

**FIRST SUNDAY OF ADVENT FERIA – ST. SABBAS, ABBOT**[Errors? help@extraordinaryform.org](mailto:Errors?help@extraordinaryform.org)

The four weeks of Advent represent the 4000 years of history – BC. The Collects were written by Pope St. Gregory the Great in the 6<sup>th</sup> century AD.

*Commemoration of St. Sabbas:* St. Sabbas, a monk in Palestine, was famous for his charity to those in need, for his true Catholic zeal, and for his austere life. There is a church in Rome dedicated to him. Over ninety years of age, he died in 531.

[New User Guide](#)**AT THE FOOT OF THE ALTAR (Kneel)**

**P:** † In nómine Patris, et Filii, et Spiritus Sancti. Amen.  
**P:** Introibo ad altäre Dei.  
**S:** Ad Deum qui lætíficat juventútem meam.

(Psalm 42)

**P:** Júdice me, Deus, et discérne causam meam de gente non sancta: ab hómine iniquo et dolóso érue me.

**S:** Quia tu es, Deus, fortitúdo mea: quare me repulísti, et quare tristis incédo, dum afflígit me inimicus?

**P:** Emitte lucem tuam, et veritátem tuam: ipsa me deduxérunt, et adduxérunt in montem sanctum tuum, et in tabernácula tua.

**S:** Et introíbo ad altäre Dei: ad Deum qui lætíficat juventútem meam.

**P:** Confítebor tibi in cithara, Deus, Deus meus: quare tristis es, ánima mea, et quare contúrbas me?

**S:** Spera in Deo, quóniam adhuc confítebor illi: salutáre vultus mei, et Deus meus.

**P:** Glória Patri, et Filio, et Spiritui Sancto.

**S:** Sicut erat in princípío, et nunc, et semper: et in sæcula sæculórum. Amen.

**P:** Introibo ad altäre Dei.

**S:** Ad Deum qui lætíficat juventútem meam.

**P:** † Adjutórium nostrum in nómine Dómini.

**S:** Qui fecit cælum et terram.

**P:** Confíteor Deo omnipoténti, beátæ Mariæ semper Vírgini, beáto Michaéli Archángelo, beáto Jóánni Baptistæ, sanctis Apóstolis Petro et Paulo, ómnibus Sanctis, et vobis fratres: quia peccávi nimis cogitátiōe, verbo, et ópere: mea culpa, mea culpa, mea máxima culpa. Ideo precor beátam Mariám semper Vírginem, beátum Michaélem Archángelum, beátum Jóánnem Baptistam, sanctos Apóstolos Petrum et Paulum, omnes Sanctos, et vos fratres, oráre pro me ad Dóminum Deum nostrum.

**S:** Misereátur tui omnípotens Deus, et dimíssis peccátiis tuis, perdúcat te ad vitam æternám.

**P:** Amen.

**S:** Confíteor Deo omnipoténti, beátæ Mariæ semper Vírgini, beáto Michaéli Archángelo, beáto Jóánni Baptistæ, sanctis Apóstolis Petro et Paulo, ómnibus Sanctis, et tibi pater: quia peccávi nimis cogitátiōe, verbo, et ópere: **(strike breast 3 times)** mea culpa, mea culpa, mea máxima culpa. Ideo precor beátam Mariám semper Vírginem, beátum Michaélem Archángelum, beátum Jóánnem Baptistam, sanctos Apóstolos Petrum et Paulum, omnes Sanctos, et te Pater, oráre pro me ad Dóminum Deum nostrum.

**P:** Misereátur vestri omnípotens Deus, et, dimíssis peccátiis vestris, perdúcat vos ad vitam æternám.

**S:** Amen.

**P:** † Indulgéntiam, absolutiōnem, et remissiōnem peccatórum nostrórum, tríbutat nobis omnípotens et miséricors Dóminus.

**S:** Amen.

**P:** Deus, tu convérsus vivificábis nos.

**S:** Et plebs tua lætábitur in te.

**P:** Osténde nobis, Dómine, misericórdiam tuam.

**S:** Et salutáre tuum da nobis.

**P:** Dómine, exáudi oratiōnem meam.

**S:** Et clamor meus ad te véniat.

**P:** Dóminus vobíscum.

**S:** Et cum spiritu tuo.

**P:** Orémus.

**P:** Aufer a nobis, quæsumus, Dómine, iniquitátes nostras: ut ad Sancta sanctórum puris mereámur méntibus introíre. Per Christum Dóminum nostrum. Amen.

**AT THE CENTER OF THE ALTAR**

**P:** Orámus te, Dómine, per mérita Sanctórum tuórum, quorum relíquiæ hic sunt et ómnium Sanctórum: ut indulgére dignéris ómnia peccáta mea. Amen.

*(Only at High Mass when incense is used)*

**P:** *Ab illo benedicáris, in cujus honóre cremáberis.*

**AT THE FOOT OF THE ALTAR (Kneel)**

**P:** † In the Name of the Father, and of the Son, and of the Holy Spirit. Amen.  
**P:** I will go unto the altar of God.  
**S:** To God, Who gives joy to my youth.

(Psalm 42)

**P:** Judge me, O God, and distinguish my cause from the unholy nation, deliver me from the unjust and deceitful man.

**S:** For Thou, O God, art my strength, why hast Thou cast me off? And why do I go about in sadness, while the enemy afflicts me?

**P:** Send forth Thy light and Thy truth: they have conducted me and brought me unto Thy holy mount, and into Thy tabernacles.

**S:** And I will go unto the altar of God: to God, Who gives joy to my youth.

**P:** I shall praise Thee upon the harp, O God, my God. Why are you sad, O my soul, and why do you disquiet me?

**S:** Hope in God, for I will still praise Him, the salvation of my countenance, and my God.

**P:** Glory be to the Father, and to the Son, and to the Holy Spirit.

**S:** As it was in the beginning, is now, and ever shall be, world without end. Amen.

**P:** I will go unto the altar of God.

**S:** To God, Who gives joy to my youth.

**P:** † Our help is in the name of the Lord.

**S:** Who made heaven and earth.

**P:** I confess to almighty God, to blessed Mary ever Virgin, to blessed Michael the Archangel, to blessed John the Baptist, to the holy Apostles Peter and Paul, to all the Saints, and to you, brethren, that I have sinned exceedingly in thought, word, and deed: through my fault, through my fault, through my most grievous fault. Therefore I pray blessed Mary ever Virgin, blessed Michael the Archangel, blessed John the Baptist, the holy Apostles Peter and Paul, all the Saints, and you, brethren, to pray for me to the Lord our God.

**S:** May almighty God have mercy on you, forgive you your sins, and bring you to life everlasting.

**P:** Amen.

**S:** I confess to almighty God, to blessed Mary ever Virgin, to blessed Michael the Archangel, to blessed John the Baptist, to the holy Apostles Peter and Paul, to all the Saints, and to you father: that I have sinned exceedingly in thought, word, and deed: **(strike breast 3 times)** through my fault, through my fault, through my most grievous fault. Therefore I pray blessed Mary ever Virgin, blessed Michael the Archangel, blessed John the Baptist, the holy Apostles Peter and Paul, all the Saints, and you, Father, to pray for me to the Lord our God.

**P:** May almighty God have mercy on you, forgive you your sins, and bring you to life everlasting.

**S:** Amen.

**P:** † May the almighty and merciful Lord grant us pardon, absolution, and remission of our sins.

**S:** Amen.

**P:** Thou wilt turn again, O God, and quicken us.

**S:** And Thy people will rejoice in Thee.

**P:** Show us, O Lord, Thy mercy.

**S:** And grant us Thy salvation.

**P:** O Lord, hear my prayer.

**S:** And let my cry come unto Thee.

**P:** The Lord be with you.

**S:** And with your spirit.

**P:** Let us pray.

**P:** Take away from us our iniquities, we beseech Thee, O Lord; that with pure minds we may be made worthy to enter into the Holy of Holies. Through Christ our Lord. Amen.

**AT THE CENTER OF THE ALTAR**

**P:** We pray Thee, O Lord, by the merits of Thy Saints whose relics are here, and of all the Saints: that Thou would deign to pardon me all my sins. Amen.

*(Only at High Mass when incense is used)*

**P:** *Be blessed by Him in Whose honor you will be burnt.*

**AT THE RIGHT SIDE OF THE ALTAR****INTROIT Psalms 24: 1-3**

Ad te levávi ánimam meam: Deus meus, in te confido, non erubéscam: neque irrideant me inimíci mei: étenim univérsi, qui te expéctant, non confundéntur. (Ps.24: 4) Vias tuas, Dómine, démonstra mihi: et sémitas tuas édoce me. Glória Patri et Filio et Spíritui Sancto, sicut erat in princípío, et nunc, et semper, et in sæcula sæculórum. Amen. Ad te levávi ánimam meam: Deus meus, in te confido, non erubéscam: neque irrideant me inimíci mei: étenim univérsi, qui te expéctant, non confundéntur.

**AT THE RIGHT SIDE OF THE ALTAR**

To Thee have I lifted up my soul: in Thee, O my God, I put my trust, let me not be ashamed: neither let my enemies laugh at me: for none of them that wait on Thee shall be confounded. (Ps.24: 4) Show, O Lord, Thy ways to me: and teach me Thy paths. Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen. To Thee have I lifted up my soul: in Thee, O my God, I put my trust, let me not be ashamed: neither let my enemies laugh at me: for none of them that wait on Thee shall be confounded.

**AT THE CENTER OF THE ALTAR**

**P:** Kýrie, eléison.

**S:** **Kýrie, eléison.**

**P:** Kýrie, eléison.

**S:** **Christe, eléison.**

**P:** Christe, eléison.

**S:** **Christe, eléison.**

**P:** Kýrie, eléison.

**S:** **Kýrie, eléison.**

**P:** Kýrie, eléison.

**(Stand at High Mass)**

**AT THE CENTER OF THE ALTAR**

**P:** Lord, have mercy.

**S:** Lord, have mercy.

**P:** Lord, have mercy.

**S:** Christ, have mercy.

**P:** Christ, have mercy.

**S:** Christ, have mercy.

**P:** Lord, have mercy.

**S:** Lord, have mercy.

**P:** Lord, have mercy.

**(Stand at High Mass)**

**P:** Dóminus vobíscum.

**S:** **Et cum spíritu tuo.**

**P:** The Lord be with you.

**S:** And with your Spirit.

**AT THE RIGHT SIDE OF THE ALTAR**

**P:** Orémus.

**COLLECT**

Excíta, quæsumus, Dómine, poténtiam tuam, et veni: ut ab inimicítibus peccatórum nostrórum periculis, te mereámur protegénte éripi, te liberánte salvári. Qui vivis et regnas, cum Deo Patre in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum.

**S:** **Amen.**

**P:** Orémus.

**AT THE RIGHT SIDE OF THE ALTAR**

Stir up Thy power, we beseech Thee, O Lord, and come: that from the threatening dangers of our sins we may deserve to be rescued by Thy protection, and to be saved by Thy deliverance. Who lives and reigns with God the Father in the unity of the Holy Spirit, God, forever and ever.

**S:** Amen.

**P:** Let us pray.

**COLLECT**

Intercéssio nos, quæsumus, Dómine, beáti Sabbæ Abbátis commendet: ut, quóniam nostris valémus non valémet: ejus patrocinio assequámur. Per Dóminum nostrum Jesum Christum, Filium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum.

**S:** **Amen.**

**(Sit)**

**For St. Sabbas**

May the intercession of blessed Sabbas the Abbot commend us unto Thee, we beseech Thee, O Lord: so that what we cannot acquire by any merits of ours, we may obtain by his patronage. Through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever.

**S:** Amen.

**(Sit)**

**EPISTLE Romans 13: 11-14**

Fratres: Sciéntes, quia hora est jam nos de somno súrgere. Nunc enim própior est nostra salus, quam cum credidimus. Nox præcésit, dies autem appropinquávit. Abjiciámus ergo ópera tenebrárum, et induámur arma lucis. Sicut in die honesté ambulábimus: non in comessatióibus et ebrietátibus, non in cubilibus et impudiciis, non in contentiōe et æmulatiōe: sed induímini Dóminum Jesum Christum.

**S:** Deo grátias.

**GRADUAL Psalms 24: 3, 4**

Univérsi qui te expéctant, non confundéntur, Dómine. Vias tuas, Dómine, notas fac mihi: et sémitas tuas édoce me

**AT THE CENTER OF THE ALTAR**

*(Only at High Mass when incense is used)*  
**P:** *Ab illo benedicáris, in cujus honóre cremáberis.*

**AT THE CENTER OF THE ALTAR**

Cleanse my heart and my lips, O almighty God, Who cleansed the lips of the Prophet Isaiah with a burning coal. In Thy gracious mercy, deign so to purify me, that I may worthily proclaim Thy holy Gospel. Through Christ our Lord. Amen.

**P:** Pray, Lord, a blessing. The Lord be in my heart and on my lips that I may worthily and fittingly proclaim His Gospel. Amen.

**AT THE LEFT SIDE OF THE ALTAR (Stand)**

**P:** Dóminus vobíscum.

**S:** **Et cum spíritu tuo.**

**P:** Seqúentia sancti Evangéllii secundum Lucam.

**S:** **Glória tibi, Dómine.**

**AT THE LEFT SIDE OF THE ALTAR (Stand)**

**P:** The Lord be with you.

**S:** And with your spirit.

**P:** The continuation of the holy Gospel according to Luke.

**S:** Glory to Thee, O Lord.

**GOspel Luke 21: 25-33**

In illo tēpore: Dixit Jesús discipulis suis: Erunt signa in sole, et luna, et stellis, et in terris pressúra géntium præ confusiōe sónitus maris et flúctuum: arescéntibus hominibus præ timóre et expectatiōe, quæ superveniént univérso orbi: nam virtútes cælium móvibuntur. Et tunc vidébunt Filium hóminis veniéntem in nube cum potestáte magna, et majestáte. His autem fieri incipiéntibus, respícite, et leváte cápita vestra: quóniam appropinquat redemptio vestra. Et dixit illis similitúdinem: Videte ficúlneam et omnes árboles: scitis quóniam prope est æstas. Ita et vos cum vidéritis hæc fieri, scitote quóniam prope est regnum Dei. Amen dico vobis, quia non præteribit generatio hæc, donec ómnia fiant. Cælum et terra transibunt: verba autem mea non transibunt.

**S:** Laus tibi, Christe.

**P:** Per evangélica dicta deleántur nostra delícta.

**AT THE LEFT SIDE OF THE ALTAR (Stand)**

At that time Jesus said to His disciples: There shall be signs in the sun, and in the moon, and in the stars; and upon the earth distress of nations, by reason of the confusion of the roaring of the sea and of the waves: men withering away for fear and expectations of what shall come upon the whole world. For the powers of heaven shall be moved. And then they shall see the Son of Man coming in a cloud with great power and majesty. But when these things begin to come to pass, look up and lift up your heads, because your redemption is at hand. And He spoke to them a similitude: See the fig tree and all the trees: when they now shoot forth their fruit, you know that summer is nigh. So you also, when you shall see these things come to pass, know that the kingdom of God is at hand. Amen, I say to you, this generation shall not pass away till all things be fulfilled: Heaven and earth shall pass away: but My words shall not pass away.

**S:** Praise to Thee, O Christ.

**P:** May our offenses be erased by the words of the Gospel.



### AT THE CENTER OF THE ALTAR

**P:** Dóminus vobíscum.  
**S:** **Et cum spiritu tuo.**

**P:** Orémus.  
**(Sit)**

#### OFFERTORY Psalms 24: 1-3

Ad te levávi ánimam meam: Deus meus, in te confído, non erubéscam: neque irrídeant me inimíci mei: étenim univérsi, qui te exspéctant, non confundéntur.

**P:** Súscepe, sancte Pater, omnipotens aetérne Deus, hanc immaculátam hóstíam, quam ego indignus fámulus tuus offero tibi, Deo meo vivo et vero, pro innumerabílibus peccátis, et offerensíonibus, et negligéntiis meis, et pro ómnibus circumstántibus, sed et pro ómnibus fídelibus christiánis vivis atque defúntis: ut mihi, et illis proficiat ad salutem in vitam aetérnam. Amen.

### AT THE RIGHT SIDE OF THE ALTAR

**P:** Deus, qui humánæ substántiæ dignitátem mirabíliter condidisti, et mirabílius reformásti: da nobis per hujus aquæ et vini mystérium, ejus divinitátis esse consórtes, qui humanitátis nostræ fieri dignátus est párticeps, Jesus Christus Filius tuus Dóminus noster: Qui tecum vivit et regnat in unitáte Spíritus Sancti Deus: per ómnia sáecula sáeculórum. Amen.

### AT THE CENTER OF THE ALTAR

**P:** Offérimus tibi, Dómine, cálicem salutáris tuam deprecántes cleméntias: ut in conspéctu divínæ majestátis tuæ, pro nostra, et totíus mundi salutē cum odóre suavitátis ascéndat. Amen. In spírítu humilitátis, et in ánimo contrító suscipiámur a te, Dómine, et sic fiat sacrificiū nostrum in conspéctu tuo hódie, ut pláceat tibi, Dómine Deus. Veni, sanctificátor omnípotens aetérne Deus: et benedic hoc sacrificiū, tuo sancto nómini præparátum.

*(Only at High Mass when incense is used)*

**P:** *Per intercessiónem beáti Mícháelis Archángeli, stantis a dextris altáris incénsi, et ómnium electórum suorū, incénsus istud dignétur Dóminus benedicere, et in odórem suavitátis accípere. Per Christum Dóminum nostrum. Amen.*

**P:** *Incénsus istud a te benedíctum, ascéndat ad te, Dómine, et descéndat super nos misericórdia tua.*

**P:** *Dirigátor, Dómine, orátio mea, sicut incénsus, in conspéctu tuo: elevátio mánuum meárum sacrificiū vespertinum. Pone, Dómine, custódiám ori meo, et óstium circumstántiæ lábiis meis: ut non declínet cor meum in verba malítiae, ad excusándas excusatiónes in peccátis.*

**P:** *Accéndat in nobis Dóminus ígnem sui amóris, et flamma aetérnæ caritátis. Amen.*

### AT THE RIGHT SIDE OF THE ALTAR

**P:** Lavábo inter innocétes manus meas: et circumdábo altáre tuum, Dómine: Ut áudiám vocem laudis, et enárrame univérsa mirabília tua. Dómine, diléxi decórem domus tuæ, et locum habitatiónis glóriæ tuæ. Ne perdas cum ímphis, Deus, ánimam meam, et cum viris séguinum vitam meam: In quorum mánibus iniquitátes sunt: dextera eórum repléta est munéribus. Ego autem in innocéntia mea ingríssus sum: rédime me, et miserére mei. Pes meus stetit in dirécto: in ecclésiis benedícam te, Dómine. Glória Patri, et Filio, et Spírítu Sancto. Sicut erat in princípíio, et nunc, et semper: et in sáecula sáeculórum. Amen.

### AT THE CENTER OF THE ALTAR

**P:** Súscepe, sancta Trínitas, hanc oblatiõem, quam tibi offerimus ob memóriam passiónis, resurrectiόnis, et ascensiόnis Jesu Christi Dómini nostri: et in honórem beátæ Mariæ semper Vírginis, et beáti Joánnis Baptístæ, et sanctórum Apostolórum Petri et Pauli, et istórum, et ómnium Sanctórum: ut illis proficiat ad honórem, nobis autem ad salutem: et illi pro nobis intercédere dignéntur in cælis, quorum memóriam ágimus in terris. Per eúndem Christum Dóminum nostrum. Amen.

**P:** Oráte fratres: ut meum ac vestrum sacrificiū acceptábile fiat apud Deum Patrem omnipoténtem.  
**S:** Suscipiat Dóminus sacrificiū de mánibus tuis ad laudem, et glóriam nóminis sui, ad utilitátem quoque nostram, totiúsque Ecclésiæ suæ sanctæ.

**P:** Amen.

#### SECRET *(silently)*

Hæc sacra nos, Dómine, poténti virtúte mundátos, ad suum faciánt puriόres veníre princípium. Per Dóminum nostrum Jesum Christum, Filium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sáecula sáeculórum.

#### SECRET *(silently)*

Sacris altáris sanctus, Dómine, hóstias supersumus, Dómine Sabbas Abbas, quæsumus, in salutem nobis proveníre depóscat. Per Dóminum nostrum Jesum Christum, Filium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus,

*(aloud, to conclude the Secret Prayer)*

**P:** ...per ómnia sáecula sáeculórum.

**(Stand at High Mass)**

**S:** Amen.

**P:** Dóminus vobíscum.

**S:** Et cum spiritu tuo.

**P:** Et cum spórda.

**S:** Habémus ad Dóminum.

**P:** Grátias ágámus Dómino Deo nostro.

**S:** Dignum et justum est.

#### PREFACE OF ADVENT

Vere dignum et justum est, æquum et salutáre, nos tibi semper, et ubíque grátias ágere: Dómine sancte, Pater omnipotens, aetérne Deus: per Christum Dóminum nostrum. Quem pèrdito hóminum géneri Salvatórem miserícoris et fídelis promísti: cuius virtútes instrúeris incscios, sánctius justificáret ímpíos, virtus adjuváret infirmos. Dum ergo prope est ut véniat quem missúrus es, et dies affúlget liberatiónis nostræ, in hac promissiόnum tuárum fide, piis gáudiis exsultámus. Et ídeo cum Ángelis et Archángelis, cum Thronis et Dominiatiónis, cumque omni militiá cæléstis exércitus, hymnum glóriæ tuæ cánimus, sine fine dicéntes:

**(Kneel)**

**P:** Sanctus Δ, Sanctus Δ, Sanctus Δ, Dóminus Deus Sábaoth. Pleni sunt cæli et terra glóriá tua. Hosánna in excélsis. † Benedíctus qui venit in nómine Dómini. Hosánna in excélsis.

#### THE ROMAN CANON

*(silently)*

**P:** Te ígitur, clementíssime Pater, per Jesum Christum Filium tuum, Dóminum nostrum, súpplices rogámus, ac pétimus uti accépta hábeas, et benedícas, hæc dona, hæc múnera, hæc sancta sacrificia illibáta, in primis, quæ tibi offerimus pro Ecclésiá tua sancta cathólica: quam pacificáre, custodíre, adunáre, et régere dignéris toto orbe terrárum: una cum fámulo tuo Papa nostro **N.**, et Antístite nostro **N.**, et ómnibus orthodoxís, atque cathólicæ et apostólicæ fidei cultóribus.

**P:** Meménto, Dómine, famulórum, familiarúmqe tuárum **N.**, et **N.**, et ómnium circumstántium, quorum tibi fides cógnita est, et nota devótió, pro quibus tibi offerimus: vel qui tibi offerunt hoc sacrificiū laudis, pro se, suisque ómnibus: pro redemptiόne animárum suárum, pro spe salutis et incolumitátis suæ: tibi que reddunt vota sua aetérno Deo, vivo et vero.

**P:** Communicántes, et memóriam venerántes, in primis gloriósuæ semper Vírginis Mariæ, Genitricis Dei et Dómini nostri Jesu Christi: sed et beáti Joséphi, ejúsdem Vírginis Sponsi, et beatórum Apostolórum ac Mártyrum tuórum, Petri et Pauli, Andréæ, Jacóbi, Joánnis, Thomæ, Jacóbi, Philippi, Bartholomæi, Matthæi, Simónis, et Thaddæi: Lini, Cleti, Cleméntis, Xysti, Cornélii, Cypriáni, Lauréntii, Chrysógoni, Joánnis et Pauli, Cosmæ et Damiáni, et ómnium Sanctórum tuórum; quorum méritis precibúsque concédas, ut in ómnibus protectiόnis tuæ muniámur auxilio. Per eúndem Christum Dóminum nostrum. Amen.

**P:** ☩ Hanc ígitur oblatiõem servitútis nostræ, sed et cunctæ famíliæ tuæ, quæsumus, Dómine, ut placátus accípias: diésque nostros in tua pace dispónas, atque ab aetérna damnatióne nos éripi, et in eternam tuárum júbeas grege numerári. Per Christum Dóminum nostrum. Amen.

**P:** Quam oblatiõem tu, Deus, in ómnibus, quæsumus, benedíctam, adscripítam, ratam, ratiónablem, acceptabilémque fáncere dignéris: ut nobis Corpus, et Sanguis fiat dilectíssimi Filii tui Dómini nostri Jesu Christi.

**P:** Qui pridie sanctas, ac venerabíles manus suas, et elevátis óculis in cælum ad te Deum Patrem suum omnípoténtem, tibi grátias agens, benedíxit, fregit, dedítque discípulis suis, dicens:

**P:** Simíli modo postquam cænárum est, accipiens et hunc præclárum Cálicem in sanctas ac venerabíles manus suas: ítem tibi grátias agens, benedíxit, dedítque discípulis suis, dicens:

HIC EST ENIM CALIX SÁNGUINIS MEI, NOVI ET AETÉRNAI TESTAMÉNTI: MYSTÉRIUM FIDEI: QUI PRÓ VOBIS ET PRO MULTIS EFFUNDÉTUR IN REMISSIÓNEM PECCATÓRUM.

Hæc quotiescúmque feceritis, in mei memóriam faciétis.

**P:** Unde et mémoires, Dómine, nos servi tui, sed et plebs tua sancta, ejúsdem Christi Filii tui Dómini nostri tam beátæ passiónis, nec non et ab inferis resurrectiόnis, sed et in cælos gloriósuæ ascensiόnis: offerimus præcláram majestáti tuæ de tuis donis, ac datis, hóstiam puram, hóstiam sanctam, hóstiam immaculátam, Panem sanctum vitæ aetérnæ, et Cálicem salutis perpétuæ.

### AT THE CENTER OF THE ALTAR

**P:** The Lord be with you.  
**S:** And with your spirit.

**P:** Let us pray.  
**(Sit)**

To Thee have I lifted up my soul: in Thee, O my God, I put my trust, let me not be ashamed: neither let my enemies laugh at me: for none of them that wait on Thee shall be confounded.

**P:** Receive, O Holy Father, almighty and eternal God, this spotless host, which I, Thine unworthy servant, offer unto Thee, my living and true God, for my innumerable sins, offenses, and negligences, and for all here present; and also for all faithful Christians both living and dead, that it may profit me and them for salvation unto life everlasting. Amen.

### AT THE RIGHT SIDE OF THE ALTAR

**P:** O God, Who wonderfully formed the dignity of human nature, and more wonderfully restored it, grant us through the mystery of this water and wine, to be made participants of His divinity, Who condescended to become a partaker of our humanity, Jesus Christ, Thy Son, our Lord, Who with Thee, lives and reigns in the unity of the Holy Spirit, God, forever and ever. Amen.

### AT THE CENTER OF THE ALTAR

**P:** We offer Thee, O Lord, the chalice of salvation, pleading Thy clemency, that it may ascend in the sight of Thy divine majesty, with a sweet fragrance, for our salvation and for that of the whole world. Amen. In a humble spirit and a contrite heart may we be received by Thee, O Lord, and let our sacrifice be so made in Thy sight this day that it may please Thee, O Lord God. Come, O sanctifier, almighty and eternal God, and bless this sacrifice prepared for Thy holy name.

*(Only at High Mass when incense is used)*

**P:** *By the intercession of blessed Michael the Archangel, who stands at the right hand of the altar of incense, and of all His elect, may the Lord deign to bless this incense, and to receive it as a sweet fragrance, through Christ our Lord.*

**P:** *May this incense, blessed by Thee, ascend to Thee, O Lord, and may Thy mercy descend upon us.*

**P:** *Let my prayer be directed, O Lord, as incense in Thy sight, the lifting up of my hands as an evening sacrifice. Set a watch, O Lord, before my mouth: and a door round about my lips: that my heart may not incline to evil words: to make excuses in sins.*

**P:** *May the Lord enkindle in us the fire of His love and the flame of everlasting charity. Amen.*

### AT THE RIGHT SIDE OF THE ALTAR

**P:** I will wash my hands among the innocent, and I will compass Thine altar, O Lord, that I may hear the voice of praise: and tell of all Thy wondrous deeds. I have loved, O Lord, the beauty of Thy house and the place where Thy glory dwelleth. Destroy not my soul, O God, with the wicked, nor my life with men of blood. In whose hands are iniquities, their right hand is full with gifts. But I have walked in my innocence: redeem me, and have mercy on me. My foot has stood on the right path; in the churches I will bless Thee, O Lord. Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

### AT THE CENTER OF THE ALTAR

**P:** Receive, O holy Trinity, this oblation which we offer to Thee in remembrance of the Passion, Resurrection, and Ascension of Our Lord Jesus Christ, and in honor of blessed Mary, ever Virgin, blessed John the Baptist, the holy Apostles Peter and Paul, and of these and of all the Saints; that it may avail unto their honor and our salvation, and may they deign to intercede in heaven for us who honor their memory here on earth. Through the same Christ, our Lord. Amen.

**P:** Pray brethren, that my sacrifice and yours may be acceptable to God the Father almighty.  
**S:** May the Lord receive the sacrifice from your hands, to the praise and glory of His name, to our benefit, and that of all His holy Church.

**P:** Amen.

May these holy mysteries, O Lord, cleanse us by their powerful virtue and make us to come with greater purity to Him Who is their source. Through our Lord Jesus Christ, Thy Son, who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever.

#### For St. Sabbas

May the holy Abbot Sabbas, we beseech Thee, O Lord, obtain by his prayers, that the Sacrifice laid on Thy holy altar, may profit us unto salvation. Through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God,

**P:** ...forever and ever.

**(Stand at High Mass)**

**S:** Amen.

**P:** The Lord be with you.

**S:** And with your spirit.

**P:** Lift up your hearts.

**S:** We have lifted them up to the Lord.

**P:** Let us give thanks to the Lord our God.

**S:** It is fitting and just.

#### THE ROMAN CANON

It is truly meet and just, right and for our salvation, that we should at all times and places give thanks unto Thee, O holy Lord, almighty Father, eternal God, through Christ our Lord; for in Thy mercy and fidelity Thou hast promised Him as Savior to the lost race of men, to instruct the ignorant with His truth, justify the wicked with His holiness, and help the weak by His power. Now that the time draweth nigh that He Whom Thou art to send should come, and the day of our liberation should dawn, with faith in Thy promises, we rejoice with holy exultation. And therefore with the Angels and Archangels, with the Thrones and Dominations, and with all the hosts of the heavenly army, we sing a hymn of Thy glory, evermore saying:

**(Kneel)**

**P:** Holy, holy, holy, Lord God of Hosts! Heaven and earth are filled with Thy glory. Hosanna in the highest! † Blessed is He Who comes in the name of the Lord. Hosanna in the highest!

#### THE ROMAN CANON

**P:** Therefore, most merciful Father, we humbly pray and entreat Thee, through Jesus Christ, Thy Son, Our Lord, that Thou would accept and bless these gifts, these offerings, these holy and spotless sacrifices, which, in the first place, we offer Thee for Thy holy Catholic Church: deign to pacify, to guard, to unite, and to govern her throughout the world, together with Thy servant **N.**, our Pope, and **N.**, our Bishop; and all orthodox believers of the Catholic and apostolic faith.

**P:** Be mindful, O Lord, of Thy servants and handmaids **N.** and **N.**, and of all here present, whose faith and devotion are known unto Thee, for whom we offer, or who offer to Thee, this sacrifice of praise for themselves, and for all their own, for the redemption of their souls, for their hope of salvation and safety; and who pay their vows to Thee, the everlasting, living, and true God.

**P:** Having communion with, and venerating first of all the memory of the glorious and ever Virgin Mary, Mother of our God and Lord Jesus Christ; and also of blessed Joseph, Spouse of the same Virgin, and of Thy blessed Apostles and Martyrs, Peter and Paul, Andrew, James, John, Thomas, James, Philip, Bartholomew, Matthew, Simon and Thaddeus; of Linus, Cletus, Clement, Sixtus, Cornelius, Cyprian, Lawrence, Chrysogonus, John and Paul, Cosmas and Damian, and all Thy Saints, by whose merits and prayers, grant that in all things we may be defended by the help of Thy protection. Through the same Christ, our Lord. Amen.

**P:** We therefore beseech Thee, O Lord, to graciously accept this oblation of our service, as also of Thy entire family; dispose our days in Thy peace, save us from eternal damnation, and command that we be numbered in the flock of Thine elect. Through Christ our Lord. Amen.

**P:** Which oblation, do Thou, O God, deign in all respects to make blessed, approved, ratified, reasonable and acceptable, so that it may become for us the Body and Blood of Thy most beloved Son, our Lord, Jesus Christ.

**P:** Who, the day before He suffered, took bread into His holy and venerable hands, and with His eyes raised to heaven, giving thanks, God, His almighty Father, unto Thee to Thee, He blessed it, broke it, and gave it to His disciples saying:  
Take, all of you, and eat of this: FOR THIS IS MY BODY.

**P:** In like manner, after He had supped, taking also this excellent chalice into His holy and venerable hands, and giving thanks to Thee, He blessed it, and gave it to His disciples, saying:  
Take, all of you, and drink of this: FOR THIS IS THE CHALICE OF MY BLOOD OF THE NEW AND ETERNAL TESTAMENT. THE MYSTERY OF FAITH: WHICH SHALL BE Poured OUT FOR YOU AND FOR MANY UNTO THE REMISSION OF SINS. As often as you shall do these things, you do them in memory of Me.

**P:** Wherefore, Lord, we, Thy servants, but also Thy holy people, mindful of the same Christ, Thy Son, our Lord, of His blessed passion, and of His resurrection from the grave, and of His glorious ascension into heaven, offer unto Thy most excellent majesty of Thine own gifts, bestowed upon us, a pure victim, a holy victim, an unspotted victim, the holy Bread of eternal life and the Chalice of everlasting salvation.



**P:** Supra quæ propítio ac seréno vultu respícere dignéris; et accépta habére, sicuti accepta habére dignátus es múneta púeri tui justí Abel, et sacrificium Patriárchæ nostri Ábrahæ: et quod tibi obtulit summus sacerdos tuus Melchisedech, sanctum sacrificium, immaculátam hóstiam.

**P:** Súpplices te rogámus, omnípotens Deus: jubere hæc perféri per manus sancti Ángeli tui in sublímee altáre tuum, in conspéctu divínæ majestátis tuæ: ut quotquot, ex haliáris participatióne sacrosanctus Filii tui, Corpus, et Sanguinem sumpsérimus, omni benedictióne cælésti et grátia repléamur. Per eúndem Christum Dóminum nostrum. Amen.

**P:** Meménto étiam, Dómine, famulórum, famularúmque tuarum **N.** et **N.** qui nos præcesserunt cum signo fidei, et dormiunt in somno pacis. Ipsis, Dómine, et ómnibus in Christo quiescéntibus, locum refrigérii, lucis et pacis, ut indúlgeas, deprecámur. Per eúndem Christum Dóminum nostrum. Amen.

**P:** Nobis quoque peccatóribus fámulis tuis, de multitudíne miseratiónum tuárum sperántibus, partem áliquam, et societátis donáre dignéris, cum tuis sanctis Apóstolis et Martýribus: cum Joánnē, Stéphanō, Matthíā, Bárnabā, Ignatíō, Alexándro, Margellíno, Petró, Felicitáte, Perpétua, Ágatha, Lúcia, Agnéte, Cæcília, Anastásia, et ómnibus Sanctis tuis: intra quorum nos consórtium, non æstimátor mériti, sed véniæ, quæsumus, largítor admítte. Per Christum Dóminum nostrum.

**P:** Per quem hæc ómnia, Dómine, semper bona creas, sanctificas, vivificas, benedícis, et præstas nobis. Per ipsum, et cum ipso, et in ipso, est tibi Deo Patri omnipoténti, in unitátē Spíritus Sancti, omnis honor, et glória.

(*aloud, to conclude the Canon*)

**P:** Per ómnia sæcula sæculórum.

(**Stand at High Mass**)

**S:** Amen.

**P:** Orémus. Præcéptis salutáribus móniti, et divína institutióne formátí, audémus dicere:

Pater noster, qui es in cælis: Sanctificétur nomen tuum: Advéniat regnum tuum: Fiat volúntas tua, sicut in cælo, et in terra. Panem nostrum quotidiánam da nobis hódie: Et dimítte nobis débíta nostra, sicut et nos dimíttimus debitoribus nostris. Et ne nos indúcas in tentatiónem:

**S:** Sed líbera nos a malo.

**P:** Amen

**P:** Líbera nos, quæsumus, Dómine, ab ómnibus malis, præteritis, præsentibus, et futúris: et intercedente beáta et gloriósa semper Vírgine Dei Genitricē Mariá, cum beátis Apóstolis tuis Petró et Paulo, atque Andréá, et ómnibus Sanctis, da propítius pacem in diébus nostris: ut ope misericórdiæ tuæ adjúti, et a peccató simus semper líberi et ab ómni perturbatióne securi. Per eúndem Dóminum nostrum Jesum Christum Filium tuum. Qui tecum vivit et regnat in unitátē Spíritus Sancti, Deus, per ómnia sæcula sæculórum.

**S:** Amen.

**P:** Pax Dómini sit semper vobíscum.

**S:** Et cum spírítu tuo.

(**Kneel at High Mass**)

**P:** Hæc commíxtio, et consecratio Córporis et Sanguinis Dómini nostri Jesu Christi fiat accipiéntibus nobis in vitam ætérnam. Amen.

Agnus Dei, qui tollis peccáta mundi: (**strike breast**) miserére nobis.

Agnus Dei, qui tollis peccáta mundi: (**strike breast**) miserére nobis.

Agnus Dei, qui tollis peccáta mundi: (**strike breast**) dona nobis pacem.

**P:** Dómine Jesu Christe, qui dixísti Apóstolis meis: Pacem relínquo vobis, pacem meam do vobis: ne respiciás peccáta mea, sed fidem Ecclésiæ tuæ: eámque secúndum volúntatem tuam pacificáre et coadunáre dignéris: Qui vivis et regnas Deus per ómnia sæcula sæculórum. Amen.

**P:** Dómine Jesu Christe, Fili Dei vivi, qui ex volúntate Patrís, cooperánte Spírítu Sancto, per mortem tuam mundum vivificásti: líbera me per hoc sacrosánctum Corpus et Sanguinem tuum ab ómnibus iniquitatibus meis, et univérsis malis: et fac me tuis semper inhærére mandátis, et a te nunquam separáři permittas: Qui cum eódem Deo Patre et Spírítu Sancto vivis et regnas Deus in sæcula sæculórum. Amen.

**P:** Percéptio Córporis tui, Dómine Jesu Christe, quod ego indignus súmerē præsumo, non mihi provéniat in judícium, et condemnatiónem: sed pro tua pietáte prosit mihi ad tutaméntum mentis et córporis, et ad medélam percipiéndam: Qui vivis et regnas cum Deo Patre in unitátē Spíritus Sancti, Deus, per ómnia sæcula sæculórum. Amen.

**P:** Panem cæléstem accípíam, et nomen Dómini invocábo.

Dómine, non sum dignus ☩, ut intres sub tectum meum: sed tantum dic verbo, et sanábitur ánima mea.

Dómine, non sum dignus ☩, ut intres sub tectum meum: sed tantum dic verbo, et sanábitur ánima mea.

Dómine, non sum dignus ☩, ut intres sub tectum meum: sed tantum dic verbo, et sanábitur ánima mea.

Dómine, non sum dignus ☩, ut intres sub tectum meum: sed tantum dic verbo, et sanábitur ánima mea.

**P:** Corpus Dómini nostri Jesu Christi custódiat ánimam meam in vitam ætérnam. Amen.

**P:** Quid retribuam Dómino pro ómnibus quæ retribuit mihi? Dálicem invocébo. Laudans invocébo Dóminum, et ab inimícis meis salvus ero.

**P:** Sanguis Dómini nostri Jesu Christi custódiat ánimam meam in vitam ætérnam. Amen.

**P:** Ecce Agnus Dei, ecce qui tollit peccáta mundi.

**S:** Dómine, non sum (**strike breast**) dignus, ut intres sub tectum meum: sed tantum dic verbo, et sanábitur ánima mea.

**S:** Dómine, non sum (**strike breast**) dignus, ut intres sub tectum meum: sed tantum dic verbo, et sanábitur ánima mea.

**S:** Dómine, non sum (**strike breast**) dignus, ut intres sub tectum meum: sed tantum dic verbo, et sanábitur ánima mea.

AT THE COMMUNION RAIL

**P:** Corpus Dómini nostri Jesu Christi custódiat ánimam tuam in vitam ætérnam. Amen.

AT THE CENTER OF THE ALTAR

**P:** Quod ore sumpsimus, et deus, pura mente capiémus, sed in Dómine temporáli fiat nobis remédium sempitérnum.

**P:** Corpus tuum, Dómine, quod sumpsi, et Sanguis, quem potávi, adhæreat viscéribus meis: et præsta; ut in me non remâneat scélerum mácula, et sancta refecerunt sacraménta: Qui vivis et regnas in sæcula sæculórum, Amen.

AT THE RIGHT SIDE OF THE ALTAR

**COMMUNION Psalms 84: 13**  
Dóminus dabit benignitátem: et terra nostra dabit fructum suum.

AT THE CENTER OF THE ALTAR

(**Stand at High Mass**)

**P:** Dóminus vobíscum.

**S:** Et cum spírítu tuo.

AT THE RIGHT SIDE OF THE ALTAR

**P:** Orémus.

**POSTCOMMUNION**  
Suscipíamus, Dómine, misericórdiam tuam in médio templi tui: ut reparatióne nostræ ventúra solémnia cóngruis honoribus præcedámus. Per Dóminum nostrum Jesum Christum, Filium tuum, qui tecum vivit et regnat in unitátē Spíritus Sancti, Deus, per ómnia sæcula sæculórum.

**S:** Amen.

**P:** Orémus.

AT THE CENTER OF THE ALTAR

**P:** Dóminus vobíscum.

**S:** Et cum spírítu tuo.

**P:** Ite, Missa est.

**S:** Deo grátias.

(**Kneel at High Mass**)

**P:** Pláceat tibi, sancta Trínitas, obséquium servitútis meæ: et præsta; ut sacrificium, quod óculis tuæ majestátis indignus obtuli, tibi sit acceptábile, miti, et ómnibus pro quibus illud obtuli, sit, te miseránte, propitiábilē. Per Christum Dóminum nostrum.

**P:** Benedícatur vos omnípotens Deus, † Pater, et Fílius, et Spíritus Sanctus.

**S:** Amen.

AT THE LEFT SIDE OF THE ALTAR (Stand)

**P:** Dóminus vobíscum.

**S:** Et cum spírítu tuo.

**P:** Iníitium sancti Evangéllii secúndum Joánnem.

**S:** Glória tibi, Dómine.

**P:** In principio erat Verbum, et Verbum erat apud Deum, et Deus erat Verbum. Hoc erat in principio apud Deum. Ómnia per ipsum facta sunt: et sine ipso factum est nihil, quod factum est: in ipso vita erat, et vita erat lux hóminum: et lux in ténebris lucet, et ténebræ eam non comprehéndunt. Fuit homo missus a Deo, cui nomen erat Joánnēs. Hic venit in testimónium, ut testimónium perhiberet de lumíne, ut testimónium perhiberet de lumíne. Erat lux vera, quæ illúminat omnem hóminem veniéntem in hunc mundum. In mundo erat, et mundus eum non cognóvit. In própria venit, et sui eum non receperunt. Quotquot autem receperunt eum, dedit eis potestátem filios Dei fieri, his qui credunt in nómine ejus: qui non ex sanguínibus, neque ex volúntate carnis, neque ex volúntate viri, sed ex Deo nati sunt. (**Genuflect**) ET VERBUM CARO FACTUM EST et habitávit in nobis: et vídimus glóriam ejus, glóriam quasi Unigéniti a Patre, plenum grátie et veritátis.

**S:** Deo grátias.

**P:** Deign to regard them with a gracious and serene countenance, and to accept them, as Thou didst deign to accept the gifts of Thy just servant Abel, and the sacrifice of Abraham our Patriarch, and that which Thy chief priest Melchisedech offered to Thee, a holy sacrifice, an unspotted victim.

**P:** Humbly we pray Thee, almighty God, command these offerings to be borne by the hands of Thy holy Angel to Thine altar on high, in the sight of Thy divine majesty, so that as many of us as shall, by partaking from this altar, consume the most holy Body and Blood of Thy Son, may be filled with every heavenly grace and blessing. Through the same Christ our Lord. Amen.

**P:** Be mindful also, O Lord, of Thy servants and handmaids **N.** and **N.** who have gone before us with the sign of faith and rest in the sleep of peace. To these, O Lord, and to all who rest in Christ, we plead that you grant a place of comfort, light, and peace. Through the same Christ our Lord. Amen.

**P:** To us sinners also, Thy servants, trusting in the multitude of Thy mercies, deign to grant some part and fellowship with Thy holy Apostles and Martyrs, with John, Stephen, Matthias, Barnabas, Ignatius, Alexander, Marcellinus, Peter, Felicitas, Perpetua, Agatha, Lucy, Agnes, Cecilia, Anastasia, and with all Thy Saints, into whose company, we beseech Thee, not as appraiser of merit but as bestower of pardon, to admit us. Through Christ our Lord.

**P:** Through Whom, O Lord, Thou always create, sanctify, quicken, bless and bestow upon us all good things. Through Him and with Him and in Him is to Thee, God the Father almighty, in the unity of the Holy Spirit, all honor and glory,

**P:** Forever and ever.

(**Stand at High Mass**)

**S:** Amen.

**P:** Let us pray: Admonished by Thy saving precepts, and following Thy divine institution, we dare to say: Our Father, Who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation.

**S:** Deliver us from evil.

**P:** Amen.

**P:** Deliver us, we beseech Thee, O Lord, from all evils, past, present, and to come; and by the intercession of the blessed and glorious ever-Virgin Mary, Mother of God, together with Thy blessed Apostles, Peter and Paul, and Andrew, and all the Saints, mercifully grant peace in our days, that sustained by the help of Thy mercy, we may be always free from sin and secure from all disturbance. Through the same Jesus Christ, Thy Son, our Lord, Who lives and reigns with Thee, in the unity of the Holy Spirit, God, forever and ever.

**S:** Amen.

**P:** The peace of the Lord be always with you.

**S:** And with your spirit.

(**Kneel at High Mass**)

**P:** May this mingling and consecration of the Body and Blood of our Lord Jesus Christ be to us who receive it effectual unto eternal life. Amen.

Lamb of God, Who takes away the sins of the world, (**strike breast**) have mercy on us.

Lamb of God, Who takes away the sins of the world, (**strike breast**) have mercy on us.

Lamb of God, Who takes away the sins of the world, (**strike breast**) grant us peace.

**P:** O Lord Jesus Christ, Who said to Thine Apostles: Peace I leave you, My peace I give you; regard not my sins, but the faith of Thy Church, and deign to grant her peace and to unify her according to Thy will: Who lives and reigns God, forever and ever. Amen.

**P:** Lord Jesus Christ, Son of the living God, Who, by the will of the Father, with the cooperation of the Holy Spirit, hast by Thy death given life to the world; deliver me by this Thy most sacred Body and Blood, from all my sins and from all evils. Make me always cleave to Thy commandments, and never permit me to be separated from Thee, Who with the same God the Father and the Holy Spirit, lives and reigns, God, forever and ever. Amen.

**P:** Let not the partaking of Thy Body, O Lord Jesus Christ, which I, unworthy, presume to receive, turn to my judgment and condemnation; but through Thy kindness, may it benefit me, a safeguard both of mind and body, and a certain remedy. Who with God the Father, in the unity of the Holy Spirit, lives and reigns God, forever and ever. Amen.

**P:** I will take the Bread of heaven, and will call upon the name of the Lord.

Lord, I am not worthy that Thou should enter under my roof; but only say the word and my soul shall be healed.

Lord, I am not worthy that Thou should enter under my roof; but only say the word and my soul shall be healed.

Lord, I am not worthy that Thou should enter under my roof; but only say the word and my soul shall be healed.

Lord, I am not worthy that Thou should enter under my roof; but only say the word and my soul shall be healed.

**P:** May the Body of our Lord Jesus Christ preserve my soul unto life everlasting. Amen.

**P:** What return shall I render unto the Lord for all He has given me? I will take the Chalice of salvation, and I will call upon the name of the Lord. Praising I will call upon the Lord, and I shall be saved from my enemies.

**P:** May the Blood of our Lord Jesus Christ preserve my soul to life everlasting. Amen.

**P:** Behold the Lamb of God, behold Him who takes away the sins of the world.

**S:** Lord, I am (**strike breast**) not worthy that Thou should enter under my roof; but only say the word and my soul shall be healed.

**S:** Lord, I am (**strike breast**) not worthy that Thou should enter under my roof; but only say the word and my soul shall be healed.

**S:** Lord, I am (**strike breast**) not worthy that Thou should enter under my roof; but only say the word and my soul shall be healed.

AT THE COMMUNION RAIL

**P:** May the Body of our Lord Jesus Christ preserve your soul unto everlasting life. Amen.

AT THE CENTER OF THE ALTAR

**P:** Grant, O Lord, that what we have taken by our mouth, we may receive with a pure mind; and from a temporal gift may it become to us an eternal remedy.

**P:** May Thy Body, O Lord, which I have consumed, and Thy Blood which I have drunk, cling to my vitals; and grant that no wicked stain may remain in me, whom these pure and holy mysteries have refreshed. Who lives and reigns, forever and ever. Amen.

AT THE RIGHT SIDE OF THE ALTAR

The Lord will give goodness: and our earth shall yield her fruit.

AT THE CENTER OF THE ALTAR

(**Stand at High Mass**)

**P:** The Lord be with you.

**S:** And with your spirit.

AT THE RIGHT SIDE OF THE ALTAR

**P:** Let us pray.

May we receive, O Lord, Thy mercy in the midst of thy temple, that we may prepare with due honor for the approaching feast of our redemption. Through our Lord Jesus Christ, Thy Son, who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever.

**S:** Amen.

**P:** Let us pray.

For St. Sabbas

May the pleading of blessed Sabbas the Abbot for us, as well as the reception of Thy Sacraments, protect us, O Lord, that we may both share in the glory of his works, and receive the help of his intercession. Through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever.

**S:** Amen.

AT THE CENTER OF THE ALTAR

**P:** The Lord be with you.

**S:** And with your spirit.

**P:** Go, the Mass is ended.

**S:** Thanks be to God.

(**Kneel at High Mass**)

**P:** May the performance of my homage be pleasing to Thee, O holy Trinity: and grant that the sacrifice which I, though unworthy, have offered up in the sight of Thy majesty, may be acceptable unto Thee, and may, through Thy mercy, be a propitiation for myself and all those for whom I have offered it. Through Christ our Lord. Amen.

**P:** May almighty God bless you, † the Father, Son, and Holy Spirit.

**S:** Amen.

AT THE LEFT SIDE OF THE ALTAR (Stand)

**P:** The Lord be with you.

**S:** And with your spirit.

**P:** The beginning of the holy Gospel according to John.

**S:** Glory be to Thee, O Lord.

**P:** In the beginning was the Word, and the Word was with God, and the Word was God. The same was in the beginning with God. All things were made by Him: and without Him was made nothing that was made. In Him was life, and the life was the light of men. And the light shineth in darkness, and the darkness did not comprehend it. There was a man sent from God, whose name was John. This man came for a witness, to give testimony of the light, that all men might believe through him. He was not that light, but was the true light, which enlighteneth every man that cometh into this world. He was in the world, and the world was made by Him, and the world knew Him not. He came unto His own, and His own received Him not. But as many as received Him, He gave them power to be made the sons of God, to them that believe in His name. Who are born, not of blood, nor of the will of the flesh, nor of the will of man, but of God. (**Genuflect**) AND THE WORD WAS MADE FLESH,

and dwelt among us, (and we saw His glory, the glory as it were of the only begotten of the Father,) full of grace and truth.

**S:** Thanks be to God.