

Many allusions are made today to Jerusalem in the Liturgy. The Collect is inspired by the famous cry of the Baptist, "Prepare ye the way of the Lord;" so we pray to God to pour His grace into our hearts. This preparation consists in the spirit of contrition purifying the soul and in the sincere purpose of obedience to the divine precepts.

In the Epistle St. Paul in a few touches sketches the mission of the Redeemer to establish all mankind in one single family, the Church. The Gospel testifies to the divinity of Christ by deeds rather than by words.

The Eucharistic grace for which we beg in the Postcommunion is that the holy bread, the memorial of the death of Our Lord, may destroy in us the germs of evil and may nourish us unto everlasting life.

[New User Guide](#)

**AT THE FOOT OF THE ALTAR
(Kneel)**

P: † In nómine Patris, et Fíllii, et Spíritus Sancti. Amen.
S: Introíbo ad altáre Dei.
P: Ad Deum qui lætíficat juventútem meam.

(Psalm 42)

P: Júdica me, Deus, et discérne causam meam de gente non sancta: ab hómine iníquo et dolóso érué me.

S: Quia tu es, Deus, fortitúdo mea: quare me repulísti, et quare tristis incédo, dum afflígit me inimícus?

P: Emítte lucem tuam, et veritátem tuam: ipsa me deduxérunt, et adduxérunt in montem sanctum tuum, et in tabernácula tua.

S: Et introíbo ad altáre Dei: ad Deum qui lætíficat juventútem meam.

P: Confítebor tibi in cíthara, Deus, Deus meus: quare tristis es, ánima mea, et quare contúrbas me?

S: Spera in Deo, quóniam adhuc confítebor illi: salutáre vultus mei, et Deus meus.

P: Glória Patri, et Fílió, et Spíritui Sancto.
S: Sicut erat in princípío, et nunc, et semper: et in sæcula sæculórum. Amen.

P: Introíbo ad altáre Dei.
S: Ad Deum qui lætíficat juventútem meam.

P: † Adjutórium nostrum in nómine Dómini.
S: Qui fecit cælum et terram.

P: Confíteor Deo omnipoténti, beátæ Mariæ semper Vírgini, beáto Michaéli Archángelo, beáto Joánni Baptistæ, sanctis Apóstolis Petro et Paulo, ómnibus Sanctis, et vobis fratres: quia peccávi nimis cogitátione, verbo, et ópere: mea culpa, mea culpa, mea máxima culpa. Ídeo precor beátam Mariam semper Vírginem, beátum Michaélem Archángelum, beátum Joánnem Baptistam, sanctos Apóstolos Petrum et Paulum, omnes Sanctos, et vos fratres, oráre pro me ad Dóminum Deum nostrum.

S: Misereátur tui omnipotens Deus, et, dimíssis peccátis tuis, perdúcat te ad vitam ætérnam.

P: Amen.

S: Confíteor Deo omnipoténti, beátæ Mariæ semper Vírgini, beáto Michaéli Archángelo, beáto Joánni Baptistæ, sanctis Apóstolis Petro et Paulo, ómnibus Sanctis, et tibi pater: quia peccávi nimis cogitátione, verbo, et ópere: **(strike breast 3 times)** mea culpa, mea culpa, mea máxima culpa. Ídeo precor beátam Mariam semper Vírginem, beátum Michaélem Archángelum, beátum Joánnem Baptistam, sanctos Apóstolos Petrum et Paulum, omnes Sanctos, et te Pater, oráre pro me ad Dóminum Deum nostrum.

P: Misereátur vestri omnipotens Deus, et, dimíssis peccátis vestris, perdúcat vos ad vitam ætérnam.

S: Amen.

P: † Indulgéntiam, absolutiónem, et remissionem peccatórum nostrórum, tríbuat nobis omnípotens et miséricors Dóminus.

S: Amen.

P: Deus, tu convérsus vivificábis nos.

S: Et plebs tua lætábitur in te.

P: Osténde nobis, Dómine, misericórdiam tuam.

S: Et salutáre tuum da nobis.

P: Dómine, exáudi oratióne meam.

S: Et clamor meus ad te véniat.

P: Dóminus vobíscum.

S: Et cum spírítu tuo.

P: Orémus.

P: Aufer a nobis, quæsumus, Dómine, iniquitátes nostras: ut ad Sancta Sanctórum puris mereámur méntibus introíre. Per Christum Dóminum nostrum. Amen.

AT THE CENTER OF THE ALTAR

P: Orámus te, Dómine, per mérita Sanctórum tuórum, quorum relíquiæ hic sunt et ómnium Sanctórum: ut indulgére dignéris ómnia peccáta mea. Amen.

(Only at High Mass when incense is used)

P: *Ab illo benedicáris, in cuius honóre cremáberis.*

**AT THE FOOT OF THE ALTAR
(Kneel)**

P: † In the Name of the Father, and of the Son, and of the Holy Spirit. Amen.
P: I will go unto the altar of God.
S: To God, Who gives joy to my youth.

(Psalm 42)

P: Judge me, O God, and distinguish my cause from the unholy nation, deliver me from the unjust and deceitful man.

S: For Thou, O God, art my strength, why hast Thou cast me off? And why do I go about in sadness, while the enemy afflicts me?

P: Send forth Thy light and Thy truth: they have conducted me and brought me unto Thy holy mount, and into Thy tabernacles.

S: And I will go unto the altar of God: to God, Who gives joy to my youth.

P: I shall praise Thee upon the harp, O God, my God. Why are you sad, O my soul, and why do you disquiet me?

S: Hope in God, for I will still praise Him, the salvation of my countenance, and my God.

P: Glory be to the Father, and to the Son, and to the Holy Spirit.

S: As it was in the beginning, is now, and ever shall be, world without end. Amen.

P: I will go unto the altar of God.
S: To God, Who gives joy to my youth.

P: † Our help is in the name of the Lord.
S: Who made heaven and earth.

P: I confess to almighty God, to blessed Mary ever Virgin, to blessed Michael the Archangel, to blessed John the Baptist, to the holy Apostles Peter and Paul, to all the Saints, and to you, brethren, that I have sinned exceedingly in thought, word, and deed: through my fault, through my fault, through my most grievous fault. Therefore I pray blessed Mary ever Virgin, blessed Michael the Archangel, blessed John the Baptist, the holy Apostles Peter and Paul, all the Saints, and you, brethren, to pray for me to the Lord our God.

S: May almighty God have mercy on you, forgive you your sins, and bring you to life everlasting.

P: Amen.

S: I confess to almighty God, to blessed Mary ever Virgin, to blessed Michael the Archangel, to blessed John the Baptist, to the holy Apostles Peter and Paul, to all the Saints, and to you father: that I have sinned exceedingly in thought, word, and deed: **(strike breast 3 times)** through my fault, through my fault, through my most grievous fault. Therefore I pray blessed Mary ever Virgin, blessed Michael the Archangel, blessed John the Baptist, the holy Apostles Peter and Paul, all the Saints, and you, Father, to pray for me to the Lord our God.

P: May almighty God have mercy on you, forgive you your sins, and bring you to life everlasting.

S: Amen.

P: † May the almighty and merciful Lord grant us pardon, absolution, and remission of our sins.

S: Amen.

P: Thou wilt turn again, O God, and quicken us.

S: And Thy people will rejoice in Thee.

P: Show us, O Lord, Thy mercy.

S: And grant us Thy salvation.

P: O Lord, hear my prayer.

S: And let my cry come unto Thee.

P: The Lord be with you.

S: And with your spirit.

P: Let us pray.

AT THE CENTER OF THE ALTAR

P: We pray Thee, O Lord, by the merits of Thy Saints whose relics are here, and of all the Saints: that Thou would deign to pardon me all my sins. Amen.

(Only at High Mass when incense is used)

P: *Be blessed by Him in Whose honor you will be burnt.*

AT THE RIGHT SIDE OF THE ALTAR

People of Sion, behold the Lord shall come to save the nations: and the Lord shall make the glory of His voice to be heard, in the joy of your heart. (Ps. 79: 2) Give ear, O Thou that rules Israel: Thou that leads Joseph like a sheep. Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen. People of Sion, behold the Lord shall come to save the nations: and the Lord shall make the glory of His voice to be heard, in the joy of your heart.

AT THE CENTER OF THE ALTAR

P: Lord, have mercy.

S: Lord, have mercy.

P: Lord, have mercy.

S: Christ, have mercy.

P: Christ, have mercy.

S: Christ, have mercy.

P: Lord, have mercy.

S: Lord, have mercy.

P: Lord, have mercy.

(Stand at High Mass)

AT THE CENTER OF THE ALTAR

P: Kýrie, eléison.

S: **Kýrie, eléison.**

P: Kýrie, eléison.

S: **Christe, eléison.**

P: Christe, eléison.

S: **Christe, eléison.**

P: Kýrie, eléison.

S: **Kýrie, eléison.**

P: Kýrie, eléison.

(Stand at High Mass)

P: Dóminus vobíscum.

S: **Et cum spírítu tuo.**

AT THE CENTER OF THE ALTAR

P: The Lord be with you.

S: And with your Spirit.

AT THE RIGHT SIDE OF THE ALTAR

P: Let us pray.

AT THE RIGHT SIDE OF THE ALTAR

Stir up our hearts, O Lord, to prepare the way of Thine only-begotten Son: that through His coming we may attain to serve Thee with purified minds. Who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever.

S: Amen.

P: Let us pray.

For St. Sabbas

May the intercession of blessed Sabbas the Abbot commend us unto Thee, we beseech Thee, O Lord: so that what we cannot acquire by any merits of ours, we may obtain by his patronage. Through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever.

S: Amen.

(Sit)

AT THE CENTER OF THE ALTAR

Brethren, What things soever were written, were written for our learning: that, through patience and the comfort of the Scriptures, we might have hope. Now the God of patience and of comfort grant you to be of one mind and conforing to Jesus Christ, that with one mind and one mouth you may glorify the God and Father of our Lord Jesus Christ. Wherefore receive one another, as Christ also hath received you, unto the honor of God. For I say that Christ Jesus was minister of the circumcision for the truth of God, to confirm the promises made unto the fathers: but that the Gentiles are to glorify God for His mercy, as it is written: Therefore will I confess to Thee, O Lord, among the Gentiles, and will sing to Thy Name. And again He saith: Rejoice, ye Gentiles, with His people. And again: Praise the Lord, all ye Gentiles, and magnify Him, all ye people. And again, Isaias saith: There shall be a root of Jesse; and He that shall rise up to rule the Gentiles, in Him the Gentiles shall hope. Now the God of hope fill you with all joy and peace in believing: that you may abound in hope, and in the power of the Holy Spirit.

S: Thanks be to God.

AT THE RIGHT SIDE OF THE ALTAR

Out of Sion, the loveliness of His beauty: God shall come manifestly. Gather ye together His Saints to Him, who have set His covenant before sacrifices.

Alleluia, alleluia. I rejoiced at the things that were said to me: We shall go unto the house of the Lord. Alleluia.

AT THE CENTER OF THE ALTAR

P: Cleanse my heart and my lips, O almighty God, Who cleansed the lips of the Prophet Isaiah with a burning coal. In Thy gracious mercy, deign so to purify me, that I may worthily proclaim Thy holy Gospel. Through Christ our Lord. Amen.

P: Pray, Lord, a blessing. The Lord be in my heart and on my lips that I may worthily and fittingly proclaim His Gospel. Amen.

AT THE CENTER OF THE ALTAR

P: Munda cor meum ac lábia mea, omnipotens Deus, qui lábia Isaíæ Prophétæ cálculo mundásti igníto: ita me tua grata miseratióne dignáre mundáre, ut sanctorum Evangélium tuum digne váleam nuntiáre. Per Christum Dóminum nostrum. Amen.
P: Jube, Dómine, benedícere. Dóminus sit in corde meo, et in lábiis meis: ut digne et competenter annúntiem Evangélium suum. Amen.

AT THE CENTER OF THE ALTAR

P: Munda cor meum ac lábia mea, omnipotens Deus, qui lábia Isaíæ Prophétæ cálculo mundásti igníto: ita me tua grata miseratióne dignáre mundáre, ut sanctorum Evangélium tuum digne váleam nuntiáre. Per Christum Dóminum nostrum. Amen.
P: Jube, Dómine, benedícere. Dóminus sit in corde meo, et in lábiis meis: ut digne et competenter annúntiem Evangélium suum. Amen.

AT THE CENTER OF THE ALTAR

P: Munda cor meum ac lábia mea, omnipotens Deus, qui lábia Isaíæ Prophétæ cálculo mundásti igníto: ita me tua grata miseratióne dignáre mundáre, ut sanctorum Evangélium tuum digne váleam nuntiáre. Per Christum Dóminum nostrum. Amen.
P: Jube, Dómine, benedícere. Dóminus sit in corde meo, et in lábiis meis: ut digne et competenter annúntiem Evangélium suum. Amen.

AT THE CENTER OF THE ALTAR

P: Munda cor meum ac lábia mea, omnipotens Deus, qui lábia Isaíæ Prophétæ cálculo mundásti igníto: ita me tua grata miseratióne dignáre mundáre, ut sanctorum Evangélium tuum digne váleam nuntiáre. Per Christum Dóminum nostrum. Amen.
P: Jube, Dómine, benedícere. Dóminus sit in corde meo, et in lábiis meis: ut digne et competenter annúntiem Evangélium suum. Amen.

AT THE CENTER OF THE ALTAR

P: Munda cor meum ac lábia mea, omnipotens Deus, qui lábia Isaíæ Prophétæ cálculo mundásti igníto: ita me tua grata miseratióne dignáre mundáre, ut sanctorum Evangélium tuum digne váleam nuntiáre. Per Christum Dóminum nostrum. Amen.
P: Jube, Dómine, benedícere. Dóminus sit in corde meo, et in lábiis meis: ut digne et competenter annúntiem Evangélium suum. Amen.

AT THE CENTER OF THE ALTAR

P: Munda cor meum ac lábia mea, omnipotens Deus, qui lábia Isaíæ Prophétæ cálculo mundásti igníto: ita me tua grata miseratióne dignáre mundáre, ut sanctorum Evangélium tuum digne váleam nuntiáre. Per Christum Dóminum nostrum. Amen.
P: Jube, Dómine, benedícere. Dóminus sit in corde meo, et in lábiis meis: ut digne et competenter annúntiem Evangélium suum. Amen.

AT THE CENTER OF THE ALTAR

P: Munda cor meum ac lábia mea, omnipotens Deus, qui lábia Isaíæ Prophétæ cálculo mundásti igníto: ita me tua grata miseratióne dignáre mundáre, ut sanctorum Evangélium tuum digne váleam nuntiáre. Per Christum Dóminum nostrum. Amen.
P: Jube, Dómine, benedícere. Dóminus sit in corde meo, et in lábiis meis: ut digne et competenter annúntiem Evangélium suum. Amen.

AT THE CENTER OF THE ALTAR

P: Munda cor meum ac lábia mea, omnipotens Deus, qui lábia Isaíæ Prophétæ cálculo mundásti igníto: ita me tua grata miseratióne dignáre mundáre, ut sanctorum Evangélium tuum digne váleam nuntiáre. Per Christum Dóminum nostrum. Amen.
P: Jube, Dómine, benedícere. Dóminus sit in corde meo, et in lábiis meis: ut digne et competenter annúntiem Evangélium suum. Amen.

AT THE CENTER OF THE ALTAR

P: Munda cor meum ac lábia mea, omnipotens Deus, qui lábia Isaíæ Prophétæ cálculo mundásti igníto: ita me tua grata miseratióne dignáre mundáre, ut sanctorum Evangélium tuum digne váleam nuntiáre. Per Christum Dóminum nostrum. Amen.
P: Jube, Dómine, benedícere. Dóminus sit in corde meo, et in lábiis meis: ut digne et competenter annúntiem Evangélium suum. Amen.

AT THE CENTER OF THE ALTAR

P: Munda cor meum ac lábia mea, omnipotens Deus, qui lábia Isaíæ Prophétæ cálculo mundásti igníto: ita me tua grata miseratióne dignáre mundáre, ut sanctorum Evangélium tuum digne váleam nuntiáre. Per Christum Dóminum nostrum. Amen.
P: Jube, Dómine, benedícere. Dóminus sit in corde meo, et in lábiis meis: ut digne et competenter annúntiem Evangélium suum. Amen.

AT THE CENTER OF THE ALTAR

P: Munda cor meum ac lábia mea, omnipotens Deus, qui lábia Isaíæ Prophétæ cálculo mundásti igníto: ita me tua grata miseratióne dignáre mundáre, ut sanctorum Evangélium tuum digne váleam nuntiáre. Per Christum Dóminum nostrum. Amen.
P: Jube, Dómine, benedícere. Dóminus sit in corde meo, et in lábiis meis: ut digne et competenter annúntiem Evangélium suum. Amen.

AT THE CENTER OF THE ALTAR

P: Munda cor meum ac lábia mea, omnipotens Deus, qui lábia Isaíæ Prophétæ cálculo mundásti igníto: ita me tua grata miseratióne dignáre mundáre, ut sanctorum Evangélium tuum digne váleam nuntiáre. Per Christum Dóminum nostrum. Amen.
P: Jube, Dómine, benedícere. Dóminus sit in corde meo, et in lábiis meis: ut digne et competenter annúntiem Evangélium suum. Amen.

AT THE CENTER OF THE ALTAR

P: Munda cor meum ac lábia mea, omnipotens Deus, qui lábia Isaíæ Prophétæ cálculo mundásti igníto: ita me tua grata miseratióne dignáre mundáre, ut sanctorum Evangélium tuum digne váleam nuntiáre. Per Christum Dóminum nostrum. Amen.
P: Jube, Dómine, benedícere. Dóminus sit in corde meo, et in lábiis meis: ut digne et competenter annúntiem Evangélium suum. Amen.

AT THE CENTER OF THE ALTAR

P: Munda cor meum ac lábia mea, omnipotens Deus, qui lábia Isaíæ Prophétæ cálculo mundásti igníto: ita me tua grata miseratióne dignáre mundáre, ut sanctorum Evangélium tuum digne váleam nuntiáre. Per Christum Dóminum nostrum. Amen.
P: Jube, Dómine, benedícere. Dóminus sit in corde meo, et in lábiis meis: ut digne et competenter annúntiem Evangélium suum. Amen.

AT THE CENTER OF THE ALTAR

P: Munda cor meum ac lábia mea, omnipotens Deus, qui lábia Isaíæ Prophétæ cálculo mundásti igníto: ita me tua grata miseratióne dignáre mundáre, ut sanctorum Evangélium tuum digne váleam nuntiáre. Per Christum Dóminum nostrum. Amen.
P: Jube, Dómine, benedícere. Dóminus sit in corde meo, et in lábiis meis: ut digne et competenter annúntiem Evangélium suum. Amen.

AT THE CENTER OF THE ALTAR

P: Munda cor meum ac lábia mea, omnipotens Deus, qui lábia Isaíæ Prophétæ cálculo mundásti igníto: ita me tua grata miseratióne dignáre mundáre, ut sanctorum Evangélium tuum digne váleam nuntiáre. Per Christum Dóminum nostrum. Amen.
P: Jube, Dómine, benedícere. Dóminus sit in corde meo, et in lábiis meis: ut digne et competenter annúntiem Evangélium suum. Amen.

AT THE CENTER OF THE ALTAR

P: Munda cor meum ac lábia mea, omnipotens Deus, qui lábia Isaíæ Prophétæ cálculo mundásti igníto: ita me tua grata miseratióne dignáre mundáre, ut sanctorum Evangélium tuum digne váleam nuntiáre. Per Christum Dóminum nostrum. Amen.
P: Jube, Dómine, benedícere. Dóminus sit in corde meo, et in lábiis meis: ut digne et competenter annúntiem Evangélium suum. Amen.

AT THE CENTER OF THE ALTAR

P: Munda cor meum ac lábia mea, omnipotens Deus, qui lábia Isaíæ Prophétæ cálculo mundásti igníto: ita me tua grata miseratióne dignáre mundáre, ut sanctorum Evangélium tuum digne váleam nuntiáre. Per Christum Dóminum nostrum. Amen.
P: Jube, Dómine, benedícere. Dóminus sit in corde meo, et in lábiis meis: ut digne et competenter annúntiem Evangélium suum. Amen.

AT THE CENTER OF THE ALTAR

P: Munda cor meum ac lábia mea, omnipotens Deus, qui lábia Isaíæ Prophétæ cálculo mundásti igníto: ita me tua grata miseratióne dignáre mundáre, ut sanctorum Evangélium tuum digne váleam nuntiáre. Per Christum Dóminum nostrum. Amen.
P: Jube, Dómine, benedícere. Dóminus sit in corde meo, et in lábiis meis: ut digne et competenter annúntiem Evangélium suum. Amen.

AT THE CENTER OF THE ALTAR

P: Munda cor meum ac lábia mea, omnipotens Deus, qui lábia Isaíæ Prophétæ cálculo mundásti igníto: ita me tua grata miseratióne dignáre mundáre, ut sanctorum Evangélium tuum digne váleam nuntiáre. Per Christum Dóminum nostrum. Amen.
<

**AT THE LEFT SIDE OF THE ALTAR
(Stand)**

P: Dóminus vobiscum.

S: **Et cum spiritu tuo.**

P: Seqúentia sancti Evangéllii

secúndum Matthæum.

S: **Glória tibi, Dómine.**

GOSPEL Matthew 11: 2-10

In illo témpore: Cum audisset Joánnes in vinctulis ópera Christi, mittens duos de discipulis suis, ait illi: Tu es, qui ventúrus es, an álium expectámus? Et respóndens Jesus, ait illis: Eúntes renuntiáte Joánni quæ audístis, et vidístis. Cæci vident, claudi ámbulant, leprósi mundántur, surdi áudiunt, mórtui resúrgunt, páuperes evangelizántur: et beátus est, qui non fúerit scandalizátus in me. Illis autem abeúntibus, cœpit Jesus dicere ad turbas de Joánnē: Quid exístis in desértum vidére? arúndinem vento agitátam? Sed quid exístis vidére? hóminem móllibus vestítum? Ecce qui móllibus vestiúntur, in dómibus regum sunt. Sed quid exístis vidére? prophétam? Étiám dico vobis, et plus quam prophétam. Hic est enim, de quo scriptum est: Ecce ego mitto Ángelum meum ante faciém tuam, qui præparábit viam tuam ante te.

S: Laus tibi, Christe.

P: Per evangélica dicta deleántur nostra delicta.

AT THE CENTER OF THE ALTAR

P: Dóminus vobiscum.

S: **Et cum spiritu tuo.**

P: Orémus.

(Sit)

OFFERTORY Psalms 84: 7, 8

Deus, tu convérsus vivificábis nos, et plebs tua lætábitur in te: osténde nobis, Dómine, misericórdiam tuam, et salutáre tuum da nobis.

P: Súscipe, sancte Pater, omnípotens ætérne Deus, hanc immaculátam hostíam, quam ego immagínatus fámulus tuus offero tibi, Deo meo vivo et vero, pro innumerábilibus peccátis, et offénsionibus, et negligétiis meis, et pro ómnibus circumstántibus, sed et pro ómnibus fidélibus cristiánis vivis atque defúntis: ut mihi, et illis proficiat ad salutém in vitam ætérnam. Amen.

AT THE RIGHT SIDE OF THE ALTAR

P: Deus, qui humanæ substántiæ dignitátem mirábiliter condidísti, et mirábilis reformásti: da nobis per hujus aquæ et vini mystérium, ejus divinitátis esse consórtes, qui humanitátis nostræ fieri dignátus est párticeps, Jesus Christus Fílius tuus Dóminus noster: Qui tecum vivit et regnat in unitáte Spíritus Sancti Deus: per ómnia sæcula sæculórum. Amen.

AT THE CENTER OF THE ALTAR

P: Offerimus tibi, Dómine, cálicem salutáris tuam deprecánte cleméntiam: ut in conspéctu divínæ majestátis tuæ, pro nostra, et totíus mundi salutē cum odóre suavitátis ascéndat. Amen. In spíritu humilitátis, et in ánimo contrito suscipiámur a te, Dómine, et sic fiat sacrificium nostrum in conspéctu tuo hódie, ut pláceat tibi, Dómine Deus. Veni, sanctificátor omnípotens ætérne Deus: et benedic hoc sacrificium, tuo sancto nómini præparátum.

(Only at High Mass

when incense is used)

P: *Per intercessiónem beáti Michælis Archángeli, stantis a dextris altáris incénsi, et ómnium electórum suórum, incensum istud dignétur Dóminus benedicere, et in odórem suavitátis accipere. Per Christum Dóminum nostrum. Amen.*

P: *Incensum istud a te benedictum, ascéndat ad te, Dómine, et descéndat super nos misericórdia tua.*

P: *Dirigátur, Dómine, orátio mea, sicut incensum, in conspéctu tuo: elevátio mánuum meárum sacrificium vespertinum. Pone, Dómine, custódiám ori meo, et óstium circumstántiæ lábiis meis: ut non declinet cor meum in verba malitiæ, ad excusándas excusatiónes in peccátis.*

P: *Accéndat in nobis Dóminus ignem sui Accóris, et flamma ætérni caritátis. Amen.*

AT THE RIGHT SIDE OF THE ALTAR

P: Lavábo inter innocétes manus meas: et circumdábo altáre tuum, Dómine: Ut áudiám vocem laudis, et enárrem univérsa mirábilia tua. Dómine, diléxi decórem domus tuæ, et locum habitátionis glóriæ tuæ. Ne perdas cum ímpíis, Deus, ánimam meam, et cum viris sánguinem vitam meam: In quorum mánibus iniquitátes sunt: dextera eórum repléta est munéribus. Ego autem in innocéntia mea ingressus sum: rédime me, et miserére mei. Pes meus stetit in dirécto: in ecclésiis benedícam te, Dómine. Glória Patri, et Filio, et Spíritui Sancto. Sicut erat in princípio, et nunc, et semper: et in sæcula sæculórum. Amen.

AT THE CENTER OF THE ALTAR

P: Súscipe, sancta Trínitas, hanc oblatiónem, quam tibi offerimus ob memóriam passiónis, resurrectiόνis, et ascensiónis Jesu Christi Dómini nostri: et in honórem beátæ Mariæ semper Vírginis, et beáti Joánnis Baptistæ, et sanctórum Apostolórum Petri et Pauli, et istórum, et ómnium Sanctórum: ut illis proficiat ad honórem, nobis autem ad salutém: et illi pro nobis intercédere dignéntur in cælis, quorum memóriam ágimus in terris. Per eúndem Christum Dóminum nostrum. Amen.

P: Oráte fratres: ut meum ac vestrum sacrificium acceptábile fiat apud Deum Patrem omnipoténtem.

S: Suscipiat Dóminus sacrificium de mánibus tuis, ad laudém, et glóriam nostram, totiúsque Ecclésiæ suæ sanctæ.

P: Amen.

SECRET (silently)

Placáre, quæsumus, Dómine, humilitátis nostræ precunt et hóstiis: et ubi nulla salubritas suffragia meritórum, tuis nobis succúrre præsídiis. Per Dóminum nostrum Jesum Christum, Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum.

SECRET (silently)

Sacris altáribus, Dómine, hóstias superpósitas sanctus Sabbas Abbas, quæsumus, in salutém nobis provenire depóscat. Per Dóminum nostrum Jesum Christum, Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus,

(aloud, to conclude the Secret Prayer)

P: ...per ómnia sæcula sæculórum.

(Stand at High Mass)

S: **Amen.**

P: Dóminus vobiscum.

S: **Et cum spiritu tuo.**

P: Sursum corda.

S: **Habémus ad Dóminum.**

P: Grátias agámus Dómino Deo nostro.

S: **Dignum et justum est.**

PREFACE OF ADVENT

Vere dignum et justum est, æquum et salutáre, nos tibi semper, et ubique grátias ágere, Dómine sancte, Pater omnípotens, ætérne Deus: per Christum Dóminum nostrum. Quem pérdito hóminum géneri Salvatórem miséricordis et fidelis promissisti: cuius veritátes instrúeret inscius, adjuváret infirmos. Dum ergo prope est ut véniat quem missúrus es, et dies affúget liberatiónis nostræ, in hac promissiónem tuárum tuum, cum gáudiis exsultámus. Et ideo cum Angelis et Archángelis, cum Thronis et Dominatió nibus, cumque omni militiá cælestis exércitus, hymnum glóriæ tuæ lætis exécutis, sine fine dicétes:

(Kneel)

P: Sanctus ☩, Sanctus ☩, Sanctus ☩, Dóminus Deus Sábaoth. Pleni sunt cæli et terra glória tua. Hosánna in excélsis. † Benedíctus qui venit in nómine Dómini. Hosánna in excélsis.

THE ROMAN CANON

(silently)

P: Te ígitur, clementíssime Pater, per Jesum Christum Fílium tuum, Dóminum nostrum, súpplices rogámus, ac pétimus uti accépta hábeas, et benedícas, hæc dona, hæc múnera, hæc sancta sacrificia illibáta, in primis, quæ tibi offerimus pro Ecclésia tua sancta thólicæ: quam pacificáre, custodíre, adunáre, et régere dignéris toto orbe terrárum: una cum fáculo tuo Papa nostro **N.**, et Antístite nostro **N.**, et ómnibus orthodoxis, atque cathólicæ et apostólicæ fidei cultóribus.

P: Meménto, Dómine, famulórum, famularúmque tuárum **N.**, et **N.**, et ómnium circumstántium, quorum tibi fides cógna est, et nota devótio, pro quibus tibi offerimus: vel qui tibi offerunt hoc sacrificium laudis, pro se, suisque ómnibus: pro redemptiône animárum tuárum: pro spe salutis et incolumitátis suæ: tibique reddunt vota sua ætérno Deo, vivo et vero.

P: Comunicántes, et memóriam venerántes, in primis gloriósæ semper Vírginis Mariæ, Genitricis Dei et Dómini nostri Jesu Christi: sed et beáti Joseph, ejúsdem Vírginis Sponsi, et beatórum Apostolórum ac Mátyrum tuórum, Petri et Pauli, Andréæ, Jacóbi, Joánnis, Thomæ, Jacóbi, Philíppi, Bartholomæi, Matthæi, Simónis, et Thaddæi: Lini, Cleti, Cleméntis, Xysti, Cornélii, Cyprii, Lauréntii, Chrysóstomi, Joánnis et Pauli, Cosmæ et Damiáni, et ómnium Sanctórum tuórum: quorum méritis precibúsq; concédis, ut in ómnibus protectiόνis tuæ muniámur auxilió. Per eúndem Christum Dóminum nostrum. Amen.

**AT THE LEFT SIDE OF THE ALTAR
(Stand)**

P: The Lord be with you.

S: And with your spirit.

P: The continuation of the holy Gospel

according to Matthew.

S: Glory to Thee, O Lord.

At that time, when John had heard in prison the works of Christ, sending two of his disciples, he said to Him: Art thou He that art to come, or look we for another? And Jesus, making answer, said to them: Go and relate to John what you have heard and seen. The blind see, the lame walk, the lepers are cleansed, the deaf hear, the dead rise again, the poor have the gospel preached to them: and blessed is he that shall not be scandalized in Me. And when they went their way, Jesus began to say to the multitudes concerning John: What went you out into the desert to see? A reed shaken with the wind? But what went you out to see? A man clothed in soft garments? Behold they that are clothed in soft garments are in the houses of kings. But what went you out to see? A prophet? Yea I tell you, and more than a prophet. For this is he of whom it is written: Behold, I send my Angel before Thy face, who shall prepare Thy way before Thee.

S: Praise to Thee, O Christ.

P: May our offenses be erased by the words of the Gospel.

AT THE CENTER OF THE ALTAR

P: The Lord be with you.

S: And with your spirit.

P: Let us pray.

(Sit)

Thou wilt turn, O God, and bring us to life, and Thy people shall rejoice in Thee: show us, O Lord, Thy mercy, and grant us Thy salvation.

P: Receive, O Holy Father, almighty and eternal God, this spotless host, which I, Thine unworthy servant, offer unto Thee, my living and true God, for my innumerable sins, offenses, and negligences, and for all here present; and also for all faithful Christians both living and dead, that it may profit me and them for salvation unto life everlasting. Amen.

AT THE RIGHT SIDE OF THE ALTAR

P: O God, Who wonderfully formed the dignity of human nature, and more wonderfully restored it, grant us through the mystery of this water and wine, to be made partakers of His divinity, Who condescended to become a partaker of our humanity, Jesus Christ, Thy Son, our Lord, Who with Thee, lives and reigns in the unity of the Holy Spirit, God, forever and ever. Amen.

AT THE CENTER OF THE ALTAR

P: We offer Thee, O Lord, the chalice of salvation, pleading Thy clemency, that it may ascend in the sight of Thy divine majesty, with a sweet fragrance, for our salvation and for that of the whole world. Amen. In a humble spirit and a contrite heart may we be received by Thee, O Lord, and let our sacrifice be so made in Thy sight this day that it may please Thee, O Lord God. Come, O sanctifier, almighty and eternal God, and bless this sacrifice prepared for Thy holy name.

(Only at High Mass

when incense is used)

P: *By the intercession of blessed Michael the Archangel, who stands at the right hand of the altar of incense, and of all His elect, may the Lord deign to bless this incense, and to receive it as a sweet fragrance, through Christ our Lord.*

P: *May this incense, blessed by Thee, ascend to Thee, O Lord, and may Thy mercy descend upon us.*

P: *Let my prayer be directed, O Lord, as incense in Thy sight, the lifting up of my hands as an evening sacrifice. Set a watch, O Lord, before my mouth: and a door round about my lips: that my heart may not incline to evil words: to make excuses in sins.*

P: *May the Lord enkindle in us the fire of His love and the flame of everlasting charity. Amen.*

AT THE RIGHT SIDE OF THE ALTAR

P: I will wash my hands among the innocent, and I will compass Thine altar, O Lord, that I may hear the voice of praise: and tell of all Thy wondrous deeds. I have loved, O Lord, the beauty of Thy house and the place where Thy glory dwelleth. Destroy not my soul, O God, with the wicked, nor my life with men of blood. In whose hands are iniquities, their right hand is full with gifts. But I have walked in my innocence: redeem me, and have mercy on me. My foot has stood on the right path; in the churches I will bless Thee, O Lord. Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

AT THE CENTER OF THE ALTAR

P: Receive, O holy Trinity, this oblation which we offer to Thee in remembrance of the Passion, Resurrection, and Ascension of Our Lord Jesus Christ, ever Virgin, of blessed Mary, ever Virgin, in honor of John the Baptist, the holy Apostles Peter and Paul, and of these and of all the Saints; that it may avail unto their honor and our salvation, and may they deign to intercede in heaven for us who honor their memory here on earth. Through the same Christ, our Lord. Amen.

P: Pray brethren, that my sacrifice and yours may be acceptable to God the Father almighty.

S: May the Lord receive the sacrifice from your hands, to our praise and glory of His name, to the benefit, and that of all His holy Church.

P: Amen.

Be appeased, we beseech Thee, O Lord, by the prayers and sacrifices of our humility: and where no pleadings of merit suffice, do Thou, by Thine aid, assist us. Through our Lord Jesus Christ, Thy Son, Who with Thee lives and reigns in the unity of the Holy Spirit, God, forever and ever.

For St. Sabbas

For St. Sabbas the holy Abbot Sabbas, we beseech Thee, O Lord, obtain by his prayers, that the Sacrifice laid on Thy holy altar, may profit us unto salvation. Through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God,

P: ...forever and ever.

(Stand at High Mass)

S: Amen.

P: The Lord be with you.

S: And with your spirit.

P: Lift up your hearts.

S: We have lifted them up to the Lord.

P: Let us give thanks to the Lord our God.

S: It is fitting and just.

It is truly meet and just, right and for our salvation, that we should at all times and places give thanks unto Thee, O holy Lord, almighty Father, eternal God, through Christ our Lord; for in Thy mercy and fidelity Thou hast promised Him as Savior to the lost race of men, to instruct the ignorant with His truth, to justify the wicked with His holiness, and help the weak by His power. Now that the time draweth nigh that He Whom Thou art to send should come, and the day of our liberation should dawn, with faith in Thy promises, we rejoice with holy exultation. And therefore with the Angels and Archangels, with the Thrones and Dominions, and with all the hosts of the heavenly army, we sing a hymn of Thy glory, evermore saying:

(Kneel)

P: Holy, holy, holy, Lord God of Hosts! Heaven and earth are filled with Thy glory. Hosanna in the highest! † Blessed is He Who comes in the name of the Lord. Hosanna in the highest!

THE ROMAN CANON

P: Therefore, most merciful Father, we humbly pray and entreat Thee, through Jesus Christ, Thy Son, Our Lord, that Thou would accept and bless these gifts, these offerings, these holy and spotless sacrifices, which, in the first place, we offer Thee for Thy holy Catholic Church: deign to pacify, to guard, to unite, and to govern her throughout the world, together with Thy servant **N.**, our Pope, and **N.**, our Bishop; and all orthodox believers of the Catholic and apostolic faith.

P: Be mindful, O Lord, of Thy servants and handmaids **N.** and **N.**, and of all here present, whose faith and devotion are known unto Thee, for whom we offer, or who offer to Thee, this sacrifice of praise for themselves, and for all their own, for the redemption of their souls, for their hope of salvation and safety; and who pay their vows to Thee, the everlasting, living, and true God.

P: Having communion with, and venerating first of all the memory of the glorious and ever Virgin Mary, Mother of our God and Lord Jesus Christ; and also of blessed Joseph, Spouse of the same Virgin, and of Thy blessed Apostles and Martyrs, Peter and Paul, Andrew, James, John, Thomas, James, Philip, Bartholomew, Matthew, Simon and Thaddeus; of Linus, Cletus, Clement, Sixtus, Cornelius, Cyprian, Lawrence, Chrysogonus, John and Paul, Cosmas and Damian, and all Thy Saints, by whose merits and prayers, grant that in all things we may be defended by the help of Thy protection. Through the same Christ, our Lord. Amen.

P: ☩ Hanc ígítur oblatiónem servitútis nostræ, sed et cunctæ familiæ tuæ, quæsumus, Dómine, ut placátus accípias: diésque nostrós in tua pace dispónas, atque ab ætérna damnatióne nos éripi, et in electórum tuórum júbeas, grege numerári. Per Christum Dóminum nostrum. Amen.

P: Quam oblatiónem tu, Deus, in ómnibus, quæsumus, benedíctam, adscríptam, ratam, ratióabilem, acceptabilémque fácere dignéris: ut nobis Corpus, et Sanguis fiat dilectíssimi Filii tui Dómini nostri Jesu Christi.

P: Qui pridie quam paterétur, accépit panem in sanctas, ac venerábiles manus suas, et elevátis óculis in cælum ad te Deum Patrem suum omnipoténtem, tibi grátias agens, benedixit, fregit, dedítque discíplulis suis, dicens:

HOC EST ET MANUCÁTE EX HOC OMNES, HOC EST ENIM CORPUS MEUM.

☩ ☩ ☩

P: Símilli modo postquam cænátum est, accípiens et hunc præclárum Cálicem in sanctas ac venerábiles manus suas: ítem tibi grátias agens, benedixit, dedítque discíplulis suis, dicens:

HIC EST ENIM CALIX SANGUINIS MEI, NOVI ET AETÉRNII TESTAMÉNTI: MYSTÉRIUM FÍDEI: QUI PRO VOBIS ET PRO MULTIS EFFUNDÉTUR IN REMISSIÓNE PECCATÓRUM.

Hæc quotiescúmque fecerítis, in mei memóriam faciétis.

☩ ☩ ☩

P: Unde et mémore, Dómine, nos servi tui, sed et plebs tua sancta, ejúsdem Christi Filii tui Dómini nostri tam beatæ passiónis, nec non et ab inferis resurrectiúnis, sed et in cælos gloriósa ascensiónis, offerimus præcláram majestáti tuæ de tuis donis, ac datis, hóstiam puram, hóstiam sanctam, hóstiam immaculátam, Panem sanctum vitæ ætérnæ, et Cálicem salutis perpétuæ.

P: Supra quæ propítio ac seréno vultu respícere dignéris; et accépta habére, sicuti accépta habére dignátus es múnera púeri tui justí Abel, et sacrificíum Patriárchæ nostrí Ábrahæ: et quod tibi obtulit summus sacerdos tuus Melchisedech, sanctum sacrificíum, immaculátam hóstiam.

P: Súpplīces te rogámus, omnípotens Deus: júbe hæc perférri per manus sancti Ángeli tui in sublíme altáre tuum, in conspéctu divínæ majestátis tuæ: ut quotquot, ex hac altáris participatióne sacrosánctum Filii tui, Corpus, et Sanguinem sumpsérimus, omni benedictiōne cælesti et grátia repleámur. Per eúndem Christum Dóminum nostrum. Amen.

P: Meménto étiam, Dómine, famulórum, famularúmque tuarum **N.** et **N.** qui nos præcessérunt cum signo fidei, et dórmunt in somno pacis. Ipsis, Dómine, et ómnibus in Christo quiescéntibus, locum refrigerii, lucis et pacis, ut indúlgeas, deprecámur. Per eúndem Christum Dóminum nostrum. Amen.

P: Nobis quoque peccatóribus fámulis tuis, de multítudine miseratiónum tuárum sperántibus, partem áliquam, et societátem donáre dignéris, cum tuis sanctis Apóstolis et Martíribus: cum Joáñne, Stéphano, Matthía, Bárnaba, Ignátio, Alexándro, Marcellíno, Petro, Felicitáte, Perpétua, Ágatha, Lúcia, Agnéte, Cæcília, Anastásia, et ómnibus Sanctis tuis: intra quorum nos consórtium, non æstímátor mériti, sed véniæ, quæsumus, largítor admítte. Per Christum Dóminum nostrum.

P: Per quem hæc ómnia, Dómine, semper bona creas, sanctíficas, vivíficas, benedícis, et præstas nobis. Per ipsum, et cum ipso, et in ipso, est tibi Deo Patri omnipoténti, in unitáte Spíritus Sancti, omnis honor, et glória.

(aloud, to conclude the Canon)

P: Per ómnia sæcula sæculórum.

(Stand at High Mass)

S: Amen.

P: Orémus. Præcéptis salutáribus mónit, et divína institutióne formáti, aúder nos: Pater noster, qui es in cælis:

Sanctificétur nomen tuum: Advéniat regnum tuum: Fiat volúntas tua, sicut in cælo, et in terra. Panem nostrum quotidianú da nobis hódie: Et dímítte nobis débita nostra, sicut et nos dímíttimus debítóribus nostris. Et ne nos indúcas in tentatióne:

S: Sed líbera nos a malo.

P: Amen

P: Líbera nos, quæsumus, Dómine, ab ómnibus malis, prætérítis, præséntibus, et futúris: et intercedénte beatæ et gloriósa semper Vírgine Dei Genitríce Maríæ, cum beátis Apóstolis tuis Petro et Paulo, atque Andréa, et ómnibus Sanctis, da propítius pacem in diébus nostris: ut ope misericórdiæ tuæ adjúti, et a peccáto simus semper líberi et ab omni perturbatióne secúri. Per eúndem Dóminum nostrum Jesum Christum Fílium tuum. Qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum.

S: Amen.

P: Pax Dómini sit semper vobíscum.

S: Et cum spírítu tuo.

(Kneel at High Mass)

P: Hæc commíxtio, et consecrátió Córporis et Sanguinis Dómini nostri Jesu Christi fiat accipiéntibus nobis in vitam ætérnam. Amen.

P: Dómine, qui tollis peccáta mundi: **(strike breast)** miserere nobis.

P: Dómine, qui tollis peccáta mundi: **(strike breast)** miserere nobis.

P: Dómine, qui tollis peccáta mundi: **(strike breast)** dona nobis pacem.

P: Dómine Jesu Christe, qui dixísti Apóstolis meis: Pacem relínquo vobis, pacem team do vobis: ne quocúmque peccáta mea, sed fidem Ecclésiæ tuæ: eámque secúndum volúntatem tuam pacificáre et coadunáre dignéris: Qui vivis et regnas Deus per ómnia sæcula sæculórum. Amen.

P: Dómine Jesu Christe, Fili Dei vivi, qui ex volúntate Patris, cooperánte Spíritu Sancto, per mortem tuam mundum vivificásti: líbera me per hoc sacrosánctum Corpus et Sanguinem tuum ab ómnibus iniquitatibus meis, et univérsis malis: et fac me tuis semper inhæréris mandátis: et a te nunquam separári permítta: Qui cum eódem Deo Patre et Spírítu Sancto vivis et regnas Deus in sæcula sæculórum. Amen.

P: Percéptio Córporis tui, Dómine Jesu Christe, quod ego indignus súmere præsumo, non mihi provéniat in judicío et condemnatióne: sed pro tua pietáte prosit mihi ad tutaméntum mentis et córporis, et ad medélam percipiéndam: Qui vivis et regnas cum Deo Patre in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum. Amen.

P: Panem cælestem accípiam, et nomen Dómini invocábo.

Dómine, non sum dignus ☩, ut intres sub tectum meum: sed tantum dic verbo, et sanábitur ánima mea.

Dómine, non sum dignus ☩, ut intres sub tectum meum: sed tantum dic verbo, et sanábitur ánima mea.

Dómine, non sum dignus ☩, ut intres sub tectum meum: sed tantum dic verbo, et sanábitur ánima mea.

AT THE COMMUNION RAIL

P: Corpus Dómini nostri Jesu Christi custódiat ánimam meam in vitam ætérnam. Amen.

AT THE CENTER OF THE ALTAR

P: Quod ore súmpsimus, Dómine, pura mente capiámus: et de múnere temporáli fiat nobis remédium sempitérnum.

P: Corpus tuum, Dómine, quod sumpsi, et Sanguis, quem potávi, adhæreat viscéribus meis: et præsta; ut in me non remáneat scélerum macula, quem pura et sancta refecerunt sacraménta: Qui vivis et regnas in sæcula sæculórum, Amen.

P: We therefore beseech Thee, O Lord, to graciously accept this oblation of our service, as also of Thy entire family; dispose our days in Thy peace, save us from eternal damnation, and command that we be numbered in the flock of Thine elect. Through Christ our Lord. Amen.

P: Which oblation, do Thou, O God, deign in all respects to make blessed, approved, ratified, reasonable and acceptable, so that it may become for us the Body and Blood of Thy most beloved Son, our Lord, Jesus Christ.

P: Who, the day before He suffered, took bread into His holy and venerable hands, and with His eyes raised to heaven, unto Thee, God, His almighty Father, giving thanks to Thee, He blessed it, broke it, and gave it to His disciples saying:

Take, all of you, and eat of this:

FOR THIS IS MY BODY.

P: In like manner, after He had supped, taking also this excellent chalice into His holy and venerable hands, and giving thanks to Thee, He blessed it, and gave it to His disciples, saying:

Take, all of you, and drink of this: FOR THIS IS THE CHALICE OF MY BLOOD OF THE NEW AND ETERNAL TESTAMENT: THE MYSTERY OF FAITH: WHICH SHALL BE Poured OUT FOR YOU AND FOR MANY UNTO THE REMISSION OF SINS.

As often as you shall do these things, you do them in memory of Me.

P: Wherefore, Lord, we, Thy servants, but also Thy holy people, mindful of the same Christ, Thy Son, our Lord, of His blessed passion, and of His resurrection from the grave, and of His glorious ascension into heaven, offer unto Thy most excellent majesty of Thine own gifts, bestowed upon us, a pure victim, a holy victim, an unspotted victim, the holy Bread of eternal life and the Chalice of everlasting salvation.

P: Deign to regard them with a gracious and serene countenance, and to accept them, as Thou didst deign to accept the gifts of Thy just servant Abel, and the sacrifice of Abraham our Patriarch, and that which Thy chief priest Melchisedech offered to Thee, a holy sacrifice, an unspotted victim.

P: Humbly we pray Thee, almighty God, command these offerings to be borne by the hands of Thy holy Angel to Thine altar on high, in the sight of Thy divine majesty, so that as many of us as shall, by partaking from this altar, consume the most holy Body and Blood of Thy Son, may be filled with every heavenly grace and blessing. Through the same Christ our Lord. Amen.

P: Be mindful also, O Lord, of Thy servants and handmaids **N.** and **N.** who have gone before us with the sign of faith and rest in the sleep of peace. To these, O Lord, and to all who rest in Christ, we plead that you grant a place of comfort, light, and peace. Through the same Christ our Lord. Amen.

P: To us sinners also, Thy servants, trusting in the multitude of Thy mercies, deign to grant some part and fellowship with Thy holy Apostles and Martyrs, with John, Stephen, Matthias, Barnabas, Ignatius, Alexander, Marcellinus, Peter, Felicitas, Perpetua, Agatha, Lucy, Agnes, Cecilia, Anastasia, and with all Thy Saints, into whose company, we beseech Thee, not as appraiser of merit but as bestower of pardon, to admit us. Through Christ our Lord.

P: Through Whom, O Lord, Thou always create, sanctify, quicken, bless and bestow upon us all good things. Through Him and with Him and in Him is to Thee, God the Father almighty, in the unity of the Holy Spirit, all honor and glory,

P: Forever and ever.

(Stand at High Mass)

S: Amen.

P: Let us pray: Admonished by Thy saving precepts, and following Thy divine institution, we dare to say:

Our Father, Who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation.

S: But deliver us from evil.

P: Amen.

P: Deliver us, we beseech Thee, O Lord, from all evils, past, present, and to come; and by the intercession of the blessed and glorious ever-Virgin Mary, Mother of God, together with Thy blessed Apostles, Peter and Paul, and Andrew, and all the Saints, mercifully grant peace in our days, that sustained by the help of Thy mercy, we may be always free from sin and secure from all disturbance. Through the same Jesus Christ, Thy Son, our Lord, Who lives and reigns with Thee, in the unity of the Holy Spirit, God, forever and ever.

S: Amen.

P: The peace of the Lord be always with you.

S: And with your spirit.

(Kneel at High Mass)

P: May this mingling and consecration of the Body and Blood of our Lord Jesus Christ be to us who receive it effectual unto eternal life. Amen.

P: O Lord Jesus Christ, Who said to Thine Apostles: Peace I leave you, My peace I give you; regard not my sins, but the faith of Thy Church, and deign to grant her peace and to unify her according to Thy will: Who lives and reigns God, forever and ever. Amen.

P: Lord Jesus Christ, Son of the living God, Who, by the will of the Father, with the cooperation of the Holy Spirit, hast by Thy death given life to the world; deliver me by this Thy most sacred Body and Blood, from all my sins and from all evils. Make me always cleave to Thy commandments, and never permit me to be separated from Thee, Who with the same God the Father and the Holy Spirit, lives and reigns, God, forever and ever. Amen.

P: Let not the partaking of Thy Body, O Lord Jesus Christ, which I, unworthy, presume to receive, turn to my judgment and condemnation; but through Thy kindness, may it benefit me, a safeguard both of mind and body, and a certain remedy. Who with God the Father, in the unity of the Holy Spirit, lives and reigns God, forever and ever. Amen.

P: I will take the Bread of heaven, and will call upon the name of the Lord.

Lord, I am not worthy that Thou should enter under my roof; but only say the word and my soul shall be healed.

Lord, I am not worthy that Thou should enter under my roof; but only say the word and my soul shall be healed.

Lord, I am not worthy that Thou should enter under my roof; but only say the word and my soul shall be healed.

Lord, I am not worthy that Thou should enter under my roof; but only say the word and my soul shall be healed.

Lord, I am not worthy that Thou should enter under my roof; but only say the word and my soul shall be healed.

AT THE COMMUNION RAIL

P: May the Body of our Lord Jesus Christ preserve your soul unto everlasting life. Amen.

AT THE CENTER OF THE ALTAR

P: Grant, O Lord, that what we have taken with our mouth, we may receive with a pure mind; and from a temporal gift may it become to us an eternal remedy.

P: May Thy Body, O Lord, which I have consumed, and Thy Blood which I have drunk, cling to my vitals; and grant that no wicked stain may remain in me, whom these pure and holy mysteries have refreshed. Who lives and reigns, forever and ever. Amen.

AT THE RIGHT SIDE OF THE ALTAR**COMMUNION Baruch 5: 5; 4: 36**

Jerusalem, surge, et sta in excélsó,
et vide jucunditátem, quæ véniet tibi
a Deo tuo.

AT THE CENTER OF THE ALTAR**(Stand at High Mass)**

P: Dóminus vobíscum.
S: **Et cum spírítu tuo.**

AT THE RIGHT SIDE OF THE ALTAR

P: Orémus.

POSTCOMMUNION

Repléti cibo spírítuális alimóniæ,
súplices te, Dómine, deprecámur: ut
hujus participatióne mystérii, dóceas
nos terréna despícere et amáre
cæléstia. Per Dóminum nostrum
Jesum Christum, Fílium tuum, qui
tecum vivit et regnat in unitáte
Spírítus Sancti, Deus, per ómnia
sæcula sæculórum.

S: **Amen.**

P: Orémus.

POSTCOMMUNION

Prótegat nos, Dómine, cum tui
perceptiÓne sacraménti beátus
Sabbas Abbas, pro nobis
intercedéndo: ut et conversatiÓnis
ejus experiámur insígnia, et
intercessiÓnis percipiámus suffrágia.
Per Dóminum nostrum Jesum
Christum, Fílium tuum, qui tecum vivit
et regnat in unitáte Spírítus Sancti,
Deus, per ómnia sæcula sæculórum.

S: **Amen.**

AT THE CENTER OF THE ALTAR

P: Dóminus vobíscum.

S: **Et cum spírítu tuo.**

P: Ite, Missa est.

S: **Deo grátias.**

(Kneel at High Mass)

P: Pláceat tibi, sancta Trínitas,
obséqúium servitútis meæ: et præsta;
ut sacrificium, quod óculis tuæ
majestátis indignus óbtuli, tibi sit
acceptábile, mihique et ómnibus pro
quibus illud óbtuli, sit, te miseránte,
propitiábile. Per Christum Dóminum
nostrum. Amen.

P: Benedícat vos omnípotens Deus, †
Pater, et Fílius, et Spírítus Sanctus.

S: **Amen.**

AT THE LEFT SIDE OF THE ALTAR**(Stand)**

P: Dóminus vobíscum.

S: **Et cum spírítu tuo.**

P: Inítium sancti Evangélii secúndum
Joánnem.

S: **Glória tibi, Dómine.**

P: In principio erat Verbum, et Verbum
erat apud Deum, et Deus erat Verbum.
Hoc erat in principio apud Deum.
Ómnia per ipsum facta sunt: et sine
ipso factum est nihil, quod factum est:
in ipso vita erat, et vita erat lux
hóminum: et lux in ténebris lucet, et
ténebræ eam non comprehendérunt.
Fuit homo missus a Deo, cui nomen
erat Joánnes. Hic venit in testimónium,
ut testimónium perhibéret de lúmine, ut
omnes créderent per illum. Non erat
ille lux, sed ut testimónium perhibéret
de lúmine. Erat lux vera, quæ illúminat
omnem hóminem veniéntem in hunc
mundum. In mundo erat, et mundus
per ipsum factus est, et mundus eum
non cognóvit. In própria venit, et sui
eum non recepérunt. Quotquot autem
recepérunt eum, dedit eis potestátem
filios Dei fieri, his qui credunt in nómine
ejus: qui non ex sanguínibus, neque ex
voluntáte carnis, neque ex voluntáte
viri, sed ex Deo nati sunt.

(Genuflect) ET VERBUM CARO
FACTUM EST

et habitávit in nobis: et vídimus glóriam
ejus, glóriam quasi Unigéniti a Patre,
plenum grátiae et veritátis.

S: Deo grátias.

[Leonine Prayers](#)

(optional after Low Mass)

AT THE RIGHT SIDE OF THE ALTAR

Arise, O Jerusalem, and stand on
high, and behold the joy that cometh
to thee from Thy God.

AT THE CENTER OF THE ALTAR**(Stand at High Mass)**

P: The Lord be with you.
S: And with your spirit.

AT THE RIGHT SIDE OF THE ALTAR

P: Let us pray.

Filled with the food of spiritual
nourishment, we humbly entreat
Thee, O Lord, that by our partaking of
this Mystery, Thou wouldst teach us
to despise the things of earth, and to
love those of heaven. Through our
Lord Jesus Christ, Thy Son, Who
lives and reigns with Thee in the unity
of the Holy Spirit, God, forever and
ever.

S: Amen.

P: Let us pray.

For St. Sabbas

May the pleading of blessed Sabbas
the Abbot for us, as well as the
reception of Thy Sacraments, protect
us, O Lord, that we may both share in
the glory of his works, and receive the
help of his intercession. Through our
Lord Jesus Christ, Thy Son, Who
lives and reigns with Thee in the unity
of the Holy Spirit, God, forever and
ever.

S: Amen.

AT THE CENTER OF THE ALTAR

P: The Lord be with you.

S: And with your spirit.

P: Go, the Mass is ended.

S: Thanks be to God.

(Kneel at High Mass)

P: May the performance of my homage
be pleasing to Thee, O holy Trinity: and
grant that the sacrifice which I, though
unworthy, have offered up in the sight
of Thy majesty, may be acceptable
unto Thee, and may, through Thy
mercy, be a propitiation for myself and
all those for whom I have offered it.
Through Christ our Lord. Amen.

P: May almighty God bless you, † the
Father, Son, and Holy Spirit.

S: Amen.

AT THE LEFT SIDE OF THE ALTAR**(Stand)**

P: The Lord be with you.

S: And with your spirit.

P: The beginning of the holy Gospel
according to John.

S: Glory be to Thee, O Lord.

P: In the beginning was the Word, and
the Word was with God, and the Word
was God. The same was in the
beginning with God. All things were
made by Him: and without Him was
made nothing that was made. In Him
was life, and the life was the light of
men. And the light shineth in darkness,
and the darkness did not comprehend
it. There was a man sent from God,
whose name was John. This man
came for a witness, to give testimony
of the light, that all men might believe
through him. He was not that light, but
was to give testimony of the light. That
was the true light, which enlighteneth
every man that cometh into this world.
He was in the world, and the world was
made by Him, and the world knew Him
not. He came unto His own, and His
own received Him not. But as many as
received Him, He gave them power to
be made the sons of God, to them that
believe in His name. Who are born,
not of blood, nor of the will of the flesh,
nor of the will of man, but of God.

(Genuflect) AND THE WORD WAS
MADE FLESH,

and dwelt among us, (and we saw His
glory, the glory as it were of the only
begotten of the Father,) full of grace
and truth.

S: Thanks be to God.