# **TUESDAY AFTER THE FOURTH SUNDAY IN LENT** Errors? help@extraordinaryform.org

Exáudi, Deus, oratiónem meam, et ne despéxeris deprecationem meam: inténde in me et exáudi me. (Ps. 54: 3-4) Contristátus sum in exercitatióne mea: et conturbátus sum avoce inimíci et a tribulatióne peccatóris. Glória Patri et Fílio et Spirítui Sancto, sicut erat in princípio, et nunc, et semper, et in sæcula sæculórum. Amen. Exáudi, Deus, oratiónem meam, et ne despéxeris deprecationem meam:

**INTROIT Psalms 54: 2-3** 

inténde in me et exáudi me.

Sacræ nobis, quæsumus, Dómine,

propitiationis continuum præstent

### observatiónis jejúnia: et piæ conversationis augméntum, et tuæ

COLLECT

auxílium. Per Dóminum nostrum Jesum Christum, Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum. For St. Gregory the Great Deus, qui ánimæ fámuli tui Gregórii ætérnæ beatitúdinis præmia contulísti: concéde propítius; ut, qui peccatórum nostrórum póndere prémimur, ejus

apud te précibus sublevémur. Per

Dóminum nostrum Jesum Christum,

#### Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum.

**LESSON Exodus 32: 7-14** In diébus illis: Locútus est Dóminus ad Móysen, dicens: Descénde de monte: peccávit pópulus tuus, quem eduxísti de terra Ægýpti. Recessérunt cito de via, quam ostendísti eis: fecerúntque sibi vítulum conflátilem, et adoravérunt, atque immolántes ei hóstias, dixérunt: Isti sunt dii tui, Israël, qui te e duxérunt de terra Ægýpti. Rursúmque ait Dóminus ad Móysen: Cerno, quod pópulus iste duræ cervícis sit: dimítte me, ut irascátur furor meus contra eos, et déleam eos, faciámque te in gentem

magnam. Móyses autem orábat

Dóminum, Deum suum, dicens: Cur,

pópulum tuum, quem eduxísti de terra

Ægýpti in fortitúdine magna et in manu

móntibus et deléret e terra: quiéscat ira

pópuli tui. Recordáre Abraham, Isaac et

Israël, servórum tuórum, quibus jurásti

univérsam terram hanc, de qua locútus

possidébitis eam semper. Placatúsque

locútus fúerat advérsus pópulum suum.

est Dóminus, ne fáceret malum, quod

per temetípsum, dicens: Multiplicábo

semen vestrum sicut stellas cæli: et

sum, dabo sémini vestro, et

GRADUAL Psalms 43: 26, 2

Exsúrge, Dómine, fer opem nobis: et

áuribus nostris audívimus: et patres

operátus es in diébus eórum et in

líbera nos propter nomen tuum. Deus,

nostri annuntiavérunt nobis opus, quod

In illo témpore: lam die festo mediánte,

ascendit jesus in templum, et docébat.

Et mirabántur Judæi, dicéntes:

Quómodo hic lítteras scit, cum non

ejus fácere, cognóscet de doctrína,

utrum ex Deo sit, an ego a meípso

Dómine, iráscitur furor tuus contra

robústa? Ne quæro dicant Ægýptii:

Cállide edúxit eos, ut interfíceret in

tua, et esto placábilis super nequítia

## didícerit? Respóndit eis Jesus et dixit: Mea doctrína non est mea, sed ejus, qui misit me. Si quis volúerit voluntátem

**GOSPEL John 7: 14-31** 

diébus antíquis.

loquar. Qui a semetípso lóquitur, glóriam própriam quærit. Qui autem quærit glóriam ejus, qui misit eum, hic verax est, et injustítia in illo non est. Nonne Móyses dedit vobis legem: et nemo ex vobis facit legem? quid me quéritis interfícere? Respóndit turba, et dixit: Dæmónium habes: quis te quærit interfícere? Respóndit Jesus et dixit eis: Unum opus feci, et omnes mirámini. Proptérea Móyses dedit vobis circumcisiónem -non quia ex Móyse est, sed ex pátribus: - et in sábbato circumcíditis hóminem. Si circumcisiónem accipit homo in sábbato, ut non solvátur lex Móysi: mihi indignámini, quia totum hóminem sanum feci in sábbato? Nolíte judicáre secúndum fáciem, sed justum judícium judicáte. Dicébant ergo quidam ex Jerosólymis: Nonne hic est, quem quærunt interfícere? Et ecce, palam lóquitur, et nihil ei dicunt. Numquid vere cognovérunt príncipes, quia hic est Christus? Sed hunc scimus, unde sit: Christus autem, cum vénerit, nemo scit, unde sit. Clamábat ergo Jesus in templo docens, et dicens: Et me scitis et, unde sim, scitis, et a meípso non veni, sed est verus, qui misit me, quem vos nescítis. Ego scio eum, quia ab ipso sum, et ipse me misit. Quærébant ergo eum apprehéndere: et nemo misit in illum manus, quia nondum vénerat hora ejus. De turba autem multi credidérunt in eum. **OFFERTORY Psalms 39: 2-4** Exspéctans exspectávi Dóminum, et respéxit me: et exaudívit deprecatiónem meam: et immísit in os meum cánticum novum, hymnum Deo nostro. SECRET Hæc hóstia, Dómine, quæsumus, emúndet nostra delícta: et, ad

sacrifícium celebrándum, subditórum

Dóminum nostrum Jesum Christum,

unitáte Spíritus Sancti, Deus, per

ómnia sæcula sæculórum.

For St. Gregory the Great

tibi córpora mentésque sanctíficet. Per

Fílium tuum, qui tecum vivit et regnat in

Annue nobis, quéssumus, Dómine: ut

intercessióne beáti Gregórii hæc nobis

prosit oblátio, quam immolándo totíus

mundi tribuísti relaxári delícta. Per

unitáte Spíritus Sancti, Deus, per

ómnia sæcula sæculórum.

Dóminum nostrum Jesum Christum,

grátias ágere: Dómine sancte, Pater

omnípotens, ætérne Deus: Qui

corporáli jejúnio vítia cómprimis,

præmia: per Christum Dóminum

mentem élevas, virtútem largíris et

Fílium tuum, qui tecum vivit et regnat in

# PREFACE OF LENT Vere dignum et justum est, æquum et salutáre, nos tibi semper et ubíque

nostrum. Per quem majestátem tuam laudant Ángeli, adórant Dominatiónes, tremunt Potestátes. Cæli cælorúmque Virtútes ac beáta Séraphim sócia exsultatione concélebrant. Cum quibus et nostras voces ut admítti júbeas, deprecámur, súpplici confessióne dicéntes: **COMMUNION Psalms 19: 6** Lætábimur in salutári tuo: et in nómine Dómini, Dei nostri, magnificábimur. **POSTCOMMUNION** Hujus nos, Dómine, percéptio sacraménti mundet a crímine: et ad cæléstia regna perdúcat. Per Dóminum nostrum Jesum Christum, Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum. For St. Gregory the Great

Deus, qui beátum Gregórium

commemoratiónis ejus festa

Pontíficem Sanctórum tuórum méritis

coæquásti: concéde propítius; ut, qui

percólimus, vitæ quoque imitémur

exémpla. Per Dóminum nostrum Jesum Christum, Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum. PRAYER OVER THE PEOPLE Humiliáte cápita vestra Deo. Miserére, Dómine, pópulo tuo: et contínuis tribulatiónibus laborántem, propítius respiráre concéde. Per Dóminum nostrum Jesum Christum, Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum.

voice of the enemy and the clamor of the wicked. Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen. Hearken, O God, to my prayer; turn not away from my pleading; give heed to me, and answer me. May the sacred practice of fasting, we beseech You, O Lord, win for us increased holiness of life and the continuing help of Your mercy. Through our Lord Jesus Christ, Thy

Hearken, O God, to my prayer; turn not

away from my pleading; give heed to

rock with grief, and am troubled at the

me, and answer me. (Ps. 54: 3-4) I

Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever. O God, Who hast conferred the rewards of everlasting happiness upon the soul of Thy servant Gregory, mercifully grant that we, who are oppressed by the burden of our sins,

may be relieved by his prayers to Thee.

Son, Who lives and reigns with Thee in

the unity of the Holy Spirit, God, forever

In those days, the Lord said to Moses,

Go down from the mountain to your

Through our Lord Jesus Christ, Thy

and ever.

people, whom you brought out of the land of Egypt, for they have become depraved. They have soon turned aside from the way I pointed out to them, making for themselves a molten calf and worshiping it, sacrificing to it and crying out, 'This is your God, O Israel, Who brought you out of the land of Egypt!' I see how stiff-necked this people is, continued the Lord to Moses. Let Me alone, then, that My wrath may blaze up against them to consume them. Then I will make of you a great nation. But Moses implored the Lord, his God, saying, Why, O Lord, should Thy wrath blaze up against Thine own people, whom Thou brought out of the land of Egypt with such great power and with so strong a hand? Why should the Egyptians say, 'With evil intent He brought them out, that He might kill them in the mountains and exterminate them from the face of the earth'? Let Thy blazing wrath die down; relent in punishing Your people.

Remember Thy servants Abraham,

Isaac and Israel, and how Thou swore

make your descendants as numerous

as the stars in the sky; and all this land

heritage.' So the Lord relented in the

punishment He had threatened to inflict

Arise, O Lord, help us! Redeem us for

have heard, our fathers have declared

to us the deeds Thou did in their days,

Your Name's sake. O God, our ears

that I promised, I will give your

descendants as their perpetual

on His people.

in days of old.

to them by Thine own self, saying, 'I will

already half over, Jesus went up into the temple and began to teach. And the Jews marveled, saying, How does this man come by learning, since He has not studied? Jesus answered them and said, My teaching is not My own, but His Who sent Me. If anyone desires to do His will, he will know of the teaching whether it is from God, or whether I speak on My own authority. He who speaks on his own authority

seeks his own glory. But he who seeks

truthful, and there is no injustice in him.

none of you observes the Law? Why do

Did not Moses give you the Law, and

The crowd answered and said, You

death? Jesus answered and said to

wonder. For this reason Moses gave

you the circumcision - not that it is from

on a Sabbath you circumcise a man. If

Sabbath, that the Law of Moses may

not be broken, are you indignant with

me because I made a whole man well

appearances but give just judgment.

Jerusalem were saying, Is not this the

Some therefore of the people of

them, One work I did and you all

Moses, but from the fathers - and

a man receives circumcision on a

on a Sabbath? Judge not by

have a devil. Who seeks to put You to

you seek to put Me to death?

the glory of the one who sent him is

At that time, when the feast was

man they seek to kill? And behold, He speaks openly and they say nothing to Him. Can it be that the rulers have really come to know that this is the Christ? Yet we know where this man is from; but when the Christ comes, no one will know where He is from. Jesus therefore, while teaching in the temple, cried out and said, You both know Me, and know where I am from. Yet I have not come of Myself, but He is true Who has sent Me, whom you do not know. I know Him because I am from Him, and He sent Me. They wanted therefore to seize Him, but no one laid hands on Him because His hour had not yet come. Many of the people, however, believed in Him. I have waited, waited for the Lord, and He stooped toward me and heard my cry. And He put a new song into my mouth, a hymn to our God. May this offering, O Lord, we beseech Thee, wipe away our sins, and make holy the minds and bodies of Your servants for celebrating this Sacrifice. Through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever.

It is truly fitting and just, proper and beneficial, that we should always and everywhere, give thanks unto Thee, holy Lord, Father almighty, everlasting God. Who by this bodily fast, dost curb our vices, dost lift up our minds and bestow on us strength and rewards; through Christ our Lord. Through Whom the Angels praise Thy majesty, the Dominations adore, the Powers tremble: the heavens and the hosts of heaven, and the blessed Seraphim,

together celebrate in exultation. With

whom, we pray Thee, command that

admitted in confessing Thee saying:

May we shout for joy at Thy victory and

raise the standards in the Name of the

May the reception of this sacrament, O

Lord, cleanse us from guilt and bring us

Through our Lord Jesus Christ, Thy

to the kingdom of heaven.

our voices of supplication also be

Lord our God.

Suffer, we beseech Thee, O Lord, that

Gregory this oblation may profit us; for

by its offering Thou hast granted that

Christ, Thy Son, Who lives and reigns

with Thee in the unity of the Holy Spirit,

the sins of all the world should be

God, forever and ever.

pardoned. Through our Lord Jesus

through the intercession of blessed

Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever. O God, Who didst make Thy bishop Gregory equal with the saints in merit, favorably grant that we, who faithfully keep the feast of his commemoration,

may also imitate the examples set by

Thy Son, Who lives and reigns with

Thee in the unity of the Holy Spirit,

God, forever and ever.

his life. Through our Lord Jesus Christ,

Bow your heads to God. Have mercy on Thy people, O Lord, and graciously grant them relief from the unceasing tribulations which oppress them. Through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever.