

**EMBER FRIDAY WITH COMMEMORATION OF
SS. CYPRIAN & JUSTINA, help@extraordinaryform.org
MARTYRS**

The Station on Ember Friday is regularly at the Church of the Twelve Holy Apostles in Rome. This arose from the founding of this Church at the same time when the Friday Liturgy became common. An ancient Roman custom of fasting strictly three days in the week was relaxed somewhat under Pope Callixtus and limited to the three periods of the harvest, the vintage, and the drawing off of the new wine.

The Introit bids us seek the Lord; the search after God is in the ancient rule of St. Benedict the one condition by which the vocation of aspirants to the religious life is to be judged. In the prayer we ask that to bodily abstinence we may add mental observances. The Postcommunion of today is used in many feasts of saints; we ask for greater benefits which can be none other than the grace of union with Jesus in heaven.

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**AT THE FOOT OF THE ALTAR
(Kneel)**

P: †In nómine Patris, et Fíllii, et Spíritus Sancti. Amen.

S: Introíbo ad altáre Dei.

P: Ad Deum qui lætíficat juventútem meam.

(Psalm 42)

P: Júdica me, Deus, et discérne causam meam de gente non sancta: ab hómine iníquo et dolóso érue me.

S: Quia tu es, Deus, fortitúdo mea: quare me repulísti, et quare tristis incédo, dum afflígit me inimícus?

P: Emítte lucem tuam, et veritátem tuam: ipsa me deduxérunt, et adduxérunt in montem sanctum tuum, et in tabernácula tua.

S: Et introíbo ad altáre Dei: ad Deum qui lætíficat juventútem meam.

P: Confítebor tibi in cíthara, Deus, Deus meus: quare tristis es, ánima mea, et quare contúrbas me?

S: Spera in Deo, quóniam adhuc confítebor illi: salutáre vultus mei, et Deus meus.

P: Glória Patri, et Fílio, et Spíritui Sancto.

S: Sicut erat in princípío, et nunc, et semper: et in sæcula sæculórum. Amen.

P: Introíbo ad altáre Dei.

S: Ad Deum qui lætíficat juventútem meam.

P: †Adjutórium nostrum in nómine Dómini.

S: Qui fecit cælum et terram.

P: Confíteor Deo omnipoténti, beátæ Mariæ semper Vírgini, beáto Michaéli Archángelo, beáto Joánni Baptistæ, sanctis Apóstolis Petro et Paulo, ómnibus Sanctis, et vobis fratres: quia peccávi nimis cogitátione, verbo, et ópere: mea culpa, mea culpa, mea máxima culpa. Ídeo precor beátam Mariam semper Vírginem, beátum Michaélem Archángelum, beátum Joánnem Baptistam, sanctos Apóstolos Petrum et Paulum, omnes Sanctos, et vos fratres, oráre pro me ad Dóminum Deum nostrum.

S: Misereátur tui omnipotens Deus, et, dimíssis peccátis tuis, perdúcat te ad vitam ætérnam.

P: Amen.

S: Confíteor Deo omnipoténti, beátæ Mariæ semper Vírgini, beáto Michaéli Archángelo, beáto Joánni Baptistæ, sanctis Apóstolis Petro et Paulo, ómnibus Sanctis, et tibi pater: quia peccávi nimis cogitátione, verbo, et ópere: **(strike breast 3 times)** mea culpa, mea culpa, mea máxima culpa. Ídeo precor beátam Mariam semper Vírginem, beátum Michaélem Archángelum, beátum Joánnem Baptistam, sanctos Apóstolos Petrum et Paulum, omnes Sanctos, et te Pater, oráre pro me ad Dóminum Deum nostrum.

P: Misereátur vestri omnipotens Deus, et, dimíssis peccátis vestris, perdúcat vos ad vitam ætérnam.

S: Amen.

P: †Indulgéntiam, absolutiónem, et remissionem peccatórum nostrórum, tríbuat nobis omnípotens et miséricors Dóminus.

S: Amen.

P: Deus, tu convérsus vivificábis nos.

S: Et plebs tua lætábitur in te.

P: Osténde nobis, Dómine, misericórdiam tuam.

S: Et salutáre tuum da nobis.

P: Dómine, exáudi oratióne meam.

S: Et clamor meus ad te véniat.

P: Dóminus vobíscum.

S: Et cum spírítu tuo.

P: Orémus.

P: Aufer a nobis, quæsumus, Dómine, iniquitátes nostras: ut ad Sancta sanctorum puris mereámur méntibus introíre. Per Christum Dóminum nostrum. Amen.

AT THE CENTER OF THE ALTAR

P: Orárum te, Dómine, per mérita Sanctórum tuórum, quorum relíquiæ hic sunt et ómnium Sanctórum: ut indulgére dignéris ómnia peccáta mea. Amen.

*(Only at High Mass
when incense is used)*

P: *Ab illo benedicáris, in cujus honóre cremáberis.*

AT THE RIGHT SIDE OF THE ALTAR

INTROIT Psalms 104: 3-4

Lætétur cor quæréntium Dóminum: quærít Dóminum, et confirmámini: quærite fáciem ejus semper. (Ps. 104: 1) Confítémini Dómino et invocáte nomen ejus: annuntiáte inter gentes ópera ejus. Glória Patri et Fílio et Spíritui Sancto, sicut erat in princípío, et nunc, et semper, et in sæcula sæculórum. Amen. Lætétur cor quærént e Dóminum, et confirmámini: quærite fáciem ejus semper.

AT THE CENTER OF THE ALTAR

P: Kýrie, eléison.

S: **Kýrie, eléison.**

P: Kýrie, eléison.

S: **Christe, eléison.**

P: **Christe, eléison.**

S: **Christe, eléison.**

P: Kýrie, eléison.

S: **Kýrie, eléison.**

P: Kýrie, eléison.

(Stand at High Mass)

P: Dóminus vobíscum.

S: **Et cum spírítu tuo.**

AT THE RIGHT SIDE OF THE ALTAR

P: Orémus.

COLLECT

Præsta, quæsumus, omnípotens Deus: ut, observatiónes sacras ánnua devotíone recoléntes, et córpore tibi placeámus et mente. Per Dóminum nostrum Jesum Christum, Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum.

S: **Amen.**

P: Orémus.

COLLECT

Beatórum Máryrum Cypriáni et Justínæ nos, Dómine, fóveant continuáta præsídia: quia non désinis propítius intuéri, quos tálibus auxiliis concésseris adjuvári. Per Dóminum nostrum Jesum Christum, Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum.

S: **Amen.**

(Sit)

LESSON Osee 14: 2-10

Hæc dicit Dóminus Deus: Convértere, Israël, ad Dóminum, Deum tuum: quóniam corrúisti in iniquitáte tua. Tóllite vobiscum verba, et convertímini ad Dóminum et dícite ei: Omnem aufer iniquitátem, áccipe bonum: e reddémus válvabíorum nostrórum. Assur non salvábit nos, super equum non ascendémus, nec dicémus ultra: Dii nostri ópera mánum nostrárum: quia ejus, qui in te est, miseréberis pupílli. Sanábo contritiónes eórum, díligam eos spontáneee: quia avérsus est furor meus ab eis. Ero quasi ros, Israël germinábit sicut lílium, et erúmpet radix ejus ut Líbani. Ibunt rami ejus, et erit ut líbani glóriæ ejus: et odor ejus ut Líbani. Convértentur sedéntes in umbra ejus: vivent trítico, et germinábunt quasi vínea: memoriale ejus sicut vinum Líbani. Ephraím quid mihi ultra idóla? ego exáudiam, et dírigam eum ego ut abietem viréntem: ex me fructus tuus invéntus est. Quis sapiens, et sciet hæc? Ista rectæ víæ Dómini, et justí ambulábunt in eis: prævaricatóres vero córruent in eis.

S: Deo grátias.

GRADUAL Psalms 89: 13, 1

Convértere, Dómine, aliquántulum, et deprecáre super servos tuos. Dómine, refúgium factus es nobis, a generatióne et progénie.

**AT THE CENTER OF THE ALTAR
(Only at High Mass
when incense is used)**

P: *Ab illo benedicáris, in cujus honóre cremáberis.*

P: Munda cor meum ac lábía mea, omnipotens Deus, qui lábía Isaíæ Prophétæ cálculo mundásti igníto: ita me tua grata miseratióne dignáre mundáre, ut sanctum Evangélium tuum digne váleam nuntiáre. Per Christum Dóminum nostrum. Amen.

P: Jube, Dómine, benedicere. Dóminus sít in corde meo, et in lábíis meis: ut digne et competénter annúntiem Evangélium suum. Amen.

**AT THE LEFT SIDE OF THE ALTAR
(Stand)**

P: Dóminus vobíscum.

S: **Et cum spírítu tuo.**

P: Seqúentia sancti Evangélii secúndum Matthæum.

S: **Glória tibi, Dómine.**

**AT THE FOOT OF THE ALTAR
(Kneel)**

P: †In the Name of the Father, and of the Son, and of the Holy Spirit. Amen.

P: I will go unto the altar of God.

S: To God, Who gives joy to my youth.

(Psalm 42)

P: Judge me, O God, and distinguish my cause from the unholy nation, deliver me from the unjust and deceitful man.

S: For Thou, O God, art my strength, why hast Thou cast me off? And why do I go about in sadness, while the enemy afflicts me?

P: Send forth Thy light and Thy truth: they have conducted me and brought me unto Thy holy mount, and into Thy tabernacles.

S: And I will go unto the altar of God: to God, Who gives joy to my youth.

P: I shall praise Thee upon the harp, O God, my God. Why are you sad, O my soul, and why do you disquiet me?

S: Hope in God, for I will still praise Him, the salvation of my countenance, and my God.

P: Glory be to the Father, and to the Son, and to the Holy Spirit.

S: As it was in the beginning, is now, and ever shall be, world without end. Amen.

P: I will go unto the altar of God.

S: To God, Who gives joy to my youth.

P: †Our help is in the name of the Lord.

S: Who made heaven and earth.

P: I confess to almighty God, to blessed Mary ever Virgin, to blessed Michael the Archangel, to blessed John the Baptist, to the holy Apostles Peter and Paul, to all the Saints, and to you, brethren, that I have sinned exceedingly in thought, word, and deed: through my fault, through my fault, through my most grievous fault. Therefore I pray blessed Mary ever Virgin, blessed Michael the Archangel, blessed John the Baptist, the holy Apostles Peter and Paul, all the Saints, and you, brethren, to pray for me to the Lord our God.

S: May almighty God have mercy on you, forgive you your sins, and bring you to life everlasting.

P: Amen.

S: I confess to almighty God, to blessed Mary ever Virgin, to blessed Michael the Archangel, to blessed John the Baptist, to the holy Apostles Peter and Paul, to all the Saints, and to you father: that I have sinned exceedingly in thought, word, and deed: **(strike breast 3 times)** through my fault, through my fault, through my most grievous fault. Therefore I pray blessed Mary ever Virgin, blessed Michael the Archangel, blessed John the Baptist, the holy Apostles Peter and Paul, all the Saints, and you, Father, to pray for me to the Lord our God.

P: May almighty God have mercy on you, forgive you your sins, and bring you to life everlasting.

S: Amen.

P: †May the almighty and merciful Lord grant us pardon, absolution, and remission of our sins.

S: Amen.

P: Thou wilt turn again, O God, and quicken us.

S: And Thy people will rejoice in Thee.

P: Show us, O Lord, Thy mercy.

S: And grant us Thy salvation.

P: O Lord, hear my prayer.

S: And let my cry come unto Thee.

P: The Lord be with you.

S: And with your spirit.

P: Let us pray.

P: Take away from us our iniquities, we beseech Thee, O Lord; that with pure minds we may be made worthy to enter into the Holy of Holies. Through Christ our Lord. Amen.

AT THE CENTER OF THE ALTAR

P: We pray Thee, O Lord, by the merits of Thy Saints whose relics are here, and of all the Saints: that Thou would deign to pardon me all my sins. Amen.

*(Only at High Mass
when incense is used)*

P: *Be blessed by Him in Whose honor you will be burnt.*

AT THE RIGHT SIDE OF THE ALTAR

Let the heart of them rejoice that seek the Lord: seek the Lord, and be strengthened; seek His face evermore. (Ps. 104: 1) Give glory to the Lord, and call upon His name; declare His deeds among the gentiles. Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen. Let the heart of them rejoice that seek the Lord: seek the Lord, and be strengthened; seek His face evermore.

AT THE CENTER OF THE ALTAR

P: Lord, have mercy.

S: Lord, have mercy.

P: Lord, have mercy.

S: Christ, have mercy.

P: Christ, have mercy.

S: Christ, have mercy.

P: Lord, have mercy.

S: Lord, have mercy.

P: Lord, have mercy.

(Stand at High Mass)

P: The Lord be with you.

S: And with your Spirit.

AT THE RIGHT SIDE OF THE ALTAR

P: Let us pray.

We beseech Thee, O almighty God,

grant that as year by year we devoutly keep these sacred fasts, we may please Thee both in body and mind. Through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever.

S: Amen.

P: Let us pray.

For Ss. Cyprían and Justína, Martyrs

May the continual protection of the blessed Martyrs, Cyprian and Justina, comfort us, O Lord; for Thou didst not cease to behold with favor those whom Thou hast granted the grace of such assistance. Through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever.

S: Amen.

(Sit)

Thus saith the Lord God: Return, O Israel, to the Lord thy God: for thou hast fallen down by thy iniquity. Take with you words, and return to the Lord, and say to him: Take away all iniquity, and receive the good: and we will render the calves of our lips. Assyria shall not save us, we will not ride upon horses, neither will we say any more: The works of our hands are our gods, for thou wilt have mercy on the fatherless that is in thee. I will heal their breaches, I will love them freely: for my wrath is turned away from them. I will be as the dew, Israel shall spring as the lily, and his root shall shoot forth as that of Libanus. His branches shall spread, and his glory shall be as the olive tree: and his smell as that of Libanus. They shall be converted that sit under his shadow: they shall live upon wheat, and they shall blossom as a vine: his memorial shall be as the wine of Libanus. Ephraim shall say, I will have I to do any more with idols? I will hear him, and I will make him flourish like a green fir tree: from me is thy fruit found. Who is wise, and he shall understand these things? prudent, and he shall know these things? for the ways of the Lord are right, and the just shall walk in them: but the transgressors shall fall in them.

S: Thanks be to God.

Return, O Lord, a little and be

entreated in favor of Thy servants.

Lord, Thou hast been our refuge,

from generation to generation.

**AT THE CENTER OF THE ALTAR
(Only at High Mass
when incense is used)**

P: *Be blessed by Him in Whose honor you will be burnt.*

P: Cleanse my heart and my lips, O almighty God, Who cleansed the lips of the Prophet Isaiah with a burning coal. In Thy gracious mercy, deign so to purify me, that I may worthily proclaim Thy holy Gospel. Through Christ our Lord. Amen.

P: Pray, Lord, a blessing. The Lord be in my heart and on my lips that I may worthily and fittingly proclaim His Gospel. Amen.

**AT THE LEFT SIDE OF THE ALTAR
(Stand)**

P: The Lord be with you.

S: And with your spirit.

P: The continuation of the holy Gospel according to Matthew.

S: Glory to Thee, O Lord.

GOSPEL Luke 7: 36-50

In illo tēpore: Rogābat Jesum quidam de pharisæis, ut manducāret cum illo. Et ingressus domum pharisæi, discūbuit. Et ecce, mūlier, quæ erit in civitatē peccātrix, ut cognovisti, quod accubāssret in domo pharisæi, āttulit alabāstrum unguenti: et stans retro secus pedes ejus, lacrimis coepit rigāre pedes ejus, et capillis cāpitis sui tergēbat, et osculābātur pedes ejus et unguento ungebāt. Videns autem pharisæus, qui vocāverat eum, ait intra se, dicens: Hic si esset Prophēta, sciret utique, quæ et qualis est mūlier, quæ tangit eum: quia peccātrix est. Et respōndens Jesus, dixit ad illum: Simon, habeo tibi āliquid dīcere. At ille ait: Magister, dic. Duo debitōres erant cuidam fāneratōres: unus debēbat denārios quingētos, et ālius quinquaginta. Non habētibus illis, unde redderent, donāvit utrisque. Quis ergo eum plus dīligit? Respōdens Simon, dixit: Æstimo quia is, cui plus donāvit. At ille dixit ei: Recte judicāsti. Et convēsus ad mulierem, dixit Simōni: Vides hanc mulierem? Intrāvi in domum tuam, aquam pedibus meis non dedisti: hæc autem lacrimis rigāvit pedes meos et capillis suis tersit. Oscuum mihi non dedisti: hæc autem, ex quo intrāvit, non cessāvit osculāri pedes meos. Oleo caput meum non unxisti: hæc autem unguento unxit pedes meos. Propter quod dico tibi: Remittūntur ei peccāta multa, quōniam dilēxit multum. Cui autem minus dimittitur, minus dīligit. Dixit autem ad illum: Remittūntur tibi peccāta. Et coepērunt, qui simul accumbēbant, dīcere intra se: Quis est hic, qui etiā peccāta dimittit? Dixit autem ad mulierem: Fides tua te salvam fecit: vade in pace.

At that time one of the Pharisees desired Jesus to eat with him. And He went into the house of the Pharisee and sat down to meat. And behold a woman that was in the city, a sinner, when she knew that He sat at meat in the Pharisee's house, brought an alabaster box of ointment. And standing behind at His feet, she began to wash His feet with tears and wiped them with the hairs of her head and kissed His feet and anointed them with the ointment. And the Pharisee, who had invited Him, seeing it, spoke within Himself, saying: This man, if He were a prophet, would know surely who and what manner of woman this is that toucheth Him, that she is a sinner. And Jesus answering, said to him: Simon, I have somewhat to say to thee. But he said: Master, say it. A certain creditor had two debtors: the one owed five hundred pence and the other fifty. And whereas they had not wherewith to pay, he forgave them both. Which therefore of the two loveth him most? Simon answering, said: I suppose that he to whom he forgave most. And He said to him: Thou hast judged rightly. And turning to the woman, He said unto Simon: Dost thou see this woman? I entered into thy house: thou gavest Me no water for My feet. But she with her tears hath washed My feet; and with her hairs hath wiped them. Thou gavest Me no kiss. But she, since she came in, hath not ceased to kiss My feet. My head with oil thou didst not anoint. But she with ointment hath anointed My feet. Wherefore, I say to thee: Many sins are forgiven her, because she hath loved much. But to whom less is forgiven, he loveth less. And He said to her: Thy sins are forgiven thee. And they that sat at meat with Him began to say within themselves: Who is this that forgiveth sins also? And He said to the woman: Thy faith hath made thee safe. Go in peace.

S: Laus tibi, Christe.**P:** Per evangēlica dicta deleāntur nostra delicta.**AT THE CENTER OF THE ALTAR****P:** Dōminus vobiscum.**S:** **Et cum spīritu tuo.****P:** Orēmus.**(Sit)****OFFERTORY Psalms 102: 2, 5**

Benedic, anima mea, Dōmino, et noli oblivisci omnes retributiones ejus: et renovābitur, sicut āquilæ, juvētus tua.

P: Sūscipe, sancte Pater, omnīpotens ætérne Deus, hanc immaculātam hōstiam, quam ego indignus fāmulus tuus offero tibi, Deo meo vivo et vero, pro innumerābilibus peccātis, et offensīōnibus, et negligētis meis, et pro omnibus circumstāntibus, sed et pro omnibus fidēlibus christiānis vivis atque defūctis: ut mihi, et illis proficiat ad salutē in vitam ætérnam. Amen.

AT THE RIGHT SIDE OF THE ALTAR

P: Deus, qui humanæ substāntiæ dignitatē mirābiliter condidisti, et mirābilis reformāsti: da nobis per hujus aquæ et vini mystērium, ejus divinitatis esse consōrtes, qui humanitatis nostræ fieri dignātus est pārticeps, Jesus Christus Filius tuus Dōminus noster: Qui tecum vivit et regnat in unitate Spīritus Sancti, Deus: per omnia sæcula sæculōrum. Amen.

AT THE CENTER OF THE ALTAR

P: Offerimus tibi, Dōmine, cālicem salutāris tuam deprecāntes clemētiam: ut in conspēctū divīnæ majestātis tuæ, pro nostra, et totius mundi salutē cum odōre suavitatis ascēdat. Amen. In spīritu humilitātis, et in ānimo contrito suscipiāmur a te, Dōmine, et sic fiat sacrificium nostrum in conspēctū tuo hōdie, ut plāceat tibi, Dōmine Deus. Veni, sanctificātor omnīpotens ætérne Deus: et bēnedic hoc sacrificium, tuo sancto nōmini præparātum.

(Only at High Mass when incense is used)

P: *Per intercessiōnem beāti Michælis Archāngeli, stantis a dextris altāris incēnsi, et omnium electōrum suōrum, incēnsium istud dignētur Dōminus benedicere, et in odōrem suavitatis accipere. Per Christum Dōminum nostrum. Amen.*

P: *Incēnsium istud a te benedictum, ascēdat ad te, Dōmine, et descēdat super nos misericōrdia tua.*

P: *Dirigātur, Dōmine, orātiō mea, sicut incēnsium, in conspēctū tuo: elevātio mānuum meārum sacrificium vespertinum. Pone, Dōmine, custōdiam ori meo, et ostium circumstāntiæ labiis meis: ut non declīnet cor meum in verba malitiæ, ad excusādas excusatiōnes in peccātis.*

P: *Accēdat in nobis Dōminus ignem sui amoris, et flamma ætérnæ caritātis. Amen.*

AT THE RIGHT SIDE OF THE ALTAR

P: Lavābo inter innocētes manus meas: et circumdābo altāre tuum, Dōmine: ut āudiā vocem laudis, et enārrem univērsa mirābilā tua. Dōmine, dilēxi decōrem domus tuæ, et locum habitatiōnis glōriæ tuæ. Ne perdas cum impiis, Deus, ānimum meam, et cum viris sānguīnum vitam meam: In quorum mānibus iniquitātes sunt: dēxtera eōrum replēta est munēribus. Ego autem in innocētia mea ingressus sum: redime me, et miserere mei. Pes meus stetit in dirēcto: in ecclēsiis benedīcam te, Dōmine. Glōria Patri, et Filio, et Spīritui Sancto. Sicut erat in princīpio, et nunc, et semper: et in sæcula sæculōrum. Amen.

AT THE CENTER OF THE ALTAR

P: Sūscipe, sancta Trīnitas, hanc oblatiōnem, quam tibi offerimus ob memoriā passiōnis, resurrectiōnis, et ascensiōnis Jesu Christi Dōmini nostri: et in honōrem beātæ Mariæ semper Virgīnis, et beāti Joānnis Baptīstæ, et sanctiōrum Apostōlōrum Petri et Pauli, et istōrum, et omnium Sanctōrum: ut illis proficiat ad honōrem, nobis autem ad salutē: et illi pro nobis intercēdere dignentur in cælis, quorum memoriā āgimus in terris. Per eūndem Christum Dōminum nostrum. Amen.

P: Orāte fratres: ut meum ac vestrum sacrificium acceptābile fiat apud Deum Patrem omnīpotentem.

S: Suscipiat Dōminus sacrificium de mānibus tuis ad laudem, et glōriam nōminis sui, ad utilitatem quoque nostram, totiūque Ecclēsiæ suæ sanctæ.

P: Amen.**SECRET (silently)**

Accēpta tibi sint, Dōmine, quæsumus, nostri dona jejūnii: quæ et expiādo nos tua grātia dignos perdūcant. Per Dōminum nostrum Jesum Christum, Fīlium tuum, qui tecum vivit et regnat in unitate Spīritus Sancti, Deus, per omnia sæcula sæculōrum.

SECRET (silently)

Mūnera tibi, Dōmine, nostræ devotiōnis offerimus: quæ et pro tuōrum tibi grata sint honōre Justōrum, et nobis salutāria, te miserānte, reddāntur. Per Dōminum nostrum Jesum Christum, Fīlium tuum, qui tecum vivit et regnat in unitate Spīritus Sancti, Deus,

(aloud, to conclude the Secret Prayer)**P:** ...per omnia sæcula sæculōrum.**(Stand at High Mass)****S:** Amen.**P:** Dōminus vobiscum.**S:** **Et cum spīritu tuo.****P:** Sursum corda.**S:** **Habēmus ad Dōminum.****P:** Grātias agāmus Dōmino Deo nostro.**S:** **Dignum et justum est.****COMMON PREFACE**

Vere dignum et justum est, æquum et salutāre, nos tibi semper, et ubique grātias āgere: Dōmine sancte, Pater omnīpotens, ætérnæ Deus: per Christum Dōminum nostrum. Per quem majestātem tuam laudant Āngeli, adorant Dominatiōnes, tremunt Potestātes. Cæli cælōrumque Virtūtes, ac beāta Séraphim, sōcia exultatiōne concēlebrant. Cum quibus et nostras voces, ut admitti jūbeas deprecāmur, sūpplici confessiōne dicēntes:

(Kneel)

P: Sanctus ☩, Sanctus ☩, Sanctus ☩, Dōminus Deus Sābaoth. Pleni sunt cæli et terra glōria tua. Hosāna in excelsis. †Benedictus qui venit in nōmine Dōmini. Hosāna in excelsis.

THE ROMAN CANON**(silently)**

P: Te igitur, clementissime Pater, per Jesum Christum Filium tuum, Dōminum nostrum, sūpplices rogāmus, ac pētimus uti accēpta hābeas, et benedīcas, hæc dona, hæc mūnera, hæc sacrificia illibata, in prima, quæ tibi offerimus pro Ecclēsia tua sancta cathōlica: quam pacificāre, custodire, adunāre, et régere digneris toto orbe terrārum: una cum fāmulo tuo Papa nostro **N.**, et Antīstite nostro **N.**, et omnibus orthodoxis, atque cathōlicæ et apostōlicæ fidei cultōribus.

P: Memēnto, Dōmine, famulōrum, famulārūmq; tuārum **N.**, et **N.**, et omnium circumstāntium, quorum tibi fides cōgnita est, et nota devotiō, pro quibus tibi offerimus: vel qui tibi offerunt hoc sacrificium laudis, pro se, suisque omnibus: pro redemptiōne animārum suārum, pro spe salutis et incolumitātis suæ: tibique reddunt vota sua ætérno Deo, vivo et vero.

THE ROMAN CANON**(silently)**

P: Therefore, most merciful Father, we humbly pray and entreat Thee, through Jesus Christ, Thy Son, Our Lord, that Thou would accept and bless these gifts, these offerings, these holy and spotless sacrifices, which, in the first place, we offer Thee for Thy holy Catholic Church: deign to pacify, to guard, to unite, and to govern her throughout the world, together with Thy servant **N.**, our Pope, and **N.**, our Bishop; and all orthodox believers of the Catholic and apostolic faith.

P: Be mindful, O Lord, of Thy servants and handmaids **N.** and **N.**, and of all here present, whose faith and devotion are known unto Thee, for whom we offer, or who offer to Thee, this sacrifice of praise for themselves, and for all their own, for the redemption of their souls, for their hope of salvation and safety; and who pay their vows to Thee, the everlasting, living, and true God.

THE ROMAN CANON**(silently)**

P: Therefore, most merciful Father, we humbly pray and entreat Thee, through Jesus Christ, Thy Son, Our Lord, that Thou would accept and bless these gifts, these offerings, these holy and spotless sacrifices, which, in the first place, we offer Thee for Thy holy Catholic Church: deign to pacify, to guard, to unite, and to govern her throughout the world, together with Thy servant **N.**, our Pope, and **N.**, our Bishop; and all orthodox believers of the Catholic and apostolic faith.

P: Be mindful, O Lord, of Thy servants and handmaids **N.** and **N.**, and of all here present, whose faith and devotion are known unto Thee, for whom we offer, or who offer to Thee, this sacrifice of praise for themselves, and for all their own, for the redemption of their souls, for their hope of salvation and safety; and who pay their vows to Thee, the everlasting, living, and true God.

S: Praise to Thee, O Christ.**P:** May our offenses be erased by the words of the Gospel.**AT THE CENTER OF THE ALTAR****P:** The Lord be with you.**S:** And with your spirit.**P:** Let us pray.**(Sit)****AT THE CENTER OF THE ALTAR**

Bless the Lord, O my soul, and forget not all His benefits; and your youth shall be renewed like the eagle's.

P: Receive, O Holy Father, almighty and eternal God, this spotless host, which I, Thine unworthy servant, offer unto Thee, my living and true God, for my innumerable sins, offenses, and negligences, and for all here present; and also for all faithful Christians both living and dead, that it may profit me and them for salvation unto life everlasting. Amen.

AT THE RIGHT SIDE OF THE ALTAR

P: O God, Who wonderfully formed the dignity of human nature, and more wonderfully restored it, grant us through the mystery of this water and wine, to be made participants of His divinity, Who condescended to become a partaker of our humanity, Jesus Christ, Thy Son, our Lord, Who with Thee, lives and reigns in the unity of the Holy Spirit, God, forever and ever. Amen.

AT THE CENTER OF THE ALTAR

P: We offer Thee, O Lord, the chalice of salvation, pleading Thy clemency, that it may ascend in the sight of Thy divine majesty, with a sweet fragrance, for our salvation and for that of the whole world. Amen. In a humble spirit and a contrite heart may we be received by Thee, O Lord, and let our sacrifice be so made in Thy sight this day that it may please Thee, O Lord God. Come, O sanctifier, almighty and eternal God, and bless this sacrifice prepared for Thy holy name.

(Only at High Mass when incense is used)

P: *By the intercession of Michael the Archangel, who stands at the right hand of the altar of incense, and of all His elect, may the Lord deign to bless this incense, and to receive it as a sweet fragrance, through Christ our Lord.*

P: *May this incense, blessed by Thee, ascend to Thee, O Lord, and may Thy mercy descend upon us.*

P: *Let my prayer be directed, O Lord, as incense in Thy sight, the lifting up of my hands as an evening sacrifice. Set a watch, O Lord, before my mouth:*

and a door round about my lips: that my heart may not incline to evil words: to make excuses in sins.

P: *May the Lord enkindle in us the fire of His love and the flame of everlasting charity. Amen.*

AT THE RIGHT SIDE OF THE ALTAR

P: I will wash my hands among the innocent, and I will compass Thine altar, O Lord, that I may hear the voice of praise: and tell of all Thy wondrous deeds. I have loved, O Lord, the beauty of Thy house and the place where Thy glory dwelleth. Destroy not my soul, O God, with the wicked, nor my life with men of blood. In whose hands are iniquities, their right hand is full with gifts. But I have walked in my innocence: redeem me, and have mercy on me. My foot has stood on the right path; in the churches I will bless Thee, O Lord. Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

AT THE CENTER OF THE ALTAR

P: Receive, O holy Trinity, this oblation which we offer to Thee in remembrance of the Passion, Resurrection, and Ascension of Our Lord Jesus Christ, and in honor of blessed Mary, ever Virgin, blessed John the Baptist, the holy Apostles Peter and Paul, and of these and of all the Saints; that it may avail unto their honor and our salvation, and may they deign to intercede in heaven for us who honor their memory here on earth. Through the same Christ, our Lord. Amen.

P: Pray brethren, that my sacrifice and yours may be acceptable to God the Father almighty.

S: May the Lord receive the sacrifice from your hands, to the praise and glory of His name, to our benefit, and that of all His holy Church.

P: Amen.**SECRET (silently)**

May the gift of our fasting, we beseech Thee, O Lord, be acceptable to Thee, and by its purifying power make us worthy of Thy grace and bring us to the eternal bliss Thou hast promised us. Through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever.

For Ss. Cyprian and Justina, Martyrs

We offer unto Thee, O Lord, the gifts of our devotion: may they please Thee as honoring Thy just ones, and through Thy mercy profit us unto salvation.. Through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God,

P: ...forever and ever.**(Stand at High Mass)****S:** Amen.**P:** The Lord be with you.**S:** And with your spirit.**P:** Lift up your hearts.**S:** We have lifted them up to the Lord.**P:** Let us give thanks to the Lord our God.**S:** It is fitting and just.**THE ROMAN CANON**

It is truly fitting and just, proper and beneficial, that we should always and everywhere, give thanks unto Thee, holy Lord, Father almighty, everlasting God, through Christ our Lord. Through Whom the Angels praise Thy majesty, the Dominations adore, the Powers tremble: the heavens and the hosts of heaven, and the blessed Seraphim, together celebrate in exultation. With whom, we pray Thee, command that our voices of supplication also be admitted in confessing Thee saying:

(Kneel)

P: Holy, holy, holy, Lord God of Hosts! Heaven and earth are filled with Thy glory. Hosanna in the highest!

†Blessed is He Who comes in the name of the Lord. Hosanna in the highest!

P: Communicantes, et memoriam venerantes, in primis gloriosae semper Virginis Mariae, Genitricis Dei et Domini nostri Jesu Christi: sed et beati Joseph, ejusdem Virginis Sponsi, et beatorum Apostolorum ac Martyrum tuorum, Petri et Pauli, Andreae, Jacobi, Joannis, Thomae, Jacobi, Philippi, Bartholomaei, Matthaei, Simonis, et Thaddaei: Cyni, Cleti, Clementis, Xysti, Cornelli, Lupriani, Laurentii, Chrysogoni, Joannis et Pauli, Cosmae et Damiani, et omnium Sanctorum tuorum; quorum meritis precibusque concedeas, ut in omnibus protectionis tuae muniamur auxilio. Per Christum Dominum nostrum. Amen.

P: 🕯️ Hanc igitur oblationem servitutis nostrae, sed et cunctae familiae tuae, quaesumus, Domine, ut placatus accipias: diisque nostros in tua pace disponas, atque ab aeterna damnatione nos eripi, et in electorum tuorum jubeas grege auxiliio. Per Christum Dominum nostrum. Amen.

P: Quam oblationem tu, Deus, in omnibus, quaesumus, benedictam, adscriptam, ratam, rationabilem, acceptabilemque facere digneris: ut nobis Corpus, et Sanguis fiat dilectissimi Filii tui Domini nostri Jesu Christi.

P: Qui pridie quam pateretur, accepit panem in sanctas, ac venerabiles manus suas, et elevatis oculis in caelum ad te Deum Patrem suum omnipotentem, tibi gratias agens, benedixit, fregit, dedítque discipulis suis, dicens:

ACCIPITE, ET MANDUCATE EX HOC OMNES, HOC EST ENIM CORPUS MEUM.

🕯️ 🕯️ 🕯️
P: Simili modo postquam caenatum est, accipiens et hunc praeclearum Calicem in sanctas ac venerabiles manus suas: item tibi gratias agens, benedixit, dedítque discipulis suis, dicens:

ACCIPITE, ET BIBITE EX EO OMNES, HIC EST ENIM CALIX SANGUINIS MEI, NOVI ET AETERNI TESTAMENTI: MYSTERIUM FIDEI: QUI PRO VOBIS ET PRO MULTIS EFFUNDÉTUR IN REMISSIONEM PECCATORUM.

Haec quotiescumque feceritis, in mei memoriam faciétis.

🕯️ 🕯️ 🕯️
P: Unde et memores, Domine, nos servi tui, sed et plebs tua sancta, ejusdem Christi Filii tui Domini nostri tam beatam passionis, nec non et ab inferis resurrectionis, sed et in caelos gloriosae ascensionis: offerimus praeclearam majestati tuae de tuis donis, ac datis, hostiam puram, hostiam sanctam, hostiam immaculatam, Panem sanctum vitae aeternae, et Calicem salutis perpetuae.

P: Supra quae propitio ac sereno vultu respicere digneris; et accepta habere, sicuti accepta habere dignatus es munera pueri tui justí Abel, et sacrificium Patriarchae nostri Abraham: et quod tibi obtulit summus sacerdos tuus Melchisedech, sanctum sacrificium, immaculatam hostiam.

P: Súpplíces te rogámus, omnípotens Deus: jube haec perferri per manus sancti Ángeli tui in sublíme altáre tuum, in conspéctu divínæ majestátis tuæ: ut quotquot, ex hac altáris participatióne sacrosánctum Filii tui, Corpus, et Sanguinem sumpsérimus, omni benedictiõne cælesti et grátia repleámur. Per eúndem Christum Dóminum nostrum. Amen.

P: Meménto étiam, Dómine, famulórum, famularúmque tuarum **N.** et **N.** qui nos praecesserunt cum signo fidei, et dormiunt in somno pacis. Ipsis, Dómine, et omnibus in Christo quiescéntibus, locum refrigérii, lucis et pacis, ut indulgéas, deprecámur. Per eúndem Christum Dóminum nostrum. Amen.

P: Nobis quoque peccatóribus fámulis tuis, de multítudine miseratiónum tuárum sperántibus, partem áliquam, et societátem donáre digneris: cum Joánnē, Stéphanō, Matthíā, Bárnabā, Ignátio, Alexándro, Marcellíno, Petro, Felicitáte, Perpétua, Ágathā, Lúciā, Agnéte, Cæciliā, Anastásia, et ómnibus Sanctis tuis: intra quorum nos consórtium, non aestimátor mériti, sed véniæ, quaesumus, largítor admítte. Per Christum Dóminum nostrum.

P: Per quem haec ómnia, Dómine, semper bona creas, sanctíficas, vivíficas, benedícis, et praestas nobis. Per ipsum, et cum ipso, et in ipso, est tibi Deo Patri omnípoténti, in unitáte Spíritus Sancti, omnis honor, et glória.

(aloud, to conclude the Canon)

P: Per ómnia saecula saeculorum.

(Stand at High Mass)

S: Amen.

P: Orémus. Praeceptis salutáribus mónití, et divína institutióne formátí, audémus dicere:

Pater noster, qui es in caelis: Sanctificétur nomen tuum: Advéniat regnum tuum: Fiat volúntas tua, sicut in caelo, et in terra. Panem nostrum quotidíanum da nobis hódie: Et dimítte nobis debíta nostra, sicut et nos dimíttimus debítóribus nostris. Et ne nos indúcas in tentatiónem:

S: Sed líbera nos a malo.

P: Amen

P: Líbera nos, quaesumus, Domine, ab ómnibus malis, praeteritis, praeséntibus, et futúris: et intercede beata et gloriosa semper Virgine Dei Genitrice Maria, cum beátis Apóstolis tuis Petro et Paulo, atque Andréa, et ómnibus Sanctis, da propitius pacem in diébus nostris: da ope misericórdiae tuae adjúti, et a peccáto miser semper liberi et ab omni perturbatióne securi. Per eúndem Dominum nostrum Jesum Christum Filium tuum. Qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia saecula saeculorum.

S: Amen.

P: Pax Domini sit semper vobiscum.

S: Et cum spíritu tuo.

(Kneel at High Mass)

P: Hæc commixtio, et consecratio Corporis et Sanguinis Domini nostri Jesu Christi fiat accipientibus nobis in vitam aeternam. Amen.

Agnus Dei, qui tollis peccata mundi: **(strike breast)** miserere nobis.

Agnus Dei, qui tollis peccata mundi: **(strike breast)** miserere nobis.

Agnus Dei, qui tollis peccata mundi: **(strike breast)** dona nobis pacem.

P: Dómine Jesu Christe, qui dixísti Apóstolis tuis: Pacem relínquo vobis, pacem meam do vobis: ne respicias peccáta mea, sed fidem Ecclésiæ tuæ: eámque secúndum volúntátem tuam pacificáre et coadunáre digneris: Qui vivis et regnas Deus per ómnia saecula saeculorum. Amen.

P: Dómine Jesu Christe, Fili Dei vivi, qui ex volúntáte Patris, cooperánte Spíritu Sancto, per mortem tuam mundum vivificásti: líbera me per hoc sacrosánctum Corpus et Sanguinem tuum ab ómnibus iniquitatibus meis, et univérsis malis: et fac me tuis semper inhærére mandátis, et a te numquam separári permittas: Qui cum eódem Deo Patre et Spíritu Sancto vivis et regnas Deus in saecula saeculorum. Amen.

P: Percéptio Córporis tui, Dómine Jesu Christe, quod ego indignus súmerē praesúmo, non mihi provéniat in judicium et prosém mihi ad tutaméntum mentis et cörperis, et ad medélam percipiéndam: Qui vivis et regnas cum Deo Patre in unitáte Spíritus Sancti, Deus, per ómnia saecula saeculorum. Amen.

P: Panem caelestem accipiam, et nomen Domini invocábo.

Dómine, non sum dignus 🕯️, ut intres sub tectum meum: sed tantum dic verbo, et sanábitur ánima mea.
Dómine, non sum dignus 🕯️, ut intres sub tectum meum: sed tantum dic verbo, et sanábitur ánima mea.
Dómine, non sum dignus 🕯️, ut intres sub tectum meum: sed tantum dic verbo, et sanábitur ánima mea.

P: Corpus Domini nostri Jesu Christi custódiat ánimam meam in vitam aeternam. Amen.

P: Quid retribuam Dómino pro ómnibus quæ retribuit mihi? Calicem salutáris accipiam, et nomen Domini invocábo. Laudans invocábo Dóminum, et ab inimícis meis salvus ero.

P: Sanguis Domini nostri Jesu Christi custódiat ánimam meam in vitam aeternam. Amen.

P: Ecce Agnus Dei, ecce qui tollit peccata mundi.

S: Dómine, non sum **(strike breast)** dignus, ut intres sub tectum meum: sed tantum dic verbo, et sanábitur ánima mea.
S: Dómine, non sum **(strike breast)** dignus, ut intres sub tectum meum: sed tantum dic verbo, et sanábitur ánima mea.
S: Dómine, non sum **(strike breast)** dignus, ut intres sub tectum meum: sed tantum dic verbo, et sanábitur ánima mea.

AT THE COMMUNION RAIL

P: Corpus Domini nostri Jesu Christi custódiat ánimam meam in vitam aeternam. Amen.

P: Having communion with, and venerating first of all the memory of the glorious and ever Virgin Mary, Mother of our God and Lord Jesus Christ; and also of blessed Joseph, Spouse of the same Virgin, and of Thy blessed Apostles and Martyrs, Peter and Paul, Andrew, James, John, Thomas, James, Philip, Bartholomew, Matthew, Simon and Thaddeus; of Linus, Cletus, Clement, Sixtus, Cornelius, Cyprian, Lawrence, Chrysogonus, John and Paul, Cosmas and Damian, and all Thy Saints, by whose merits and prayers, grant that in all things we may be defended by the help of Thy protection. Through the same Christ, our Lord. Amen.

P: We therefore beseech Thee, O Lord, to graciously accept this oblation of our service, as also of Thy entire family; dispose our days in Thy peace, save us from eternal damnation, and command that we be numbered in the flock of Thine elect. Through Christ our Lord. Amen.

P: Which oblation, do Thou, O God, deign in all respects to make blessed, approved, ratified, reasonable and acceptable, so that it may become for us the Body and Blood of Thy most beloved Son, our Lord, Jesus Christ.

P: Who, the day before He suffered, took bread into His holy and venerable hands, and with His eyes raised to heaven, unto Thee, God, His almighty Father, giving thanks to Thee, He blessed it, broke it, and gave it to His disciples saying:

Take, all of you, and eat of this: FOR THIS IS MY BODY.

P: In like manner, after He had supped, taking also this excellent chalice into His holy and venerable hands, and giving thanks to Thee, He blessed it, and gave it to His disciples, saying:

Take, all of you, and drink of this: FOR THIS IS THE CHALICE OF MY BLOOD OF THE NEW AND ETERNAL TESTAMENT: THE MYSTERY OF FAITH: WHICH SHALL BE Poured out for you and for many unto the remission of sins.

As often as you shall do these things, you do them in memory of Me.

P: Wherefore, Lord, we, Thy servants, but also Thy holy people, mindful of the same Christ, Thy Son, our Lord, of His blessed passion, and of His resurrection from the grave, and of His glorious ascension into heaven, offer unto Thy most excellent majesty of Thine own gifts, bestowed upon us, a pure victim, a holy victim, an unspotted victim, the holy Bread of eternal life and the Chalice of everlasting salvation.

P: Deign to regard them with a gracious and serene countenance, and to accept them, as Thou didst deign to accept the gifts of Thy just servant Abel, and the sacrifice of Abraham our Patriarch, and that which Thy chief priest Melchisedech offered to Thee, a holy sacrifice, an unspotted victim.

P: Humbly we pray Thee, almighty God, command these offerings to be borne by the hands of Thy holy Angel to Thine altar on high, in the sight of Thy divine majesty, so that as many of us as shall, by partaking from this altar, consume the most holy Body and Blood of Thy Son, may be filled with every heavenly grace and blessing. Through the same Christ our Lord. Amen.

P: Be mindful also, O Lord, of Thy servants and handmaids **N.** and **N.** who have gone before us with the sign of faith and rest in the sleep of peace. To these, O Lord, and to all who rest in Christ, we plead that you grant a place of comfort, light, and peace. Through the same Christ our Lord. Amen.

P: To us sinners also, Thy servants, trusting in the multitude of Thy mercies, deign to grant some part and fellowship with Thy holy Apostles and Martyrs, with John, Stephen, Matthias, Barnabas, Ignatius, Alexander, Marcellinus, Peter, Felicitas, Perpetua, Agatha, Lucy, Agnes, Cecilia, Anastasia, and with all Thy Saints, into whose company, we beseech Thee, not as appraiser of merit but as bestower of pardon, to admit us. Through Christ our Lord.

P: Through Whom, O Lord, Thou always create, sanctify, quicken, bless and bestow upon us all good things. Through Him and with Him and in Him is to Thee, God the Father almighty, in the unity of the Holy Spirit, all honor and glory,

P: Forever and ever.

(Stand at High Mass)

S: Amen.

P: Let us pray: Admonished by Thy saving precepts, and following Thy divine institution, we dare to say: Our Father, Who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation.

S: But deliver us from evil.

P: Amen.

P: Deliver us, we beseech Thee, O Lord, from all evils, past, present, and to come; and by the intercession of the blessed and glorious ever-Virgin Mary, Mother of God, together with Thy blessed Apostles, Peter and Paul, and Andrew, and all the Saints, mercifully grant peace in our days, that sustained by the help of Thy mercy, we may be always free from sin and secure from all disturbance. Through the same Jesus Christ, Thy Son, our Lord, Who lives and reigns with Thee, in the unity of the Holy Spirit, God, forever and ever.

S: Amen.

P: The peace of the Lord be always with you.

S: And with your spirit.

(Kneel at High Mass)

P: May this mingling and consecration of the Body and Blood of our Lord Jesus Christ be to us who receive it effectual unto eternal life. Amen.

Lamb of God, **(Who takes away the sins of the world, (strike breast)** have mercy on us.

Lamb of God, **(Who takes away the sins of the world, (strike breast)** have mercy on us.

Lamb of God, **(Who takes away the sins of the world, (strike breast)** grant us peace.

P: O Lord Jesus Christ, Who said to Thine Apostles: Peace I leave you, My peace I give you; regard not my sins, but the faith of Thy Church, and deign to grant her peace and to unify her according to Thy will: Who lives and reigns God, forever and ever. Amen.

P: Lord Jesus Christ, Son of the living God, Who, by the will of the Father, with the cooperation of the Holy Spirit, hast by Thy death given life to the world; deliver me by this Thy most sacred Body and Blood, from all my sins and from all evils. Make me always cleave to Thy commandments, and never permit me to be separated from Thee, Who with the same God the Father and the Holy Spirit, lives and reigns, God, forever and ever. Amen.

P: Let not the partaking of Thy Body, O Lord Jesus Christ, which I, unworthy, presume to receive, turn to my judgment and condemnation; but through Thy kindness, may it benefit me, a safeguard both of mind and body, and a certain remedy. Who with God the Father, in the unity of the Holy Spirit, lives and reigns God, forever and ever. Amen.

P: I will take the Bread of heaven, and will call upon the name of the Lord.

Lord, I am not worthy that Thou should enter under my roof; but only say the word and my soul shall be healed.

Lord, I am not worthy that Thou should enter under my roof; but only say the word and my soul shall be healed.

Lord, I am not worthy that Thou should enter under my roof; but only say the word and my soul shall be healed.

P: May the Body of our Lord Jesus Christ preserve my soul unto life everlasting. Amen.

P: What return shall I render unto the Lord for all He has given me? I will take the Chalice of salvation, and I will call upon the name of the Lord. Praising I will call upon the Lord, and I shall be saved from my enemies.

P: May the Blood of our Lord Jesus Christ preserve my soul unto life everlasting. Amen.

P: Behold the Lamb of God, behold Him who takes away the sins of the world.

S: Lord, I am **(strike breast)** not worthy that Thou should enter under my roof; but only say the word and my soul shall be healed.
S: Lord, I am **(strike breast)** not worthy that Thou should enter under my roof; but only say the word and my soul shall be healed.
S: Lord, I am **(strike breast)** not worthy that Thou should enter under my roof; but only say the word and my soul shall be healed.

AT THE COMMUNION RAIL

P: May the Body of our Lord Jesus Christ preserve your soul unto everlasting life. Amen.

AT THE CENTER OF THE ALTAR

P: Quod ore súmpsimus, Dómine, pura mente capiámus: et de múnere temporáli fiat nobis remédium sempiténum.

P: Corpus tuum, Dómine, quod sumpsi, et Sanguis, quem potávi, adhæreat viscéribus meis: et præsta; ut in me non remaneat scélerum mácula, quem pura et sancta refecerunt sacraménta: Qui vivis et regnas in sæcula sæculórum, Amen.

AT THE RIGHT SIDE OF THE ALTAR

COMMUNION Psalms 118: 22, 24

Auter a me oppróbrium et contéptum, quia mandáta tua exquisívi, Dómine: nam et testimónia tua meditátio mea est.

AT THE CENTER OF THE ALTAR

(Stand at High Mass)

P: Dóminus vobíscum.

S: **Et cum spírítu tuo.**

AT THE RIGHT SIDE OF THE ALTAR

P: Orémus.

POSTCOMMUNION

Quæsumus, omnipotens Deus: ut, de percéptis munéribus grátias exhibéntes, benefícia potióra sumámus. Per Dóminum nostrum Jesum Christum, Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum.

S: **Amen.**

P: Orémus.

POSTCOMMUNION

Præsta nobis, quæsumus Dómine, intercedéntibus sanctis Martýribus tuis Cypriáno et Justína; ut quod ore contíngimus, pura mente capiámus. Per Dóminum nostrum Jesum Christum, Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum.

S: **Amen.**

AT THE CENTER OF THE ALTAR

P: Dóminus vobíscum.

S: **Et cum spírítu tuo.**

P: Ite, Missa est.

S: **Deo grátias.**

(Kneel at High Mass)

P: Pláceat tibi, sancta Trínitas, obséqium servitútis meæ: et præsta; ut sacrificium, quod óculis tuæ majestátis indígnus obtuli, tibi sit acceptábile, mihique et ómnibus pro quibus illud obtuli, sit, te miseránte, propitiábile. Per Christum Dóminum nostrum. Amen.

P: Benedícat vos omnípotens Deus,

†Pater, et Fílius, et Spíritus Sanctus.

S: **Amen.**

AT THE LEFT SIDE OF THE ALTAR

(Stand)

P: Dóminus vobíscum.

S: **Et cum spírítu tuo.**

P: Inítium sancti Evangélii secúndum Joánnem.

S: **Glória tibi, Dómine.**

P: In princípio erat Verbum, et Verbum erat apud Deum, et Deus erat Verbum. Hoc erat in princípio apud Deum. Ómnia per ipsum facta sunt: et sine ipso factum est nihil, quod factum est: in ipso vita erat, et vita erat lux hóminum: et lux in ténebris lucet, et ténebræ eam non comprehendérunt. Fuit homo missus a Deo, cui nomen erat Joáannes. Hic venit in testimónium, ut testimónium perhibéret de lúmine, ut omnes créderent per illum. Non erat ille lux, sed ut testimónium perhibéret de lúmine. Erat lux vera, quæ illúminat omnem hóminem veniéntem in hunc mundum. In mundo erat, et mundus per ipsum factus est, et mundus eum non cognóvit. In própria venit, et sui eum non receperunt. Quotquot autem recepérunt eum, dedit eis potestátem filios Dei fieri, his qui credunt in nómine ejus: qui non ex sanguínibus, neque ex voluntáte carnis, neque ex voluntáte viri, sed ex Deo nati sunt.

(Genuflect) ET VERBUM CARO FACTUM EST

et habitávit in nobis: et vídimus glóriam ejus, glóriam quasi Unigéniti a Patre, plenum grátiae et veritátis.

S: Deo grátias.

[Leonine Prayers](#)

(optional after Low Mass)

AT THE CENTER OF THE ALTAR

P: Grant, O Lord, that what we have taken with our mouth, we may receive with a pure mind; and from a temporal gift may it become to us an eternal remedy.

P: May Thy Body, O Lord, which I have consumed, and Thy Blood which I have drunk, cling to my vitals; and grant that no wicked stain may remain in me, whom these pure and holy mysteries have refreshed. Who lives and reigns, forever and ever. Amen.

AT THE RIGHT SIDE OF THE ALTAR

Remove from me reproach and contempt, because I have sought out Thy commandments, O Lord; for Thy testimonies are my meditation.

AT THE CENTER OF THE ALTAR

(Stand at High Mass)

P: The Lord be with you.

S: And with your spirit.

AT THE RIGHT SIDE OF THE ALTAR

P: Let us pray.

We thank Thee, almighty God, for the gifts we have received, and beseech Thee to grant us yet greater benefits. Through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever.

S: Amen.

P: Let us pray.

For Ss. Cyprian and Justina, Martyrs

Grant us, we beseech Thee, O Lord, through the intercession of Thy holy martyrs, Cyprian and Justina, that what we take with the mouth, we may receive with a pure heart. Through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever.

S: Amen.

AT THE CENTER OF THE ALTAR

P: The Lord be with you.

S: And with your spirit.

P: Go, the Mass is ended.

S: Thanks be to God.

(Kneel at High Mass)

P: May the performance of my homage be pleasing to Thee, O holy Trinity: and grant that the sacrifice which I, though unworthy, have offered up in the sight of Thy majesty, may be acceptable unto Thee, and may, through Thy mercy, be a propitiation for myself and all those for whom I have offered it. Through Christ our Lord. Amen.

P: May almighty God bless you, †the Father, Son, and Holy Spirit.

S: Amen.

AT THE LEFT SIDE OF THE ALTAR

(Stand)

P: The Lord be with you.

S: And with your spirit.

P: The beginning of the holy Gospel according to John.

S: Glory be to Thee, O Lord.

P: In the beginning was the Word, and the Word was with God, and the Word was God. The same was in the beginning with God. All things were made by Him: and without Him was made nothing that was made. In Him was life, and the life was the light of men. And the light shineth in darkness, and the darkness did not comprehend it. There was a man sent from God, whose name was John. This man came for a witness, to give testimony of the light, that all men might believe through him. He was not that light, but was to give testimony of the light. That was the true light, which enlighteneth every man that cometh into this world. He was in the world, and the world was made by Him, and the world knew Him not. He came unto His own, and His own received Him not. But as many as received Him, He gave them power to be made the sons of God, to them that believe in His name. Who are born, not of blood, nor of the will of the flesh, nor of the will of man, but of God.

(Genuflect) AND THE WORD WAS MADE FLESH,

and dwelt among us, (and we saw His glory, the glory as it were of the only begotten of the Father,) full of grace and truth.

S: Thanks be to God.