

TUESDAY AFTER THE FOURTH SUNDAY IN LENT

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The Lesson (Exod. 32: 7-14) contains the beautiful prayer of Moses for his people, who had fallen into the sin of idolatry.

This is perfect love - to be willing that one's name be struck off from the book of life rather than let one's own brethren perish beneath the justice of God.

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AT THE FOOT OF THE ALTAR (Kneel)

P: †In nómine Patris, et Fílii, et Spíritus Sancti. Amen.

P: Introíbo ad altáre Dei.

S: Ad Deum qui lætíficat juventútem meam.

(Psalm 42)

P: Júdica me, Deus, et discérne causam meam de gente non sancta: ab hómine iníquo et dolóso érué me.

S: Quia tu es, Deus, fortitúdo mea: quare me repulísti, et quare tristis incédo, dum afflígit me inimícus?

P: Emítte lucem tuam, et veritátem tuam: ipsa me deduxérunt, et adduxérunt in montem sanctum tuum, et in tabernácula tua.

S: Et introibo ad altáre Dei: ad Deum qui lætíficat juventútem meam.

P: Confítébor tibi in cíthara, Deus, Deus meus: quare tristis es, ánima mea, et quare contúrbas me?

S: Spera in Deo, quóniam adhuc confítébor illi: salutáre vultus mei, et Deus meus.

P: Glória Patri, et Fílio, et Spíritui Sancto.

S: Sicut erat in princípío, et nunc, et semper: et in sæcula sæculórum. Amen.

P: Introíbo ad altáre Dei.

S: Ad Deum qui lætíficat juventútem meam.

P: †Adjutórium nostrum in nómine Dómini.

S: Qui fecit cælum et terram.

P: Confíteor Deo omnipoténti, beatæ Mariæ semper Virgini, beáto Michaéli Archángelo, beáto Joánni Baptistæ, sanctis Apóstolis Petro et Paulo, ómnibus Sanctis, et vobis fratres: quia peccávi nimis cogitatióne, verbo, et ópere: mea culpa, mea culpa, mea máxima culpa. Ideo precor beatam Mariám semper Virginem, beátum Michaélem Archángelum, beátum Joánnem Baptistam, sanctos Apóstolos Petrum et Paulum, omnes Sanctos, et vos fratres, oráre pro me ad Dóminum Deum nostrum.

S: Misereátur tui omnipotens Deus, et dimíssis peccátiis tuis, perdúcat te ad vitam ætérnam.

P: Amen.

S: Confíteor Deo omnipoténti, beatæ Mariæ semper Virgini, beáto Michaéli Archángelo, beáto Joánni Baptistæ, sanctis Apóstolis Petro et Paulo, ómnibus Sanctis, et tibi pater: quia peccávi nimis cogitatióne, verbo, et ópere: **(strike breast 3 times)** mea culpa, mea culpa, mea máxima culpa. Ideo precor beatam Mariám semper Virginem, beátum Michaélem Archángelum, beátum Joánnem Baptistam, sanctos Apóstolos Petrum et Paulum, omnes Sanctos, et te Pater, oráre pro me ad Dóminum Deum nostrum.

P: Misereátur vestri omnipotens Deus, et, dimíssis peccátiis vestris, perdúcat vos ad vitam ætérnam.

S: Amen.

P: †Indulgéntiam, absolutiónem, et remissionem peccatórum nostrórum, tríbuat nobis omnípotens et miséricors Dóminus.

S: Amen.

P: Deus, tu convérsus vivificábis nos.

S: Et plebs tua lætábitur in te.

P: Osténde nobis, Dómine, misericórdiam tuam.

S: Et salutáre tuum da nobis.

P: Dómine, exáudi oratióne meam.

S: Et clamor meus ad te véniat.

P: Dóminus vobíscum.

S: Et cum spírítu tuo.

P: Orémus.

P: Aufer a nobis, quæsumus, Dómine, iniquitátes nostras: ut ad Sancta sanctorum puris mereámur méntibus introire. Per Christum Dóminum nostrum. Amen.

AT THE CENTER OF THE ALTAR

P: Orámus te, Dómine, per mérita Sanctorum tuórum, quorum reliquiæ hic sunt et ómnium Sanctorum: ut indulgére dignéris ómnia peccáta mea. Amen.

(Only at High Mass when incense is used)

P: *Ab illo benedicáris, in cuius honóre cremáberis.*

AT THE FOOT OF THE ALTAR (Kneel)

P: †In the Name of the Father, and of the Son, and of the Holy Spirit. Amen.

P: I will go unto the altar of God.

S: To God, Who gives joy to my youth.

(Psalm 42)

P: Judge me, O God, and distinguish my cause from the unholy nation, deliver me from the unjust and deceitful man.

S: For Thou, O God, art my strength, why hast Thou cast me off? And why do I go about in sadness, while the enemy afflicts me?

P: Send forth Thy light and Thy truth: they have conducted me and brought me unto Thy holy mount, and into Thy tabernacles.

S: And I will go unto the altar of God: to God, Who gives joy to my youth.

P: I shall praise Thee upon the harp, O God, my God. Why are you sad, O my soul, and why do you disquiet me?

S: Hope in God, for I will still praise Him, the salvation of my countenance, and my God.

P: Glory be to the Father, and to the Son, and to the Holy Spirit.

S: As it was in the beginning, is now, and ever shall be, world without end. Amen.

P: I will go unto the altar of God.

S: To God, Who gives joy to my youth.

P: †Our help is in the name of the Lord.

S: Who made heaven and earth.

P: I confess to almighty God, to blessed Mary ever Virgin, to blessed Michael the Archangel, to blessed John the Baptist, to the holy Apostles Peter and Paul, to all the Saints, and to you, brethren, that I have sinned exceedingly in thought, word, and deed: through my fault, through my fault, through my most grievous fault. Therefore I pray blessed Mary ever Virgin, blessed Michael the Archangel, blessed John the Baptist, the holy Apostles Peter and Paul, all the Saints, and you, brethren, to pray for me to the Lord our God.

S: May almighty God have mercy on you, forgive you your sins, and bring you to life everlasting.

P: Amen.

S: I confess to almighty God, to blessed Mary ever Virgin, to blessed Michael the Archangel, to blessed John the Baptist, to the holy Apostles Peter and Paul, to all the Saints, and to you father: that I have sinned exceedingly in thought, word, and deed: **(strike breast 3 times)** through my fault, through my fault, through my most grievous fault. Therefore I pray blessed Mary ever Virgin, blessed Michael the Archangel, blessed John the Baptist, the holy Apostles Peter and Paul, all the Saints, and you, Father, to pray for me to the Lord our God.

P: May almighty God have mercy on you, forgive you your sins, and bring you to life everlasting.

S: Amen.

P: †May the almighty and merciful Lord grant us pardon, absolution, and remission of our sins.

S: Amen.

P: Thou wilt turn again, O God, and quicken us.

S: And Thy people will rejoice in Thee.

P: Show us, O Lord, Thy mercy.

S: And grant us Thy salvation.

P: O Lord, hear my prayer.

S: And let my cry come unto Thee.

P: The Lord be with you.

S: And with your spirit.

P: Let us pray.

P: Take away from us our iniquities, we beseech Thee, O Lord; that with pure minds we may be made worthy to enter into the Holy of Holies. Through Christ our Lord. Amen.

AT THE CENTER OF THE ALTAR

P: We pray Thee, O Lord, by the merits of Thy Saints whose relics are here, and of all the Saints: that Thou would deign to pardon me all my sins. Amen.

(Only at High Mass when incense is used)

P: *Be blessed by Him in Whose honor you will be burnt.*

AT THE RIGHT SIDE OF THE ALTAR

INTROIT Psalms 54: 2-3

Exáudi, Deus, oratióne meam, et ne despéxeris deprecationé meam: inténde in me et exáudi me. (Ps. 54: 3-4) Contristátus sum in exercitatióne mea: et conturbátus sum avoce inimíci et a tribulatióne peccatóris. Glória Patri et Fílio et Spíritui Sancto, sicut erat in princípío, et nunc, et semper, et in sæcula sæculórum. Amen. Exáudi, Deus, oratióne meam, et ne despéxeris deprecationé meam: inténde in me et exáudi me.

AT THE CENTER OF THE ALTAR

P: Kýrie, eléison.

S: **Kýrie, eléison.**

P: Kýrie, eléison.

S: **Christe, eléison.**

P: Christe, eléison.

S: **Christe, eléison.**

P: Kýrie, eléison.

S: **Kýrie, eléison.**

P: Kýrie, eléison.

(Stand at High Mass)

P: Dóminus vobíscum.

S: **Et cum spírítu tuo.**

AT THE RIGHT SIDE OF THE ALTAR

P: Orémus.

COLLECT

Sacræ nobis, quæsumus, Dómine, observatiónis jejúnia: et piæ conversatiónis augméntum, et tuæ provisiónis contínuum præstent auxiliúm. Per Dóminum nostrum Jesum Christum, Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum.

S: **Amen.**

P: Orémus.

COLLECT

Intercessio nos, quæsumus, Dómine, beáti Benedicti Abbátis comméndet: ut, quod nostris méritis non valémus, ejus patrocinio assequámur. Per Dóminum nostrum Jesum Christum, Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum.

S: **Amen.**

(Sit)

LESSON Exodus 32: 7-14

In diébus illis: Locútus est Dóminus ad Móysen, dicens: Descénde de monte: peccávit pópulus tuus, quem eduxisti de terra Ægypti. Recessérunt cito de via, quæ ostendisti eis: fecerúntque sibi vitulum conflátem, et adoravérunt, atque immolátes ei hóstias, dixérunt: Isti sunt dii tui, Israël, qui te e duxérunt de terra Ægypti. Rursúmque ait Dóminus ad Móysen: Cerno, quod pópulus iste duræ cervicis sit: dimítte me, ut irascátur furor meus contra eos, et déleam eos, faciámque te in gentem magnam. Móyses autem orábat Dóminum, Deum suum, dicens: Cur, Dómine, iráscitur furor tuus contra pópulum tuum, quem eduxisti de terra Ægypti in fortitúdine magna et in manu robústá? Ne quærno dicant Ægyptiit: Cállide edúxit eos, ut interficeret in móntibus et deléret e terra: quiescat ira tua, et esto placábilis super nequítia pópuli tui. Recordáre Abraham, Isaac et Israël, servórum tuórum, quibus jurásti per temetípsum, dicens: Multiplicábo semen vestrum sicut stellas cæli: et univérsam terram hanc, de qua locútus sum, dabo sémini vestro, et possidebítis eam semper. Placátusque est Dóminus, ne fáceret malum, quod locútus fúerat advérsus pópulum suum.

S: Deo grátias.

GRADUAL Psalms 43: 26, 2

Exsúrge, Dómine, fer opem nobis: et líbera nos, Dómine, fer opem nobis. Deus, áuribus nostris audívimus: et patres nostri annuntiavérunt nobis opus, quod operátus es in diébus eórum et in diébus antíquis.

AT THE CENTER OF THE ALTAR

(Only at High Mass when incense is used)

P: *Ab illo benedicáris, in cuius honóre cremáberis.*

P: Munda cor meum ac lábia mea, omnipotens Deus, qui lábia Isaíæ Prophétæ cálculo mundásti igníto: ita me tua grata miseratióne dignáre mundáre, ut sanctorum Evangélium digne váleam nuntiáre. Per Christum Dóminum nostrum. Amen.

P: Jube, Dómine, benedícere. Dóminus sit in corde meo, et in lábiis meis: ut digne et competénter annúntiem Evangélium suum. Amen.

AT THE LEFT SIDE OF THE ALTAR

(Stand)

P: Dóminus vobíscum.

S: **Et cum spírítu tuo.**

P: Seqúentia sancti Evangélii secúndum Joánnem.

S: **Glória tibi, Dómine.**

AT THE RIGHT SIDE OF THE ALTAR

Hearken, O God, to my prayer; turn not away from my pleading; give heed to me, and answer me. (Ps. 54: 3-4) I rock with grief, and am troubled at the voice of the enemy and the clamor of the wicked. Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen. Hearken, O God, to my prayer; turn not away from my pleading; give heed to me, and answer me.

AT THE CENTER OF THE ALTAR

P: Lord, have mercy.

S: Lord, have mercy.

P: Lord, have mercy.

S: Christ, have mercy.

P: Christ, have mercy.

S: Christ, have mercy.

P: Lord, have mercy.

S: Lord, have mercy.

P: Lord, have mercy.

(Stand at High Mass)

P: The Lord be with you.

S: And with your Spirit.

AT THE RIGHT SIDE OF THE ALTAR

P: Let us pray.

May the sacred practice of fasting, we beseech You, O Lord, win for us continued holiness of life and the continuing help of Your mercy. Through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever.

S: Amen.

P: Let us pray.

For St. Benedict

May the intercession of blessed Benedict the Abbot commend us unto Thee, we beseech Thee, O Lord: so that what we cannot acquire by any merits of ours, we may obtain by his patronage. Through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever.

S: Amen.

(Sit)

In those days, the Lord said to Moses, Go down from the mountain to your people, whom you brought out of the land of Egypt, for they have become depraved. They have soon turned aside from the way I pointed out to them, making for themselves a molten calf and worshipping it, sacrificing to it and crying out, 'This is your God, O Israel, Who brought you out of the land of Egypt!' I see how stiff-necked this people is, continued the Lord to Moses. Let Me alone, then, that My wrath may blaze up against them to consume them. Then I will make of you a great nation. But Moses implored the Lord, his God, saying, Why, O Lord, should Thy wrath blaze up against Thine own people, whom Thou broughtest out of the land of Egypt with such great power and with so strong a hand? Why should the Egyptians say, 'With evil intent He brought them out, that He might kill them in the mountains and exterminate them from the face of the earth'? Let Thy blazing wrath die down; relent in punishing Your people. Remember Thy servants Abraham, Isaac and Israel, and how Thou swore to them by Thine own self, saying, 'I will make your descendants as numerous as the stars in the sky; and all this land that I promised, I will give your descendants as their perpetual heritage.' So the Lord relented in the punishment He had threatened to inflict on His people.

S: Thanks be to God.

Arise, O Lord, help us! Redeem us for Your Name's sake. O God, our ears have heard, our fathers have declared to us the deeds Thou did in their days, in days of old.

AT THE CENTER OF THE ALTAR

(Only at High Mass when incense is used)

P: *Be blessed by Him in Whose honor you will be burnt.*

P: Cleanse my heart and my lips, O almighty God, Who cleansed the lips of the Prophet Isaiah with a burning coal. In Thy gracious mercy, deign so to purify me, that I may worthily proclaim Thy holy Gospel. Through Christ our Lord. Amen.

P: Pray, Lord, a blessing. The Lord be in my heart and on my lips that I may worthily and fittingly proclaim His Gospel. Amen.

AT THE LEFT SIDE OF THE ALTAR

(Stand)

P: The Lord be with you.

S: And with your spirit.

P: The continuation of the holy Gospel according to John.

S: Glory to Thee, O Lord.

GOSPEL John 7: 14-31

In illo tempore: lam die festo mediante, ascendit Jesus in templum, et docebat. Et mirabantur Judaei, dicentes: Quomodo hic litteras scit, cum non didicerit? Respondit eis Jesus et dixit: Mea doctrina non est mea, sed ejus, qui misit me. Si quis voluerit voluntatem ejus facere, cognoscet de doctrina, utrum ex Deo sit, an ego a meipso loquar. Qui a semetipso loquitur, gloriam propriam quaerit. Qui autem quaerit gloriam ejus, qui misit eum, hic verax est, et iustitia in illo non est. Nonne Moyses dedit vobis legem: et nemo ex vobis facit legem? quid me quaeritis interficere? Respondit turba, et dixit: Daemonium habes: quis te quaerit interficere? Respondit Jesus et dixit eis: Unum opus feci, et omnes miramini. Propterea Moyses dedit vobis circumcisionem - non quia ex Moysse est, sed ex patribus: - et in sabbato circumciditis hominem. Si circumcisionem accipit homo in sabbato, ut non solvatur lex Moysi: mihi indignamini, quia totum hominem sanum feci in sabbato? Nolite iudicare secundum faciem, sed iustum iudicium facite. Dicebant ergo quidam ex Jerosolymis: Nonne hic est, quem quaerunt interficere? Et ecce, palam loquitur, et nihil ei dicunt. Numquid vere cognoverunt principes, quia hic est Christus? Sed hunc sciamus, unde sit: Christus autem, cum venerit, nemo scit, unde sit. Clamabat ergo Jesus in templo docens, et dicens: Et me scitis et, unde sim, scitis, et a meipso non veni, sed est verus, qui misit me, quem vos nescitis. Ego scio eum, quia ab ipso sum, et ipse me misit. Quaerebant ergo eum apprehendere: et nemo misit in illum manus, quia nondum venerat hora ejus. De turba autem multi crediderunt in eum.

S: Laus tibi, Christe.

P: Per evangelica dicta deleantur nostra delicta.

AT THE CENTER OF THE ALTAR

P: Dominus vobiscum.

S: Et cum spiritu tuo.

P: Orémus.

(Sit)

OFFERTORY Psalms 39: 2-4

Exspectans expectavi Dominum, et respexit me: et exaudivit deprecationem meam: et immisit in os meum canticum novum, hymnum Deo nostro.

P: Suscipe, sancte Pater, omnipotens aeterna Deus, hanc immaculatam hostiam, quam ego indignus famulus tuus offero tibi, Deo meo vivo et vero, pro innumerabilibus peccatis, et offensivibus, et negligentiis meis, et pro omnibus circumstantibus, sed et pro omnibus fidelibus christianis vivis atque defunctis: ut mihi, et illis proficiat ad salutem in vitam aeternam. Amen.

AT THE RIGHT SIDE OF THE ALTAR

P: Deus, qui humanae substantiae dignitatem mirabiliter condidisti, et mirabilibus reformasti: da nobis per hujus aquae et vini mysterium, ejus divinitatis esse consortes, qui humanitatis nostrae fieri dignatus est particeps, Jesus Christus Filius tuus Dominus noster: Qui tecum vivit et regnat in unitate Spiritus Sancti, Deus: per omnia saecula saeculorum. Amen.

AT THE CENTER OF THE ALTAR

P: Offerimus tibi, Domine, calicem salutaris tuam deprecantes clementiam: ut in conspectu divinae majestatis tuae, pro nostra, et totius mundi salute cum odore suavitatis ascendat. Amen. In spiritu humilitatis, et in animo contrito suscipiamur a te, Domine, et sic fiat sacrificium nostrum in conspectu tuo hodie, ut placeat tibi, Domine Deus. Veni, sanctificator omnipotens aeterna Deus: et benedic hoc sacrificium, tuo sancto nomini praeparatum.

(Only at High Mass when incense is used)

P: Per intercessionem beati Michaelis Archangeli, stantis a dextris altaris incensi, et omnium electorum suorum, incensum istud dignetur Dominus benedicere, et in odorem suavitatis accipere. Per Christum Dominum nostrum. Amen.

P: Incensum istud a te benedictum, ascendat ad te, Domine, et descendat super nos misericordia tua.

P: Dirigatur, Domine, oratio mea, sicut incensum, in conspectu tuo: elevatio manuum mearum sacrificium vespertinum. Pone, Domine, custodiam ori meo, et ostium circumstantiae labiis meis: ut non declinet cor meum in verba malitiae, ad excusandas excusationes in peccatis.

P: Accendat in nobis Dominus ignem sui amoris, et flamma aeternae caritatis. Amen.

AT THE RIGHT SIDE OF THE ALTAR

P: Lavabo inter innocentes manus meas: et circumdabo altare tuum, Domine: Ut audiam vocem laudis, et enarrem universa mirabilia tua. Domine, dilaxi decorem domus tuae, et locum habitationis gloriae tuae. Ne perdas cum impiis, Deus, animam meam, et cum viris sanguinum vitam meam: In quorum manibus iniquitates sunt: dextera eorum replata est muneribus. Ego autem in innocentia mea ingressus sum: redime me, et miserere mei. Pes meus stetit in directo: in ecclesiis benedixi te, Spiritui Sancto. Sicut erat in principio, et nunc, et semper: et in saecula saeculorum. Amen.

AT THE CENTER OF THE ALTAR

P: Suscipe, sancta Trinitas, hanc oblationem, quam tibi offerimus ob memoriam passionis, resurrectionis, et ascensionis Jesu Christi Domini nostri: et in honorem beatae Mariiae nostrae Virginis, et beati Joannis Baptistae, et sanctorum Apostolorum Petri et Pauli, et istorum, et omnium Sanctorum: ut illis proficiat ad honorem, nobis autem ad salutem: et illi pro nobis intercedere dignentur in caelis, quorum memoriam agimus in terris. Per eundem Christum Dominum nostrum. Amen.

P: Orate fratres: ut meum ac vestrum sacrificium acceptabile fiat apud Deum Patrem omnipotentem.

S: Suscipiat Dominus sacrificium de manibus tuis ad laudem, et gloriam nominis sui, ad utilitatem quoque nostram, totiusque Ecclesiae suae sanctae.

P: Amen.

HÆC (silently)

Sacrosanctus Dominus, quaesumus, emundet nostra delicta: et, ad sacrificium celebrandum, subditorum tibi corpora mentesque sanctificet. Per Dominum nostrum Jesum Christum, Filium tuum, qui tecum vivit et regnat in unitate Spiritus Sancti, Deus, per omnia saecula saeculorum.

SECRET (silently)

Sacris altaribus, Domine, hostias superpositas sanctus Benedictus Abbas, quaesumus, in salutem nobis provenire deposcat. Per Dominum nostrum Jesum Christum, Filium tuum, qui tecum vivit et regnat in unitate Spiritus Sancti, Deus,

(aloud, to conclude the Secret Prayer)

P: ...forever and ever.

(Stand at High Mass)

S: Amen.

P: Dominus vobiscum.

S: Et cum spiritu tuo.

P: Sursum corda.

S: Habemus ad Dominum.

P: Gratias agamus Domino Deo nostro.

S: Dignum et justum est.

PREFACE OF LENT

Verè dignum et justum est, æquum et gratiàre, nos tibi semper et ubique gratias agere: Domine sancte, Pater omnipotens, aeterna Deus: Qui corporali jejúnio vitia comprimis, mentem elevas, virtutem largiris et præmia: per quem Dominum nostrum. Per quem majestatem tuam laudant Angeli, adorant Dominationes, tremunt Potestates. Caeli caelorumque Virtutes ac beata Seraphim sancia exultatione concélebrant. Cum quibus et nostras voces ut admitti jubeas, deprecámur, supplicii confessione dicentes:

(Kneel)

P: Sanctus ☩, Sanctus ☩, Sanctus ☩, Dominus Deus Sabaoth. Pleni sunt caeli et terra gloria tua. Hosanna in excelsis. †Benedictus qui venit in nomine Domini. Hosanna in excelsis.

THE ROMAN CANON

(silently)

P: Te igitur, clementissime Pater, per Jesum Christum Filium tuum, Dominum nostrum, supplices rogámus, ac pètimus uti accepta habeas, et benedicas, hæc dona, hæc múnera, hæc sancta sacrificia illibata, in primis, quæ tibi offerimus pro Ecclesia tua sancta catholica: quam pacificare, custodire, adunare, et regere digneris toto orbe terrarum: Anta cum famulo tuo Papa nostro N., et Antistite nostro N., et omnibus orthodoxis, atque catholicis et apostolicæ fidei cultóribus.

P: Meménto, Domine, famulorum, famularumque tuarum N., et N., et omnium circumstantium, quorum tibi fides cognita est, et nota devotio, pro quibus tibi offerimus: vel qui tibi offerunt hoc sacrificium: pro se, suisque omnibus: pro redemptione animarum suarum, pro spe salutis et incolumitatis suæ: tibique reddunt vota sua aeterno Deo, vivo et vero.

At that time, when the feast was already half over, Jesus went up into the temple and began to teach. And the Jews marveled, saying, How does this man come by learning, since He has not studied? Jesus answered them and said, My teaching is not My own, but His Who sent Me. If anyone desires to do His will, he will know of the teaching whether it is from God, or whether I speak on My own authority. He who speaks on his own authority seeks his own glory. But he who seeks the glory of the one who sent him is truthful, and there is no injustice in him. Did not Moses give you the Law, and none of you observes the Law? Why do you seek to put Me to death? The crowd answered and said, You have a devil. Who seeks to put You to death? Jesus answered and said to them, One work I did and you all wonder. For this reason Moses gave you the circumcision - not that it is from Moses, but from the fathers - and on a Sabbath you circumcise a man. If a man receives circumcision on a Sabbath, that the Law of Moses may not be broken, are you indignant with me because I made a whole man well on a Sabbath? Judge not by appearances but give just judgment. Some therefore of the people of Jerusalem were saying, Is not this the man they seek to kill? And behold, He speaks openly and they say nothing to Him. Can it be that the rulers have really come to know that this is the Christ? Yet we know where this man is from; but when the Christ comes, no one will know where He is from. Jesus therefore, while teaching in the temple, cried out and said, You both know Me, and know where I am from. Yet I have not come of Myself, but He is true Who has sent Me, whom you do not know. I know Him because I am from Him, and He sent Me. They wanted therefore to seize Him, but no one laid hands on Him because His hour had not yet come. Many of the people, however, believed in Him.

S: Praise to Thee, O Christ.

P: May our offenses be erased by the words of the Gospel.

AT THE CENTER OF THE ALTAR

P: The Lord be with you.

S: And with your spirit.

P: Let us pray.

(Sit)

I have waited, waited for the Lord, and He stooped toward me and heard my cry. And He put a new song into my mouth, a hymn to our God.

P: Receive, O Holy Father, almighty and eternal God, this spotless host, which I, Thine unworthy servant, offer unto Thee, my living and true God, for my innumerable sins, offenses, and negligences, and for all here present; and also for all faithful Christians both living and dead, that it may profit me and them for salvation unto life everlasting. Amen.

AT THE RIGHT SIDE OF THE ALTAR

P: O God, Who wonderfully formed the dignity of human nature, and more wonderfully restored it, grant us through the mystery of this water and wine, to be made participants of His divinity, Who condescended to become a partaker of our humanity, Jesus Christ, Thy Son, our Lord, Who with Thee, lives and reigns in the unity of the Holy Spirit, God, forever and ever. Amen.

AT THE CENTER OF THE ALTAR

P: We offer Thee, O Lord, the chalice of salvation, pleading Thy clemency, that it may ascend in the sight of Thy divine majesty, with a sweet fragrance, for our salvation and for that of the whole world. Amen. In a humble spirit and a contrite heart may we be received by Thee, O Lord, and let our sacrifice be so made in Thy sight this day that it may please Thee, O Lord God. Come, O sanctifier, almighty and eternal God, and bless this sacrifice prepared for Thy holy name.

(Only at High Mass when incense is used)

P: By the intercession of blessed Michael the Archangel, who stands at the right hand of the altar of incense, and of all His elect, may the Lord deign to bless this incense, and to receive it as a sweet fragrance, through Christ our Lord.

P: May this incense, blessed by Thee, ascend to Thee, O Lord, and may Thy mercy descend upon us.

P: Let my prayer be directed, O Lord, as incense in Thy sight, the lifting up of my hands as an evening sacrifice. Set a watch, O Lord, before my mouth: and a door round about my lips: that my heart may not incline to evil words: to make excuses in sins.

P: May the Lord enkindle in us the fire of His love and the flame of everlasting charity. Amen.

AT THE RIGHT SIDE OF THE ALTAR

P: I will wash my hands among the innocent, and I will compass Thine altar, O Lord, that I may hear the voice of praise: and tell of all Thy wondrous deeds. I have loved, O Lord, the beauty of Thy house and the place where Thy glory dwelleth. Destroy not my soul, O God, with the wicked, nor my life with men of blood. In whose hands are iniquities, their right hand is full with gifts. But I have walked in my innocence: redeem me, and have mercy on me. My foot has stood on the right path; in the churches I will bless Thee, O Lord: Thy glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

AT THE CENTER OF THE ALTAR

P: Receive, O holy Trinity, this oblation which we offer to Thee in remembrance of the Passion, Resurrection, and Ascension of Our Lord Jesus Christ, and in honor of blessed Mary, ever Virgin, blessed John the Baptist, the holy Apostles Peter and Paul, and of these and of all the Saints; that it may avail unto their honor and our salvation, and may they deign to intercede in heaven for us who honor their memory here on earth. Through the same Christ, our Lord. Amen.

P: Pray brethren, that my sacrifice and yours may be acceptable to God the Father almighty.

S: May the Lord receive the sacrifice from your hands, to the praise and glory of His name, to our benefit, and that of all His holy Church.

P: Amen.

May this offering, O Lord, we beseech Thee, wipe away our sins, and make holy the minds and bodies of Your servants for celebrating this Sacrifice. Through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever.

For St. Benedict

May the holy Abbot Benedict, we beseech Thee, O Lord, obtain by his prayers, that the Sacrifice laid on Thy holy altar, may profit us unto salvation. Through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God,

P: ...forever and ever.

(Stand at High Mass)

S: Amen.

P: The Lord be with you.

S: And with your spirit.

P: Lift up your hearts.

S: We have lifted them up to the Lord.

P: Let us give thanks to the Lord our God.

S: It is fitting and just.

It is truly fitting and just, proper and beneficial, that we should always and everywhere, give thanks unto Thee, holy Lord, Father almighty, everlasting God. Who by this bodily fast, dost curb our vices, dost lift up our minds and bestow on us strength and rewards; through Christ our Lord. Through Whom the Angels praise Thy majesty, the Dominations adore, the Powers tremble: the heavens and the hosts of heaven, and the blessed Seraphim, together celebrate in exultation. With whom, we pray Thee, command that our voices of supplication also be admitted in confessing Thee saying:

(Kneel)

P: Holy, holy, holy, Lord God of Hosts! Heaven and earth are filled with Thy glory. Hosanna in the highest! †Blessed is He Who comes in the name of the Lord. Hosanna in the highest!

THE ROMAN CANON

P: Therefore, most merciful Father, we humbly pray and entreat Thee, through Jesus Christ, Thy Son, Our Lord, that Thou would accept and bless these gifts, these offerings, these holy and spotless sacrifices, which, in the first place, we offer Thee for Thy holy Catholic Church: deign to pacify, to guard, to unite, and to govern her throughout the world, together with Thy servant N., our Pope, and N., our Bishop; and all orthodox believers of the Catholic and apostolic faith.

P: Be mindful, O Lord, of Thy servants and handmaids N. and N., and of all here present, whose faith and devotion are known unto Thee, for whom we offer, or who offer to Thee, this sacrifice of praise for themselves, and for all their own, for the redemption of their souls, for their hope of salvation and safety; and who pay their vows to Thee, the everlasting, living, and true God.

P: Communicantes, et memoriam venerantes, in primis gloriosae semper Virginis Mariae, Genitricis Dei et Domini nostri Jesu Christi: sed et beati Joseph, ejusdem Virginis Sponsi, et beatorum Apostolorum ac Martyrum tuorum, Petri et Pauli, Andreae, Jacobi, Joannis, Thomae, Jacobi, Philippi, Bartholomaei, Matthaei, Simonis, et Thaddaei: Cyni, Cleti, Clementis, Xysti, Cornelii, Lupriani, Lauréntii, Chrysogoni, Joannis et Pauli, Cosmae et Damiani, et omnium Sanctorum tuorum; quorum meritis precibusque concedas, ut in omnibus protectionis tuae muniamur auxilio. Per Christum Dominum nostrum. Amen.

P: 🕯️ Hanc igitur oblationem servitutis nostrae, sed et cunctae familiae tuae, quaesumus, Domine, ut placatus accipias: diésque nostros in tua pace disponas, atque ab aeterna damnatione nos eripi, et in electorum tuorum jubeas grege auxilió. Per Christum Dominum nostrum. Amen.

P: Quam oblationem tu, Deus, in omnibus, quaesumus, benedictam, adscriptam, ratam, rationabilem, acceptabilemque facere digneris: ut nobis Corpus, et Sanguis fiat dilectissimi Filii tui Domini nostri Jesu Christi.

P: Qui pridie quam pateretur, accepit panem in sanctas, ac venerabiles manus suas, et elevatis oculis in caelum ad te Deum Patrem suum omnipotentem, tibi gratias agens, benedixit, fregit, dedítque discipulis suis, dicens:

ACCIPITE, et manducate ex hoc omnes, HOC EST ENIM CORPUS MEUM.

🕯️ 🕯️ 🕯️
P: Simili modo postquam caenatum est, accipiens et hunc praeclearum Calicem in sanctas ac venerabiles manus suas: item tibi gratias agens, benedixit, dedítque discipulis suis, dicens:

ACCIPITE, et bibite ex eo omnes, HIC EST ENIM CALIX SANGUINIS MEI, NOVI ET AETERNI

TESTAMENTI: MYSTERIUM FIDEI: QUI PRO VOBIS ET PRO MULTIS EFFUNDÉTUR IN REMISSIÓNE PECCATORUM.

Haec quotiescumque feceritis, in mei memoriam faciétis.

🕯️ 🕯️ 🕯️
P: Unde et memores, Domine, nos servi tui, sed et plebs tua sancta, ejusdem Christi Filii tui Domini nostri tam beatae passionis, nec non et ab inferis resurrectionis, sed et in caelos gloriosae ascensionis: offerimus praeclearam majestati tuae de tuis donis, ac datis, hostiam puram, hostiam sanctam, hostiam immaculatam, Panem sanctum vitae aeternae, et Calicem salutis perpetuae.

P: Supra quae propitio ac sereno vultu respicere digneris; et accepta habere, sicuti accepta habere dignatus es munera pueri tui justí Abel, et sacrificium Patriarchae nostri Abraham: et quod tibi obtulit summus sacerdos tuus Melchisedech, sanctum sacrificium, immaculatam hostiam.

P: Súpplíces te rogámus, omnípotens Deus: jube haec perferri per manus sancti Ángeli tui in sublíme altáre tuum, in conspéctu divínæ majestátis tuæ: ut quotquot, ex hac altáris participatióne sacrosánctum Filii tui, Corpus, et Sanguinem sumpsérimus, omni benedictiÓne caeléstí et grátia repleámur. Per eúndem Christum Dominum nostrum. Amen.

P: Meménto étiam, Domine, famulorum, famularumque tuarum **N.** et **N.** qui nos praecesserunt cum signo fidei, et dormiunt in somno pacis. Ipsis, Domine, et omnibus in Christo quiescentibus, locum refrigerii, lucis et pacis, ut indulgeas, deprecámur. Per eúndem Christum Dominum nostrum. Amen.

P: Nobis quoque peccatoribus famulis tuis, de multitudíne miseratiónum tuarum sperántibus, partem aliquam, et societatem donáre digneris: cum Joanne, Stéphano, Matthía, Barnaba, Ignátio, Alexandro, Marcellino, Petro, Felicitate, Perpétua, Ágatha, Lúcia, Agnéte, Cæcilia, Anastasia, et omnibus Sanctis tuis: intra quorum nos consortium, non aestimátor mériti, sed vénia, quaesumus, largítor admítte. Per Christum Dominum nostrum.

P: Per quem haec omnia, Domine, semper bona creas, sanctificas, vivificas, benedícis, et praestas nobis. Per ipsum, et cum ipso, et in ipso, est tibi Deo Patri omnipotenti, in unitate Spíritus Sancti, omnis honor, et glória.

(aloud, to conclude the Canon)

P: Per omnia saecula saeculorum.

(Stand at High Mass)

S: Amen.

P: Orémus. Praeceptis salutáribus mónití, et divína institutióne formátí, audemus dicere:

Pater noster, qui es in caelis: Sanctificétur nomen tuum: Advéniat regnum tuum: Fiat volúntas tua, sicut in caelo, et in terra. Panem nostrum quotidianum da nobis hodie: Et dimítte nobis debíta nostra, sicut et nos dimíttimus debítóribus nostris. Et ne nos indúcas in tentatióne:

S: Sed líbera nos a malo.

P: Amen

P: Líbera nos, quaesumus, Domine, ab omnibus malis, praeteritis, praesentibus, et futúris: et intercede beatae et gloriosae semper Virgine Dei Genitricis Mariae, cum beatis Apóstolis tuis Petro et Paulo, atque Andréa, et omnibus Sanctis, da propitius pacem in diébus nostris: da ope misericordiae tuae adjúti, et a peccato miser semper liberi et ab omni perturbatióne securi. Per eúndem Dominum nostrum Jesum Christum Filium tuum. Qui tecum vivit et regnat in unitate Spíritus Sancti, Deus, per omnia saecula saeculorum.

S: Amen.

P: Pax Domini sit semper vobiscum.

S: Et cum spíritu tuo.

(Kneel at High Mass)

P: Hæc commixtio, et consecratio Corporis et Sanguinis Domini nostri Jesu Christi fiat accipientibus nobis in vitam aeternam. Amen.

Agnus Dei, qui tollis peccata mundi: **(strike breast)** miserere nobis.

Agnus Dei, qui tollis peccata mundi: **(strike breast)** miserere nobis.

Agnus Dei, qui tollis peccata mundi: **(strike breast)** dona nobis pacem.

P: Domine Jesu Christe, qui dixisti Apóstolis tuis: Pacem relinquo vobis, pacem meam do vobis: ne respicias peccata mea, sed fidem Ecclesiae tuae: eamque secundum voluntatem tuam pacificare et coadunare digneris: Qui vivis et regnas Deus per omnia saecula saeculorum. Amen.

P: Domine Jesu Christe, Fili Dei vivi, qui ex voluntate Patris, cooperante Spíritu Sancto, per mortem tuam mundum vivificasti: libera me per hoc sacrosanctum Corpus et Sanguinem tuum ab omnibus iniquitatibus meis, et univérsis malis: et fac me tuis semper inhærere mandatis, et a te numquam separári permittas: Qui cum eodem Deo Patre et Spíritu Sancto vivis et regnas Deus in saecula saeculorum. Amen.

P: Percéptio Corporis tui, Domine Jesu Christe, quod ego indignus sumere praesumo, non mihi provéniat in judicium et prosed mihi ad tutamentum mentis et corporis, et ad medelam percipiendam: Qui vivis et regnas cum Deo Patre in unitate Spíritus Sancti, Deus, per omnia saecula saeculorum. Amen.

P: Panem caelestem accipiam, et nomen Domini invocabo.

Domine, non sum dignus 🕯️, ut intres sub tectum meum: sed tantum dic verbo, et sanabitur anima mea. Domine, non sum dignus 🕯️, ut intres sub tectum meum: sed tantum dic verbo, et sanabitur anima mea. Domine, non sum dignus 🕯️, ut intres sub tectum meum: sed tantum dic verbo, et sanabitur anima mea.

P: Corpus Domini nostri Jesu Christi custodiat animam meam in vitam aeternam. Amen.

P: Quid retribuam Domino pro omnibus quae retribuit mihi? Calicem salutáris accipiam, et nomen Domini invocabo. Laudans invocabo Dominum, et ab inimicis meis salvus ero.

P: Sanguis Domini nostri Jesu Christi custodiat animam meam in vitam aeternam. Amen.

P: Ecce Agnus Dei, ecce qui tollit peccata mundi.

S: Domine, non sum **(strike breast)** dignus, ut intres sub tectum meum: sed tantum dic verbo, et sanabitur anima mea.

S: Domine, non sum **(strike breast)** dignus, ut intres sub tectum meum: sed tantum dic verbo, et sanabitur anima mea.

S: Domine, non sum **(strike breast)** dignus, ut intres sub tectum meum: sed tantum dic verbo, et sanabitur anima mea.

AT THE COMMUNION RAIL

P: Corpus Domini nostri Jesu Christi custodiat animam meam in vitam aeternam. Amen.

P: Having communion with, and venerating first of all the memory of the glorious and ever Virgin Mary, Mother of our God and Lord Jesus Christ; and also of blessed Joseph, Spouse of the same Virgin, and of Thy blessed Apostles and Martyrs, Peter and Paul, Andrew, James, John, Thomas, James, Philip, Bartholomew, Matthew, Simon and Thaddeus; of Linus, Cletus, Clement, Sixtus, Cornelius, Cyprian, Lawrence, Chrysogonus, John and Paul, Cosmas and Damian, and all Thy Saints, by whose merits and prayers, grant that in all things we may be defended by the help of Thy protection. Through the same Christ, our Lord. Amen.

P: We therefore beseech Thee, O Lord, to graciously accept this oblation of our service, as also of Thy entire family; dispose our days in Thy peace, save us from eternal damnation, and command that we be numbered in the flock of Thine elect. Through Christ our Lord. Amen.

P: Which oblation, do Thou, O God, deign in all respects to make blessed, approved, ratified, reasonable and acceptable, so that it may become for us the Body and Blood of Thy most beloved Son, our Lord, Jesus Christ.

P: Who, the day before He suffered, took bread into His holy and venerable hands, and with His eyes raised to heaven, unto Thee, God, His almighty Father, giving thanks to Thee, He blessed it, broke it, and gave it to His disciples saying:

Take, all of you, and eat of this: FOR THIS IS MY BODY.

P: In like manner, after He had supped, taking also this excellent chalice into His holy and venerable hands, and giving thanks to Thee, He blessed it, and gave it to His disciples, saying:

Take, all of you, and drink of this: FOR THIS IS THE CHALICE OF MY BLOOD OF THE NEW AND ETERNAL TESTAMENT: THE MYSTERY OF FAITH: WHICH SHALL BE Poured

out for you and for many unto the remission of sins. As often as you shall do these things, you do them in memory of Me.

P: Wherefore, Lord, we, Thy servants, but also Thy holy people, mindful of the same Christ, Thy Son, our Lord, of His blessed passion, and of His resurrection from the grave, and of His glorious ascension into heaven, offer unto Thy most excellent majesty of Thine own gifts, bestowed upon us, a pure victim, a holy victim, an unspotted victim, the holy Bread of eternal life and the Chalice of everlasting salvation.

P: Deign to regard them with a gracious and serene countenance, and to accept them, as Thou didst deign to accept the gifts of Thy just servant Abel, and the sacrifice of Abraham our Patriarch, and that which Thy chief priest Melchisedech offered to Thee, a holy sacrifice, an unspotted victim.

P: Humbly we pray Thee, almighty God, command these offerings to be borne by the hands of Thy holy Angel to Thine altar on high, in the sight of Thy divine majesty, so that as many of us as shall, by partaking from this altar, consume the most holy Body and Blood of Thy Son, may be filled with every heavenly grace and blessing. Through the same Christ our Lord. Amen.

P: Be mindful also, O Lord, of Thy servants and handmaids **N.** and **N.** who have gone before us with the sign of faith and rest in the sleep of peace. To these, O Lord, and to all who rest in Christ, we plead that you grant a place of comfort, light, and peace. Through the same Christ our Lord. Amen.

P: To us sinners also, Thy servants, trusting in the multitude of Thy mercies, deign to grant some part and fellowship with Thy holy Apostles and Martyrs, with John, Stephen, Matthias, Barnabas, Ignatius, Alexander, Marcellinus, Peter, Felicitas, Perpetua, Agatha, Lucy, Agnes, Cecilia, Anastasia, and with all Thy Saints, into whose company, we beseech Thee, not as appraiser of merit but as bestower of pardon, to admit us. Through Christ our Lord.

P: Through Whom, O Lord, Thou always create, sanctify, quicken, bless and bestow upon us all good things. Through Him and with Him and in Him is to Thee, God the Father almighty, in the unity of the Holy Spirit, all honor and glory,

P: Forever and ever.

(Stand at High Mass)

S: Amen.

P: Let us pray: Admonished by Thy saving precepts, and following Thy divine institution, we dare to say: Our Father, Who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation.

S: But deliver us from evil.

P: Amen.

P: Deliver us, we beseech Thee, O Lord, from all evils, past, present, and to come; and by the intercession of the blessed and glorious ever-Virgin Mary, Mother of God, together with Thy blessed Apostles, Peter and Paul, and Andrew, and all the Saints, mercifully grant peace in our days, that sustained by the help of Thy mercy, we may be always free from sin and secure from all disturbance. Through the same Jesus Christ, Thy Son, our Lord, Who lives and reigns with Thee, in the unity of the Holy Spirit, God, forever and ever.

S: Amen.

P: The peace of the Lord be always with you.

S: And with your spirit.

(Kneel at High Mass)

P: May this mingling and consecration of the Body and Blood of our Lord Jesus Christ be to us who receive it effectual unto eternal life. Amen.

Lamb of God, **(Who takes away the sins of the world, (strike breast)** have mercy on us.

Lamb of God, **(Who takes away the sins of the world, (strike breast)** have mercy on us.

Lamb of God, **(Who takes away the sins of the world, (strike breast)** grant us peace.

P: O Lord Jesus Christ, Who said to Thine Apostles: Peace I leave you, My peace I give you; regard not my sins, but the faith of Thy Church, and deign to grant her peace and to unify her according to Thy will: Who lives and reigns God, forever and ever. Amen.

P: Lord Jesus Christ, Son of the living God, Who, by the will of the Father, with the cooperation of the Holy Spirit, hast by Thy death given life to the world; deliver me by this Thy most sacred Body and Blood, from all my sins and from all evils. Make me always cleave to Thy commandments, and never permit me to be separated from Thee, Who with the same God the Father and the Holy Spirit, lives and reigns, God, forever and ever. Amen.

P: Let not the partaking of Thy Body, O Lord Jesus Christ, which I, unworthy, presume to receive, turn to my judgment and condemnation; but through Thy kindness, may it benefit me, a safeguard both of mind and body, and a certain remedy. Who with God the Father, in the unity of the Holy Spirit, lives and reigns God, forever and ever. Amen.

P: I will take the Bread of heaven, and will call upon the name of the Lord.

Lord, I am not worthy that Thou should enter under my roof; but only say the word and my soul shall be healed.

Lord, I am not worthy that Thou should enter under my roof; but only say the word and my soul shall be healed.

Lord, I am not worthy that Thou should enter under my roof; but only say the word and my soul shall be healed.

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Lord, I am not worthy that Thou should enter under my roof; but only say the word and my soul shall be healed.

Lord, I am not worthy that Thou should enter under my roof; but only say the word and my soul shall be healed.

AT THE COMMUNION RAIL

P: May the Body of our Lord Jesus Christ preserve my soul unto everlasting life. Amen.

AT THE CENTER OF THE ALTAR

P: Quod ore súmpsimus, Dómine, pura mente capiámus: et de múnere temporáli fiat nobis remédium sempitérnium.

P: Corpus tuum, Dómine, quod sumpsi, et Sanguis, quem potávi, adhæreat viscéribus meis: et præsta; ut in me non remaneat scélerum mácula, neq̄ pura et sancta refecerunt sacraménta: Qui vivis et regnas in sæcula sæculórum, Amen.

AT THE RIGHT SIDE OF THE ALTAR

COMMUNION Psalms 19: 6

Lætábimur in salutári tuo: et in nómine Dómini, Dei nostri, magnificábimur.

AT THE CENTER OF THE ALTAR

(Stand at High Mass)

P: Dóminus vobíscum.

S: **Et cum spírítu tuo.**

AT THE RIGHT SIDE OF THE ALTAR

P: Orémus.

POSTCOMMUNION

Hujus nos, Dómine, percéptio sacraménti mundet a crimine: et ad cæléstia regna perdúcat. Per Dóminum nostrum Jesum Christum, Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum.

S: **Amen.**

P: Orémus.

POSTCOMMUNION

Próteget nos, Dómine, cum tui perceptióne sacraménti beátus Benedíctus Abbas, pro nobis intercedéndo: ut et conversatiónis ejus experiámur insígnia, et intercessiúnis percipiámus suffrágia. Per Dóminum nostrum Jesum Christum, Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum.

S: **Amen.**

P: Orémus.

PRAYER OVER THE PEOPLE

Humiliáte cápita vestra Deo. Miserére, Dómine, pópulo tuo: et continúis tribulatióibus laborántem, propítius respiráre concéde. Per Dóminum nostrum Jesum Christum, Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum.

S: **Amen.**

AT THE CENTER OF THE ALTAR

P: Dóminus vobíscum.

S: **Et cum spírítu tuo.**

P: Ite, Missa est.

S: **Deo grátias.**

(Kneel at High Mass)

P: Pláceat tibi, sancta Trínitas, obséq̄ium servitútis meæ: et præsta; ut sacrificium, quod óculis tuæ majestátis indígne obtuli, tibi sit acceptabile, mihíque et ómnibus pro quibus illud obtuli, sit, te miseránte, propitiábile. Per Christum Dóminum nostrum. Amen.

P: Benedícat vos omnípotens Deus, †Pater, et Fílius, et Spíritus Sanctus.

S: **Amen.**

AT THE LEFT SIDE OF THE ALTAR

(Stand)

P: Dóminus vobíscum.

S: **Et cum spírítu tuo.**

P: Inítium sancti Evangélii secúndum Joánnem.

S: **Glória tibi, Dómine.**

P: In principio erat Verbum, et Verbum erat apud Deum, et Deus erat Verbum. Hoc erat in principio apud Deum. Ómnia per ipsum facta sunt: et sine ipso factum est nihil, quod factum est: in ipso vita erat, et vita erat lux hóminum: et lux in ténebris lucet, et ténebræ eam non comprehendérunt. Fuit homo missus a Deo, cui nomen erat Joáannes. Hic venit in testimónium, ut testimónium perhiberet de lúmine, ut omnes crederent per illum. Non erat ille lux, sed ut testimónium perhiberet de lúmine. Erat lux vera, quæ illúminat omnem hóminem veniéntem in hunc mundum. In mundo erat, et mundus per ipsum factus est, et mundus eum non cognóvit. In própria venit, et sui eum non recepérunt. Quotquot autem recepérunt eum, dedit eis potestátem filios Dei fieri, his qui credunt in nómine ejus: qui non ex sanguínibus, neque ex voluntáte carnis, neque ex voluntáte viri, sed ex Deo nati sunt.

(Genuflect) ET VERBUM CARO

FACTUM EST

et habitávit in nobis: et vídimus glóriam ejus, glóriam quasi Unigéniti a Patre, plenum grátiae et veritátis.

S: Deo grátias.

[Leonine Prayers](#)

(optional after Low Mass)

AT THE CENTER OF THE ALTAR

P: Grant, O Lord, that what we have taken with our mouth, we may receive with a pure mind; and from a temporal gift may it become to us an eternal remedy.

P: May Thy Body, O Lord, which I have consumed, and Thy Blood which I have drunk, cling to my vitals; and grant that no wicked stain may remain in me, whom these pure and holy mysteries have refreshed. Who lives and reigns, forever and ever. Amen.

AT THE RIGHT SIDE OF THE ALTAR

May we shout for joy at Thy victory and raise the standards in the Name of the Lord our God.

AT THE CENTER OF THE ALTAR

(Stand at High Mass)

P: The Lord be with you.

S: And with your spirit.

AT THE RIGHT SIDE OF THE ALTAR

P: Let us pray.

POSTCOMMUNION

May the reception of this sacrament, O Lord, cleanse us from guilt and bring us to the kingdom of heaven. Through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever.

S: Amen.

P: Let us pray.

For St. Benedict

May the pleading of blessed Benedict the Abbot for us, as well as the reception of Thy Sacraments, protect us, O Lord, that we may both share in the glory of his works, and receive the help of his intercession. Through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever.

S: Amen.

P: Let us pray.

Bow your heads to God.

Have mercy on Thy people, O Lord, and graciously grant them relief from the unceasing tribulations which oppress them. Through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever.

S: Amen.

AT THE CENTER OF THE ALTAR

P: The Lord be with you.

S: And with your spirit.

P: Go, the Mass is ended.

S: Thanks be to God.

(Kneel at High Mass)

P: May the performance of my homage be pleasing to Thee, O holy Trinity: and grant that the sacrifice which I, though unworthy, have offered up in the sight of Thy majesty, may be acceptable unto Thee, and may, through Thy mercy, be a propitiation for myself and all those for whom I have offered it. Through Christ our Lord. Amen.

P: May almighty God bless you, †the Father, Son, and Holy Spirit.

S: Amen.

AT THE LEFT SIDE OF THE ALTAR

(Stand)

P: The Lord be with you.

S: And with your spirit.

P: The beginning of the holy Gospel according to John.

S: Glory be to Thee, O Lord.

P: In the beginning was the Word, and the Word was with God, and the Word was God. The same was in the beginning with God. All things were made by Him: and without Him was made nothing that was made. In Him was life, and the life was the light of men. And the light shineth in darkness, and the darkness did not comprehend it. There was a man sent from God, whose name was John. This man came for a witness, to give testimony of the light, that all men might believe through him. He was not that light, but was to give testimony of the light. That was the true light, which enlighteneth every man that cometh into this world. He was in the world, and the world was made by Him, and the world knew Him not. He came unto His own, and His own received Him not. But as many as received Him, He gave them power to be made the sons of God, to them that believe in His name. Who are born, not of blood, nor of the will of the flesh, nor of the will of man, but of God.

(Genuflect) AND THE WORD WAS

MADE FLESH,

and dwelt among us, (and we saw His glory, the glory as it were of the only begotten of the Father,) full of grace and truth.

S: Thanks be to God.