

THURSDAY AFTER THE FIRST SUNDAY OF LENT

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The Mass dwells on fasting and prayer. The Gospel recalls the woman of Chanaan who, by humility and perseverance in prayer, obtained the cure of her daughter. Our Lord at first appeared to refuse to perform a miracle in favor of a Gentile woman. The cure of her daughter showed the mercy of God calling to penance the Chanaanite and the publican.

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AT THE FOOT OF THE ALTAR (Kneel)

P: †In nómine Patris, et Fílii, et Spíritus Sancti. Amen.

P: Introíbo ad altáre Dei.

S: Ad Deum qui lætíficat juventútem meam.

(Psalm 42)

P: Júdica me, Deus, et discérne causam meam de gente non sancta: ab hómine iníquo et dolóso érué me.

S: Quia tu es, Deus, fortitúdo mea: quare me repulísti, et quare tristis incédo, dum affligit me inimícus?

P: Emítte lucem tuam, et veritátem tuam: ipsa me deduxérunt, et adduxérunt in montem sanctum tuum, et in tabernácula tua.

S: Et introíbo ad altáre Dei: ad Deum qui lætíficat juventútem meam.

P: Confítebor tibi in cíthara, Deus, Deus meus: quare tristis es, ánima mea, et quare contúrbas me?

S: Spera in Deo, quóniam adhuc confítebor illi: salutáre vultus mei, et Deus meus.

P: Glória Patri, et Fílio, et Spíritui Sancto.

S: Sicut erat in princípío, et nunc, et semper: et in sæcula sæculórum. Amen.

P: Introíbo ad altáre Dei.

S: Ad Deum qui lætíficat juventútem meam.

P: †Adjutórium nostrum in nómine Dómini.

S: Qui fecit cælum et terram.

P: Confíteor Deo omnipoténti, beátæ Mariæ semper Vírgini, beáto Michaéli Archángelo, beáto Joánni Baptistæ, sanctis Apóstolis Petro et Paulo, ómnibus Sanctis, et vobis fratres: quia peccávi nimis cogitatíone, verbo, et ópere: mea culpa, mea culpa, mea máxima culpa. Ideo precor beátam Mariám semper Vírginem, beátum Michaélem Archángelum, beátum Joánnem Baptistam, sanctos Apóstolos Petrum et Paulum, omnes Sanctos, et vos fratres, oráre pro me ad Dóminum Deum nostrum.

S: Misereátur tui omnipotens Deus, et, dimíssis peccátis tuis, perdúcat te ad vitam ætérnam.

P: Amen.

S: Confíteor Deo omnipoténti, beátæ Mariæ semper Vírgini, beáto Michaéli Archángelo, beáto Joánni Baptistæ, sanctis Apóstolis Petro et Paulo, ómnibus Sanctis, et tibi pater: quia peccávi nimis cogitatíone, verbo, et ópere: **(strike breast 3 times)** mea culpa, mea culpa, mea máxima culpa. Ideo precor beátam Mariám semper Vírginem, beátum Michaélem Archángelum, beátum Joánnem Baptistam, sanctos Apóstolos Petrum et Paulum, omnes Sanctos, et te Pater, oráre pro me ad Dóminum Deum nostrum.

S: Misereátur vestri omnipotens Deus, et, dimíssis peccátis vestris, perdúcat vos ad vitam ætérnam.

S: Amen.

P: †Indulgéntiam, absolutíonem, et remíssionem peccatórum nostrórum, tríbuat nobis omnípotens et miséricors Dóminus.

S: Amen.

P: Deus, tu convérsus vivificábis nos.

S: Et plebs tua lætábitur in te.

P: Osténde nobis, Dómine, misericórdiam tuam.

S: Et salutáre tuum da nobis.

P: Dómine, exáudi oratíonem meam.

S: Et clamor meus ad te véniat.

P: Dóminus vobíscum.

S: Et cum spírítu tuo.

P: Orémus.

P: Aufer a nobis, quæsumus, Dómine, iniquitátes nostras: ut ad Sancta sanctorum puris mereámur méntibus introíre. Per Christum Dóminum nostrum. Amen.

AT THE CENTER OF THE ALTAR

P: Orámus te, Dómine, per mérita Sanctórum tuórum, quorum reliquiæ hic sunt et ómnium Sanctórum: ut indulgére dignéris ómnia peccáta mea. Amen.

(Only at High Mass when incense is used)

P: *Ab illo benedicáris, in cujus honóre cremáberis.*

AT THE FOOT OF THE ALTAR (Kneel)

P: †In the Name of the Father, and of the Son, and of the Holy Spirit. Amen.

P: I will go unto the altar of God.

S: To God, Who gives joy to my youth.

(Psalm 42)

P: Judge me, O God, and distinguish my cause from the unholy nation, deliver me from the unjust and deceitful man.

S: For Thou, O God, art my strength, why hast Thou cast me off? And why do I go about in sadness, while the enemy afflicts me?

P: Send forth Thy light and Thy truth: they have conducted me and brought me unto Thy holy mount, and into Thy tabernacles.

S: And I will go unto the altar of God: to God, Who gives joy to my youth.

P: I shall praise Thee upon the harp, O God, my God. Why are you sad, O my soul, and why do you disquiet me?

S: Hope in God, for I will still praise Him, the salvation of my countenance, and my God.

P: Glory be to the Father, and to the Son, and to the Holy Spirit.

S: As it was in the beginning, is now, and ever shall be, world without end. Amen.

P: I will go unto the altar of God.

S: To God, Who gives joy to my youth.

P: †Our help is in the name of the Lord.

S: Who made heaven and earth.

P: I confess to almighty God, to blessed Mary ever Virgin, to blessed Michael the Archangel, to blessed John the Baptist, to the holy Apostles Peter and Paul, to all the Saints, and to you, brethren, that I have sinned exceedingly in thought, word, and deed: through my fault, through my fault, through my most grievous fault. Therefore I pray blessed Mary ever Virgin, blessed Michael the Archangel, blessed John the Baptist, the holy Apostles Peter and Paul, all the Saints, and you, brethren, to pray for me to the Lord our God.

S: May almighty God have mercy on you, forgive you your sins, and bring you to life everlasting.

P: Amen.

S: I confess to almighty God, to blessed Mary ever Virgin, to blessed Michael the Archangel, to blessed John the Baptist, to the holy Apostles Peter and Paul, to all the Saints, and to you father: that I have sinned exceedingly in thought, word, and deed: **(strike breast 3 times)** through my fault, through my fault, through my most grievous fault. Therefore I pray blessed Mary ever Virgin, blessed Michael the Archangel, blessed John the Baptist, the holy Apostles Peter and Paul, all the Saints, and you, Father, to pray for me to the Lord our God.

P: May almighty God have mercy on you, forgive you your sins, and bring you to life everlasting.

S: Amen.

P: †May the almighty and merciful Lord grant us pardon, absolution, and remission of our sins.

S: Amen.

P: Thou wilt turn again, O God, and quicken us.

S: And Thy people will rejoice in Thee.

P: Show us, O Lord, Thy mercy.

S: And grant us Thy salvation.

P: O Lord, hear my prayer.

S: And let my cry come unto Thee.

P: The Lord be with you.

S: And with your spirit.

P: Let us pray.

P: Take away from us our iniquities, we beseech Thee, O Lord; that with pure minds we may be made worthy to enter into the Holy of Holies. Through Christ our Lord. Amen.

AT THE CENTER OF THE ALTAR

P: We pray Thee, O Lord, by the merits of Thy Saints whose relics are here, and of all the Saints: that Thou would deign to pardon me all my sins. Amen.

(Only at High Mass when incense is used)

P: *Be blessed by Him in Whose honor you will be burnt.*

AT THE RIGHT SIDE OF THE ALTAR

Praise and beauty are before Him: holiness and majesty in His sanctuary. (Ps. 95: 1) Sing ye to the Lord a new canticle: sing to the Lord, all the earth. Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen. Praise and beauty are before Him: holiness and majesty in His sanctuary.

AT THE CENTER OF THE ALTAR

P: Kýrie, eléison.

S: Kýrie, eléison.

P: Kýrie, eléison.

S: **Christe, eléison.**

P: Christe, eléison.

S: **Christe, eléison.**

P: Kýrie, eléison.

S: Kýrie, eléison.

P: Kýrie, eléison.

(Stand at High Mass)

P: Dóminus vobíscum.

S: **Et cum spírítu tuo.**

AT THE CENTER OF THE ALTAR

P: Lord, have mercy.

S: Lord, have mercy.

P: Lord, have mercy.

S: Christ, have mercy.

P: Christ, have mercy.

S: Christ, have mercy.

P: Lord, have mercy.

S: Lord, have mercy.

P: Lord, have mercy.

(Stand at High Mass)

P: The Lord be with you.

S: And with your Spirit.

AT THE RIGHT SIDE OF THE ALTAR

P: Orémus.

COLLECT

Devotíonem pópuli tui, quæsumus, Dómine, bénígnus inténde: ut, qui per abstínentiam macerántur in córpore, per fructum boni óperis reficiántur in mente. Per Dóminum nostrum Jesum Christum, Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum.

S: **Amen.**

(Sit)

LESSON Ezekiel 18: 1-9

In diébus illis: Factus est sermo Dómini ad me, dicens: Quid est, quod inter vos parabolam vértitis in provérbium istud in terra Israél, dicéntes: Patres comedérunt uvam acérbam, et dentes filiórum obstupéscunt? Vívo ego, dicit Dóminus Deus, si erit ultra vobis parábola hæc in provérbium in Israél. Ecce, omnes animæ meæ sunt: ut ánima patris, ita et ánima filii mea est: ánima, quæ peccáverit, ipsa moriétur. Et vir si fuerit justus, et méritum iudícium et justítiam, in móntibus non coméderit, et óculos suos non leváverit ad idóla domus Israél: et uxórem próximi sui non violáverit, et ad mulierem menstruátam non accésserit: et hóminem non contrístáverit: pignus debitóri reddíderit, per vim nihil rapúerit: panem suum esuri díderit, et nudum operúerit vestiméto: ad usúram non commodáverit, et ámplius non accéperit: ab iniquitáte avérent manum suam, et iudícium verum fécerit inter virum et virum: in præcéptis meis ambuláverit, et iudícia mea custodíerit, ut fáciat veritátem: hic justus est, vita vivet, ait Dóminus omnipotens.

S: Deo gratias.

GRADUAL Psalms 16: 8, 2

Custódi me, Dómine, ut pupíllam óculi: sub umbra alárum tuárum prótege me. De vultu tuo iudícium meum pródeat: óculi tui vídeant æquitátem.

AT THE CENTER OF THE ALTAR

(Only at High Mass when incense is used)

P: *Ab illo benedicáris, in cujus honóre cremáberis.*

P: Munda cor meum ac lábia mea, omnipotens Deus, qui lábia Isaíæ Prophætæ cálculo mundásti igníto: ita me tua gratulatio dignáre mundáre, ut sanctum Evangélium tuum digne váleam nuntiáre. Per Christum Dóminum nostrum. Amen.

P: Jube, Dómine, benedícere. Dóminus sí in corde meo, et in lábiis meis: ut digne et competénter annúntiem Evangélium suum. Amen.

AT THE LEFT SIDE OF THE ALTAR

(Stand)

P: Dóminus vobíscum.

S: **Et cum spírítu tuo.**

P: Seqúentia sancti Evangélii secúndum Matthæum.

S: **Glória tibi, Dómine.**

AT THE RIGHT SIDE OF THE ALTAR

P: Let us pray.

Look down favorably, we beseech Thee, O Lord, upon the devotion of Thy people, that they whose bodies are mortified by abstinence, may through the fruit of good works be refreshed in mind. Through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever.

S: Amen.

(Sit)

In those days, the word of the Lord came to me, saying: What is the meaning that you use among you this parable as a proverb in the land of Israel, saying: The fathers have eaten sour grapes, and the teeth of the children are set on edge. As I live, saith the Lord God, this parable shall be no more to you a proverb in Israel. Behold all souls are mine: as the soul of the father, so also the soul of the son is mine: the soul that sinneth, the same shall die. And if a man be just, and do judgment and justice, and hath not eaten upon the mountains, nor lifted up his eyes to the idols of the house of Israel: and hath not defiled his neighbor's wife, nor come near to a menstruous woman: And hath not wronged any man: but hath restored the pledge to the debtor, hath taken nothing away by violence: hath given his bread to the hungry, and hath covered the naked with a garment: Hath not lent upon usury, nor taken any increase: hath withdrawn his hand from iniquity, and hath executed true judgment between man and man: Hath walked in my commandments, and kept my judgments, to do truth: he is just, he shall surely live, saith the Lord almighty.

S: Thanks be to God.

Keep me, O Lord, as the apple of Thine eye: protect me under the shadow of Thy wings. Let my judgment come forth from Thy countenance: let Thine eyes behold the things that are equitable.

AT THE CENTER OF THE ALTAR

(Only at High Mass when incense is used)

P: *Be blessed by Him in Whose honor you will be burnt.*

P: Cleanse my heart and my lips, O almighty God, Who cleansed the lips of the Prophet Isaiah with a burning coal. In Thy prophetic ministry, deign so to purify me, that I may worthily proclaim Thy holy Gospel. Through Christ our Lord. Amen.

P: Pray, Lord, a blessing. The Lord be in my heart and on my lips that I may worthily and fittingly proclaim His Gospel. Amen.

AT THE LEFT SIDE OF THE ALTAR

(Stand)

P: The Lord be with you.

S: And with your spirit.

P: The continuation of the holy Gospel according to Matthew.

S: Glory to Thee, O Lord.

GOSPEL Matthew 15: 21-28

In illo tēpore: Egrēssus Jēsus secēssit in partes Tyri et Sidōnis. Et ecce, mūlier Chananæa a fīnibus illis egrēssa clamāvit, dicens ei: Misere re mei, Dōmine, fili David: filia mea male a dæmōniti vexātur. Qui non respōndit ei verbum. Et accedētes discipuli ejus rogābant eum, dicētes: Dimitte eam; quia clamat post nos. Ipse autem respōndens, ait: Non sum missus nisi ad oves, quæ periērunt domus Israēl. At illa venit, et adorāvit eum, dicens: Dōmine, ādjuva me. Qui respōndens, ait: Non est bonum sūmere panem filiōrum, et mittere cūnibus. At illa dixit: Ētiam, Dōmine: nam et catēlli edunt de micis, quæ cadunt de mensa dominōrum suōrum. Tunc respōndens Jēsus, ait illi: O mūlier, magna est fides tua: fiat tibi, sicut vis. Et sanāta est filia ejus ex illa hora.

At that time Jēsus went from thence, and retired into the coasts of Tyre and Sidon. And behold a woman of Canaan who came out of those coasts, crying out, said to him: Have mercy on me, O Lord, thou son of David; my daughter is grievously troubled by the devil. Who answered her not a word. And his disciples came and besought him, saying: Send her away, for she crieth after us: And he answering, said: I was not sent but to the sheep that are lost of the house of Israel. But she came and adored him, saying: Lord, help me. Who answering, said: It is not good to take the bread of the children, and to cast it to the dogs. But she said: Yea, Lord; for the whelps also eat of the crumbs that fall from the table of their masters. Then Jēsus answering, said to her: O woman, great is thy faith: be it done to thee as thou wilt: and her daughter was cured from that hour.

S: Laus tibi, Christe.**P:** Per evangēlica dicta deleāntur nostra delicta.**S:** Praise to Thee, O Christ.**P:** May our offenses be erased by the words of the Gospel.**AT THE CENTER OF THE ALTAR****P:** Dōminus vobiscum.**S:** **Et cum spiritu tuo.****P:** Orémus.**(Sit)****OFFERTORY Psalms 33: 8-9**

Immītet Āngelus Dōmini in circūitu timēntium eum, et erīpiet eos: gustāte, et vidēte, quōniam suāvis est Dōminus.

P: Sūscipe, sancte Pater, omnīpotens ætérne Deus, hanc immaculātā hōstiam, quam ego indignus fāmulus tuus offero tibi, Deo meo vivo et vero, pro innumerābilibus peccātis, et offensīōnibus, et negligēntiis meis, et pro omnibus circumstāntibus, sed et pro omnibus fidēlibus christiānis vivis atque defūctis: ut mihi, et illis proficiat ad salutē in vitam ætērnā. Amen.

(Sit)**AT THE RIGHT SIDE OF THE ALTAR**

P: Deus, qui humanæ substāntiæ dignitatem mirābiliter condidisti, et mirābilis reformasti: da nobis per hujus aquæ et vini mysterium, ejus divinitatis esse consōrtes, qui humanitatis nostræ fieri dignatus est pārticeps, Jēsus Christus Filius tuus Dōminus noster: Qui tecum vivit et regnat in unitate Spīritus Sancti, Deus: per omnia sæcula sæculōrum. Amen.

AT THE RIGHT SIDE OF THE ALTAR

P: O God, Who wonderfully formed the dignity of human nature, and more wonderfully restored it, grant us through the mystery of this water and wine, to be made participants of His divinity, Who condescended to become a partaker of our humanity, Jēsus Christ, Thy Son, our Lord, Who with Thee, lives and reigns in the unity of the Holy Spirit, God, forever and ever. Amen.

AT THE CENTER OF THE ALTAR

P: Offerimus tibi, Dōmine, cālicem salutāris tuam deprecāntes clemēntiam: ut in conspēctū divīnæ majestātis tuæ, pro nostra, et totius mundi salutē cum odōre suavitātis ascēndat. Amen. In spīritu humilitātis, et in ānimo contrīto suscipiāmur a te, Dōmine, et sic fiat sacrificium nostrum in conspēctū tuo hōdie, ut placēat tibi, Dōmine. Veni, sanctificātor omnīpotens ætérne Deus: et bēdic hoc sacrificium, tuo sancto nōmini præparātum.

AT THE CENTER OF THE ALTAR

P: We offer Thee, O Lord, the chalice of salvation, pleading Thy clemency, that it may ascend in the sight of Thy divine majesty, with a sweet fragrance, for our salvation and for that of the whole world. Amen. In a humble spirit and a contrite heart may we be received by Thee, O Lord, and let our sacrifice be so made in Thy sight this day that it may please Thee, O Lord God. Come, O sanctifier, almighty and eternal God, and bless this sacrifice prepared for Thy holy name.

(Only at High Mass when incense is used)

P: Per intercessiōnem beāti Michāelis Archāngeli, stantis a dextris altāris incēnsi, et omnium electōrum suōrum, incēnsū istud dignētur Dōminus bēdicere, et in odōrem suavitātis accipere. Per Christum Dōminum nostrum. Amen.

P: Incēnsū istud a te bēdictum, ascēndat ad te, Dōmine, et descēdat super nos misericōrdia tua.

P: Dirigātur, Dōmine, orātio mea, sicut incēnsū, in conspēctū tuo: elevātio mānuum meārum sacrificium vespertinum. Pone, Dōmine, custōdiam ori meo, et ostium circumstāntiæ labiis meis: ut non declīnet cor meum in verba malitiæ, ad excusādas excusatiōnes in peccātis.

P: Accēndat in nobis Dōminus ignem sui amoris, et flamma ætērnæ caritātis. Amen.

(Only at High Mass when incense is used)

P: By the intercession of blessed Michael the Archangel, who stands at the right hand of the altar of incense, and of all His elect, may the Lord deign to bless this incense, and to receive it as a sweet fragrance, through Christ our Lord.

P: May this incense, blessed by Thee, ascend to Thee, O Lord, and may Thy mercy descend upon us.

P: Let my prayer be directed, O Lord, as incense in Thy sight, the lifting up of my hands as an evening sacrifice. Set a door, O Lord, before my mouth: and a door round about my lips: that my heart may not incline to evil words: to make excuses in sins.

P: May the Lord enkindle in us the fire of His love and the flame of everlasting charity. Amen.**AT THE RIGHT SIDE OF THE ALTAR**

P: Lavābo inter innocētes manus meas: et circumdābo altāre tuum, Dōmine: Ut āudiā vocem laudis, et enārrem univērsa mirābilā tua. Dōmine, dilēxi decōrem domus tuæ, et locum habitatiōnis glōriæ tuæ. Ne perdas cum impiis, Deus, ānimam meam, et cum viris sānguīnum vitam meam: In quorum mānibus iniquitātes sunt: dēxtera eōrum replēta est munēribus. Ego autem in innocēntia mea ingressus sum: redime me, et misere re mei. Pes meus stetit in dirēcto: in ecclēsiā bēdicam te, Dōmine. Glōria Patri, et Filio, et Spīritui Sancto. Sicut erat in principiō, et nunc, et semper: et in sæcula sæculōrum. Amen.

AT THE RIGHT SIDE OF THE ALTAR

P: I will wash my hands among the innocent, and I will compass Thine altar, O Lord, that I may hear the voice of praise: and tell of all Thy wondrous deeds. I have loved, O Lord, the beauty of Thy house and the place where Thy glory dwelleth. Destroy not my soul, O God, with the wicked, nor my life with men of blood. In whose hands are iniquities, their right hand is full with gifts. But I have walked in my innocence: redeem me, and have mercy on me. My foot has stood on the right path; in the churches I will bless Thee, O Lord. Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

AT THE CENTER OF THE ALTAR

P: Sūscipe, sancta Trīnitas, hanc oblatiōnem, quam tibi offerimus ob memoriā passiōnis, resurrectiōnis, et ascēsiōnis Jesu Christi Dōmini nostri: et in honōrem beātæ Mariæ nosstræ Virgīnis, et beāti Joānnis Baptistæ, et sanctōrum Apostolōrum Petri et Pauli, et istōrum, et omnium Sanctōrum: ut illis proficiat ad honōrem, nobis autem ad salutē: et illi pro nobis intercedere dignētur in cælis, quorum memoriā āgimus in terris. Per eūndem Christum Dōminum nostrum. Amen.

AT THE CENTER OF THE ALTAR

P: Receive, O holy Trinity, this oblation which we offer to Thee in remembrance of the Passion, Resurrection, and Ascension of Our Lord Jēsus Christ, and in honor of blessed Mary, ever Virgin, blessed John the Baptist, the holy Apostles Peter and Paul, and of these and of all the Saints; that it may avail unto their honor and our salvation, and may they deign to intercede in heaven for us who honor their memory here on earth. Through the same Christ, our Lord. Amen.

P: Pray brethren, that my sacrifice and yours may be acceptable to God the Father almighty.**S:** May the Lord receive the sacrifice from your hands, to the praise and glory of His name, to our benefit, and that of all His holy Church.**P:** Amen.**SECRET (silently)**

Sacrificia, Dōmine, quæsumus, propēnsius ista nos salvent, quæ medicīnālibus sunt institūta jejūniis. Per Dōminum nostrum Jesum Christum, Filium tuum, qui tecum vivit et regnat in unitate Spīritus Sancti, Deus,

May these sacrificial rites, we beseech Thee, O Lord, the more readily save us in that they are introduced by healing fasts. Through our Lord Jēsus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God,

*(aloud, to conclude the Secret Prayer)***P:** ...per omnia sæcula sæculōrum.**(Stand at High Mass)****S:** Amen.**P:** Dōminus vobiscum.**S:** **Et cum spiritu tuo.****P:** Sursum corda.**S:** **Habémus ad Dōminum.****P:** Grātias agāmus Dōmino Deo nostro.**S:** **Dignum et justum est.****(Stand at High Mass)****S:** Amen.**P:** The Lord be with you.**S:** And with your spirit.**P:** Lift up your hearts.**S:** We have lifted them up to the Lord.**P:** Let us give thanks to the Lord our God.**S:** It is fitting and just.**PREFACE OF LENT**

Vere dignum et justum est, æquum et salutāre, nos tibi semper et ubique grātias agere: Dōmine sancte, Pater omnīpotens, ætérne Deus: Qui corporāli jejūnio vītia cōmprimis, mentem ēlevas, virtūtem largiris et præmia: per Christum Dōminum nostrum. Per quem majestātem tuam laudant Āngeli, adorant Dominatōnes, tremunt Potestātes. Cæli cælōrumque Virtūtes ac beāta Sērāphim sōcia exultatiōne concēlebrant. Cum quibus et nostras voces ut admitti jūbeas, deprecāmur, supplicii confessiōne dicētes:

(Kneel)

P: Sanctus ☩, Sanctus ☩, Sanctus ☩, Dōminus Deus Sābaoth. Pleni sunt cæli et terra glōria tua. Plēna in excēlsis. †Benedictus qui venit in nōmine Dōmini. Hosāna in excēlsis.

(Kneel)**P:** Holy, holy, holy, Lord God of Hosts! Heaven and earth are filled with Thy glory. Hosanna in the highest! †Blessed is He Who comes in the name of the Lord. Hosanna in the highest!**THE ROMAN CANON***(silently)*

P: Te igitur, clementissime Pater, per Jesum Christum Filium tuum, Dōminum nostrum, supplices rogāmus, ac pētimus uti accēpta hābeas, et bēdicās, hæc dona, hæc mūnera, hæc sancta sacrificia illibāta, in primis, quæ tibi offerimus pro Ecclēsia tua sancta catholicā: quam pacificāre, custodire, adunāre, et régere dignēris toto orbe terrārum: una cum fāmulo tuo Papa nostro **N.**, et Antīstite nostro **N.**, et omnibus orthodoxis, atque catholicæ et apostolicæ fidei cultōribus.

THE ROMAN CANON

P: Therefore, most merciful Father, we humbly pray and entreat Thee, through Jēsus Christ, Thy Son, Our Lord, that Thou would accept and bless these gifts, these offerings, these holy and spotless sacrifices, which, in the first place, we offer Thee for Thy holy Catholic Church: deign to pacify, to guard, to unite, and to govern her throughout the world, together with Thy servant **N.**, our Pope, and **N.**, our Bishop; and all orthodox believers of the Catholic and apostolic faith.

P: Memēnto, Dōmine, famulōrum, famulārūmque tuārum **N.**, et **N.**, et omnium circumstāntium, quorum tibi fides cōgnita est, et nota devōtio, pro quibus tibi offerimus: vel qui tibi offerunt hoc sacrificium laudis, pro se, suisque omnibus: pro redemptiōne animārum suārum, pro se salutis et incolumitātis suæ: tibique reddunt vota sua ætērnā Deo, vivo et vero.

THE ROMAN CANON

P: Having communion with, and venerating first of all the memory of the glorious and ever Virgin Mary, Mother of our God and Lord Jēsus Christ; and also of blessed Joseph, Spouse of the same Virgin, and of Thy blessed Apostles and Martyrs, Peter and Paul, Andrew, James, John, Thomas, James, Philip, Bartholomew, Matthew, Simon and Thaddeus; of Linus, Cletus, Clement, Sixtus, Cornelius, Cyprian, Clement, Xystus, Cornelius, John and Paul, Cosmas and Damian, and all Thy Saints, by whose merits and prayers, grant that in all things we may be defended by the help of Thy protection. Through the same Christ, our Lord. Amen.

P: ☩ Hanc igitur oblatiōnem servitūtis nostræ, sed et cunctæ familiæ tuæ, quæsumus, Dōmine, ut placātus accipias: diēsque nostros in tua pace dispōnas, atque ab ætērnā damnatiōne nos eripi, et in electōrum tuōrum jūbeas grege numerāri. Per Christum Dōminum nostrum. Amen.

P: We therefore beseech Thee, O Lord, to graciously accept this oblation of our service, as also of Thy entire family; dispose our days in Thy peace, save us from eternal damnation, and command that we be numbered in the flock of Thine elect. Through Christ our Lord. Amen.

P: Quam oblatiōnem tu, Deus, in omnibus, quæsumus, benedictam, adscriptam, ratam, rationabilem, acceptabilemque facere digneris: ut nobis Corpus, et Sanguis fiat dilectissimi Filii tui Dōmini nostri Jesu Christi.

P: Qui pridie quam pateretur, accepit panem in sanctas, ac venerabiles manus suas, et elevatis oculis in cælum ad te Deum Patrem suum omnipotentem, tibi grâtiâs agens, benedixit, fregit, deditque discipulis suis, dicens:

Accipite, et manducate ex hoc omnes, **HOC EST ENIM CORPUS MEUM.**

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P: Símili modo postquam cænatum est, accipiens et hunc præclarum Cálicem in sanctas ac venerabiles manus suas: item tibi grâtiâs agens, benedixit, deditque discipulis suis, dicens:

Accipite, et bibite ex eo omnes, **HIC EST ENIM CALIX SANGUINIS MEI, NOVI ET AETERNI TESTAMENTI: MYSTERIUM FIDEI: QUI PRO VOBIS ET PRO MULTIS FUNDÉTUR IN REMISSIONEM PECCATORUM.**

Hæc quotiescúmque feceritis, in mei memóriam faciétis.

🕯️ 🕯️ 🕯️

P: Unde et memores, Dómine, nos servi tui, sed et plebs tua sancta, ejúsdem Christi Filii tui Dómini nostri tam beatæ passiōnis, nec non et ab inferis resurrectiōnis; sed et in cælos gloriósa ascensiōnis: offerimus præclaræ majestati tuæ de tuis donis, ac datis, hóstiam puram, hóstiam sanctam, hóstiam immaculatam, Panem sanctum vitæ æternæ, et Cálicem salutis perpétuæ.

P: Supra quæ propitio ac sereno vultu respicere digneris; et accepta habere, sicuti accépta habere dignatus es múnere púeri tui justí Abel, et sacrificium Patriarchæ nostri Ábrahæ: et quod tibi obtulit summus sacerdos tuus Melchisedech, sanctum sacrificium, immaculatam hóstiam.

P: Súpplīces te rogámus, omnípotens Deus: jube hæc perferri per manus sancti Ángeli tui in sublīme altáre tuum, in conspéctu divínæ majestátis tuæ: ut quotquot, ex hac altáris participatiōne sacrosánctum Filii tui, Corpus, et Sanguinem sumpsérimus, omni benedictiōne cæléstī et grátia repleámur. Per eúndem Christum Dóminum nostrum. Amen.

P: Meménto étiam, Dómine, famulórum, famularúmque tuarum **N.** et **N.** qui nos præcessérunt cum signo fidei, et dormiunt in somno pacis. Ipsis, Dómine, et omnibus in Christo quiescéntibus, locum refrigérii, lucis et pacis, ut indulgéas, deprecámur. Per eúndem Christum Dóminum nostrum. Amen.

P: Nobis quoque peccatóribus fámulis tuis, de multitudīne miseratiōnum tuárum sperántibus, partem áliquam, et societátem donáre digneris, cum tuis sanctis Apóstolis et Martíribus: cum Joánne, Stéphano, Matthía, Bárnaba, Ignátio, Alexándro, Marcellíno, Petro, Felicitáte, Perpétua, Ágatha, Lúcia, Agnéte, Cæcília, Anastásia, et omnibus Sanctis tuis: intra quorum nos consórtium, non æstimátor mériti, sed véniæ, quæsumus, largítor admítte. Per Christum Dóminum nostrum.

P: Per quem hæc ómnia, Dómine, semper bona creas, sanctíficas, vivíficas, benedícis, et præstas nobis. Per ipsum, et cum ipso, et in ipso, est tibi Deo Patri omnípoténti, in unitáte Spíritus Sancti, omnis honor, et glória.

(aloud, to conclude the Canon)

P: Per ómnia sæcula sæculórum.

(Stand at High Mass)

S: Amen.

P: Orémus. Præcéptis salutáribus móniti, et divína institutiōne formáti, audémus dicere: Pater noster, qui es in cælis: Sanctificétur nomen tuum: Advéniat regnum tuum: Fiat volúntas tua, sicut in cælo, et in terra. Panem nostrum quotidíanum da nobis hódie: Et dimítte nobis débíta nostra, sicut et nos dimíttimus debitóribus nostris. Et ne nos indúcas in tentatiōnem:

S: Sed líbera nos a malo.

P: Amen

P: Líbera nos, quæsumus, Dómine, ab omnibus malis, prætéritis, præséntibus, et futúris: et intercedénte beáta et gloriósa semper Vírgine Dei Genitricé María, cum beátis Apóstolis tuis Petro et Paulo, atque Andréa, et omnibus Sanctis, da propítius pacem in diébus nostris: ut ope misericórdiæ tuæ adjúti, et a peccáto simus semper líberi et ab omni perturbatiōne securi. Per eúndem Dominum nostrum Jesum Christum Filium tuum. Qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum.

S: Amen.

P: Pax Dómini sit semper vobiscum.

S: Et cum spírītu tuo.

(Kneel at High Mass)

P: Hæc commixtio, et consecratio Córporis et Sanguinis Dómini nostri Jesu Christi fiat accipiéntibus nobis in vitam ætérnam. Amen.

Agnus Dei, qui tollis peccáta mundi: **(strike breast)** miserere nobis.

Agnus Dei, qui tollis peccáta mundi: **(strike breast)** miserere nobis.

Agnus Dei, qui tollis peccáta mundi: **(strike breast)** dona nobis pacem.

P: Dómine Jesu Christe, Fili Dei vivi, qui ex voluntáte Patris, cooperánte Spírītu Sancto, per mortem tuam mundum vivificásti: líbera me per hoc sacrosánctum Corpus et Sanguinem tuum ab omnibus iniquitatibus meis, et univérſis malis: et fac me tuis semper inhærere mandátis: et a te numquam separári permíttas: Qui cum eódem Deo Patre et Spírītu Sancto vivis et regnas Deus in sæcula sæculórum. Amen.

P: Percéptio Córporis tui, Dómine Jesu Christe, quod ego indignus súmerē præsumo, non mihi provéniat in judicium et condemnatiōnem: sed pro tua pietáte prosit mihi ad tutáméntum mentis et córporis, et ad medélam percipiéndam: Qui vivis et regnas cum Deo Patre in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum. Amen.

P: Panem cæléstem accípiam, et nomen Dómini invocábo.

Dómine, non sum dignus 🕯️, ut intres sub tectum meum: sed tantum dic verbo, et sanábitur ánima mea. Dómine, non sum dignus 🕯️, ut intres sub tectum meum: sed tantum dic verbo, et sanábitur ánima mea. Dómine, non sum dignus 🕯️, ut intres sub tectum meum: sed tantum dic verbo, et sanábitur ánima mea.

P: Corpus Dómini nostri Jesu Christi custódiat ánimam meam in vitam ætérnam. Amen.

P: Quid retribuam Dómino pro omnibus quæ retribuit mihi? Cálicem salutáris accípiam, et nomen Dómini invocábo. Laudans invocábo Dóminum, et ab inimícis meis salvus ero.

P: Sanguis Dómini nostri Jesu Christi custódiat ánimam meam in vitam ætérnam. Amen.

P: Ecce Agnus Dei, ecce qui tollit peccáta mundi.

S: Dómine, non sum **(strike breast)** dignus, ut intres sub tectum meum: sed tantum dic verbo, et sanábitur ánima mea.

S: Dómine, non sum **(strike breast)** dignus, ut intres sub tectum meum: sed tantum dic verbo, et sanábitur ánima mea.

S: Dómine, non sum **(strike breast)** dignus, ut intres sub tectum meum: sed tantum dic verbo, et sanábitur ánima mea.

AT THE COMMUNION RAIL

P: Corpus Dómini nostri Jesu Christi custódiat ánimam tuam in vitam ætérnam. Amen.

AT THE CENTER OF THE ALTAR

P: Quod ore sumpsimus, Dómine, pura mente capiámus: et de múnere temporáli fiat nobis médium sempitérnum.

P: Corpus tuum, Dómine, quod sumpsi, et Sanguis, quem potávi, adhæreat viscéribus meis: et præsta; ut in me non remáneat scélerum mácula, quem pura et sancta refecerunt sacraménta: Qui vivis et regnas in sæcula sæculórum, Amen.

AT THE RIGHT SIDE OF THE ALTAR

COMMUNION John 6: 52
Panis, quem ego dédero, caro mea est pro sæculi vita.

P: Which oblation, do Thou, O God, deign in all respects to make blessed, approved, ratified, reasonable and acceptable, so that it may become for us the Body and Blood of Thy most beloved Son, our Lord, Jesus Christ.

P: Who, the day before He suffered, took bread into His holy and venerable hands, and with His eyes raised to heaven, unto Thee, God, His almighty Father, giving thanks to Thee, He blessed it, broke it, and gave it to His disciples saying:

Take, all of you, and eat of this: **FOR THIS IS MY BODY.**

P: In like manner, after He had supped, taking also this excellent chalice into His holy and venerable hands, and giving thanks to Thee, He blessed it, and gave it to His disciples, saying: Take, all of you, and drink of this: **FOR THIS IS THE CHALICE OF MY BLOOD OF THE NEW AND ETERNAL TESTAMENT: THE MYSTERY OF FAITH: WHICH SHALL BE Poured OUT FOR YOU AND FOR MANY UNTO THE REMISSION OF SINS.** As often as you shall do these things, you do them in memory of Me.

P: Wherefore, Lord, we, Thy servants, but also Thy holy people, mindful of the same Christ, Thy Son, our Lord, of His blessed passion, and of His resurrection from the grave, and of His glorious ascension into heaven, offer unto Thy most excellent majesty of Thine own gifts, bestowed upon us, a pure victim, a holy victim, an unspotted victim, the holy Bread of eternal life and the Chalice of everlasting salvation.

P: Deign to regard them with a gracious and serene countenance, and to accept them, as Thou didst deign to accept the gifts of Thy just servant Abel, and the sacrifice of Abraham our Patriarch, and that which Thy chief priest Melchisedech offered to Thee, a holy sacrifice, an unspotted victim.

P: Humbly we pray Thee, almighty God, command these offerings to be borne by the hands of Thy holy Angel to Thine altar on high, in the sight of Thy divine majesty, so that as many of us as shall, by partaking from this altar, consume the most holy Body and Blood of Thy Son, may be blessed with every heavenly grace and blessing. Through the same Christ our Lord. Amen.

P: Be mindful also, O Lord, of Thy servants and handmaids **N.** and **N.** who have gone before us with the sign of faith and rest in the sleep of peace. To these, O Lord, and to all who rest in Christ, we plead that you grant a place of comfort, light, and peace. Through the same Christ our Lord. Amen.

P: To us sinners also, Thy servants, trusting in the multitude of Thy mercies, deign to grant some part and fellowship with Thy holy Apostles and Martyrs, with John, Stephen, Matthias, Barnabas, Ignatius, Alexander, Marcellinus, Peter, Felicitas, Perpetua, Agatha, Lucy, Agnes, Cecilia, Anastasia, and with all Thy Saints, into whose company, we beseech Thee, not as appraiser of merit but as bestower of pardon, to admit us. Through Christ our Lord.

P: Through Whom, O Lord, Thou always create, sanctify, quicken, bless and bestow upon us all good things. Through Him and with Him and in Him is to Thee, God the Father almighty, in the unity of the Holy Spirit, all honor and glory,

P: Forever and ever.

(Stand at High Mass)

S: Amen.

P: Let us pray: Admonished by Thy saving precepts, and following Thy divine institution, we dare to say: Our Father, Who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation.

S: But deliver us from evil.

P: Amen.

P: Deliver us, we beseech Thee, O Lord, from all evils, past, present, and to come; and by the intercession of the blessed and glorious ever-Virgin Mary, Mother of God, together with Thy blessed Apostles, Peter and Paul, and Andrew, and all the Saints, mercifully grant peace in our days, that sustained by the help of Thy mercy, we may be always free from sin and secure from all disturbance. Through the same Jesus Christ, Thy Son, our Lord, Who lives and reigns with Thee, in the unity of the Holy Spirit, God, forever and ever.

S: Amen.

P: The peace of the Lord be always with you.

S: And with your spirit.

(Kneel at High Mass)

P: May this mingling and consecration of the Body and Blood of our Lord Jesus Christ be to us who receive it effectual unto eternal life. Amen.

Lamb of God, Who takes away the sins of the world, **(strike breast)** have mercy on us.

Lamb of God, Who takes away the sins of the world, **(strike breast)** have mercy on us.

Lamb of God, Who takes away the sins of the world, **(strike breast)** grant us peace.

P: O Lord Jesus Christ, Who said to Thine Apostles: Peace I leave you, My peace I give you; regard not my sins, but the faith of Thy Church, and deign to grant her peace and to unify her according to Thy will: Who lives and reigns God, forever and ever. Amen.

P: Lord Jesus Christ, Son of the living God, Who, by the will of the Father, with the cooperation of the Holy Spirit, hast by Thy death given life to the world; deliver me by this Thy most sacred Body and Blood, from all my sins and from all evils. Make me always cleave to Thy commandments, and never permit me to be separated from Thee, Who with the same God the Father and the Holy Spirit, lives and reigns, God, forever and ever. Amen.

P: Let not the partaking of Thy Body, O Lord Jesus Christ, which I, unworthy, presume to receive, turn to my judgment and condemnation; but through Thy kindness, may it benefit me, a safeguard both of mind and body, and a certain remedy. Who with God the Father, in the unity of the Holy Spirit, lives and reigns God, forever and ever. Amen.

P: I will take the Bread of heaven, and will call upon the name of the Lord.

Lord, I am not worthy that Thou should enter under my roof; but only say the word and my soul shall be healed. Lord, I am not worthy that Thou should enter under my roof; but only say the word and my soul shall be healed. Lord, I am not worthy that Thou should enter under my roof; but only say the word and my soul shall be healed.

P: May the Body of our Lord Jesus Christ preserve my soul unto life everlasting. Amen.

P: What return shall I render unto the Lord for all He has given me? I will take the Chalice of salvation, and I will call upon the name of the Lord. Praising I will call upon the Lord, and I shall be saved from my enemies.

P: May the Blood of our Lord Jesus Christ preserve my soul to life everlasting. Amen.

P: Behold the Lamb of God, behold Him who takes away the sins of the world.

S: Lord, I am **(strike breast)** not worthy that Thou should enter under my roof; but only say the word and my soul shall be healed.

S: Lord, I am **(strike breast)** not worthy that Thou should enter under my roof; but only say the word and my soul shall be healed.

S: Lord, I am **(strike breast)** not worthy that Thou should enter under my roof; but only say the word and my soul shall be healed.

AT THE COMMUNION RAIL

P: May the Body of our Lord Jesus Christ preserve your soul unto everlasting life. Amen.

AT THE CENTER OF THE ALTAR

P: Grant, O Lord, that what we have taken with our mouth, which we have with a pure mind; and from a temporal gift may it become to us an eternal remedy.

P: May Thy Body, O Lord, which I have consumed, and Thy Blood which I have drunk, cling to my vitals; and grant that no wicked stain may remain in me, whom these pure and holy mysteries have refreshed. Who lives and reigns, forever and ever. Amen.

AT THE RIGHT SIDE OF THE ALTAR

The bread that I will give is My Flesh for the life of the world.

AT THE CENTER OF THE ALTAR

(Stand at High Mass)

P: Dóminus vobíscum.

S: **Et cum spírítu tuo.**

AT THE CENTER OF THE ALTAR

(Stand at High Mass)

P: The Lord be with you.

S: And with your spirit.

AT THE RIGHT SIDE OF THE ALTAR

P: Orémus.

POSTCOMMUNION

Tuórum nos, Dómine, largitáte donórum, et temporálibus attólle præsídiis, et rénova sempitérnis. Per Dóminum nostrum Jesum Christum, Fílium tuum, qui tecum vivit et regnat in unitáte Spírítus Sancti, Deus, per ómnia sæcula sæculórum.

S: **Amen.**

P: Orémus.

AT THE RIGHT SIDE OF THE ALTAR

P: Let us pray.

Out of the abundance of Thy gifts, O Lord, sustain us with temporal safeguards, and renew us by those that are eternal. Through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever.

S: Amen.

P: Let us pray.

PRAYER OVER THE PEOPLE

Humiliáte cápita vestra Deo. Da, quæsumus, Dómine, pópulis cristiánis: et, quæ profiténtur, agnóscere, et cæléste munus díligere, quod frequéntant. Per Dóminum nostrum Jesum Christum, Fílium tuum, qui tecum vivit et regnat in unitáte Spírítus Sancti, Deus, per ómnia sæcula sæculórum.

S: **Amen.**

Bow down your heads before God. Grant, we beseech Thee, O Lord, to all Christian people, that they may understand what they profess, and love the heavenly Gift which they frequent. Through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever.

S: Amen.

AT THE CENTER OF THE ALTAR

P: Dóminus vobíscum.

S: **Et cum spírítu tuo.**

P: Ite, Missa est.

S: **Deo grátias.**

(Kneel at High Mass)

AT THE CENTER OF THE ALTAR

P: The Lord be with you.

S: And with your spirit.

P: Go, the Mass is ended.

S: Thanks be to God.

(Kneel at High Mass)

P: Pláceat tibi, sancta Trínitas, obséqúium servitútis meæ: et præsta; ut sacrificium, quod óculis tuæ majestátis indígnus obtuli, tibi sit acceptábile, míhique et ómnibus pro quibus illud obtuli, sit, te miseránte, propitiábile. Per Christum Dóminum nostrum. Amen.

P: Benedícat vos omnípotens Deus,

†**Pater,** et Fílius, et Spírítus Sanctus.

S: **Amen.**

P: May the performance of my homage be pleasing to Thee, O holy Trinity: and grant that the sacrifice which I, though unworthy, have offered up in the sight of Thy majesty, may be acceptable unto Thee, and may, through Thy mercy, be a propitiation for myself and all those for whom I have offered it. Through Christ our Lord. Amen.

P: May almighty God bless you, †the Father, Son, and Holy Spirit.

S: Amen.

AT THE LEFT SIDE OF THE ALTAR

(Stand)

P: Dóminus vobíscum.

S: **Et cum spírítu tuo.**

P: Inítium sancti Evangéllii secúndum Joánnem.

S: **Glória tibi, Dómine.**

P: In princípío erat Verbum, et Verbum erat apud Deum, et Deus erat Verbum. Hoc erat in princípío apud Deum. Ómnia per ipsum facta sunt: et sine ipso factum est nihil, quod factum est: in ipso víta erat, et víta erat lux hóminum: et lux in ténebris lucet, et ténebræ eam non comprehendérunt. Fuit homo missus a Deo, cui nomen erat Joáannes. Hic venit in testimónium, ut testimónium perhibéret de lúmine, ut omnes créderent per illum. Non erat ille lux, sed ut testimónium perhibéret de lúmine. Erat lux vera, quæ illúminat omnem hóminem veniéntem in hunc mundum. In mundo erat, et mundus per ipsum factus est, et mundus eum non cognóvit. In própria venit, et sui eum non recepérunt. Quotquot autem recepérunt eum, dedit eis potestátem filios Dei fieri, his qui credunt in nómine ejus: qui non ex sanguínibus, neque ex voluntáte carnis, neque ex voluntáte viri, sed ex Deo nati sunt.

(Genuflect) ET VERBUM CARO

FACTUM EST

et habitávit in nobis: et vídimus glóriam ejus, glóriam quasi Unigéniti a Patre, plenum grátiae et veritátis.

S: Deo grátias.

AT THE LEFT SIDE OF THE ALTAR

(Stand)

P: The Lord be with you.

S: And with your spirit.

P: The beginning of the holy Gospel according to John.

S: Glory be to Thee, O Lord.

P: In the beginning was the Word, and the Word was with God, and the Word was God. The same was in the beginning with God. All things were made by Him: and without Him was made nothing that was made. In Him was life, and the life was the light of men. And the light shineth in darkness, and the darkness did not comprehend it. There was a man sent from God, whose name was John. This man came for a witness, to give testimony of the light, that all men might believe through him. He was not that light, but was to give testimony of the light. That was the true light, which enlighteneth every man that cometh into this world. He was in the world, and the world was made by Him, and the world knew Him not. He came unto His own, and His own received Him not. But as many as received Him, He gave them power to be made the sons of God, to them that believe in His name. Who are born, not of blood, nor of the will of the flesh, nor of the will of man, but of God.

(Genuflect) AND THE WORD WAS

MADE FLESH,

and dwelt among us, (and we saw His glory, the glory as it were of the only begotten of the Father,) full of grace and truth.

S: Thanks be to God.

[Leonine Prayers](#)

(optional after Low Mass)