténtem, tibi grátias agens, benedixit, fregit, deditque discípulis suis, dicens:

Accipite, et manducáte ex hoc omnes, HOC EST ENIM CORPUS MEUM.

☩ ☩ ☩ Hic modo postquam cænátum est, accipiens et hunc præclárum Cálicem in sanctas ac venerábiles manus suas: ítem tibi grátias agens, benedixit, deditque discípulis suis, dicens:

Accipite, et bíbite ex eo omnes, HIC EST ENIM SANGUINIS MEI, NOVI ET AETÉRI TESTAMÉNTI: MYSTÉRIUM FIDEI: QUI PRO VOBIS ET PRO MULTIS EFFUNDÉTUR IN REMISSIÕNEM PECCATÓRUM. Hæc quotiescúmque fecéritis, in mei memóriam faciétis.

**P:** Unde et mémoires, Dómine, nos servi tui, sed et plebs tua sancta, ejúsdem Christi Filii tui Dómini nostri tam beátæ passiónis, nec non et ab ínferis resurrectiõnis, sed et in cælos gloriósæ ascensiónis: offerimus præcláre majestáti tuæ de tuis donis, ac datis, hóstiám puram, hóstiám sanctam, hóstiám immaculátam, Panem sanctum vitæ ætérnæ, et Cálicem salutís perpétuæ.

**P:** Supra quæ propítio ac seréno vultu respicere dignéris; et accépta habére, sicuti accépta habére dignátus es múnera púeri tui justí Abel, et sacrificium Patriarchæ nostri Ábrahæ: et quod tibi obtulit summus sacerdos tuus Melchisedech, sanctum sacrificium, immaculátam hóstiám.

**P:** Súpplices te rogámus, omnipotens Deus: júbe hæc perférrí per manus sancti Ángeli tui in sublímé altáre tuum, in conspéctu divínæ majestátis tuæ: ut quotquot, ex hac altáris participatiõe sacrosáctum Filii tui, Corpus, et Sánguinem sumpsérimus, omni benedictiõe cælesti et grátia repleámur. Per eúndem Christum Dóminum nostrum. Amen.

**AT THE CENTER OF THE ALTAR**

**P:** The Lord be with you.

**S:** And with your spirit.

**P:** Let us pray.

**(Sit)**

O Lord, the God of my salvation, I have cried in the day and in the night before Thee: let my prayer come in before Thee, O Lord.

**P:** Receive, O Holy Father, almighty and eternal God, this spotless host, which I, Thine unworthy servant, offer unto Thee, my living and true God, for my innumerable sins, offenses, and negligences, and for all here present; and also for all faithful Christians both living and dead, that it may profit me and them for salvation unto life everlasting. Amen.

**AT THE RIGHT SIDE OF THE ALTAR**

**P:** O God, Who wonderfully formed the dignity of human nature, and more wonderfully restored it, grant us through the mystery of this water and wine, to be made participants of His divinity, Who condescended to become a partaker of our humanity, Jesus Christ, Thy Son, our Lord, Who with Thee, lives and reigns in the unity of the Holy Spirit, God, forever and ever. Amen.

**AT THE CENTER OF THE ALTAR**

**P:** We offer Thee, O Lord, the chalice of salvation, pleading Thy clemency, that it may ascend in the sight of Thy divine majesty, with a sweet fragrance, for our salvation and for that of the whole world. Amen. In a humble spirit and a contrite heart may we be received by Thee, O Lord, and let our sacrifice be so made in Thy sight this day that it may please Thee, O Lord God. Come, O sanctifier, almighty and eternal God, and bless this sacrifice prepared for Thy holy name.

*(Only at High Mass when incense is used)*

**P:** By the intercession of blessed Michael the Archangel, who stands at the right hand of the altar of incense, and of all His elect, may the Lord deign to bless this incense, and to receive it as a sweet fragrance, through Christ our Lord.

**P:** May this incense, blessed by Thee, ascend to Thee, O Lord, and may Thy mercy descend upon us.

**P:** Let my prayer be directed, O Lord, as incense in Thy sight, the lifting up of my hands as an evening sacrifice. Set a watch, O Lord, before my mouth: and a door round about my lips: that my heart may not incline to evil words: to make excuses in sins.

**P:** May the Lord enkindle in us the fire of His love and the flame of everlasting charity. Amen.

**AT THE RIGHT SIDE OF THE ALTAR**

**P:** I will wash my hands among the innocent, and I will compass Thine altar, O Lord, that I may hear the voice of praise: and tell of all Thy wondrous deeds. I have loved, O Lord, the beauty of Thy house and the place where Thy glory dwelleth. Destroy not my soul, O God, with the wicked, nor my life with men of blood. In whose hands are iniquities, their right hand is full with gifts. But I have walked in my innocence: redeem me, and have mercy on me. My foot has stood on the right path; in the churches I will bless Thee, O Lord. Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

**AT THE CENTER OF THE ALTAR**

**P:** Receive, O holy Trinity, this oblation which we offer to Thee in remembrance of the Passion, Resurrection, and Ascension of Our Lord Jesus Christ, and in honor of blessed Mary, ever Virgin, blessed John the Baptist, the holy Apostles Peter and Paul, and of these and of all the Saints; that it may avail unto their honor and our salvation, and may they deign to intercede in heaven for us who honor their memory here on earth. Through the same Christ, our Lord. Amen.

**P:** Pray brethren, that my sacrifice and yours may be acceptable to God the Father almighty.

**S:** May the Lord receive the sacrifice from your hands, to the praise and glory of His name, to our benefit, and that of all His holy Church.

**P:** Amen.

**SECRET (silently)**

Grant, we beseech Thee, almighty God, that the gift in the sight of Thy majesty may obtain for us the grace of reverent devotion and secure eternal happiness. Through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever.

**For Ss. Cosmas & Damian, Martyrs**

May the loving prayers of Thy saints not be wanting to us, O Lord, to win us Thy gifts and ever to obtain us Thy pardon. Through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God,

**P:** ...forever and ever.

**(Stand at High Mass)**

**S:** Amen.

**P:** The Lord be with you.

**S:** And with your spirit.

**P:** Lift up your hearts.

**S:** We have lifted them up to the Lord.

**P:** Let us give thanks to the Lord our God.

**S:** It is fitting and just.

**IT IS TRULY FITTING AND JUST**

It is truly fitting and just, proper and beneficial, that we should always and everywhere, give thanks unto Thee, holy Lord, Father almighty, everlasting God, through Christ our Lord. Through Whom the Angels praise Thy majesty, the Dominations adore, the Powers tremble: the heavens and the hosts of heaven, and the blessed Seraphim, together celebrate in exultation. With whom, we pray Thee, command that our voices of supplication also be admitted in confessing Thee saying:

**(Kneel)**

**P:** Holy, holy, holy, Lord God of Hosts! Heaven and earth are filled with Thy glory. Hosanna in the highest! †Blessed is He Who comes in the name of the Lord. Hosanna in the highest!

**THE ROMAN CANON**

*(silently)*

**P:** Therefore, most merciful Father, we humbly pray and entreat Thee, through Jesus Christ, Thy Son, Our Lord, that Thou would accept and bless these gifts, these offerings, these holy and spotless sacrifices, which, in the first place, we offer Thee for Thy holy Catholic Church: deign to pacify, to guard, to unite, and to govern her throughout the world, together with Thy servant **N.**, our Pope, and **N.**, our Bishop; and all orthodox believers of the Catholic and apostolic faith.

**P:** Be mindful, O Lord, of Thy servants and handmaids **N.** and **N.**, and of all here present, whose faith and devotion are known unto Thee, for whom we offer, or who offer to Thee, this sacrifice of praise for themselves, and for all their own, for the redemption of their souls, for their hope of salvation and safety; and who pay their vows to Thee, the everlasting, living, and true God.

**P:** Having communion with, and venerating first of all the memory of the glorious and ever Virgin Mary, Mother of our God and Lord Jesus Christ; and also of blessed Joseph, Spouse of the same Virgin, and of Thy blessed Apostles and Martyrs, Peter and Paul, Andrew, James, John, Thomas, James, Philip, Bartholomew, Matthew, James and Thaddeus; of Linus, Cletus, Clement, Sixtus, Cornelius, Cyprian, Lawrence, Chrysogonus, John and Paul, Cosmas and Damian, and all Thy Saints, by whose merits and prayers, grant that in all things we may be defended by the help of Thy protection. Through the same Christ, our Lord. Amen.

**P:** We therefore beseech Thee, O Lord, to graciously accept this oblation of our service, as also of Thy entire family; dispose our days in Thy peace, save us from eternal damnation, and command that we be numbered in the flock of Thine elect. Through Christ our Lord. Amen.

**P:** Which oblation, do Thou, O God, deign in all respects to make blessed, approved, ratified, reasonable and acceptable, so that it may become for us the Body and Blood of Thy most beloved Son, our Lord, Jesus Christ.

**P:** Who, the day before He suffered, took bread into His holy and venerable hands, and with His eyes raised to heaven, unto Thee, God, His almighty Father, giving thanks to Thee, He blessed it, broke it, and gave it to His disciples saying:

Take, all of you, and eat of this: FOR THIS IS MY BODY.

**P:** In like manner, after He had supped, taking also this excellent chalice into His holy and venerable hands, and giving thanks to Thee, He blessed it, and gave it to His disciples, saying:

Take, all of you, and drink of this: FOR THIS IS THE CHALICE OF MY BLOOD OF THE NEW AND ETERNAL TESTAMENT: THE MYSTERY OF FAITH: WHICH SHALL BE Poured OUT FOR YOU AND FOR MANY UNTO THE REMISSION OF SINS. As often as you shall do these things, you do them in memory of Me.

**P:** Wherefore, Lord, we, Thy servants, but also Thy holy people, mindful of the same Christ, Thy Son, our Lord, of His blessed passion, and of His resurrection from the grave, and of His glorious ascension into heaven, offer unto Thy most excellent majesty of Thine own gifts, bestowed upon us, a pure victim, a holy victim, an unspotted victim, the holy Bread of eternal life and the Chalice of everlasting salvation.

**P:** Deign to regard them with a gracious and serene countenance, and to accept them, as Thou didst deign to accept the gifts of Thy just servant Abel, and the sacrifice of Abraham our Patriarch, and that which Thy chief priest Melchisedech offered to Thee, a holy sacrifice, an unspotted victim.

**P:** Humbly we pray Thee, almighty God, command these offerings to be borne by the hands of Thy holy Angel to Thine altar on high, in the sight of Thy divine majesty, so that as many of us as shall, by partaking from this altar, consume the most holy Body and Blood of Thy Son, may be filled with every heavenly grace and blessing. Through the same Christ our Lord. Amen.



**P:** Meménto étiam, Dómine, famulórum, famularúmque tuarum **N.** et **N.** qui nos præcesserunt cum signo fidei, et dórmunt in somno pacis. Ipsis, Dómine, et ómnibus in Christo quiescéntibus, locum refrigérii, lucis et pacis, ut indúlgeas, deprecámur. Per eúndem Christum Dóminum nostrum. Amen.

**P:** Nobis quoque peccatóribus fámulis tuis, de multitúdine miseratiónum tuárum sperántibus, partem áliquam, et societátem donáre dignéris, cum tuis sanctis Apóstolis et Martíribus: cum Joánnē, Stéphanō, Matthía, Bárnaba, Ignátio, Alexándro, Marcellíno, Petro, Felicitáte, Perpétua, Ágatha, Lúcia, Agnéte, Cæcília, Anastásia, et ómnibus Sæcúlis tuis: intra quorum nos consórtium, non æstimátor mériti, sed véniæ, quæsumus, largitor admitte. Per Christum Dóminum nostrum.

**P:** Per quem hæc ómnia, Dómine, semper bona creas, sanctificas, vivificas, benedícis, et præstas nobis. Per ipsum, et cum ipso, et in ipso, est tibi Deo Patri omnipoténti, in unitáte Spíritus Sancti, omnis honor, et glória.

*(aloud, to conclude the Canon)*

**P:** Per ómnia sæcula sæculórum.

**(Stand at High Mass)**

**S:** Amen.

**P:** Orémus. Præcéptis salutáribus mónti, et divína institutióne formáti, audémus dicere:

Pater noster, qui es in cælis: Sanctificétur nomen tuum: Advéniat regnum tuum: Fiat volúntas tua, sicut in cælo, et in terra. Panem nostrum quotidianum da nobis hódie: Et dimitte nobis débíta nostra, sicut et nos dimittimus debitoribus nostris. Et ne nos indúcas in tentatiónem:

**S:** Sed libera nos a malo.

**P:** Amen

**P:** Libera nos, quæsumus, Dómine, ab ómnibus malis, præteritis, præsentibus, et futuris: et intercedente beáta et gloriósa semper Vírgine Dei Genitricē Mariá, cum beátis Apóstolis tuis Petro et Paulo, atque Andréa, et ómnibus Sanctis, da propítius pacem in diébus nostris: ut ope misericórdiæ tuæ adjúti, et a peccáto simus semper líberi et ab omni perturbatióne securi. Per eúndem Dóminum nostrum Jesum Christum Fílium tuum. Qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum.

**S:** Amen.

**P:** Pax Dómini sit semper vobíscum.

**S:** Et cum spíritu tuo.

**(Kneel at High Mass)**

**P:** Hæc commixtio, et consecrátió Córporis et Sánguinis Dómini nostri Jesu Christi fiat accipiéntibus nobis in vitam ætérnam. Amen.

Agnus Dei, qui tollis peccáta mundi: **(strike breast)** miserére nobis.

Agnus Dei, qui tollis peccáta mundi: **(strike breast)** miserére nobis.

Agnus Dei, qui tollis peccáta mundi: **(strike breast)** dona nobis pacem.

**P:** Dómine Jesu Christe, qui dixísti Apóstolis tuis: Pacem relínquo vobis, pacem meam do vobis: ne respicias peccáta mea, sed fidem Ecclésiæ tuæ: eámque secúndum voluntátem tuam pacificáre et coadunáre dignéris: Qui vivis et regnas Deus per ómnia sæcula sæculórum. Amen.

**P:** Dómine Jesu Christe, Fili Dei vivi, qui ex voluntáte Patris, cooperánte Spíritu Sancto, per mortem tuam mundum vivificásti: libera me per hoc sacrosáctum Corpus et Sánguinem tuum ab ómnibus iniquitatibus meis, et univérsis malis: et fac me tuis semper inhærere mandátis, et a te numquam separári permittas: Qui cum eódem Deo Patre et Spíritu Sancto vivis et regnas Deus in sæcula sæculórum. Amen.

**P:** Percéptio Córporis tui, Dómine Jesu Christe, quod ego indignus súmere præsumo, non mihi provéniat in iudiciú et condemnatiónem: sed pro tua pietáte prosit mihi ad tutaméntum mentis et córporis, et ad medélam perciéendam: Qui vivis et regnas cum Deo Patre in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum. Amen.

**P:** Panem cæléstem accípiam, et nomen Dómini invocábo.

Dómine, non sum dignus **Δ**, ut intres sub tectum meum: sed tantum dic verbo, et sanábitur ánima mea.

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**P:** Be mindful also, O Lord, of Thy servants and handmaids **N.** and **N.** who have gone before us with the sign of faith and rest in the sleep of peace. To these, O Lord, and to all who rest in Christ, we plead that you grant a place of comfort, light, and peace. Through the same Christ our Lord. Amen.

**P:** To us sinners also, Thy servants, trusting in the multitude of Thy mercies, deign to grant some part and fellowship with Thy holy Apostles and Martyrs, with John, Stephen, Matthias, Barnabas, Ignatius, Alexander, Marcellinus, Peter, Felicitas, Perpetua, Agatha, Lucy, Agnes, Cecilia, Anastasia, and with all Thy Saints, into whose company, we beseech Thee, not as appraiser of merit but as bestower of pardon, to admit us. Through Christ our Lord.

**P:** Through Whom, O Lord, Thou always create, sanctify, quicken, bless and bestow upon us all good things. Through Him and with Him and in Him is to Thee, God the Father almighty, in the unity of the Holy Spirit, all honor and glory,

*(aloud, to conclude the Canon)*

**P:** Forever and ever.

**(Stand at High Mass)**

**S:** Amen.

**P:** Let us pray: Admonished by Thy saving precepts, and following Thy divine institution, we dare to say: Our Father, Who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation.

**S:** But deliver us from evil.

**P:** Amen.

**P:** Deliver us, we beseech Thee, O Lord, from all evils, past, present, and to come; and by the intercession of the blessed and glorious ever-Virgin Mary, Mother of God, together with Thy blessed Apostles, Peter and Paul, and Andrew, and all the Saints, mercifully grant peace in our days, that sustained by the help of Thy mercy, we may be always free from sin and secure from all disturbance. Through the same Jesus Christ, Thy Son, our Lord, Who lives and reigns with Thee, in the unity of the Holy Spirit, God, forever and ever.

**S:** Amen.

**P:** The peace of the Lord be always with you.

**S:** And with your spirit.

**(Kneel at High Mass)**

**P:** May this mingling and consecration of the Body and Blood of our Lord Jesus Christ be to us who receive it effectual unto eternal life. Amen.

Lamb of God, Who takes away the sins of the world, **(strike breast)** have mercy on us.

Lamb of God, Who takes away the sins of the world, **(strike breast)** have mercy on us.

Lamb of God, Who takes away the sins of the world, **(strike breast)** grant us peace.

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