FRIDAY AFTER THE THIRD SUNDAY IN LENT

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INTROIT Psalms 85: 17

Fac mecum, Dómine, signum in bonum: ut vídeant, qui me oderunt, et confundántur: quóniam tu, Dómine, adjuvísti me et consolátus es me. (Ps. 85: 1) Inclína, Dómine, aurem tuam, et exáudi me: quóniam inops et pauper sum ego. Glória Patri et Fílio et Spirítui Sancto, sicut erat in princípio, et nunc, et semper, et in sécula sæculórum. Amen. Fac mecum, Dómine, signum in bonum: ut vídeant, qui me oderunt, et confundántur: quóniam tu, Dómine, adjuvísti me et consolátus es me.

Jejúnia nostra, quæsumus, Dómine,

COLLECT

benígno favóre proséquere: ut, sicut ab aliméntis abstinémus in córpore; ita a vítiis jejunémus in mente. Per Dóminum nostrum Jesum Christum, Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum. For St. John of God

Deus, qui beátum Joánnem, tuo amóre

Ecclésiam tuam nova prole fœcundásti:

præsta, ipsíus suffragántibus méritis;

ut igne caritátis tuæ vitia nostra

curéntur, et remédia nobis ætérna

provéniant. Per Dóminum nostrum

tecum vivit et regnat in unitáte Spíritus

Jesum Christum, Fílium tuum, qui

succénsum, inter flammas innóxium incédere fecísti, et per eum

Sancti, Deus, per ómnia sæcula sæculórum. **LESSON Numbers 20: 1, 3, 6-13** In diébus illis: Convenérunt fílii Israël adversum Móysen et Aaron: et versi in seditiónem, dixérunt: Date nobis aquam, ut bibámus. Ingressúsque Móyses et Aaron, dimíssa multitúdine, tabernáculum fœderis, corruérunt proni in terram, clamaverúntque ad Dóminum, atque dixérunt: Dómine Deus, audi clamórem hujus pópuli, et áperi eis thesáurum tuum, fontem aquæ vivæ, ut, satiáti, cesset murmurátio eórum. Et appáruit glória Dómini super eos. Locutúsque est Dóminus ad Móysen, dicens: Tolle virgam, et cóngrega pópulum, tu et Aaron frater tuus, et loquímini ad petram coram eis, et illa dabit aquas. Cumque edúxeris aquam de petra, bibet omnis multitúdo et juménta ejus. Tulit ígitur Móyses virgam, quæ erat in conspéctu Dómini, sicut præcéperat ei, congregáta multitúdine ante petram, dixítque eis: Audíte, rebélles et incréduli: Num de petra hac vobis aquam potérimus ejícere? Cumque elevásset Móyses manum, percútiens virga bis sílicem, egréssæ sunt aquæ largíssimæ, ita ut pópulus bíberet, et juménta. Dixítque Dóminus ad Móysen et Aaron: Quia non credidístis mihi, ut sanctificarétis me coram fíliis Israël, non introducétis hos pópulos in terram, quam dabo eis. Hæc est aqua contradictiónis, ubi jurgáti sunt fílii

Israël contra Dóminum, et sanctificátus

In Deo sperávit cor meum, et adjútus

voluntáte mea confitébor illi. Ad te,

Dómine, clamávi: Deus meus, ne

sum: et reflóruit caro mea, et ex

est in eis.

Dómine, non secúndum peccáta nostra, quæ fécimus nos: neque secúndum iniquitátes nostras retríbuas

nobis. (Ps. 78: 8-9) Dómine, ne

memíneris iniquitátum nostrárum

misericórdiæ tuæ, quia páuperes facti

antiquárum: cito antícipent nos

sumus nimis. (Hic genuflectitur.)

síleas, ne discédas a me.

TRACT Psalms 102: 10

GRADUAL Psalms 27: 7, 1

Adjuva nos, Deus, salutáris noster: et propter glóriam nóminis tui, Dómine, líbera nos: et propítius esto peccátis nostris, propter nomen tuum. GOSPEL John 4: 5-42 In illo témpore: Venit Jesus in civitátem Samaríæ, quæ dícitur Sichar: juxta prædium, quod dedit Jacob Joseph, fílio suo. Erat autem ibi fons Jacob. Jesus ergo fatigátus ex itínere, sedébat sic supra fontem. Hora erat quasi

sexta. Venit múlier de Samaría hauríre aquam. Dicit ei Jesus: Da mihi bíbere. -Discípuli enim ejus abíerant in civitátem, ut cibos émerent. - Dicit ergo ei múlier illa Samaritána: Quómodo tu, Judéus cum sis, bíbere a me poscis, quæ sum múlier Samaritána? non enim coutúntur Judæi Samaritánis. Respóndit Jesus et dixit ei: Si scires donum Dei, et quis est, qui dicit tibi: Da mihi bibere: tu fórsitan petísses ab eo, et dedísset tibi aquam vivam. Dicit ei múlier: Dómine, neque in quo háurias habes, et púteus alius est: unde ergo habes aquam vivam? Numquid tu major es patre nostro Jacob, qui dedit nobis púteum, et ipse ex eo bibit et fílii ejus et pécora ejus? Respóndit Jesus et dixit ei: Omnis, qui bibit ex aqua hac, sítiet íterum: qui autem bíberit ex aqua, quam ego dabo ei, non sítiet in ætérnum: sed aqua, quam ego dabo ei, fiet in eo fons aquæ saliéntis in vitam ætérnam. Dicit ad eum mulier: Dómine, da mihi hanc aquam, ut non sítiam neque véniam huc hauríre. Dicit ei Jesus: Vade, voca virum tuum, et veni huc. Respóndit múlier, et dixit: Non hábeo virum. Dicit ei Jesus: Bene dixísti, quia non hábeo virum: quinque enim viros habuísti, et nunc, quem habes, non est tuus vir: hoc vere dixísti. Dicit ei múlier: Dómine, vídeo, quia Prophéta es tu. Patres nostri in monte hoc adoravérunt, et vos dícitis, quia Jerosólymis est locus, ubi adoráre opórtet. Dicit ei Jesus: Múlier, crede mihi, quia venit hora, quando neque in monte hoc, neque in Jerosólymis adorábitis Patrem. Vos adorátis, quod nescítis: nos adorámus, quod scimus, quia salus ex Judéis est. Sed venit hora, et nunc est, quando veri adoratóres adorábunt Patrem in spíritu et veritáte. Nam et Pater tales quærit, qui adórent eum. Spíritus est Deus: et eos, qui adórant eum, in spíritu et veritate oportet adorare. Dicit ei mulier: Scio, quia Messías venit qui dícitur Christus. Cum ergo vénerit ille, nobis annuntiábit ómnia. Dicit ei Jesus: Ego sum, qui loquor tecum. Et contínuo venérunt discípuli ejus: et mirabántur, quia cum mulíere loquebátur. Nemo tamen dixit: Quid quæris, aut quid loquéris cum ea? Reliquit ergo hýdriam suam múlier, et ábiit in civitátem, et dicit illis homínibus: Veníte, et vidéte hóminem, qui dixit mihi ómnia, quæcúmque feci: numquid ipse est Christus? Exiérunt ergo de civitáte, et veniébant ad eum. Intérea rogábant eum discípuli, dicéntes: Rabbi, mandúca. Ille autem dicit eis: Ego

cibum habeo manducáre, quem vos

nescítis. Dicébant ergo discípuli ad

ínvicem: Numquid áliquis áttulit ci

manducáre? Dicit eis Jesus: Meus

cibus est, ut fáciam voluntátem ejus,

qui misit me, ut perfíciam opus ejus.

menses sunt, et messis venit? Ecce,

dico vobis: Leváte óculos vestros, et

messem. Et qui metit, mercédem

Nonne vos dícitis, quod adhuc quátuor

vidéte regiónes, quia albæ sunt iam ad

that they who hate me may see, and be confounded because Thou, O Lord, have helped me and consoled me. (Ps. 85: 1) Incline Thy ear, O Lord, and hear me: for I am needy and poor. Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen. Show me, O Lord, a token for good: that they who hate me may see, and be confounded because Thou, O Lord, have helped me and consoled me.

Accompany our fasts, we beseech

that as in the body we abstain from

nourishment, so in the spirit we may

Thee, O Lord, with thy benignant favor,

fast from vice. Through our Lord Jesus

with Thee in the unity of the Holy Spirit,

Christ, Thy Son, Who lives and reigns

God, forever and ever.

God, forever and ever.

Show me, O Lord, a token for good:

O God, Who didst cause blessed John, when burning with love of Thee, to walk unharmed through the midst of flames, and by his means didst enrich Thy Church with a new Religious Order, grant, through the aid of his merits, that our evil passions may be consumed by the fire of Thy love, and that we may receive healing remedies unto life everlasting. Through our Lord Jesus Christ, Thy Son, Who lives and reigns

with Thee in the unity of the Holy Spirit,

In those days, the Israelites held a

council against Moses and Aaron. The people contended, exclaiming, Give us water that we may drink. But Moses and Aaron went away from the assembly to the entrance of the Meeting Tent, where they fell prostrate. They cried to the Lord, and said, O Lord God, hear the cry of this people, and open to them Your treasure, a fountain of living water, that being satisfied, they may cease to murmur. Then the glory of the Lord appeared to them, and the Lord said to Moses, Take the staff and assemble the people, you and your brother Aaron, and in their presence order the rock to yield its waters. From the rock you shall bring forth water for the community and their livestock to drink. So Moses took the staff from its place before the Lord, as he was ordered. He and Aaron assembled the community in front of the rock, where he said to them, Listen to me, you rebels! Are we to bring water for you out of this rock? Then, raising his hand, Moses struck the rock twice with his staff, and water gushed out in abundance for the people and their livestock to drink. But the Lord said to Moses and Aaron, Because you were not faithful to Me in showing forth My sanctity before the Israelites, you shall not lead this people into the land I will give them. This is the water of contradiction, where the Israelites contended against the Lord, and where He revealed His sanctity among them. In God my heart has trusted and I have been helped: and my flesh has flourished again, and with my will I shall

sins we have committed, nor according to our iniquities. (Ps. 78: 8-9) O Lord, remember not our former iniquities, let Thy mercies speedily prevent us; for we are become exceeding poor. (Here kneel.) Help us, O God, our Savior, and for the glory of Thy name, O Lord, deliver us: and forgive us our sins for

praise Him. Unto Thee I have cried

out: O my God, be not silent, do not

O Lord, repay us not according to the

forsake me.

Thy name's sake.

At that time, Jesus came, accordingly, to a town of Samaria called Sichar, near the field that Jacob gave to his son Joseph. Now Jacob's well was there. Jesus therefore, wearied as He was from the journey, was sitting at the well. It was about the sixth hour. There came a Samaritan woman to draw

water. Jesus said to her, Give Me to

Samaritan woman therefore said to

into the town to buy food. The

drink; for His disciples had gone away

Him, How is it that You, although You are a Jew, ask drink of me, who am a Samaritan woman? For Jews do not associate with Samaritans. Jesus answered and said to her, If you did know the gift of God, and Who it is Who says to you, 'Give Me to drink,' you, perhaps, would have asked of Him, and He would have given you living water. The woman said to Him, Sir, You have nothing to draw with, and the well is deep. Whence then have You living water? Are You greater than our father Jacob who gave us the well, and drank from it, himself, and his sons, and his flocks? In answer Jesus said to her, Everyone who drinks of this water will thirst again. He, however, who drinks of the water that I will give him shall never thirst; but the water that I will give him shall become in him a fountain of water, springing up unto life everlasting. The woman said to Him, Sir, give me this water that I may not thirst, or come here to draw. Jesus said to her, Go, call your husband and come here. The woman answered and said, I have no husband. Jesus said to her: Thou hast said well, 'I have no husband.' for you have had five husbands, and he whom you now have is not your husband. In this you have spoken truly. The woman said to Him, Sir, I see that You are a prophet. Our fathers worshiped on this mountain, but You say that at Jerusalem is the place where one ought to worship. Jesus said to her, Woman, believe Me, the hour is coming when neither on this mountain nor in Jerusalem will you worship the Father. You worship what you do not know; we

worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and in truth. For the Father also seeks such to worship Him. God is spirit, and they who worship Him must worship in spirit and in truth. The woman said to Him, I know that Messias is coming Who is called Christ, and when He comes He will tell us all things. Jesus said to her, I Who speak with you am He. And at this point His

disciples came; and they wondered that

He was speaking with a woman. Yet no

one said, What do You seek? or, Why

do You speak with her? The woman

therefore left her water-jar and went

away into the town, and said to the

the town and came to meet Him.

Meanwhile, His disciples besought

people, Come and see a man who has

He be the Christ? They went forth from

Him, saying, Rabbi, eat. But He said to

them, I have food to eat of which you

do not know. The disciples therefore

said to one another, Has someone

told me all that I have ever done. Can

áccipit, et cóngregat fructum in vitam ætérnam: ut, et qui séminat, simul gáudeat, et qui metit. In hoc enim est verbum verum: quia álius est qui séminat, et álius est qui metit. Ego misi vos métere quod vos non laborástis: álii laboravérunt, et vos in labóres eórum introístis. Ex civitáte autem illa multi credidérunt in eum Samaritanórum, propter verbum mulíeris testimónium perhibéntis: Quia dixit mihi ómnia, quæcúmque feci. Cum veníssent ergo ad illum Samaritáni, rogavérunt eum, ut ibi manéret. Et mansit ibi duos dies. Et multo plures credidérunt in eum propter sermónem ejus. Et mulíeri dicébant: Quia iam non propter tuam loquélam crédimus: ipsi enim audívimus, et scimus, quia hic est vere Salvátor mundi. **OFFERTORY Psalms 5: 3-4** Inténde voci oratiónis meæ, Rex meus, et Deus meus: quóniam ad te orábo, Dómine. **SECRET** Réspice, quæsumus, Dómine, propítius ad múnera, quæ sacrámus: ut tibi grata sint, et nobis salutária semper exsístant. Per Dóminum nostrum Jesum Christum, Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum.

For St. John of God

Laudis tibi, Dómine, hostias

nos et præséntibus éxui malis

commemoratione sanctorum: quibus

confídimus, et futúris. Per Dóminum

qui tecum vivit et regnat in unitáte

Spíritus Sancti, Deus, per ómnia

nostrum Jesum Christum, Fílium tuum,

immolámus in tuórum

sécula seculórum.

PREFACE OF LENT

Vere dignum et justum est, æquum et salutáre, nos tibi semper et ubíque grátias ágere: Dómine sancte, Pater omnípotens, ætérne Deus: Qui corporáli jejúnio vítia cómprimis, mentem élevas, virtútem largíris et præmia: per Christum Dóminum nostrum. Per quem majestátem tuam laudant Ángeli, adórant Dominatiónes, tremunt Potestátes. Cæli cælorúmque Virtútes ac beáta Séraphim sócia exsultatione concélebrant. Cum quibus et nostras voces ut admítti júbeas, deprecámur, súpplici confessióne dicéntes: **COMMUNION John 4: 13-14** Qui bíberit aquam, quam ego dabo ei, dicit Dóminus, fiet in eo fons aquæ

saliéntis in vitam ætérnam.

Hujus nos, Dómine, percéptio

cæléstia regna perdúcat. Per

ómnia sæcula sæculórum.

cujus hæc commemoratióne

percépimus, ejus muniámur et

For St. John of God

sacraménti mundet a crimine: et ad

Dóminum nostrum Jesum Christum,

Refécti cibo, pótuque cælésti, Deus

noster, te súpplices exorámus: ut, in

précibus. Per Dóminum nostrum Jesum

Christum, Fílium tuum, qui tecum vivit

Deus, per ómnia sæcula sæculórum.

et regnat in unitáte Spíritus Sancti,

unitáte Spíritus Sancti, Deus, per

Fílium tuum, qui tecum vivit et regnat in

POSTCOMMUNION

PRAYER OVER THE PEOPLE Humiliáte cápita vestra Deo. Præsta, quæsumus, omnípotens Deus: ut, qui in tua protectione confidimus, cuncta nobis adversántia, te adjuvánte, vincámus. Per Dóminum nostrum Jesum Christum, Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum.

who bore witness, He told me all that I have ever done. When, therefore, the Samaritans had come to Him, they besought Him to stay there; and He stayed two days. And far more believed because of His word. And they said to the woman, We no longer believe because of what you have said, for we have heard for ourselves and we know that this is in truth the Savior of the world. Harken to the voice of my prayer, O my King and my God: for to Thee will I pray, O Lord. Look with favor, we beseech You, O Lord, upon the gifts we offer You, that they may be pleasing to you and ever helpful to our salvation. Through our

Lord Jesus Christ, Thy Son, Who lives

and reigns with Thee in the unity of the

Holy Spirit, God, forever and ever.

We offer Thee, O Lord, sacrifices of

praise in commemoration of Thy saints,

by whom we trust to be delivered from

evils both present and future. Through

our Lord Jesus Christ, Thy Son, Who

lives and reigns with Thee in the unity

of the Holy Spirit, God, forever and

It is truly fitting and just, proper and

beneficial, that we should always and

ever.

brought Him something to eat? Jesus

Him Who sent Me, to accomplish His

work. Do you not say, 'There are yet

harvest'? Well, I say to you, lift up your

four months, and then comes the

eyes and behold that the fields are

who reaps receives a wage, and

already white for the harvest. And he

gathers fruit unto life everlasting, so

that the sower and the reaper may

rejoice together. For herein is the

proverb true, 'One sows, another

reaps.' I have sent you to reap that on

which you have not labored. Others

have labored, and you have entered

into their labors. Now many of the

Samaritans of that town believed in

Him because of the word of the woman

said to them, My food is to do the will of

everywhere, give thanks unto Thee, holy Lord, Father almighty, everlasting God. Who by this bodily fast, dost curb our vices, dost lift up our minds and bestow on us strength and rewards; through Christ our Lord. Through Whom the Angels praise Thy majesty, the Dominations adore, the Powers tremble: the heavens and the hosts of heaven, and the blessed Seraphim, together celebrate in exultation. With whom, we pray Thee, command that our voices of supplication also be admitted in confessing Thee saying: He who drinks of the water that I will give him, says the Lord, it shall become in him a fountain of water, springing up unto life everlasting. May the reception of this sacrament, O

Lord, cleanse us from sin and bring us

into the heavenly kingdom. Through

our Lord Jesus Christ, Thy Son, Who

lives and reigns with Thee in the unity

We Thy suppliants, who are refreshed

with heavenly food and drink, beseech

fortified by the prayers of him in whose

commemoration we have partaken of

Christ, Thy Son, Who lives and reigns

with Thee in the unity of the Holy Spirit,

these gifts. Through our Lord Jesus

Thee, O our God, that we may be

of the Holy Spirit, God, forever and

ever.

God, forever and ever. Bow your heads to God. Grant, we beseech You, almighty God, that we who trust in Your protection may, by Your assistance, triumph over all adversities. Through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever.