

FIRST SUNDAY OF ADVENT FERIA – ST. SABBAS, ABBOT

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The four weeks of Advent represent the 4000 years of history – BC. The Collects were written by Pope St. Gregory the Great in the 6th century AD.

Commemoration of St. Sabbas: St. Sabbas, a monk in Palestine, was famous for his charity to those in need, for his true Catholic zeal, and for his austere life. There is a church in Rome dedicated to him. Over ninety years of age, he died in 531.

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AT THE FOOT OF THE ALTAR

(Kneel)

P: † In nómine Patris, et Fílii, et Spíritus Sancti. Amen.
P: Introibo ad altáre Dei.
S: Ad Deum qui lætificat juventútem meam.

(Psalm 42)

P: Júdica me, Deus, et discérne causam meam de gente non sancta: ab hómine iniquo et dolóso érué me.

S: Quia tu es, Deus, fortitúdo mea: quare me repulísti, et quare tristis incédo, dum affligit me inimicus?

P: Emitte lucem tuam, et veritátem tuam: ipsa me deduxérunt, et adduxérunt in montem sanctum tuum, et in tabernácula tua.

S: Et introíbo ad altáre Dei: ad Deum qui lætificat juventútem meam.

P: Confítebor tibi in cithara, Deus, Deus meus: quare tristis es, ánima mea, et quare contúrbas me?

S: Spera in Deo, quóniam adhuc confítebor illi: salutáre vultus mei, et Deus meus.

P: Glória Patri, et Fílio, et Spíritui Sancto.

S: Sicut erat in princípío, et nunc, et semper: et in sæcula sæculórum. Amen.

P: Introibo ad altáre Dei.

S: Ad Deum qui lætificat juventútem meam.

P: † Adjutórium nostrum in nómine Dómini.

S: Qui fecit cælum et terram.

P: Confíteor Deo omnipoténti, beátæ Mariæ semper Vírgini, beáto Michaéli Archángelo, beáto Joánni Baptistæ, sanctis Apóstolis Petro et Paulo, ómnibus Sanctis, et vobis fratres: quia peccávi nimis cogitátióne, verbo, et ópere: mea culpa, mea culpa, mea máxima culpa. Ideo precor beátam Mariam semper Vírginem, beátum Michaélem Archángelum, beátum Joánnem Baptistam, sanctos Apóstolos Petrum et Paulum, omnes Sanctos, et vos fratres, oráre pro me ad Dóminum Deum nostrum.

S: Misereátur tui omnipotens Deus, et dimíssis peccátis tuis, perdúcat te ad vitam ætérnam.

P: Amen.

S: Confíteor Deo omnipoténti, beátæ Mariæ semper Vírgini, beáto Michaéli Archángelo, beáto Joánni Baptistæ, sanctis Apóstolis Petro et Paulo, ómnibus nimis cogitátióne, verbo, et ópere: **(strike breast 3 times)** mea culpa, mea culpa, mea máxima culpa. Ideo precor beátam Mariam semper Vírginem, beátum Michaélem Archángelum, beátum Joánnem Baptistam, sanctos Apóstolos Petrum et Paulum, omnes Sanctos, et te Pater, oráre pro me ad Dóminum Deum nostrum.

P: Misereátur vestri omnipotens Deus, et, dimíssis peccátis vestris, perdúcat vos ad vitam ætérnam.

S: Amen.

P: † Indulgéntiam, absolutiõem, et remissiõem peccatórum nostrórum, tríbuat nobis omnipotens et miséricors Dóminus.

S: Amen.

P: Deus, tu convérsus vivificábis nos.

S: Et plebs tua lætábitur in te.

P: Osténde nobis, Dómine, misericórdiam tuam.

S: Et salutáre mihi da nobis.

P: Dómine, exáudi oratiónem meam.

S: Et clamor meus ad te véniat.

P: Dóminus vobíscum.

S: Et cum spíritu tuo.

P: Orémus.

P: Aufer a nobis, quæsumus, Dómine, iniquitátes nostras: ut ad Sancta Sanctórum puris mereámur méntibus introíre. Per Christum Dóminum nostrum. Amen.

AT THE CENTER OF THE ALTAR

P: Orámus te, Dómine, per mérita Sanctórum tuórum, quorum relíquiæ hic sunt et ómnium Sanctórum: ut indulgére dignéris ómnia peccáta mea. Amen.

(Only at High Mass when incense is used)

P: Ab illo benedicáris, in cujus honóre cremáberis.

AT THE FOOT OF THE ALTAR

(Kneel)

P: † In the Name of the Father, and of the Son, and of the Holy Spirit. Amen.
P: I will go unto the altar of God.
S: To God, Who gives joy to my youth.

(Psalm 42)

P: Judge me, O God, and distinguish my cause from the unholy nation, deliver me from the unjust and deceitful man.

S: For Thou, O God, art my strength, why hast Thou cast me off? And why do I go about in sadness, while the enemy afflicts me?

P: Send forth Thy light and Thy truth: they have conducted me and brought me unto Thy holy mount, and into Thy tabernacles.

S: And I will go unto the altar of God: to God, Who gives joy to my youth.

P: I shall praise Thee upon the harp, O God, my God. Why are you sad, O my soul, and why do you disquiet me?

S: Hope in God, for I will still praise Him, the salvation of my countenance, and my God.

P: Glory be to the Father, and to the Son, and to the Holy Spirit.

S: As it was in the beginning, is now, and ever shall be, world without end. Amen.

P: I will go unto the altar of God.

S: To God, Who gives joy to my youth.

P: † Our help is in the name of the Lord.

S: Who made heaven and earth.

P: I confess to almighty God, to blessed Mary ever Virgin, to blessed Michael the Archangel, to blessed John the Baptist, to the holy Apostles Peter and Paul, to all the Saints, and to you, brethren, that I have sinned exceedingly in thought, word, and deed: through my fault, through my fault, through my most grievous fault. Therefore I pray blessed Mary ever Virgin, blessed Michael the Archangel, blessed John the Baptist, the holy Apostles Peter and Paul, all the Saints, and you, brethren, to pray for me to the Lord our God.

S: May almighty God have mercy on you, forgive you your sins, and bring you to life everlasting.

P: Amen.

S: I confess to almighty God, to blessed Mary ever Virgin, to blessed Michael the Archangel, to blessed John the Baptist, to the holy Apostles Peter and Paul, to all the Saints, and to you father: that I have sinned exceedingly in thought, word, and deed: **(strike breast 3 times)** through my fault, through my fault, through my most grievous fault. Therefore I pray blessed Mary ever Virgin, blessed Michael the Archangel, blessed John the Baptist, the holy Apostles Peter and Paul, all the Saints, and you, Father, to pray for me to the Lord our God.

P: May almighty God have mercy on you, forgive you your sins, and bring you to life everlasting.

S: Amen.

P: † May the almighty and merciful Lord grant us pardon, absolution, and remission of our sins.

S: Amen.

P: Thou wilt turn again, O God, and quicken us.

S: And Thy people will rejoice in Thee.

P: Show us, O Lord, Thy mercy.

S: And grant us Thy salvation.

P: O Lord, hear my prayer.

S: And let my cry come unto Thee.

P: The Lord be with you.

S: And with your spirit.

P: Let us pray.

P: Take away from us our iniquities, we beseech Thee, O Lord; that with pure minds we may be made worthy to enter into the Holy of Holies. Through Christ our Lord. Amen.

AT THE CENTER OF THE ALTAR

P: We pray Thee, O Lord, by the merits of Thy Saints whose relics are here, and of all the Saints: that Thou would deign to pardon me all my sins. Amen.

(Only at High Mass when incense is used)

P: Be blessed by Him in Whose honor you will be burnt.

AT THE RIGHT SIDE OF THE ALTAR

INTROIT Psalms 24: 1-3
Ad te levávi ánimam meam: Deus meus, in te confido, non erubéscam: neque irrideant me inimíci mei: étenim univérsi, qui te expéctant, non confundéntur. (Ps.24: 4) Vias tuas, Dómine, démonstra mihi: et sémitas tuas édoce me. Glória Patri et Fílio et Spíritui Sancto, sicut erat in princípío, et nunc, et semper, et in sæcula sæculórum. Amen. Ad te levávi ánimam meam: Deus meus, in te confido, non erubéscam: neque irrideant me inimíci mei: étenim univérsi, qui te expéctant, non confundéntur.

AT THE CENTER OF THE ALTAR

P: Kýrie, eléison.

S: Kýrie, eléison.

P: Kýrie, eléison.

S: Christe, eléison.

P: Christe, eléison.

S: Christe, eléison.

P: Kýrie, eléison.

S: Kýrie, eléison.

P: Kýrie, eléison.

(Stand at High Mass)

P: Dóminus vobíscum.

S: Et cum spíritu tuo.

AT THE RIGHT SIDE OF THE ALTAR

P: Orémus.

COLLECT

Excíta, quæsumus, Dómine, potentiám tuam, et veni: ut ab inimicentibus peccatórum nostrórum periculis, te mereámur protegénte éripi, te liberántem salvári. Qui vivis et regnas, cum Deo Patre in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum.

S: Amen.

P: Orémus.

COLLECT

Intercéssio nos, quæsumus, Dómine, beáti Sabbæ Abbátis commédet: ut, quod nostris méritis non valémus, ejus patrocinio assequámur. Per Dóminum nostrum Jesum Christum, Fílium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum.

S: Amen.

(Sit)

EPISTLE Romans 13: 11-14

Fratres: Sciéntes, quia hora est jam nos de somno súrgere. Nunc enim própior est nostra salus, quam cum credidimus. Nox præcésit, dies autem appropinquávit. Abjiciámus ergo ópera tenebrárum, et induámur arma lucis. Sicut in die honéste ambulábitis: non in comessationibus et ebrietátibus, non in cubilibus et impudiciis, non in contentiõe et æmulatiõe: sed induímini Dóminum Jesum Christum.

S: Deo grátias.

GRADUAL Psalms 24: 3, 4

Univérsi qui te expéctant, non confundéntur, Dómine. Vias tuas, Dómine, notas fac mihi: et sémitas tuas édoce me.

LESSER ALLELUIA

Allelúja, allelúja. Osténde nobis, Dómine, misericórdiam tuam: et salutáre tuum da nobis. Allelúja.

AT THE CENTER OF THE ALTAR

(Only at High Mass when incense is used)

P: Ab illo benedicáris, in cujus honóre cremáberis.

P: Munda cor meum ac lábia mea, omnipotens Deus, qui lábia Isaie Prophétæ cálculo mándásti igníre: ita me tua grata miseratiõe dignáre mundáre, ut sanctum Evangélium tuum digne váleam nuntiáre. Per Christum Dóminum nostrum. Amen.

P: Jube, Dómine, benedicere. Dóminus sit in corde meo, et in lábiis meis: ut digne et competénter annúntiem Evangélium suum. Amen.

AT THE LEFT SIDE OF THE ALTAR

(Stand)

P: Dóminus vobíscum.

S: Et cum spíritu tuo.

P: Sequéntia sancti Evangélii secúndum Lucam.

S: Glória tibi, Dómine.

GOSPEL Luke 21: 25-33

In illo témpore: Dixit Jesus discipulis suis: Erunt signa in sole, et luna, et stellis, et in terra pressúra géntium præ confusiõe sónitus maris et flúctuum: arescéntibus homínibus præ tímóre et expectatiõe, quæ supervénient univérso orbi: nam virtútes cælórum movebúntur. Et tunc vidébunt Fílium hóminis veniéntem in nube cum potestáte magna, et majestáte. His autem fieri incipiéntibus, respícite, et leváte cápita vestra: quóniam appropínquat redemptiõe vestra. Et dixit illis similitúdinem: Vidéte ficúlneam et omnes árbores: cum producunt jam ex se fructum, scitis quóniam prope est æstas. Ita et vos cum vidéritis hæc fieri, scitôte quóniam prope est regnum Dei. Amen dico vobis, quia non præteribit generatio hæc, donec ómnia fiant. Cælum et terra transibunt: verba autem mea non transibunt.

S: Laus tibi, Christe.

P: Per evangélica dicta deleántur nostra delicta.

AT THE CENTER OF THE ALTAR

P: Lord, have mercy.

S: Lord, have mercy.

P: Lord, have mercy.

S: Christ, have mercy.

P: Christ, have mercy.

S: Christ, have mercy.

P: Lord, have mercy.

S: Lord, have mercy.

P: Lord, have mercy.

S: Lord, have mercy.

P: Lord, have mercy.

S: Lord, have mercy.

P: Lord, have mercy.

P: The Lord be with you.

S: And with your Spirit.

AT THE RIGHT SIDE OF THE ALTAR

P: Let us pray.

Stir up Thy power, we beseech Thee, O Lord, and come: that from the threatening dangers of our sins we may deserve to be rescued by Thy protection, and to be saved by Thy deliverance. Who lives and reigns with God the Father in the unity of the Holy Spirit, God, forever and ever.

S: Amen.

P: Let us pray.

For St. Sabbas

May the intercession of blessed Sabbas the Abbot commend us unto Thee, we beseech Thee, O Lord: so that what we cannot acquire by any merits of ours, we may obtain by his patronage. Through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever.

S: Amen.

(Sit)

Brethren, knowing that it is now the hour for us to rise from sleep. For now our salvation is nearer than when we believed. The night is past and the day is at hand. Let us therefore cast off the works of darkness, and put on the armor of light. Let us walk honestly, as in the day: not in rioting and impurities, not in contention and envy: but put ye on the Lord Jesus Christ.

S: Thanks be to God.

All they that wait on Thee shall not be confounded, O Lord. Show, O Lord, Thy ways to me: and teach me Thy paths.

Alleluia, alleluia. Show us, O Lord, Thy mercy: and grant us Thy salvation. Alleluia.

AT THE CENTER OF THE ALTAR

(Only at High Mass when incense is used)

P: Be blessed by Him in Whose honor you will be burnt.

P: Cleanse my heart and my lips, O almighty God, Who cleansed the lips of the Prophet Isaiah with a burning coal. In Thy gracious mercy, deign so to purify me, that I may worthily proclaim Thy holy Gospel. Through Christ our Lord. Amen.

P: Pray, Lord, a blessing. The Lord be in my heart and on my lips that I may worthily and fittingly proclaim His Gospel. Amen.

AT THE LEFT SIDE OF THE ALTAR

(Stand)

P: The Lord be with you.

S: And with your spirit.

P: The continuation of the holy Gospel according to Luke.

S: Glory to Thee, O Lord.

At that time Jesus said to His disciples: In there shall be signs in the sun, and in the moon, and in the stars; and upon the earth distress of nations, by reason of the confusion of the roaring of the sea and of the waves: men withering away for fear and expectations of what shall come upon the whole world. For the powers of heaven shall be moved. And then they shall see the Son of Man coming in a cloud with great power and majesty. But when these things begin to come to pass, look up and lift up your heads, because your redemption is at hand. And He spoke to them a similitude: See the fig tree and all the trees: when they now shoot forth their fruit, you know that summer is nigh. So you also, when you shall see these things come to pass, know that the kingdom of God is at hand. Amen. I say to you, this generation shall not pass away, till all things be fulfilled. Heaven and earth shall pass away: but My words shall not pass away.

S: Praise to Thee, O Christ.

P: May our offenses be erased by the words of the Gospel.

AT THE CENTER OF THE ALTAR

P: Dóminus vobiscum.

S: **Et cum spiritu tuo.**

P: Orémus.

(Sit)

OFFERTORY Psalms 24: 1-3

Ad te levávi ánimam meam: Deus meus, in te confído, non erubéscam: neque irrídeant me inimíci mei: étenim univérsi, qui te expéctant, non confundéntur.

P: Súscipe, sancte Pater, omnipotens ætérne Deus, hanc immaculátam hóstiám, quam ego indignus fámulus tuus offero tibi, Deo meo vivo et vero, pro innumerabílibus peccátis, et offensiónibus, et negligéntiis meis, et pro ómnibus circumstántibus, sed et pro ómnibus fidélibus christiánis atque defúntis: ut mihi, et illis proficiat ad salutem in vitam ætérnam. Amen.

AT THE RIGHT SIDE OF THE ALTAR

P: Deus, qui humanæ substántiæ dignitatem mirabíliter condidísti, et mirabílius reformásti: da nobis per hujus aquæ et vini mystérium, ejus divinitátis esse consórtes, qui humanitátis nostræ fieri dignátus est párticeps, Jesus Christus Filius tuus Dóminus noster: Qui tecum vivit et regnat in unitáte Spíritus Sancti Deus: per ómnia sæcula sæculórum. Amen.

AT THE CENTER OF THE ALTAR

P: Offerimus tibi, Dómine, cálicem salutáris tuam deprecántes cleméntiam: ut in conspéctu divínæ majestátis tuæ, pro nostra, et totiús mundi salute cum odóre suavitátis ascéndat. Amen. In spírítu humilitátis, et in ánimo contríto suscipiámur a te, Dómine, et sic fiat sacrificium nostrum in conspéctu tuo hódie, ut pláceat tibi, Dómine Deus. Veni, sanctificátor omnipotens ætérne Deus: et benedic hoc sacrificium, tuo sancto nómini præparátum.

(Only at High Mass when incense is used)

P: *Per intercessiónem beáti Míchælis Archángeli, stantis a dextris altáris incénsi, et ómnium electórum suorúm, incénsium istud dignétur Dóminus benedicere, et in odórem suavitátis accípere. Per Christum Dóminum nostrum. Amen.*

P: *Incénsium istud a te benedíctum, ascéndat ad te, Dómine, et descéndat super nos misericórdia tua.*

P: *Dirigátor, Dómine, orátio mea, sicut incénsium, in conspéctu tuo: elevátio mánuum meárum sacrificium vespertinum. Pone, Dómine, custódiám ori meo, et óstium circumstántiæ lábiis meis: ut non declínet cor meum in verba malítiae, ad excusándas excusatiónes in peccátis.*

P: *Accéndat in nobis Dóminus ignem sui amóris, et flamma ætérnæ caritátis. Amen.*

AT THE RIGHT SIDE OF THE ALTAR

P: Lavábo inter innocétes manus meas: et circumdábo altáre tuum, Dómine: Ut áudiám vocem laudis, et enárrem univérsa mirabília tua. Dómine, diléxi decórem domus tuæ, et locum habitatiónis glóriæ tuæ. Ne perdas cum ímpis, Deus, ánimam meam, et cum viris séguinum vitam meam: In quorum mánibus iniquitátes sunt: dextera eórum repléta est munéribus. Ego autem in innocéntia mea ingræssus sum: rédime me, et miserére mei. Pes meus stetit in dirécto: in ecclésiis benedícam te, Dómine. Glória Patri, et Filio, et Spírítu Sancto. Sicut erat in princípío, et nunc, et semper: et in sæcula sæculórum. Amen.

AT THE CENTER OF THE ALTAR

P: Súscipe, sancta Trínitas, hanc oblatiónem, quam tibi offerimus ob memóriam passiónis, resurrectiós, et ascensiónis Jesu Christi Dómini nostri: et in honórem beatæ Maríæ semper Vírginis, et beáti Joánnis Baptístæ, et sanctórum Apostolórum Petri et Pauli, et istórum, et ómnium Sanctórum: ut illis proficiat ad honórem, nobis autem ad salutem: et illi pro nobis intercédere dignéntur in cælis, quorum memóriam ágimus in terris. Per eúndem Christum Dóminum nostrum. Amen.

P: Oráte fratres: ut meum ac vestrum sacrificium acceptábile fiat apud Deum Patrem omnipoténtem.

S: Suscipiat Dóminus sacrificium de mánibus tuis ad laudem, et glóriam nóminis sui, ad utilitatem quoque nostram, totiúsque Ecclésiæ suæ sanctæ.

P: Amen.

SECRET *(silently)*

Hæc sacra nos, Dómine, poténti virtúte mundátos, ad suum fáciant puriôres veníre princípium. Per Dóminum nostrum Jesum Christum, Filium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum.

SECRET *(silently)*

Sacer altáris, Dómine, hóstias superósumas, Dómine Sabbas Abbas, quæsumus, in salutem nobis proveníre depóscat. Per Dóminum nostrum Jesum Christum, Filium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus,

(aloud, to conclude the Secret Prayer)

P: ...forever and ever.

(Stand at High Mass)

S: Amen.

P: Dóminus vobiscum.

S: **Et cum spiritu tuo.**

P: Dóminus corda.

S: **Habémus ad Dóminum.**

P: Grátias agámus Dómino Deo nostro.

S: **Dignum et justum est.**

PREFACE OF ADVENT

Vere dignum et justum est, æquum et salutáre, nos tibi semper, et ubique grátias ágere: Dómine sancte, Pater omnipotens, ætérne Deus: per Christum Dóminum nostrum. Quem pérdito hóminum géneri Salvatórem miséricors et fidélis promissisti: cuius justiciam íntrépíos, sánctus justificáret ímpiet, virtus adjuváret infirmos. Dum ergo prope est ut véniat quem missúrus es, et dies affúlget liberatiónis nostræ, in hac promissiónum tuárum fide, piis gáudiis exsultámus. Et ideo cum Ángelis et Archángelis, cum Thronis et Dominatióibus, cumque ómni militia cæléstis exércitus, hymnum glóriæ tuæ cánimus, sine fine dicéntes:

(Kneel)

P: Sanctus ☩, Sanctus ☩, Sanctus ☩, Dóminus Deus Sábaoth. Pleni sunt cæli et terra glória tua. Hosánna in excélsis. † Benedíctus qui venit in nómine Dómini. Hosánna in excélsis.

THE ROMAN CANON

(silently)

P: Te ígitur, clementíssime Pater, per Jesum Christum Filium tuum, Dóminum nostrum, súpplices rogámus, ac pétimus uti accépta hábeas, et benedícas, hæc dona, hæc múnera, hæc sancta sacrificia illibáta, in primis, quæ tibi offerimus pro Ecclésiá tua sancta cathólica: quam pacificáre, custodíre, adunáre, et régere dignéris toto orbe terrárum: una cum fámulo tuo Papa nostro **N.**, et Antístite nostro **N.**, et ómnibus orthodoxis, atque cathólicæ et apostólicæ fidei cultóribus.

P: Meménto, Dómine, famulórum, famularúmque tuárum **N.**, et **N.**, et ómnium circumstántium, quorum tibi fides cógnota est, et nota devótio, pro quibus tibi offerimus: vel qui tibi offerunt hoc sacrificium laudis, pro se, suisque ómnibus: pro redemptione animárum suárum, pro spe salutis et incolumitátis suæ: tibi que reddunt vota sua ætérno Deo, vivo et vero.

P: Communicántes, et memóriam venerántes, in primis glorióusæ semper Vírginis Maríæ, Genitricis Dei et Dómini nostri Jesu Christi: sed et beáti Joséphi, ejúsdem Vírginis Sponsi, et beatórum Apostolórum ac Mártýrum tuórum, Petri et Pauli, Andréæ, Jacóbi, Joánnis, Thomæ, Jacóbi, Philippi, Bartholomæi, Matthæi, Simónis, et Thaddæi: Lini, Cleti, Cleméntis, Xysti, Cornélii, Cypriáni, Lauréntii, Chrysógoni, Joánnis et Pauli, Cosmæ et Damiáni, et ómnium Sanctórum tuórum; quorum méritis precibúscue concédas, ut in ómnibus protectiós tuæ muniámur auxilio. Per eúndem Christum Dóminum nostrum. Amen.

P: ☩ Hanc ígitur oblatiónem servitútis nostræ, sed et cunctæ famíliæ tuæ, quæsumus, Dómine, ut placátus accípias: diésque nostros in tua pace dispónas, atque ab ætérna damnatióne nos éripi, et in eternam tuárum júbeas grege numerári. Per Christum Dóminum nostrum. Amen.

P: Quam oblatiónem tu, Deus, in ómnibus, quæsumus, benedíctam, adscriptam, ratam, rationábilem, acceptabilémque fácere dignéris: ut nobis Corpus, et Sanguis fiat dilectíssimi Filii tui Dómini nostri Jesu Christi.

P: Qui pridie quam paterétur, accépit panem in sanctas, ac venerábiles manus suas, et elevátis óculis in cælum ad te Deum Patrem suum omnipoténtem, tibi grátias agens, benedíxit, fregit, dedítque discípulis suis, dicéns:

P: Simíli modo postquam cænárum est, accépit in hunc præclárum Cálicem in sanctas ac venerábiles manus suas: ítem tibi grátias agens, benedíxit, dedítque discípulis suis, dicéns:

HIC EST ENIM CALIX SÁNGUINIS MEI, NOVI ET AETÉRNÍ TESTAMÉNTI: QUI PRO MULTIS EFFUNDÉTUR IN REMISSIÓNEM PECCATÓRUM.

Hæc quotiescúmque fecéritis, in mei memóriam faciétis.

P: Unde et mémoires, Dómine, nos servi tui, sed et plebs tua sancta, ejúsdem Christi Filii tui Dómini nostri tam beatæ passiónis, nec non et ab ínferis resurrectiós, sed et in cælos glorióusæ ascensiónis: offerimus præcláre majestáti tuæ de tuis donis, ac datis, hóstiam puram, hóstiam sanctam, hóstiam immaculátam, Panem sanctum vitæ ætérnæ, et Cálicem salutis perpétuæ.

AT THE CENTER OF THE ALTAR

P: The Lord be with you.

S: And with your spirit.

P: Let us pray.

(Sit)

To Thee have I lifted up my soul: in Thee, O my God, I put my trust, let me not be ashamed: neither let my enemies laugh at me: for none of them that wait on Thee shall be confounded.

P: Receive, O Holy Father, almighty and eternal God, this spotless host, which I, Thine unworthy servant, offer unto Thee, my living and true God, for my innumerable sins, offenses, and negligences, and for all here present; and also for all faithful Christians both living and dead, that it may profit me and them for salvation unto life everlasting. Amen.

AT THE RIGHT SIDE OF THE ALTAR

P: O God, Who wonderfully formed the dignity of human nature, and more wonderfully restored it, grant us through the mystery of this water and wine, to be made participants of His divinity, Who condescended to become a partaker of our humanity, Jesus Christ, Thy Son, our Lord, Who with Thee, lives and reigns in the unity of the Holy Spirit, God, forever and ever. Amen.

AT THE CENTER OF THE ALTAR

P: We offer Thee, O Lord, the chalice of salvation, pleading Thy clemency, that it may ascend in the sight of Thy divine majesty, with a sweet fragrance, for our salvation and for that of the whole world. Amen. In a humble spirit and a contrite heart may we be received by Thee, O Lord, and let our sacrifice be so made in Thy sight this day that it may please Thee, O Lord God. Come, O sanctifier, almighty and eternal God, and bless this sacrifice prepared for Thy holy name.

(Only at High Mass when incense is used)

P: *By the intercession of blessed Michael the Archangel, who stands at the right hand of the altar of incense, and of all His elect, may the Lord deign to bless this incense, and to receive it as a sweet fragrance, through Christ our Lord.*

P: *May this incense, blessed by Thee, ascend to Thee, O Lord, and may Thy mercy descend upon us.*

P: *Let my prayer be directed, O Lord, as incense in Thy sight, the lifting up of my hands as an evening sacrifice. Set a watch, O Lord, before my mouth: and a door round about my lips: that my heart may not incline to evil words: to make excuses in sins.*

P: *May the Lord enkindle in us the fire of His love and the flame of everlasting charity. Amen.*

AT THE RIGHT SIDE OF THE ALTAR

P: I will wash my hands among the innocent, and I will compass Thine altar, O Lord, that I may hear the voice of praise: and tell of all Thy wondrous deeds. I have loved, O Lord, the beauty of Thy house and the place where Thy glory dwelleth. Destroy not my soul, O God, with the wicked, nor my life with men of blood. In whose hands are iniquities, their right hand is full with gifts. But I have walked in my innocence: redeem me, and have mercy on me. My foot has stood on the right path; in the churches I will bless Thee, O Lord. Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

AT THE CENTER OF THE ALTAR

P: Receive, O holy Trinity, this oblation which we offer to Thee in remembrance of the Passion, Resurrection, and Ascension of Our Lord Jesus Christ, and in honor of blessed Mary, ever Virgin, blessed John the Baptist, the holy Apostles Peter and Paul, and of these and of all the Saints; that it may avail unto their honor and our salvation, and may they deign to intercede in heaven for us who honor their memory here on earth. Through the same Christ, our Lord. Amen.

P: Pray brethren, that my sacrifice and yours may be acceptable to God the Father almighty.

S: May the Lord receive the sacrifice from your hands, to the praise and glory of His name, to our benefit, and that of all His holy Church.

P: Amen.

May these holy mysteries, O Lord, cleanse us by their powerful virtue and make us to come with greater purity to Him Who is their source. Through our Lord Jesus Christ, Thy Son, who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever.

For St. Sabbas

May the holy Abbot Sabbas, we beseech Thee, O Lord, obtain by his prayers, that the Sacrifice laid on Thy holy altar, may profit us unto salvation. Through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God,

P: ...forever and ever.

(Stand at High Mass)

S: Amen.

P: The Lord be with you.

S: And with your spirit.

P: Let us pray.

S: We have lifted them up to the Lord.

P: Let us give thanks to the Lord our God.

S: It is fitting and just.

It is truly meet and just, right and for our salvation, that we should at all times and places give thanks unto Thee, O holy Lord, almighty Father, eternal God, through Christ our Lord; for in Thy mercy and fidelity Thou hast promised Him as Savior to the lost race of men, to instruct the ignorant with His truth, justify the wicked with His holiness, and help the weak by His power. Now that the time draweth nigh that He Whom Thou art to send should come, and the day of our liberation should dawn, with faith in Thy promises, we rejoice with holy exultation. And therefore with the Angels and Archangels, with the Thrones and Dominations, and with all the hosts of the heavenly army, we sing a hymn of Thy glory, evermore saying:

(Kneel)

P: Holy, holy, holy, Lord God of Hosts! Heaven and earth are filled with Thy glory. Hosanna in the highest! † Blessed is He Who comes in the name of the Lord. Hosanna in the highest!

THE ROMAN CANON

P: Therefore, most merciful Father, we humbly pray and entreat Thee, through Jesus Christ, Thy Son, Our Lord, that Thou would accept and bless these gifts, these offerings, these holy and spotless sacrifices, which, in the first place, we offer Thee for Thy holy Catholic Church: deign to pacify, to guard, to unite, and to govern her throughout the world, together with Thy servant **N.**, our Pope, and **N.**, our Bishop; and all orthodox believers of the Catholic and apostolic faith.

P: Be mindful, O Lord, of Thy servants and handmaids **N.** and **N.**, and of all here present, whose faith and devotion are known unto Thee, for whom we offer, or who offer to Thee, this sacrifice of praise for themselves, and for all their own, for the redemption of their souls, for their hope of salvation and safety; and who pay their vows to Thee, the everlasting, living, and true God.

P: Having communion with, and venerating first of all the memory of the glorious and ever Virgin Mary, Mother of our God and Lord Jesus Christ; and also of blessed Joseph, Spouse of the same Virgin, and of Thy blessed Apostles and Martyrs, Peter and Paul, Andrew, James, John, Thomas, James, Philip, Bartholomew, Matthew, Simon and Thaddeus; of Linus, Cletus, Clement, Sixtus, Cornelius, Cyprian, Lawrence, Chrysogonus, John and Paul, the Cosmas and Damian, and all Thy Saints, by whose merits and prayers, grant that in all things we may be defended by the help of Thy protection. Through the same Christ, our Lord. Amen.

P: We therefore beseech Thee, O Lord, to graciously accept this oblation of our service, as also of Thy entire family; dispose our days in Thy peace, save us from eternal damnation, and command that we be numbered in the flock of Thine elect. Through Christ our Lord. Amen.

P: Which oblation, do Thou, O God, deign in all respects to make blessed, approved, ratified, reasonable and acceptable, so that it may become for us the Body and Blood of Thy most beloved Son, our Lord, Jesus Christ.

P: Who, the day before He suffered, took bread into His holy and venerable hands, and with His eyes raised to heaven, giving thanks, God, His almighty Father, unto Thee to Thee, He blessed it, broke it, and gave it to His disciples saying:

Take, all of you, and eat of this:

FOR THIS IS MY BODY.

P: In like manner, after He had supped, taking also this excellent chalice into His holy and venerable hands, and giving thanks to Thee, He blessed it, and gave it to His disciples, saying: Take, all of you, and drink of this: FOR THIS IS THE CHALICE OF MY BLOOD OF THE NEW AND ETERNAL TESTAMENT: THE MYSTERY OF FAITH: WHICH SHALL BE Poured OUT FOR YOU AND FOR MANY UNTO THE REMISSION OF SINS. As often as you shall do these things, you do them in memory of Me.

P: Wherefore, Lord, we, Thy servants, but also Thy holy people, mindful of the same Christ, Thy Son, our Lord, of His blessed passion, and of His resurrection from the grave, and of His glorious ascension into heaven, offer unto Thy most excellent majesty of Thy own gifts, bestowed upon us, a pure victim, a holy victim, an unspotted victim, the holy Bread of eternal life and the Chalice of everlasting salvation.

