

02/23, TUESDAY AFTER THE SECOND SUNDAY IN LENT W/
COMMUNION OFST. PETER DAMIAN

Station at St. Balbina

There was no *collecta* on this day, perhaps because the Basilica of St. Balbina stood alone, far away on the Aventine, there being no other church in its vicinity from which the stational procession could set out.

The Mass recalls our needs and places them before God. In the final Benediction of the people, we pray that the divine mercy may favorably accept our supplications, and heal the diseases of our souls, so that having obtained the forgiveness of our sins, we may truly rejoice in the blessing of God.

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AT THE FOOT OF THE ALTAR
(Kneel)
P: †In nómine Patris, et Fílii, et Spíritus Sancti. Amen.
P: Introíbo ad altáre Dei.
S: Ad Deum qui lætíficat juventútem meam.

(Psalm 42)
P: Júdica me, Deus, et discérne causam meam de gente non sancta: ab hómine iníquo et dolóso éru me.

S: Quia tu es, Deus, fortitúdo mea: quare me repulísti, et quare tristis incédo, dum affligit me inimícus?

P: Emítte lucem tuam, et veritátem tuam: ipsa me deduxérunt, et adduxérunt in montem sanctum tuum, et in tabernácula tua.

S: Et introíbo ad altáre Dei: ad Deum qui lætíficat juventútem meam.

P: Confitébor tibi in cíthara, Deus, Deus meus: quare tristis es, ánima mea, et quare contúrbas me?
S: Spera in Deo, quóniam adhuc confitébor illi: salutáre vultus mei, et Deus meus.

P: Glória Patri, et Fílio, et Spíritui Sancto.
S: Sicut erat in princípío, et nunc, et semper: et in sæcula sæculórum. Amen.

P: Introíbo ad altáre Dei.
S: Ad Deum qui lætíficat juventútem meam.

P: †Adjutórium nostrum in nómine Dómini.
S: Qui fecit cælum et terram.

P: Confíteor Deo omnipoténti, beátæ Mariæ semper Vírgini, beáto Michaéli Archángelo, beáto Joánni Baptístæ, sanctis Apóstolis Petro et Paulo, ómnibus Sanctis, et vobis fratres: quia peccávi nimis cogitatíone, verbo, et ópere: mea culpa, mea culpa, mea máxima culpa. Ideo precor beátam Mariám semper Vírginem, beátum Michaélem Archángelum, beátum Joánnem Baptístam, sanctos Apóstolos Petrum et Paulum, omnes Sanctos, et vos fratres, oráre pro me ad Dóminum Deum nostrum.

S: Misereátur tui omnipotens Deus, et, dimíssis peccátis tuis, perdúcat te ad vitam ætérnam.
P: Amen.

S: Confíteor Deo omnipoténti, beátæ Mariæ semper Vírgini, beáto Michaéli Archángelo, beáto Joánni Baptístæ, sanctis Apóstolis Petro et Paulo, ómnibus Sanctis, et tibi pater: quia peccávi nimis cogitatíone, verbo, et ópere: **(strike breast 3 times)** mea culpa, mea culpa, mea máxima culpa. Ideo precor beátam Mariám semper Vírginem, beátum Michaélem Archángelum, beátum Joánnem Baptístam, sanctos Apóstolos Petrum et Paulum, omnes Sanctos, et te Pater, oráre pro me ad Dóminum Deum nostrum.
P: Misereátur vestri omnipotens Deus, et, dimíssis peccátis vestris, perdúcat vos ad vitam ætérnam.
S: Amen.
P: †Indulgéntiam, absolutíonem, et remissíonem peccatórum nostrórum, tríbuat nobis omnípotens et miséricors Dóminus.
S: Amen.

P: Deus, tu convérsus vivificábis nos.

S: Et plebs tua lætábitur in te.
P: Osténde nobis, Dómine, misericórdiam tuam.
S: Et salutáre tuum da nobis.
P: Dómine, exáudi oratíonem meam.
S: Et clamor meus ad te véniat.

P: Dóminus vobíscum.
S: Et cum spíritu tuo.
P: Orémus.

P: Aufer a nobis, quæsumus, Dómine, iniquitátes nostras: ut ad Sancta sanctorum puris mereámur méntibus introíre. Per Christum Dóminum nostrum. Amen.

AT THE CENTER OF THE ALTAR
P: Orámus te, Dómine, per mérita Sanctorum tuorum, quorum reliquiæ hic sunt et ónium Sanctorum: ut indulgére dignéris ómnia peccáta mea. Amen.

(Only at High Mass when incense is used)
P: *Ab illo benedicáris, in cuius honóre cremáberis.*

AT THE RIGHT SIDE OF THE ALTAR
INTROIT Psalms 26: 8-9
Tibi dixit cor meum, quæsívi vultum tuum, vultum tuum, Dómine, requíram: ne avértas fáciem tuam a me. (Ps. 26: 1) Dóminus illuminátio mea, et salus mea: quem timébo? Glória Patri et Fílio et Spíritui Sancto, sicut erat in princípío, et nunc, et semper, et in sæcula sæculórum. Amen. Tibi dixit cor meum, quæsívi vultum tuum. vultum tuum, Dómine, requíram: ne avértas fáciem tuam a me.

AT THE CENTER OF THE ALTAR
P: Kýrie, eléison.
S: Kýrie, eléison.
P: Kýrie, eléison.
S: **Christe, eléison.**
P: Christe, eléison.
S: **Christe, eléison.**
P: Kýrie, eléison.
S: Kýrie, eléison.
P: Kýrie, eléison.
(Stand at High Mass)

P: Dóminus vobíscum.
S: **Et cum spíritu tuo.**

AT THE RIGHT SIDE OF THE ALTAR
P: Orémus.

COLLECT
Pérfice, quæsumus, Dómine, benignus in nobis observántiæ sanctæ subsidium: ut, quæ te auctóre faciéndam cognóvimus, te operánte impleámus. Per Dóminum nostrum Jesum Christum, Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum.

S: **Amen.**
P: Orémus.

COLLECT
Concéde nos, quæsumus, omnípotens Deus: beáti Petri Confessóris tui atque Pontíficis mónita et exémpla sectári; ut per terréstrium rerum contéptum ætérna gáudia consequámur. Per Dóminum nostrum, Jesum Christum, Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum.

S: **Amen.**

(Sit)
LESSON 3 Kings 17: 8-16
In diébus illis: Factus est sermo Dómini ad Elíam Thesbíten, dicens: Surge et vade in Sarephta Sidoniórum, et manébis ibi: præcépi enim ibi mulieri víduæ, ut pascat te. Surréxit et ábiit in Saréptha. Cumque venísset ad portam civitátis, appáruit ei múlter vídua còlligens ligna, et vocávit eam, dixítque ei: Da mihi páululum aquæ in vase, ut bibam. Cumque illa pérgeret, ut afférret, clamávit post tergerum ejus, dicens: Affér mihi, óbsecro, et buccellam panis in manu tua. Quæ respóndit: Vivit Dóminus, Deus tuus, quia non hábeo panem, nisi quantum pugíllus cápere potest farinæ in hýdria, et páululum ólei in lécytho: en, collige duo ligna, ut ingrédia, et fáciam illum mihi et filio meo, ut comedámus et moriámur. Ad quam Elías ait: Noli timére, sed vade, et fac, sicut dixísti: verúmtamen mihi primum, sicut déxisti farínula subcinerícium panem párvulum, et affer ad me: tibi autem et filio tuo fácies póstea. Hæc autem dicit Dóminus, Deus Israéli: Hýdria farinæ non deficiet, nec lécythus ólei minuétur, usque ad diem, in qua Dóminus datúrus est plúviam super fáciem terræ. Quæ ábiit, et fecit juxta verbum Elíæ: et comédit ipse et illa et domus ejus: et ex illa dié hýdria farinæ non defécit, et lécythus ólei non est imminútus, juxta verbum Dómini, quod locútus fúerat in manu Elíæ.

S: Deo gratias.

GRADUAL Psalms 54: 23, 17-19
Jacta cogitátum tuum in Dómino, et ipse te enútriet. Dum clamárem ad Dóminum, exaudivít vocem meam ab his, qui appropínquant mihi.

AT THE CENTER OF THE ALTAR
(Only at High Mass when incense is used)
P: *Ab illo benedicáris, in cuius honóre cremáberis.*

P: Munda cor meum ac lábia mea, omnipotens Deus, qui lábia Isaíæ Prophétæ cálculo mundásti igníto: ita me tua grata miseratíone dignáre mundáre, ut sanctum Evangélium tuum digne váleam nuntiáre. Per Christum Dóminum nostrum. Amen.
P: Jube, Dómine, benedicere. Dóminus sít in corde meo, et in lábiis meis: ut digne et competénter annúntiem Evangélium suum. Amen.

AT THE LEFT SIDE OF THE ALTAR
(Stand)
P: Dóminus vobíscum.
S: **Et cum spíritu tuo.**
P: Sequentia sancti Evangélii secundum Matthæum.
S: **Glória tibi, Dómine.**

AT THE FOOT OF THE ALTAR
(Kneel)
P: †In the Name of the Father, and of the Son, and of the Holy Spirit. Amen.
P: I will go unto the altar of God.
S: To God, Who gives joy to my youth.

(Psalm 42)
P: Judge me, O God, and distinguish my cause from the unholy nation, deliver me from the unjust and deceitful man.

S: For Thou, O God, art my strength, why hast Thou cast me off? And why do I go about in sadness, while the enemy afflicts me?

P: Send forth Thy light and Thy truth: they have conducted me and brought me unto Thy holy mount, and into Thy tabernacles.

S: And I will go unto the altar of God: to God, Who gives joy to my youth.

P: I shall praise Thee upon the harp, O God, my God. Why are you sad, O my soul, and why do you disquiet me?
S: Hope in God, for I will still praise Him, the salvation of my countenance, and my God.

P: Glory be to the Father, and to the Son, and to the Holy Spirit.
S: As it was in the beginning, is now, and ever shall be, world without end. Amen.

P: I will go unto the altar of God.
S: To God, Who gives joy to my youth.

P: †Our help is in the name of the Lord.
S: Who made heaven and earth.

P: I confess to almighty God, to blessed Mary ever Virgin, to blessed Michael the Archangel, to blessed John the Baptist, to the holy Apostles Peter and Paul, to all the Saints, and to you, brethren, that I have sinned exceedingly in thought, word, and deed: through my fault, through my fault, through my most grievous fault. Therefore I pray blessed Mary ever Virgin, blessed Michael the Archangel, blessed John the Baptist, the holy Apostles Peter and Paul, all the Saints, and you, brethren, to pray for me to the Lord our God.
S: May almighty God have mercy on you, forgive you your sins, and bring you to life everlasting.
P: Amen.

S: I confess to almighty God, to blessed Mary ever Virgin, to blessed Michael the Archangel, to blessed John the Baptist, to the holy Apostles Peter and Paul, to all the Saints, and to you father: that I have sinned exceedingly in thought, word, and deed: **(strike breast 3 times)** through my fault, through my fault, through my most grievous fault. Therefore I pray blessed Mary ever Virgin, blessed Michael the Archangel, blessed John the Baptist, the holy Apostles Peter and Paul, all the Saints, and you, Father, to pray for me to the Lord our God.
P: May almighty God have mercy on you, forgive you your sins, and bring you to life everlasting.
S: Amen.
P: †May the almighty and merciful Lord grant us pardon, absolution, and remission of our sins.

S: Amen.

P: Thou wilt turn again, O God, and quicken us.

S: And Thy people will rejoice in Thee.
P: Show us, O Lord, Thy mercy.

S: And grant us Thy salvation.
P: O Lord, hear my prayer.
S: And let my cry come unto Thee.

P: The Lord be with you.
S: And with your spirit.
P: Let us pray.

P: Take away from us our iniquities, we beseech Thee, O Lord; that with pure minds we may be made worthy to enter into the Holy of Holies. Through Christ our Lord. Amen.

AT THE CENTER OF THE ALTAR
P: We pray Thee, O Lord, by the merits of Thy Saints whose relics are here, and of all the Saints: that Thou would deign to pardon me all my sins. Amen.

(Only at High Mass when incense is used)
P: *Be blessed by Him in Whose honor you will be burnt.*

AT THE RIGHT SIDE OF THE ALTAR
To Thee my heart speaks; Thou my glance seeks; Thy presence, O Lord, I seek. Hide not Thy face from me. (Ps. 26: 1) The Lord is my light and my salvation; whom should I fear? Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen. To Thee my heart speaks; Thou my glance seeks; Thy presence, O Lord, I seek. Hide not Thy face from me.

AT THE CENTER OF THE ALTAR
P: Lord, have mercy.
S: Lord, have mercy.
P: Lord, have mercy.
S: Christ, have mercy.
P: Christ, have mercy.
S: Christ, have mercy.
P: Lord, have mercy.
S: Lord, have mercy.
P: Lord, have mercy.
(Stand at High Mass)

P: The Lord be with you.
S: And with your Spirit.

AT THE RIGHT SIDE OF THE ALTAR
P: Let us pray.

Mercifully help us, O Lord, to fulfill this holy observance, that by Thy grace we may carry out those things which we have learned, on Thy word, must be done. Through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever.

S: Amen.
P: Let us pray.

For St. Peter Damian
Grant us, we beseech Thee almighty God, to follow the admonitions and examples of blessed Peter, Thy Confessor and Bishop, that by contempt of the things of earth we may attain to everlasting joys. Through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever.

S: Amen.

(Sit)
In those days, the word of the Lord came to Elias the Thesbite, saying: Arise, and go to Sarepta of the Sidonians, and dwell there: for I have commanded a widow woman there to feed you. He arose, and went to Sarepta. And when he was come to the gate of the city, he saw the widow woman gathering sticks, and he called her, and said to her: Give me a little water in a vessel, that I may drink. And when she was going to fetch it, he called after her, saying, Bring me also, I beseech you, a morsel of bread in your hand. And she answered: As the Lord your God lives, I have no bread, but only a handful of meal in a pot, and a little oil in a cruse. Behold I am gathering two sticks, that I may go in and dress it for me and my son, that we may eat it, and die. And Elias said to her: Fear not, but go and do as you have said; but first make for me of the same meal a little hearth-cake, and bring it to me; and after make for yourself and your son. For thus says the Lord the God of Israel: The pot of meal shall not waste, nor the cruse of oil be diminished, until the day wherein the Lord will give rain upon the face of the earth. She went, and did according to the word of Elias; and he ate, and she, and her house; and from that day the pot of meal wasted not, and the cruse of oil was not diminished, according to the word of the Lord, which He spoke in the hand of Elias.

S: Thanks be to God.

Cast your care upon the Lord, and He will support you. When I called upon the Lord, He heard my voice from those who war against me.

AT THE CENTER OF THE ALTAR
(Only at High Mass when incense is used)
P: *Be blessed by Him in Whose honor you will be burnt.*

P: Cleanse my heart and my lips, O almighty God, Who cleansed the lips of the Prophet Isaiah with a burning coal. In Thy gracious mercy, deign so to purify me, that I may worthily proclaim Thy holy Gospel. Through Christ our Lord. Amen.

P: Pray, Lord, a blessing. The Lord be in my heart and on my lips that I may worthily and fittingly proclaim His Gospel. Amen.

AT THE LEFT SIDE OF THE ALTAR
(Stand)
P: The Lord be with you.
S: And with your spirit.
P: The continuation of the holy Gospel according to Matthew.
S: Glory to Thee, O Lord.

<div><p>GOSPEL Matthew 23: 1-12</p><p>In illo tēpore: Locūtus est Jesus ad turbas et ad discipulos suos, dicens: Super cāthedram Moysi sedērunt scribæ et pharisæi. Omnia ergo, quæcūmq; dixerint vobis, servāte et fācite: secūndum ōpera vero eōrum nolite fācere: dicunt enim, et non faciunt. Ālligant enim ōnera grāvia et importabilia, et impōnunt in hūmeros hōminum: dīgito autem suo nolunt ea movēre. Omnia vero ōpera sua faciūt, ut videātur ab homīnibus: dilātant enim phylactēria sua, et magnificant fimbrias. Amant autem primos recūbitus in cenis, et primas cāthedras in synagōgis, et salutatiōnes in foro, et vocārī ab homīnibus Rabbi. Vos autem nolite vocārī Rabbi: unus est enim Magīster vester, omnes autem vos fratres estis. Et patrem nolite vocāre vobis super terram, unus est enim Pater vester, qui in cælis est. Nec vocēmini magistri: quia Magīster vester unus est, Christus. Qui major est vestrum, erit minīster vester. Qui autem se exaltāverit, humiliābitur: et qui se humiliāverit, exaltābitur.</p></div>	<p>At that time, Jesus spoke to the crowds and to His disciples, saying, The Scribes and the Pharisees have sat on the chair of Moses. All things, therefore, that they command you, observe and do. But do not act according to their works; for they talk but do nothing. And they bind together heavy and oppressive burdens, and lay them on men's shoulders; but not with one finger of their own do they choose to move them. In fact, all their works they do in order to be seen by men; for they widen their phylacteries, and enlarge their tassels, and love the first places at suppers and the front seats in the synagogues, and greetings in the market place, and to be called by men: Rabbi. But do not you be called: Rabbi; for one is your Master, and all you are brothers. And call no one on earth your father; for one is your Father, Who is in heaven. Neither be called masters; for one only is your Master, the Christ. He who is greatest among you shall be your servant. And whoever exalts himself shall be humbled, and whoever humbles himself shall be exalted.</p>
<p>S: Laus tibi, Christe. P: Per evangēlica dicta deleāntur nostra delicta.</p>	<p>S: Praise to Thee, O Christ. P: May our offenses be erased by the words of the Gospel.</p>
<p>AT THE CENTER OF THE ALTAR</p> <p>P: Dōminus vobiscum. S: Et cum spīritu tuo. P: Orēmus.</p> <p>(Sit)</p>	<p>AT THE CENTER OF THE ALTAR</p> <p>P: The Lord be with you. S: And with your spirit. P: Let us pray.</p> <p>(Sit)</p>
<p>OFFERTORY Psalms 50: 3</p> <p>Miserēre mei, Dōmine, secūndum magnam misericōrdiam tuam: dele, Dōmine, iniquitātem meam.</p> <p>P: Sūscipe, sancte Pater, omnīpotens ætérne Deus, hanc immaculātam hōstiam, quam ego indignus fāmulus tuus offēro tibi, Deo meo vivo et vero, pro innumerabilibus peccātis, et offēnsiōnibus, et negligētiis meis, et pro ōmnibus circumstāntibus, sed et pro ōmnibus fidēlibus christiānis vivis atque defūctis: ut mihi, et illis proficiat ad salutē in vitam ætērnā. Amen.</p>	<p>Have mercy on me, O Lord, in the greatness of Thy compassion; O Lord, wipe out my offense.</p> <p>P: Receive, O Holy Father, almighty and eternal God, this spotless host, which I, Thine unworthy servant, offer unto Thee, my living and true God, for my innumerable sins, offenses, and negligences, and for all here present; and also for all faithful Christians both living and dead, that it may profit me and them for salvation unto life everlasting. Amen.</p>
<p>AT THE RIGHT SIDE OF THE ALTAR</p> <p>P: Deus, qui humānæ substantiæ dignitatē mirabiliter condidisti, et mirabilius reformāsti: da nobis per hujus aquæ et vini mystērium, ejus divinitatis esse consōrtes, qui humanitatis nostræ fieri dignātus est pārticeps, Jesus Christus Fīlius tuus Dōminus noster: Qui tecum vivit et regnat in unitāte Spīritus Sancti, Deus: per ōmnia sǣcula sǣculōrum. Amen.</p>	<p>AT THE RIGHT SIDE OF THE ALTAR</p> <p>P: O God, Who wonderfully formed the dignity of human nature, and more wonderfully restored it, grant us through the mystery of this water and wine, to be made participants of His divinity, Who condescended to become a partaker of our humanity, Jesus Christ, Thy Son, our Lord, Who with Thee, lives and reigns in the unity of the Holy Spirit, God, forever and ever. Amen.</p>
<p>AT THE CENTER OF THE ALTAR</p> <p>P: Offērimus tibi, Dōmine, cālicem salutāris tuam deprecāntes clemēntiam: ut in conspēctu divīnæ majestātis tuæ, pro nostra, et totius mundi salutē cum odōre suavitātis ascēdat. Amen. In spīritu humilitātis, et in ānimo contrīto suscipiāmur a te, Dōmine, et sic fiat sacrificium nostrum in conspēctu tuo hōdie, ut placēat tibi, Dōmine Deus. Veni, sanctificātor omnīpotens ætérne Deus: et bēdic hoc sacrificium, tuo sancto nōmini pręparātum.</p> <p><i>(Only at High Mass when incense is used)</i></p> <p>P: <i>Per intercessiōnem beāti Michælis Archāngeli, stantis a dextris altāris incēnsi, et ōmnium electōrum suōrum, incēnsium istud dignētur Dōminus benedicere, et in odōrem suavitātis accipere. Per Christum Dōminum nostrum. Amen.</i></p> <p>P: <i>Incēnsium istud a te benedictum, ascēdat ad te, Dōmine, et descēdat super nos misericōrdia tua.</i></p> <p>P: <i>Dirigātur, Dōmine, orātiō mea, sicut incēnsium, in conspēctu tuo: elevātiō mānuum meārum sacrificium vespertinum. Pone, Dōmine, custōdiam ori meo, et ōstium circumstāntiæ labiis meis: ut non declīnet cor meum in verba malitiæ, ad excusādas excusatiōnes in peccātis.</i></p> <p>P: <i>Accēdat in nobis Dōminus ignem sui amoris, et flamma ætērnæ caritātis. Amen.</i></p>	<p>AT THE CENTER OF THE ALTAR</p> <p>P: We offer Thee, O Lord, the chalice of salvation, pleading Thy clemency, that it may ascend in the sight of Thy divine majesty, with a sweet fragrance, for our salvation and for that of the whole world. Amen. In a humble spirit and a contrite heart may we be received by Thee, O Lord, and let our sacrifice be so made in Thy sight this day that it may please Thee, O Lord God. Come, O sanctifier, almighty and eternal God, and bless this sacrifice prepared for Thy holy name.</p> <p><i>(Only at High Mass when incense is used)</i></p> <p>P: <i>By the intercession of blessed Michael the Archangel, who stands at the right hand of the altar of incense, and of all His elect, may the Lord deign to bless this incense, and to receive it as a sweet fragrance, through Christ our Lord.</i></p> <p>P: <i>May this incense, blessed by Thee, ascend to Thee, O Lord, and may Thy mercy descend upon us.</i></p> <p>P: <i>Let my prayer be directed, O Lord, as incense in Thy sight, the lifting up of my hands as an evening sacrifice. Set a watch, O Lord, before my mouth: and a door round about my lips: that my heart may not incline to evil words: to make excuses in sins.</i></p> <p>P: <i>May the Lord enkindle in us the fire of His love and the flame of everlasting charity. Amen.</i></p>
<p>AT THE RIGHT SIDE OF THE ALTAR</p> <p>P: Lavābo inter innocētes manus meas: et circumdābo altāre tuum, Dōmine: Ut āudiam vocem laudis, et enārrem univērsa mirabilia tua. Dōmine, dilēxi decōrem domus tuæ, et locum habitatiōnis glōriæ tuæ. Ne perdas cum impiis, Deus, ānimam meam, et cum viris sāguinum vitam meam: In quorum mānibus iniquitātes sunt: dēxtera eōrum replēta est munēribus. Ego autem in innocēntia mea ingrēssus sum: rēdime me, et miserere mei. Pes meus stetit in dirēcto: in ecclēsiis benedicam te, Dōmine. Glōria Patri, et Filio, et Spīritui Sancto. Sicut erat in princīpio, et nunc, et semper: et in sǣcula sǣculōrum. Amen.</p>	<p>AT THE RIGHT SIDE OF THE ALTAR</p> <p>P: I will wash my hands among the innocent, and I will compass Thine altar, O Lord, that I may hear the voice of praise: and tell of all Thy wondrous deeds. I have loved, O Lord, the beauty of Thy house and the place where Thy glory dwelleth. Destroy not my soul, O God, with the wicked, nor my life with men of blood. In whose hands are iniquities, their right hand is full with gifts. But I have walked in my innocence: redeem me, and have mercy on me. My foot has stood on the right path; in the churches I will bless Thee, O Lord. Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.</p>
<p>AT THE CENTER OF THE ALTAR</p> <p>P: Sūscipe, sancta Trīnitas, hanc oblatiōnem, quam tibi offērimus ob memōriam passiōnis, resurrectiōnis, et ascensiōnis Jesu Christi Dōmini nostri: et in honōrem beatæ Mariæ semper Virginis, et beāti Joānnis Baptistæ, et sanctōrum Apostolōrum Petri et Pauli, et istōrum, et ōmnium Sanctōrum: ut illis proficiat ad honōrem, nobis autem ad salutē: et illi pro nobis intercēdere dignētur in cælis, quorum memōriam āgimus in terris. Per eūndem Christum Dōminum nostrum. Amen.</p> <p>P: Orāte fratres: ut meum ac vestrum sacrificium acceptābile fiat apud Deum Patrem omnīpotentem.</p> <p>S: Sūscipiat Dōminus sacrificium de mōnibus sui, ad utilitatē quoque nostram, totiūsque Ecclēsiæ suæ sanctæ.</p> <p>P: Amen.</p>	<p>AT THE CENTER OF THE ALTAR</p> <p>P: Receive, O holy Trinity, this oblation which we offer to Thee in remembrance of the Passion, Resurrection, and Ascension of Our Lord Jesus Christ, and in honor of blessed Mary, ever Virgin, blessed John the Baptist, the holy Apostles Peter and Paul, and of these and of all the Saints; that it may avail unto their honor and our salvation, and may they deign to intercede in heaven for us who honor their memory here on earth. Through the same Christ, our Lord. Amen.</p> <p>P: Pray brethren, that my sacrifice and yours may be acceptable to God the Father almighty.</p> <p>S: May the Lord receive the sacrifice from your hands, to the praise and glory of His name, to our benefit, and that of all His holy Church.</p> <p>P: Amen.</p>
<p>SECRET (silently)</p> <p>Sanctificatiōnem tuam nobis, Dōmine, his mystēris operāre placātus: quæ nos et a terrēnis purget vitiis, et ad cælēstia dona perdūcat. Per Dōminum nostrum Jesum Christum, Fīlium tuum, qui tecum vivit et regnat in unitāte Spīritus Sancti, Deus, per ōmnia sǣcula sǣculōrum.</p>	<p>Through this sacrament, O Lord, graciously perform Thy holy work, that it may cleanse us of earthly vices and bring us to heavenly rewards. Through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever.</p>
<p>SECRET (silently)</p> <p>Sancti Petri Pontificis tui atque Doctōris nobis, Dōmine, pia non desit orātiō, quæ et mūnera nostra concīliet; et tuam nobis indulgēntiam semper obtīneat. Per Dōminum nostrum Jesum Christum, Fīlium tuum, qui tecum vivit et regnat in unitāte Spīritus Sancti, Deus,</p>	<p><i>For St. Peter Damian</i></p> <p>May the holy prayer of St. Peter, Thy Bishop and Doctor, fail us not, O Lord: may it render our offerings acceptable, and ever obtain for us Thy pardon. Through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God,</p>
<p><i>(aloud, to conclude the Secret Prayer)</i></p> <p>P: ...forever and ever.</p> <p>(Stand at High Mass)</p> <p>S: Amen. P: Dōminus vobiscum. S: Et cum spīritu tuo. P: Sursum corda. S: Habēmus ad Dōminum. P: Grātias agāmus Dōmino Deo nostro. S: Dignum et iustum est.</p>	<p>P: ...forever and ever.</p> <p>(Stand at High Mass)</p> <p>S: Amen. P: The Lord be with you. S: And with your spirit. P: Lift up your hearts. S: We have lifted them up to the Lord. P: Let us give thanks to the Lord our God. S: It is fitting and just.</p>
<p>PREFACE OF LENT</p> <p>Vere dignum et iustum est, æquum et salutāre, nos tibi semper et ubiq; gratias āgere: Dōmine sancte, Pater omnīpotens, ætérne Deus: Qui corporālī jejūnio vītia cōprimis, mentē elevas, virtutē largiris et prǣmia: per Christum Dōminum nostrum. Per quem majestātem tuam laudant Āngeli, adōrant Dominatiōnes, tremunt Potestātes. Cæli cælōrumque Virtūtes ac beāta Sēraphim sōcia exultatiōne concēlebrant. Cum quibū et nostras voces ut admitti jūbeas, deprecāmur, supplicī confessiōne dicētes:</p> <p>(Kneel)</p> <p>P: Sanctus ☩, Sanctus ☩, Sanctus ☩, Dōminus Deus Sābaoth. Pleni sunt cæli et terra glōria tua. Hosānna in excelsis. †Benedictus qui venit in nōmine Dōmini. Hosānna in excelsis.</p> <p>THE ROMAN CANON (silently)</p> <p>P: Te igitur, clementissime Pater, per Jesum Christum Fīlium tuum, Dōminum nostrum, supplices rogāmus, ac pētimus uti accēpta hābeas, et benedicas, hęc dona, hęc mūnera, hęc sancta sacrificia illibāta, in primis, quæ tibi offerimus pro Ecclēsia tua sancta cathōlica: quam pacificāre, custodire, adunāre, et rēgere dignēris toto orbe terrārum: una cum fāmulo tuo Papa nostro N., et Antīstite nostro N., et ōmnibus orthodoxis, atque cathōlicæ et apostōlicæ fidei cultōribus.</p> <p>P: Memēnto, Dōmine, famulōrum, famulārūmq; tuārūm N., et N., et ōmnium circumstāntium, quorum tibi fides cōgnita est, et nota devōtio, pro quibus tibi offerimus: vel qui tibi offerunt hoc sacrificium laudis, pro se, suisque ōnibus, pro redemptione animārum tuarūm, pro spe salutis et incolumitātis suæ: tibique reddunt vota sua ætérno Deo, vivo et vero.</p> <p>P: Communicāntes, et memōriam venerāntes, in primis gloriōsæ semper Virginis Mariæ, Genitricis Dei et Dōmini nostri Jesu Christi: sed et beāti Iosephi, ejūsdem Virginis Sponsi, et beatōrum Apostolōrum ac Mātyrum tuōrum, Petri et Pauli, Andrēæ, Jacōbi, Joānnis, Thomæ, Jacōbi, Philippi, Bartholomæi, Matthæi, Simōnis, et Thaddæi: Lini, Cleti, Clemētis, Xysti, Cornēlii, Cypriāni, Laurēntii, Chrysōgoni, Joānnis et Pauli, Cosmæ et Damiāni, et ōmnium Sanctōrum tuōrum; quorum mēritis precibūsq; concēdas, ut in ōmnibus protectiōnis tuæ muniāmur auxilio. Per eūndem Christum Dōminum nostrum. Amen.</p> <p>P: ☩ Hanc igitur oblatiōnem servitūtis nostræ, sed et cunctæ familiæ tuæ, quæsumus, Dōmine, ut placātus accipias: diēsque nostros in tua pace dispōnas, atque ab ætērna damnatiōne nos ēripi, et in electōrum tuōrum jūbeas grege numerārī. Per Christum Dōminum nostrum. Amen.</p>	<p>It is truly fitting and just, proper and beneficial, that we should always and everywhere, give thanks unto Thee, holy Lord, Father almighty, everlasting God. Who by this bodily fast, dost curb our vices, dost lift up our minds and bestow on us strength and rewards; through Christ our Lord. Through Whom the Angels praise Thy majesty, the Dominations adore, the Powers tremble: the heavens and the hosts of heaven, and the blessed Sēraphim, together celebrate in exultation. With whom, we pray Thee, command that our voices of supplication also be admitted in confessing Thee saying:</p> <p>(Kneel)</p> <p>P: Holy, holy, holy, Lord God of Hosts! Heaven and earth are filled with Thy glory. Hosanna in the highest! †Blessed is He Who comes in the name of the Lord. Hosanna in the highest!</p> <p>THE ROMAN CANON</p> <p>P: Therefore, most merciful Father, we humbly pray and entreat Thee, through Jesus Christ, Thy Son, Our Lord, that Thou would accept and bless these gifts, these offerings, these holy and spotless sacrifices, which, in the first place, we offer Thee for Thy holy Catholic Church: deign to pacify, to guard, to unite, and to govern her throughout the world, together with Thy servant N., our Pope, and N., our Bishop; and all orthodox believers of the Catholic and apostolic faith.</p> <p>P: Be mindful, O Lord, of Thy servants and handmaids N. and N., and of all here present, whose faith and devotion are known unto Thee, for whom we offer, or who offer to Thee, this sacrifice of praise for themselves, and for all their own, for the redemption of their souls, for their hope of salvation and safety; and who pay their vows to Thee, the everlasting, living, and true God.</p> <p>P: Having communion with, and venerating first of all the memory of the glorious and ever Virgin Mary, Mother of our God and Lord Jesus Christ; and also of blessed Joseph, Spouse of the same Virgin, and of Thy blessed Apostles and Martyrs, Peter and Paul, Andrew, James, John, Thomas, James, Philip, Bartholomew, Matthew, Simon and Thaddeus; of Linus, Cletus, Clement, Sixtus, Cornelius, Cyprian, Lawrence, Chrysogonus, John and Paul, Cosmas and Damian, and all Thy Saints, by whose merits and prayers, grant that in all things we may be defended by the help of Thy protection. Through the same Christ, our Lord. Amen.</p> <p>P: We therefore beseech Thee, O Lord, to graciously accept this oblation of our service, as also of Thy entire family; dispose our days in Thy peace, save us from eternal damnation, and command that we be numbered in the flock of Thine elect. Through Christ our Lord. Amen.</p>

P: Quam oblatiōnem tu, Deus, in
ōmnibus, quāsumus, benedīctam,
adscīptam, ratam, ratiōnābilem,
acceptābilēque facere dignēris: ut
nobis Corpus, et Sanguis fiat
dilectīssimi Filii tui Dōmini nostri Jesu
Christi.

P: Qui pridie quam paterētur, accepit
panem in sanctas, ac venerābiles
manus suas, et elevātis oculis in
cælum ad te Deum Patrem suum
omnipotētem, tibi grāτίας agens,
benedixit, fregit, dedītque discipulis
suis, dicens:
Accipite, et manducāte ex hoc omnes,
HOC EST ENIM CORPUS MEUM.



P: Sīmili modo postquam cænātum
est, accipiens et hunc præclārum
Cālicem in sanctas ac venerābiles
manus suas: item tibi grāτίας agens,
benedixit, dedītque discipulis suis,
dicens:
Accipite, et bibite ex eo omnes,
HIC EST ENIM CALIX SANGUINIS
MEI, NOVI ET AETERNI
TESTAMENTI: MYSTERIUM FIDEI:
QUI PRO VOBIS ET PRO MULTIS
EFFUNDĒTUR IN REMISSIŌNEM
PECCATORUM.
Hæc quotiescūmque feceritis, in mei
memōriam faciētis.



P: Unde et mēmore, Dōmine, nos
servi tui, sed et plebs tua sancta,
ejūsdem Christi Filii tui Dōmini nostri
tam beatæ passiōnis, nec non et ab
inferis resurrectiōnis, sed et in cælos
gloriosæ ascensiōnis: offerimus
præclāræ majestāti tuæ de tuis donis,
ac datis, hōstiam puram, hōstiam
sanctam, hōstiam immaculātā,
Panem sanctum vitæ æternæ, et
Cālicem salutis perpētua.

P: Supra quæ propitio ac serēno vultu
respicere dignēris; et accepta habere,
sicuti accēpta habere dignātus es
mūnera pūeri tui justi Abel, et
sacrificiū Patriārchæ nostri Ābrahæ:
et quod tibi obtulit summus sacerdos
tuus Melchisedech, sanctum
sacrificiū, immaculātā hōstiam.

P: Sūpplices te rogāmus, omnīpotens
Deus: jube hæc perfēri per manus
sancti Āngeli tui in sublime altāre tuum,
in conspēctu divinæ majestātis tuæ: ut
quotquot, ex hac altāris participatiōne
sacrosānctum Filii tui, Corpus, et
Sanguinem sumpsērimus, omni
benedictiōne cælesti et grātia
repleāmur. Per eūndem Christum
Dōminum nostrum. Amen.

P: Memēnto etiā, Dōmine,
famulōrum, famularūque tuarum **N.**
et **N.** qui nos præcesserunt cum signo
fidei, et dormiunt in somno pacis. Ipsis,
Dōmine, et ōmnibus in Christo
quiescentibus, locum refrigerii, lucis et
pacis, ut indulgeas, deprecāmur. Per
eūndem Christum Dōminum nostrum.
Amen.

P: Nobis quoque peccatōribus famulis
tuis, de multitudine miseratiōnum
tuārum sperantibus, partem aliquā, et
societatem donāre dignēris, cum tuis
sanctis Apōstolis et Martýribus: cum
Joānne, Stéphanō, Matthía, Bárnaba,
Ignátio, Alexándro, Marcellino, Petro,
Felicitate, Perpétua, Ágatha, Lúcia,
Agnéte, Cæcília, Anastásia, et
ōmnibus Sanctis tuis: intra quorum nos
consórtium, non æstimátor mériti, sed
veníæ, quāsumus, largitor admitte.
Per Christum Dōminum nostrum.

P: Per quem hæc ōmnia, Dōmine,
semper bona creas, sanctificas,
vivificas, benedícis, et præstas nobis.
Per ipsum, et cum ipso, et in ipso, est
tibi Deo Patri omnipotēti, in unitate
Spíritus Sancti, omnis honor, et glória.

(aloud, to conclude the Canon)
P: Per ōmnia sæcula sæculōrum.

(Stand at High Mass)
S: Amen.

P: Orémus. Præcéptis salutāribus
mōniti, et divinā institutiōne formāti,
audēmus dicere:
Pater noster, qui es in cælis:
Sanctificetur nomen tuum: Advēniat
regnum tuum: Fiat volūntas tua, sicut
in cælo, et in terra. Panem nostrum
quotidiānum da nobis hōdie: Et dimitte
nobis debita nostra, sicut et nos
dimittimus debitoribus nostris. Et ne
nos inducas in tentatiōnem:
S: Sed libera nos a malo.
P: Amen

P: Libera nos, quāsumus, Dōmine, ab
ōmnibus malis, præteritis, et
præsentibus, et futūris: et intercedēte
beatā et gloriōsa semper Virgine Dei
Genitrice Mariā, cum beātis Apōstolis
tuis Petro et Paulo, atque Andréa, et
ōmnibus Sanctis tuis: da propitiū pacem
in diēbus nostris: ut ope misericiordiæ
tuæ adjūti, et a peccātō simus semper
liberi et ab omni perturbatiōne secūri.
Per eūndem Dominum nostrum Jesum
Christum Filium tuum. Qui tecum vivit
et regnat in unitate Spíritus Sancti,
Deus, per ōmnia sæcula sæculōrum.

S: Amen.
P: Pax Dōmini sit semper vobiscum.

S: Et cum spiritu tuo.
(Kneel at High Mass)

P: Hæc commixtio, et consecratiō
Cōrporis et Sanguinis Dōmini nostri
Jesu Christi fiat accipientibus nobis in
vitam æternā. Amen.

Agnus Dei, qui tollis peccāta mundi:
(strike breast) miserere nobis.

Agnus Dei, qui tollis peccāta mundi:
(strike breast) miserere nobis.

Agnus Dei, qui tollis peccāta mundi:
(strike breast) dona nobis pacem.

P: Dōmine Jesu Christe, qui dixisti
Apōstolis tuis: Pacem relinquo vobis,
pacem meam do vobis: ne respicias
peccāta mea, sed fidem Ecclēsiæ tuæ:
eāmq̃ secūndum voluntātem tuam
pacificāre et coadunāre dignēris: Qui
vivis et regnas Deus per ōmnia sæcula
sæculōrum. Amen.

P: Dōmine Jesu Christe, Fili Dei vivi,
qui ex voluntāte Patris, cooperānte
Spíritu Sancto, per mortem tuam
mundum vivificasti: libera me per hoc
sacrosānctum Corpus et Sanguinem
tuum ab ōmnibus iniquitatibus meis, et
univērsis malis: et fac me tuis semper
inhærere mandātis, et a te nunquam
separāri permittas: Qui cum eodem
Deo Patre et Spiritu Sancto vivis et
regnas Deus in sæcula sæculōrum.
Amen.

P: Percēptio Cōrporis tui, Dōmine Jesu
Christe, quod ego indignus sūmere
præsumo, non mihi provēniat in
judiciū et condemnatiōem: sed pro
tua pietāte prosit mihi ad tutamētum
mentis et cōrporis, et ad medēlam
percipiēdam: Qui vivis et regnas cum
Deo Patre in unitate Spíritus Sancti,
Deus, per ōmnia sæcula sæculōrum.
Amen.

P: Panem cælestem accipiam, et
nomen Dōmini invocābo.

Dōmine, non sum dignus ☩, ut intres
sub tectum meum: sed tantum dic
verbo, et sanābitur ánima mea.
Dōmine, non sum dignus ☩, ut intres
sub tectum meum: sed tantum dic
verbo, et sanābitur ánima mea.
Dōmine, non sum dignus ☩, ut intres
sub tectum meum: sed tantum dic
verbo, et sanābitur ánima mea.

P: Corpus Dōmini nostri Jesu Christi
custodiāt animam meam in vitam
æternā. Amen.

P: Quid retribuam Dómino pro
ōmnibus quæ retribuit mihi? Cālicem
salutaris accipiam, et nomen Dómini
invocābo. Laudans invocābo
Dóminum, et ab inimicis meis salvus
ero.

P: Sanguis Dómini nostri Jesu Christi
custodiāt animam meam in vitam
æternā. Amen.

P: Ecce Agnus Dei, ecce qui tollit
peccāta mundi.

S: Dōmine, non sum **(strike breast)**
dignus, ut intres sub tectum meum:
sed tantum dic verbo, et sanābitur
ánima mea.

S: Dōmine, non sum **(strike breast)**
dignus, ut intres sub tectum meum:
sed tantum dic verbo, et sanābitur
ánima mea.

S: Dōmine, non sum **(strike breast)**
dignus, ut intres sub tectum meum:
sed tantum dic verbo, et sanābitur
ánima mea.

AT THE COMMUNION RAIL

P: Sanguis Dómini nostri Jesu Christi
custodiāt animam tuam in vitam
æternā. Amen.

AT THE CENTER OF THE ALTAR

P: Quod ore sumpsimus, Dómine, pura
mente capiāmus: et de múnere
temporáli fiat nobis remédiū
sempiternum.

P: Corpus tuum, Dómine, quod
sumpsi, et Sanguis, quem potávi,
adhæreat viscēribus meis: et præsta;
ut in me non remāneat scēlerum
mácula, quem pura et sancta
refecerunt sacramenta: Qui vivis et
regnas in sæcula sæculōrum, Amen.

AT THE RIGHT SIDE OF THE ALTAR

COMMUNION Psalms 9: 2-3
Narrábo ōmnia mirabília tua: lætābor,
et exsultábo in te: psallam nómini tuo,
Altíssime.

AT THE CENTER OF THE ALTAR

(Stand at High Mass)
P: Dóminus vobiscum.
S: Et cum spiritu tuo.

P: Which oblation, do Thou, O God,
deign in all respects to make blessed,
approved, ratified, reasonable and
acceptable, so that it may become for
us the Body and Blood of Thy most
beloved Son, our Lord, Jesus Christ.

P: Who, the day before He suffered,
took bread into His holy and venerable
hands, and with His eyes raised to
heaven, unto Thee, God, His almighty
Father, giving thanks to Thee, He
blessed it, broke it, and gave it to His
disciples saying:
Take, all of you, and eat of this:
FOR THIS IS MY BODY.

P: In like manner, after He had supped,
taking also this excellent chalice into
His holy and venerable hands, and
giving thanks to Thee, He blessed it,
and gave it to His disciples, saying:
Take, all of you, and drink of this:
FOR THIS IS THE CHALICE OF MY
BLOOD OF THE NEW AND ETERNAL
TESTAMENT: THE MYSTERY OF
FAITH: WHICH SHALL BE POURED
OUT FOR YOU AND FOR MANY
UNTO THE REMISSION OF SINS.
As often as you shall do these things,
you do them in memory of Me.

P: Wherefore, Lord, we, Thy servants,
but also Thy holy people, mindful of the
same Christ, Thy Son, our Lord, of His
blessed passion, and of His
resurrection from the grave, and of His
glorious ascension into heaven, offer
unto Thy most excellent majesty of
Thine own gifts, bestowed upon us, a
pure victim, a holy victim, an unspotted
victim, the holy Bread of eternal life
and the Chalice of everlasting
salvation.

P: Deign to regard them with a
gracious and serene countenance,
and to accept them, as Thou didst
deign to accept the gifts of Thy just
servant Abel, and the sacrifice of
Abraham our Patriarch, and that which
Thy chief priest Melchisedech offered
to Thee, a holy sacrifice, an unspotted
victim.

P: Humbly we pray Thee, almighty
God, command these offerings to be
borne by the hands of Thy holy Angel
to Thine altar on high, in the sight of
Thy divine majesty, so that as many of
us as shall, by partaking from this altar,
consume the most holy Body and
Blood of Thy Son, may be filled with
every heavenly grace and blessing.
Through the same Christ our Lord.
Amen.

P: Be mindful also, O Lord, of Thy
servants and handmaids **N.** and **N.**
who have gone before us with the sign
of faith and rest in the sleep of peace.
To these, O Lord, and to all who rest in
Christ, we plead that you grant a place
of comfort, light, and peace. Through
the same Christ our Lord. Amen.

P: To us sinners also, Thy servants,
trusting in the multitude of Thy
mercies, deign to grant some part and
fellowship with Thy holy Apostles and
Martyrs, with John, Stephen, Matthias,
Barnabas, Ignatius, Alexander,
Marcellinus, Peter, Felicitas, Perpetua,
Agatha, Lucy, Agnes, Cecilia,
Anastasia, and with all Thy Saints, into
whose company, we beseech Thee,
not as appraiser of merit but as
bestower of pardon, to admit us.
Through Christ our Lord.

P: Through Whom, O Lord, Thou
always create, sanctify, quicken, bless
and bestow upon us all good things.
Through Him and with Him and in Him
is to Thee, God the Father almighty, in
the unity of the Holy Spirit, all honor
and glory,

P: Forever and ever.

(Stand at High Mass)
S: Amen.

P: Let us pray: Admonished by Thy
saving precepts, and following Thy
divine institution, we dare to say:
Our Father, Who art in heaven,
hallowed be Thy name; Thy kingdom
come; Thy will be done on earth as it is
in heaven. Give us this day our daily
bread. And forgive us our trespasses
as we forgive those who trespass
against us. And lead us not into
temptation.
S: But deliver us from evil.
P: Amen.

P: Deliver us, we beseech Thee, O
Lord, from all evils, past, present, and
to come; and by the intercession of the
blessed and glorious ever-Virgin Mary,
Mother of God, together with Thy
blessed Apostles, Peter and Paul, and
Andrew, and all the Saints, mercifully
grant peace in our days, that sustained
by the help of Thy mercy, we may be
always free from sin and secure from
all disturbance. Through the same
Jesus Christ, Thy Son, our Lord, Who
lives and reigns with Thee, in the unity
of the Holy Spirit, God, forever and
ever.
S: Amen.
P: The peace of the Lord be always
with you.
S: And with your spirit.

(Kneel at High Mass)

P: May this mingling and consecration
of the Body and Blood of our Lord
Jesus Christ be to us who receive it
effectual unto eternal life. Amen.

Lamb of God, Who takes away the sins
of the world, **(strike breast)** have
mercy on us.

Lamb of God, Who takes away the sins
of the world, **(strike breast)** have
mercy on us.

Lamb of God, Who takes away the sins
of the world, **(strike breast)** grant us
peace.

P: O Lord Jesus Christ, Who said to
Thine Apostles: Peace I leave you, My
peace I give you; regard not my sins,
but the faith of Thy Church, and deign
to grant her peace and to unify her
according to Thy will: Who lives and
reigns God, forever and ever. Amen.

P: Lord Jesus Christ, Son of the living
God, Who, by the will of the Father,
with the cooperation of the Holy Spirit,
hast by Thy death given life to the
world; deliver me by this Thy most
sacred Body and Blood, from all my
sins and from all evils. Make me
always cleave to Thy commandments,
and never permit me to be separated
from Thee, Who with the same God
the Father and the Holy Spirit, lives
and reigns, God, forever and ever.
Amen.

P: Let not the partaking of Thy Body, O
Lord Jesus Christ, which I, unworthy,
presume to receive, turn to my
judgment and condemnation; but
through Thy kindness, may it benefit
me, a safeguard both of mind and
body, and a certain remedy. Who with
God the Father, in the unity of the Holy
Spirit, lives and reigns God, forever
and ever. Amen.

P: I will take the Bread of heaven, and
will call upon the name of the Lord.

Lord, I am not worthy that Thou should
enter under my roof; but only say the
word and my soul shall be healed.
Lord, I am not worthy that Thou should
enter under my roof; but only say the
word and my soul shall be healed.
Lord, I am not worthy that Thou should
enter under my roof; but only say the
word and my soul shall be healed.

P: May the Body of our Lord Jesus
Christ preserve my soul unto life
everlasting. Amen.

P: What return shall I render unto the
Lord for all He has given me? I will
take the Chalice of salvation, and I will
call upon the name of the Lord.
Praising I will call upon the Lord, and I
shall be saved from my enemies.

P: May the Blood of our Lord Jesus
Christ preserve my soul unto life
everlasting. Amen.

P: Behold the Lamb of God, behold
Him who takes away the sins of the
world.

S: Lord, I am **(strike breast)** not
worthy that Thou should enter under
my roof; but only say the word and my
soul shall be healed.

S: Lord, I am **(strike breast)** not
worthy that Thou should enter under
my roof; but only say the word and my
soul shall be healed.

S: Lord, I am **(strike breast)** not
worthy that Thou should enter under
my roof; but only say the word and my
soul shall be healed.

AT THE COMMUNION RAIL

P: May the Body of our Lord Jesus
Christ preserve your soul unto
everlasting life. Amen.

AT THE CENTER OF THE ALTAR

P: Grant, O Lord, that what we have
taken with our mouth, we may receive
with a pure mind; and from a temporal
gift may it become to us an eternal
remedy.
P: May Thy Body, O Lord, which I have
consumed, and Thy Blood which I
have drunk, cling to my vitals; and
grant that no wicked stain may remain
in me, whom these pure and holy
mysterie have refreshed. Who lives
and reigns, forever and ever. Amen.

AT THE RIGHT SIDE OF THE ALTAR

I will declare all Thy wondrous deeds;
I will be glad and exult in Thee; I will
sing praise to Thy name, Most High.

AT THE CENTER OF THE ALTAR

(Stand at High Mass)
P: The Lord be with you.
S: And with your spirit.

<p>AT THE RIGHT SIDE OF THE ALTAR P: Orémus.</p> <div><p>POSTCOMMUNION Ut sacris, Dómine, reddámur digni munéribus: fac nos tuis, quæsumus, semper obedire mandátis. Per Dóminum nostrum Jesum Christum, Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum.</p></div> <p>S: Amen. P: Orémus.</p> <div><p>POSTCOMMUNION Ut nobis, Dómine, tua sacrificia dent salútem: beátus Petrus Póntifex tuus et Doctor egrégius, quæsumus, precátor accédát. Per Dóminum nostrum, Jesum Christum, Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum.</p></div> <p>S: Amen. P: Orémus.</p> <div><p>PRAYER OVER THE PEOPLE Humiliáte cápita vestra Deo. Propitiáre, Dómine, supplicatióibus nostris, et animárum nostrárum medére languóribus: ut, remissióne percépta, in tua semper benedictióne lætámur. Per Dóminum nostrum Jesum Christum, Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum.</p></div> <p>S: Amen.</p>	<p>AT THE RIGHT SIDE OF THE ALTAR P: Let us pray.</p> <div><p>Grant us, O Lord, ever to obey Thy commandments, that we may be worthy of Thy sacred gifts. Through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever.</p></div> <p>S: Amen. P: Let us pray.</p> <div><p><i>For St. Peter Damian</i> We beseech Thee, O Lord, that blessed Peter, Thy Bishop and illustrious Doctor, may approach to pray for us, that these Thy sacrifices may bring us salvation. Through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever.</p></div> <p>S: Amen. P: Let us pray.</p> <div><p>Bow your heads to God. Mercifully heed our humble prayers, O Lord, and heal the weakness of our souls, that having obtained forgiveness, we may ever rejoice in Thy blessing. Through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever.</p></div> <p>S: Amen.</p>
<p>AT THE CENTER OF THE ALTAR P: Dóminus vobíscum. S: Et cum spírítu tuo. P: Ite, Missa est. S: Deo grátias. (Kneel at High Mass) P: Pláceat tibi, sancta Trínitas, obséquium servitútis meæ: et præsta; ut sacrificium, quod óculis tuæ majestátis indignus óbtuli, tibi sit acceptábile, mihíque et ómnibus pro quibus illud óbtuli, sit, te miseránte, propitiábile. Per Christum Dóminum nostrum. Amen.</p> <p>P: Benedícat vos omnípotens Deus, †Pater, et Fílius, et Spíritus Sanctus. S: Amen.</p> <p>AT THE LEFT SIDE OF THE ALTAR (Stand) P: Dóminus vobíscum. S: Et cum spírítu tuo. P: Initium sancti Evangélíi secúndum Joánnem. S: Glória tibi, Dómine. P: In princípío erat Verbum, et Verbum erat apud Deum, et Deus erat Verbum. Hoc erat in principio apud Deum. Ómnia per ipsum facta sunt: et sine ipso factum est nihil, quod factum est: in ipso víta erat, et víta erat lux hóminum: et lux in ténebris lucet, et ténebræ eam non comprehendérunt. Fuit homo missus a Deo, cui nomen erat Joánnes. Hic venit in testimónium, ut testimónium perhibéret de lúmine, ut omnes créderent per illum. Non erat ille lux, sed ut testimónium perhibéret de lúmine. Erat lux vera, quæ illúminat omnem hóminem veniéntem in hunc mundum. In mundo erat, et mundus per ipsum factus est, et mundus eum non cognóvit. In própria venit, et sui eum non recepérunt. Quotquot autem recepérunt eum, dedit eis potestátem filios Dei fieri, his qui credunt in nómine ejus: qui non ex sanguínibus, neque ex voluntáte carnis, neque ex voluntáte viri, sed ex Deo nati sunt. (Genuflect) ET VERBUM CARO FACTUM EST et habitávit in nobis: et vídimus glóriam ejus, glóriam quasi Unigéniti a Patre, plenum grátiae et veritátis.</p> <p>S: Deo grátias.</p> <p>Leonine Prayers (optional after Low Mass)</p>	<p>AT THE CENTER OF THE ALTAR P: The Lord be with you. S: And with your spirit. P: Go, the Mass is ended. S: Thanks be to God. (Kneel at High Mass) P: May the performance of my homage be pleasing to Thee, O holy Trinity: and grant that the sacrifice which I, though unworthy, have offered up in the sight of Thy majesty, may be acceptable unto Thee, and may, through Thy mercy, be a propitiation for myself and all those for whom I have offered it. Through Christ our Lord. Amen.</p> <p>P: May almighty God bless you, †the Father, Son, and Holy Spirit. S: Amen.</p> <p>AT THE LEFT SIDE OF THE ALTAR (Stand) P: The Lord be with you. S: And with your spirit. P: The beginning of the holy Gospel according to John. S: Glory be to Thee, O Lord. P: In the beginning was the Word, and the Word was with God, and the Word was God. The same was in the beginning with God. All things were made by Him: and without Him was made nothing that was made. In Him was life, and the life was the light of men. And the light shineth in darkness, and the darkness did not comprehend it. There was a man sent from God, whose name was John. This man came for a witness, to give testimony of the light, that all men might believe through him. He was not that light, but was to give testimony of the light. That was the true light, which enlighteneth every man that cometh into this world. He was in the world, and the world was made by Him, and the world knew Him not. He came unto His own, and His own received Him not. But as many as received Him, He gave them power to be made the sons of God, to them that believe in His name. Who are born, not of blood, nor of the will of the flesh, nor of the will of man, but of God. (Genuflect) AND THE WORD WAS MADE FLESH, and dwelt among us, (and we saw His glory, the glory as it were of the only begotten of the Father,) full of grace and truth. S: Thanks be to God.</p>